

COVID-19 (Coronavirus) In-Home Check-in Guidance

The Office of Development Disabilities Services is committed to the health and safety of the people we serve. Ensuring that individuals living in their own or family homes have appropriate contingency plans (e.g., safety, emergency and back-up plans) in place is important. Below is guidance and a tool for case managers to use in their interactions with individuals and families.

Medical Supplies and Needs

- Ensure that individuals and families have medications (including over-the-counter medicines) as well as medical equipment supplies (e.g., C-PAP supplies, g- or j- tubes, etc.) and hygiene supplies (e.g., incontinence supplies, gloves, etc.) on hand.
 - Help individuals and families to make alternative plans, if necessary, to their normal processes of refilling prescriptions and obtaining supplies. This could include discussing using mail-order or delivery of these items and/or contacting their healthcare provider to obtain extra medications and supplies
- The goal is not to cause panic or to excessively stockpile. The purpose is to ensure that there is a plan in place to support the individual if the normal method or process of obtaining necessary medical items is not available.

Plans & Strategies

- Case managers should discuss the plan for supporting the individual should they or their primary support get ill. This would include assessing the supports necessary for the individual if quarantine is required.
 - Do the available resources, services, and supports in place meet the needs or are there alternatives available that need to be explored, including consideration of temporary relief care in another setting.
- Case managers should also discuss with the individual and/or family regarding extended family in the area and community connections, including neighbors and local organizations that can provide support, resources, and information.
 - Is there a need to find additional people to become enrolled as a personal support worker?
 - If the individual lives with family, who is the point of contact if the parent/primary support becomes ill. Discuss case manager involvement.
- The primary goal is ensuring that if the individual and/or their family or primary support were to need to quarantine or become ill, that the individual will be supported. The preparation and planning now will be key to ensuring as smooth a process as possible if the need arises.

Other Needs and Preparedness

- Discuss with the individual and/or their family what other household needs, including groceries, they might need if they were to need to stay home for an extended period. This would include discussing any needed supports and available methods to get these items, such as delivery.
- Be aware of other concerns that the individual or their primary support may have around COVID-19. Direct them to reliable resources (i.e., CDC, OHA)

COVID-19 (Coronavirus) In-Home Check-in Tool

| Medical Supplies and Needs | Notes |
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| <p>1. What medications does the individual take and is there adequate stock? How does the individual normally refill prescriptions and what is the backup plan if this method is unavailable?</p> | |
| <p>2. What medical equipment supplies and hygiene supplies does the individual use/need on a regular basis and is there adequate stock? What is the normal process of restocking and maintaining these items? What is the backup plan if this method is unavailable?</p> <p><i>The goal is not to overstock on supplies or “stockpile” medication, instead to be planful and prepared to ensure there is no lapse in necessary medication and supplies can be replenished when/if they begin to run low.</i></p> | |
| Plans & Strategies | Notes |
| <p>1. What plans does the individual have in place if they and/or their primary support were to get ill?</p> <p><i>Supports necessary in the home if quarantine is needed or alternatives available. Potential need for temporary relief care in another setting. Support needed around discussing symptoms if illness occurs.</i></p> | |
| <p>2. What connections does the individual have with their neighbors or extended family member in the area that could support them in the event of serious illness?</p> <p><i>Consider the support needs of the individual if the primary support becomes ill—who will communicate to the case manager and how can the case manager support</i></p> | |
| <p>3. Who are the local organizations that the individual could contact in the event of needing support, health services, resources, or information?</p> | |
| Other Needs and Preparedness | Notes |
| <p>1. What household needs, including groceries, would the individual need if they had to stay home for an extended amount of time that could not be delivered? What supports, if any, are needed to ensure access?</p> <p><i>Some items to consider include food, menstrual hygiene products, hair products, disposal dishes, etc.)</i></p> | |
| <p>2. What other concerns does the individual or anyone in their house have around COVID-19 (Coronavirus)?</p> | |