

## Adult Foster Home Provider Alert

### Policy updates, rule clarifications and announcements

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**Date:** July 29<sup>th</sup>, 2021  
**To:** APD Adult Foster Home Providers  
**From:** Safety, Oversight and Quality Unit  
**Topic:** **Extreme Heat Advisory – Tips and Resources**

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During times of high heat and dry conditions there is the potential for power outages, power being shut off to minimize fire risks, and people may become at risk for heat related illnesses. Should the extremely hot weather lead to power outages, Oregonian's may find themselves without air conditioning, refrigeration, and other needs that depend upon electricity. ODHS is aware and ready to support you during times such as these and to keep residents safe.

Below are some reminders and resources available to you during extreme heat.

Tips for staying cool:

- Keep blinds closed
- Close off unused parts of the home
- Do not keep any unnecessary electrical items plugged in
- Stay inside during hottest times
- Hydrate! Ensure liquids are plentiful and offered regularly to residents

Please make sure you are prepared for potential power outages by checking the following:

- Access to a backup generator
  - Access to food that doesn't require cooking
  - Contact information for Local Public Health Authority (LPHA)
  - Location of cooling stations
  - Identify partner providers in other areas that can help or provide temporary sanctuary
  - An evacuation plan that includes where you will relocate should the need arise
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#### Additional Resources:

- 211 is an emergency hotline that acts a resource for connection to community services in your area
- Local Public Health Authority [contact information](#)
- Centers for Disease Control and Prevention (CDC) guidance regarding [Extreme Heat](#)
- [Tips for Preventing Heat-Related Illness](#)
- [OHA Preparedness information](#), including fact sheets in multiple languages
- [Local and tribal emergency managers](#)

Should you experience a power outage and need assistance, please contact your local public health authority.

If you have any additional questions, please email [APD.AFHTeam@dhsosha.state.or.us](mailto:APD.AFHTeam@dhsosha.state.or.us)