



Oregon

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Date: April 14, 2020

TO: Nursing Facilities Providers,
Community Based Care:
Assisted Living, Residential Care, Memory Care Facilities

FROM: Safety, Oversight, and Quality

SUBJECT: Resources for Addressing Senior Loneliness

During this time of Covid-19 it is understood that times are challenging for everyone in healthcare and Oregon's LTC providers are doing everything they can to provide emotional support to residents. Below is a list of three resources that may be helpful in offering that support.

[Senior Loneliness Line](#) – This is a partnership between Lines for Life and the Oregon Health Authority. This program promotes mental wellness. There is a team of staff and volunteers specially trained in working with older adults who experience loneliness, isolation, depression and anxiety. See the attached [Senior Loneliness Brochure](#) for more information.

[Comagine Health Half Hour Hot Topic Webinar](#) – Friday, April 17, 2020, 11:30 – Noon

“Care Planning for Suicidal Threats, Self-Harming Behaviors & Other Urgent Behavioral Health Concerns - presented by Janet Holboke, MSW, LCSW, Older Adult Behavioral Health Specialist, Greater Oregon Behavioral Health Inc. (GOBHI) – See attached flier for more information and to register.

[Pioneer Network](#) – **ABCs of Combatting Isolation** – These are shared resources from fellow Pioneers to engage and connect residents and elders with their family, friends and communities as we navigate this changing world. Visit: [Pioneer Network Resource Library](#)

“Assisting People to Become Independent, Healthy and Safe”

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If you are a nursing facility provider and have questions about this alert, please contact the Nursing Facility Licensing Unit at:
NF.Licensing@dhsosha.state.or.us

If you are a community based care provider and have questions about this alert, please contact the CBC Team at:
CBC.Team@dhsosha.state.or.us

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