



Oregon

Kate Brown, Governor

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NF-22-069 – Provider Alert

Date: December 22, 2022

To: All Community Based Care Facilities
All Nursing Facilities

From: Safety, Oversight and Quality

Subject: **Winter Weather Advisory**



Winter storm warnings and winter weather advisories have been issued for some areas of Oregon starting today, December 22, 2022. Extreme cold can pose hazards to facilities and residents, it is important to be prepared and know the risks. To view the winter weather advisories, visit the [National Weather Service Website](#).

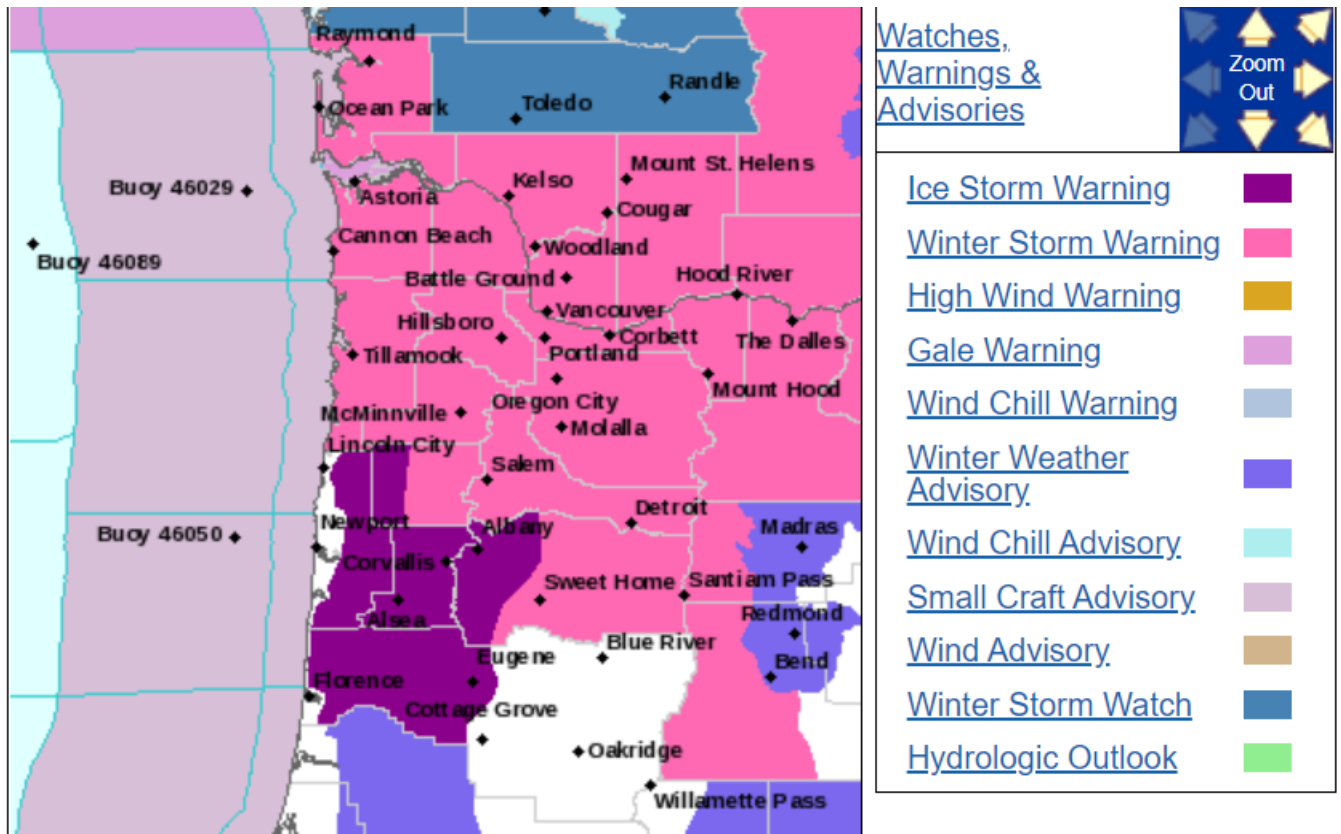
Winter Weather Preparedness and Tips:

- Keep posted on weather conditions. Listen to local media sources or your [NOAA weather radio](#).
- Prepare for isolation at home or the facility. Keep an [emergency kit](#) on hand.
- Be ready for power outages by having blankets, flashlights, food, water, and medications on hand.
- Use lights for heat if the furnace goes out. Don't use gas stoves.
- Prevent wood/oil-burning stoves, fireplaces, or electric heaters from overheating and becoming fire hazards. Fill all liquid fuel heating devices outside buildings.
- Stay indoors. Overexertion from activities such as snow shoveling is a major cause of winter storm deaths.
- Dress in warm layers to avoid frostbite. Learn more about [frostbite](#).
- Travel only if necessary, and then only in daylight on major roads. Check Oregon's Department of Transportation [Trip Check](#) or

call 5-1-1 before heading out.

Cold Weather Check List:

- Insulate walls and attic.
- Caulk and weather-strip doors and windows.
- Install storm windows or cover windows with plastic from the inside.
- Insulate any water lines that run along outer walls (water will be less likely to freeze).
- Service snow-removal equipment.
- Make sure there is enough fuel for the generator should the power go out.
- Have chimney and flue inspected.
- Install easy-to-read outdoor thermometer.



Last Map Update: Thu, Dec. 22, 2022 at 7:16:06 am PST

If you have any questions, please email your licensing team:

Residential Care and Assisted Living: CBC.team@odhsoha.oregon.gov

Nursing Facilities: NF.licensing@odhsoha.oregon.gov