



Oregon

Kate Brown, Governor

Department of Human Services

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Information Memorandum

Nursing Facility Providers

IM-16-20-NF

Date: August 4, 2016
From: Nursing Facility Licensing Unit
Subject: Oregon Care Partners
No-Cost, In-Person Training, August 2016

Summary:

Oregon Care Partners offers free, statewide caregiver training on topics including geriatric medication management, working with challenging behaviors and many Alzheimer's-related topics. CEU's are offered for most participants, contact Oregon Care Partners to confirm if your class qualifies.

Please help spread the word about this valuable free service by sharing this schedule with family or friends of individuals who need care.

This Alert highlights in-person classes offered in August at the following locations:

- Portland
- Hillsboro
- Eugene
- Medford
- Central Point
- Lakeview
- La Grande
- Enterprise

"Assisting People to Become Independent, Healthy and Safe"

An Equal Opportunity Employer

Courses are also available on-line. Oregon Care Partners contact and registration information is listed at the end of this Alert.

PORTLAND

August 22, 2016 – *Legal and Financial Planning for Alzheimer's.* The diagnosis of Alzheimer's disease makes planning for the future more important than ever. In this class, you will have a chance to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you. This class is presented by the Alzheimer's Association®

HILLSBORO

August 23, 2016 – *Navigating Challenging Behaviors: Strengthening Our Communication Skills as Caregivers* – This intensive, self-discovery class will focus on uncovering and identifying your individual style of communication and how you read and respond to stressful situations. The class will help you see how biases, belief systems and assumptions can impact how you respond to a challenging behavior and help you learn how changing your behavior and finding new ways to respond can create a more positive outcome.

EUGENE

August 16, 2016 – *Navigating Challenging Behaviors: Strengthening Our Skills as Caregivers.* This intensive, self-discovery class will focus on uncovering and identifying your individual style of communication and how you read and respond to stressful situations. The class will help you see how biases, belief systems and assumptions can impact how you respond to a challenging behavior and help you learn how changing your behavior and finding new ways to respond can create a more positive outcome.

MEDFORD

August 10, 2016 – *Understanding Medicines in Older Adults: Care Team Principles.* This class is designed to teach caregivers quality improvement techniques and communication strategies to improve medication safety practices for older adults. Through interactive discussions, our expert instructors will teach you how to apply best practice tools and strategies to improve medication safety and communication within your care setting using a team approach to provide optimal care to your residents.

CENTRAL POINT

August 12, 2016 – *Living with Alzheimer's: Late Stage Part 2 of 3.*

In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. Join us for this class to hear from caregivers and professionals about resources, monitoring care and providing meaningful connection for individuals with late-stage Alzheimer's and their families. This class is presented by the Alzheimer's Association®.

August 19, 2016 – *Living with Alzheimer's: Late Stage Part 3 of 3.* See description above.

LA GRANDE

August 18, 2016 – *Safe Medication Use in Older Adults*. This class is designed to help anyone who cares for an aging Oregonian better understand the importance of safe medication use in older adults. Our expert instructors will guide you through the basics of how medicines work in older adults and the importance of regular medication reviews. You will also learn how to recognize behavioral expressions of distress and be given care partnering tools and resources for non-medicine interventions and effective pain management.

ENTERPRISE

August 19, 2016 – *Positive Approach to Alzheimer's and Dementia Care (PAC) Workshop*. This class teaches hands on skills and will help you to understand and connect more affectively with people experiencing changing abilities. These newly learned skills enable you as a caregiver to shift from simply "dealing with the behaviors" to creating a positive and caring environment.

ONLINE TRAININGS

Oregon Care Partners offers more than 60 free online trainings that can be taken anytime, anywhere providing maximum flexibility and convenience for busy caregivers. Online trainings are self-paced and most take only an hour to complete. Four classes are available in [Spanish](#) and professional caregivers can earn free CEU credits for completing an online training. To browse the entire catalog of online trainings or to register for a class, please visit www.OregonCarePartners.com.

All caregiver training opportunities offered by Oregon Care Partners are free and open to the public. Please share training information with anyone who may benefit from Oregon Care Partners classes:

- Family members providing care or involved in health care decisions.
- Nurses and CNAs.
- Social Service Directors.
- Students or individuals interested in learning more about long-term care.

Contact: Oregon Care Partners

www.oregoncarepartners.com

1-800-930-6851