



# It takes a village

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Community mapping as step 1



# Resource mapping and action planning

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Welcome!

Group Agreements

From Vision to Action Plans:

(Trajectory and the why)

Resource Mapping and Identifying Strengths

(Integrated Supports Star)

Practice

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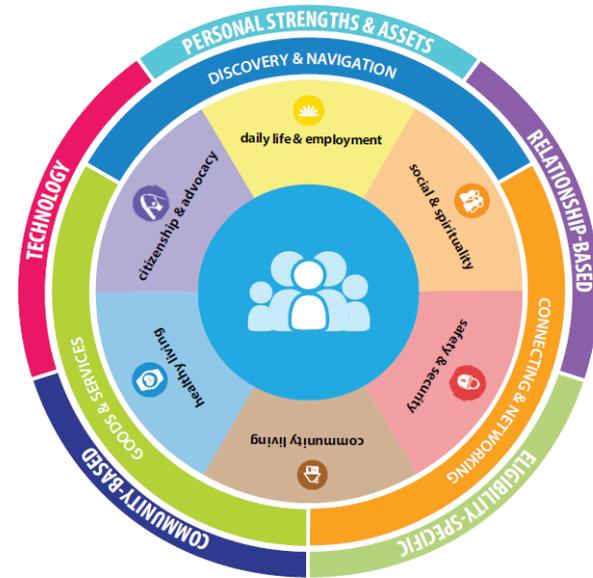
# Group Agreements



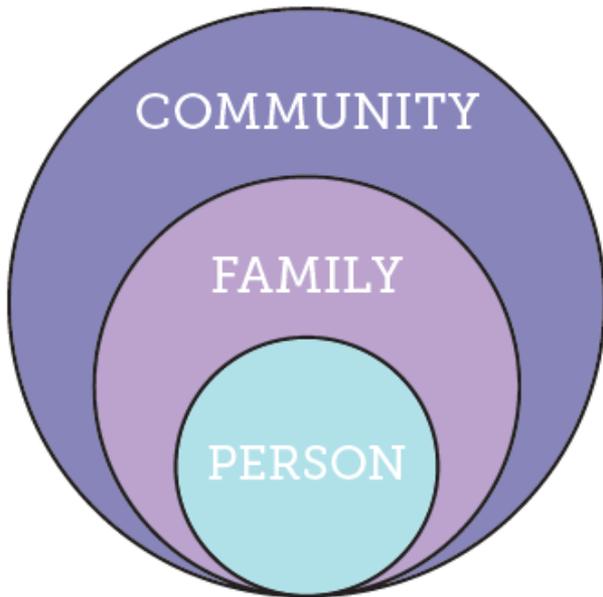
- Be present
- Respectful listening
- All questions are valid
- Share the air
- Take care of yourself and each other
- Only share what you are comfortable sharing
- Have fun! 😊

# Identifying Why

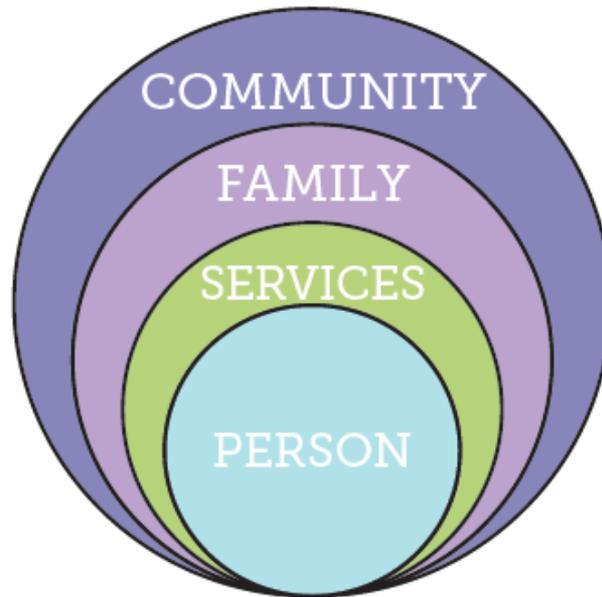
**Core Belief:** All people have the right to live, love, work, play and pursue their life aspirations just as others do in their community.



