



## Free Classes from Oregon Care Partners

Oregon Care Partners is a free education resource helping family and professional caregivers build the knowledge and skills needed to improve the quality of life of older adults and people living with Alzheimer's in Oregon.

### Guest Speaker Webinar Series

Learn about special topics with subject-matter experts in Oregon Care Partners' quarterly Guest Speaker Webinar Series.

**GUEST SPEAKER WEBINAR** – Thursday, December 1 | 2:00 pm – 3:30 pm | CEUs 1.5

#### [Type 2 Diabetes Care in Older Adults: A Growing Population with Special Challenges](#)

*Linda Bifano, DNP, RN, Doctor of Nursing Practice and Registered Nurse Consultant Specializing in Care of Older Adults*

#### Class Description

Diabetes is a complex metabolic condition that impacts personal choices, affects quality of life and life expectancy, and requires substantial health system resources. Older adults with diabetes present unique challenges and require considerations that are not traditionally associated with diabetes care. About 37 million Americans, or 11% of the population, have diabetes, and one in three Americans will develop the chronic disease in their lifetime if current trends persist, according to the commission. The prevalence of diabetes increases with age such that 24.2 million or more than one in four Americans 65 years of age and older have diabetes. Person-centered, team-based care is critical to improving the lives of people with diabetes.

Upon completion of this webinar, participants will be able to:

- Identify characteristics of older adults in different living situations and how these characteristics may affect diabetes management.
- Demonstrate Person Centered Care Team Based approaches for critical interventions and setting individuals' target glycemic controls.
- Learn how both the aging process and diabetes increases risks for other conditions such as cognitive dysfunction, depression, falls and fractures, chronic pain, chronic skin conditions and polypharmacy among others.
- Discuss conditions that can affect blood sugar results and falsely increase or decrease A1C tests.
- Review pharmacological and non-pharmacological therapies.
- Identify common unintended consequence of overtreatment T2D overtreatment measures and how to avoid them.

*To be eligible to earn CEUs for this webinar, qualified attendees must participate for the full duration of the webinar.*

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