



# Oregon

Kate Brown, Governor

## Department of Human Services

*Safety, Oversight and Quality*

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### **NF-21-030 – Provider Alert**

Date: June 21, 2021

To: All Nursing Facilities  
All Assisted Living Facilities  
All Residential Care Facilities

From: Aging and People with Disabilities  
ODHS Safety, Oversight and Quality Unit (SOQ)

Subject: **Extreme Heat Reminders**

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Most areas of the state are predicted to experience high temperatures over the next several days. As you know, residents in our care are particularly vulnerable to the heat. We want to highlight and remind you of important safety information related to the unusually high temperatures expected.

Things to consider:

- Review and communicate your existing facility policies and procedures with all facility staff to ensure your residents' safety and comfort.
- Doors leading to outside areas should not be locked. Residents should continue to have full access to outside, but staff will need to closely monitor any residents who choose to go outdoors.
- Residents should be well hydrated on an ongoing basis; ensure that ice-water or other cool beverages are readily available.
- If appropriate, provide them with sunscreen in accordance with doctor's approval.
- Offer them shade opportunities and be sure they are wearing appropriate, comfortable clothing.
- Precautions must be taken to prevent residents' exposure to stale, non-circulating air. Fans should be provided to circulate air. All air conditioning systems must be functional, and the filters must be cleaned and changed in accordance with proper maintenance requirements.

More information can be found on Centers for Disease Control and

Prevention website: <http://www.cdc.gov/extremeheat/>

If you have questions, please contact your licensing team:

Residential Care and Assisted Living Facilities:  
[CBC.team@dhsosha.state.or.us](mailto:CBC.team@dhsosha.state.or.us)

Nursing Facilities: [NF.licensing@dhsosha.state.or.us](mailto:NF.licensing@dhsosha.state.or.us)

Oregon Department of Human Services website: [www.oregon.gov/DHS/](http://www.oregon.gov/DHS/)

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***ePOC Practice Tip:***

Facility Administration - ASPEN Web: e POC (electronic Plan of Correction) is the centralized worksite for completing all steps in CMS & State survey POC processing including:

- Receiving and reviewing Statements of Deficiencies (SODs),
- Formulating POCs,
- Submitting POCs and if desired,
- Attaching supporting Informal Dispute Resolution request & documents.

Register and maintain an active ePOC account to efficiently access your surveys, and at no cost to your facility. ePOC registration passwords are effective for 90 days and must be renewed timely to maintain an active ePOC account. As an active ePOC user, you will receive notifications of pending password expiration with renewal instructions. It may also be advantageous to have multiple ePOC registrants for your facility to ensure an active ePOC account is maintained at all times. For ePOC assistance and/or questions contact QTSO (<https://www.qtso.com>).