



Oregon

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TO: Community Based Care:
Assisted Living, Residential Care,
Memory Care Facilities



FROM: Safety, Oversight, and Quality

RE: MOVE online training course

A few months ago MOVE, (Making Oregon Vital for Elders), launched an online training course *Let's Get Real: Being Person-Centered in a Task Oriented World (Let's Get Real)*. This training has been designed for direct care workers, CNA's, licensed nurses, administrators and other staff who support residents in long term care settings.

This training presents and supports the essential practices of person-centered care using a self-reflection tool called TRACK. Companion *Applications of Person Centered Care* study guides are included for self-study or group discussions and are available for each type of care setting.

Since the release of *Let's Get Real*, many positive comments have been received from within Oregon and across the country about this training. *Let's Get Real* was developed on behalf of DHS and funded through a grant from the Oregon Quality Fund. It is approved for 1 continuing education credit for nursing facility and CBC administrators.

To take the course go to www.orculturechange.org.

For questions please contact: Jan Karlen at Jan.Karlen@state.or.us