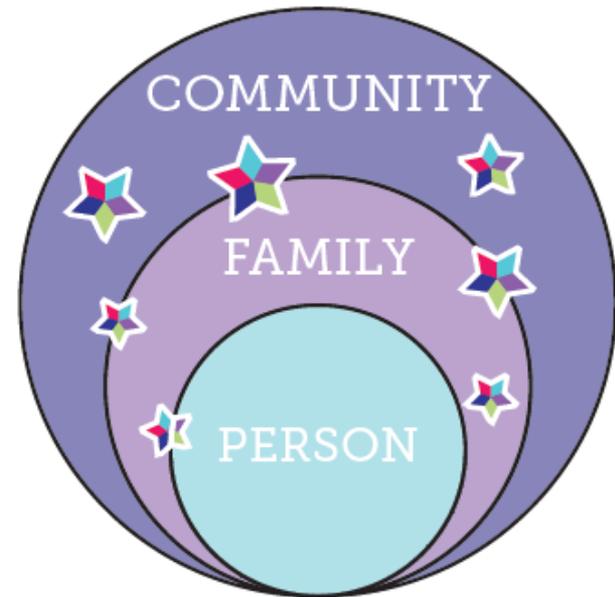
# Transforming Services and Supports



1



2



3

# Integrated Supports Star

## **TECHNOLOGY**

iPad/smartphone  
“apps”, remote  
monitoring, cognitive  
accessibility,  
adaptive equipment

## **PERSONAL STRENGTHS & ASSETS**

Life experiences, personal  
knowledge, personality traits,  
belongings, social skills,  
education and training

## **RELATIONSHIPS**

Family, friends,  
neighbors,  
co-workers,  
community members,  
church members

**INTEGRATED  
SUPPORTS**

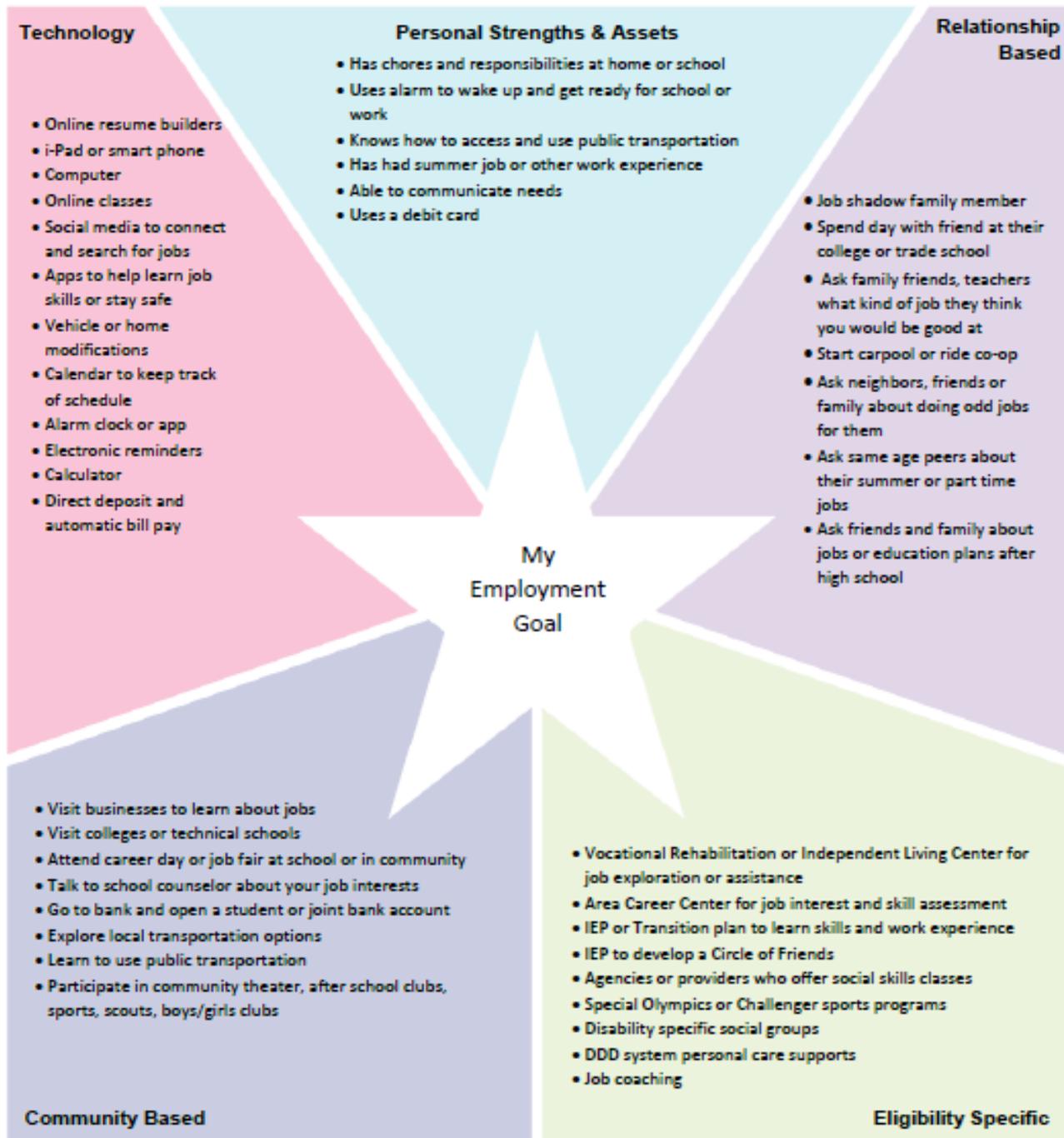
## **COMMUNITY BASED**

Schools,  
public transportation,  
businesses, churches,  
public safety, hospitals,  
parks & recreation

