



Oregon

Kate Brown, Governor

Department of Human Services
Office of Developmental Disabilities Services
500 Summer Street NE
Salem, OR 97301

Maajo 19, 2020-ka

Waxa ugu muhiim adeegyada Xafiiska Adeegyada Naafanimada Koriinka waa badbaadaada, caafimaadkaada iyo faqo-qabkaaga.

Waxaanu haynaa macluumaad ah in mid ka mid ah daryeel bixiyayaashaada ama dad aad guri wadaagtaan uu la jiran yahay cudurka COVID-19, oo ah fayras qof ka dhigi karo in uu noqdo mid aad u jiran. Waxaan u aragnaa in ay muhiim noo tahay in aan kuu sheegno tani.

Wac dhakhtarkaaga oo wax uga sheeg ogeysiintani oo weydii waxa ay tahay in la sameeyo, gaar ahaan haddii aadan caafimaad dareemaynin. Fadlan ha aadin xafiiska dhakhtarta adiga oo aan marka hore wicin.

Haddii aad rabto in aad ogaato waxyaabo ku saabsan sida aan loo jiran, ama waxa aad sameyn karto haddii aadan caafimaad dareemaynin, waa in aad fiirsato fiidiyowgeena YouTube. Ka raadi ODDS COVID-19 Info YouTube-ka ama booqo: <https://youtu.be/lkb0awBbSZQ>

Waxaad sidoo kale macluumaad fara badan ka heli kartaa halkani: <https://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/ODDS%20Resource%20Library/Additional-Covid-ResourcesPeople-with-Disabilities.pdf>

Fadlan wac Iskuduwahaaga Adeegyada ama Wakiilkaaga Shakhsiyeed haddii ay hayso su'aalo ama u caawimaad uga baahan tahay taageerooyinkaaga.

Si Daacadnimo leh,