## **ELIGIBILITY SPECIFIC**

Developmental disability  
services, special education,  
Medicaid, food stamps,  
Section 8 housing,  
Vocational Rehabilitation





# Example - employment

**Try it out!**  
**Small group activity**  
**using the tool in our**  
**everyday lives**



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# Using this tool in our work



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## Common barriers in people's lives...

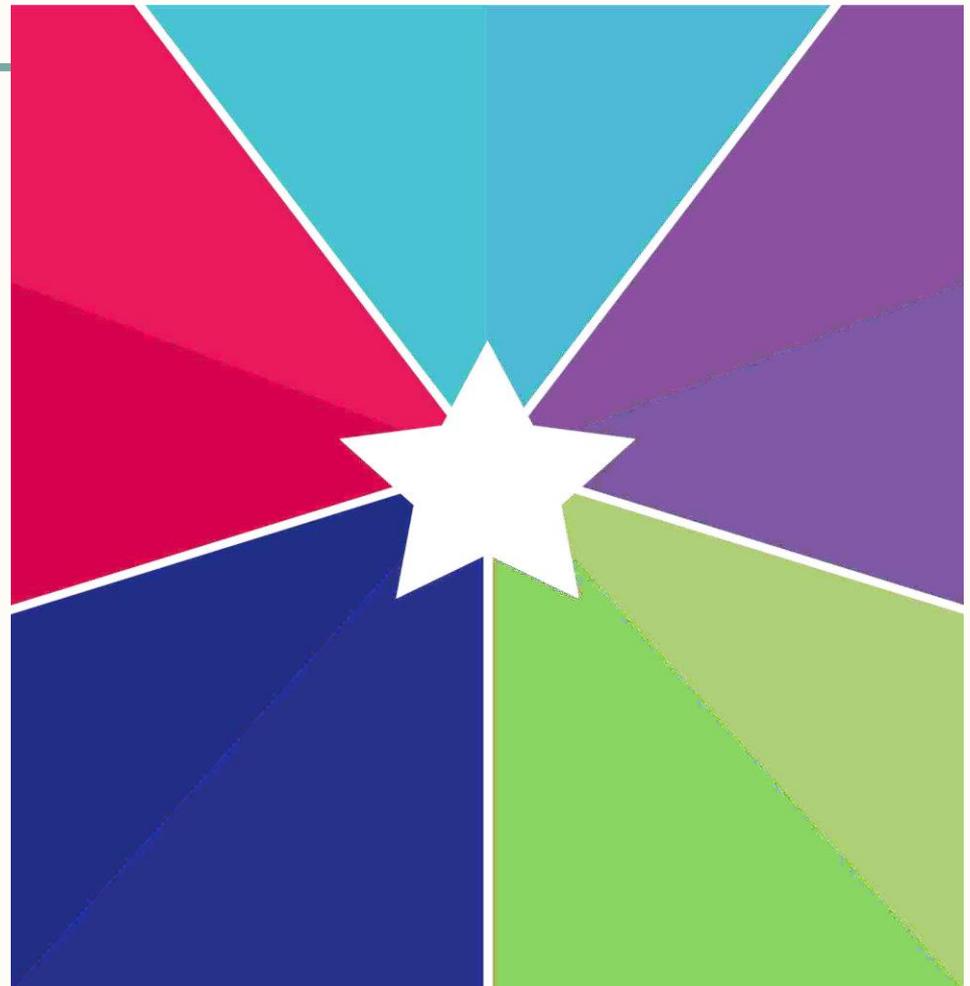
- Transportation
- Making friends
- Love and sex
- Housing
- Mental health and wellness
- Healthy eating
- Living independently
- Caregivers' capacity

**SMALL GROUPS**  
Use the STAR to get  
creative about  
potential resources  
that might help to  
overcome a barrier



# Action Planning: Colors amplify colors

- What do we have and what do we still need?
- How can “colors” amplify each other?
- What do others in the person’s life need?
- How does the person contribute?



# Questions?

Thank you!

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