



OHCC Training Newsletter

March 2017

The Oregon Home Care Commission supports homecare workers, personal support workers and consumer/employers by:

- Defining qualifications of the Homecare Worker (HCW) and the Personal Support Worker (PSW)
- Providing a statewide registry of HCW and PSW
- Providing training opportunities
- Serving as the “employer of record” for collective bargaining for HCWs and PSWs who receive service payments that are from public funds

OHCC Website

<http://www.oregon.gov/dhs/seniors-disabilities/HCC/Pages/index.aspx>



How to become a Homecare or Personal Support Worker

<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Potential-Workers.aspx>

Homecare Workers Resources

<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Homecare-Workers.aspx>

Personal Support Workers Resources

<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Personal-Support-Workers.aspx>

Enhanced Worker Certification Course

<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Enhanced-Exceptional-Workers.aspx>

We are looking for more providers to be part of our Enhanced Worker Certification Course! Workers (with the exception of CIIS PSWs) will need to take a *Readiness Assessment* prior to getting in to the course. The assessment is based on content from eleven (11) classes.

The Enhanced Worker Certification Course includes 25 hours of course work in addition to out-of-class requirements that require access to the internet. The certification will allow workers the opportunity to earn \$1.00 above base rate pay for any consumers pre-approved for enhanced services.

Please visit our webpage (link provided above) for information to prepare for this certification, and application requirements. If interested, or if you have any questions, please send an email to Certifications.OHCC@state.or.us. Please include the word ‘Enhanced’ in the subject line!

Inside This Issue

Page 2: Registering for Trainings, The Registry
Pages 3-6: Professional Development Certification,
Class Descriptions
Page 7: Stipends, OIS-G

Page 8: Adult Foster Care & Guests,
CPR/First Aid Training
Pages 9-13: March Classes
Pages 14-15: Trainings At-a-Glance

Registering for Trainings

Trainings in this newsletter are provided for Homecare Workers (HCWs), Personal Support Workers (PSWs), and the consumer/employers they work for. See page 9 for Adult Foster Care/Guest registration instructions. Pre-registration

is required and assures your spot in the class. Many classes fill to capacity and will not be able to accommodate walk-ins.

Don't be a "No Show." Call and cancel if you can't make a class! New certifications require workers have low "no show rates" for acceptance.

Register Today! Here's how:

1. Do it Yourself!

Register Online by going to www.or-hcc.org and follow these steps:

- Select a program area, and then login
- Navigate to the "Training" tab and select "Upcoming Training Classes"
- Review upcoming classes
- Sign-up for and cancel upcoming classes

2. Send an Email.

Send email request to: Training.OHCC@state.or.us

In your email include:

- Name
- Provider Number
- Name, date, and city of each class you want to attend

3. Give us a call. Call 1.877.867.0077 Option #4

The Registry

Looking for work? Be sure to update your profile every **30** days. Check the Help Wanted section for consumers looking for a worker. Select the county or counties where you want to work to find listings. Click the "Expand" button to make sure you meet the person's needs before calling. The Registry web address is: <https://www.or-hcc.org> For help with the Registry, send an email to Registry.OHCC@state.or.us or call 877.867.0077, Option #3.

To be referred on the Registry, HCWs and PSWs are required to have the following annual continuing education. Complete four (4) training classes a year. If you are new, you have one year from the date you receive your provider number to complete these. At least once every two years, you must complete one of the HCC Safety trainings – PASS, PDT, TRIPS, or COMPASS. The other 7 classes in those two years can be any class approved for your group, except for MoneyWise. (COMPASS counts as two classes).

How to Use the Registry Webinars Offered: 3-4pm on the following dates!

HCWs/PSWs Webinars

3.14.17 <http://tinyurl.com/zkkohvl>

3.28.17 <http://tinyurl.com/hmxd9tt>

Employer/Consumer Webinar

3.16.17 <http://tinyurl.com/z2swx52>

Choose the webinar date you want to attend. To participate follow these steps 15 minutes prior to the beginning of the webinar:

- 1) Type in the webinar link in your browser and follow the steps to log-in.
- 2) Call 1.888.431.3632, and enter access code 8991764 to participate in the audio portion.

Professional Development Certification is Here!

The Professional Development Certification (PDC) begins on January 1, 2017.

The Professional Development Certification offers the opportunity for the PSW or the HCW to earn a higher wage of 50 cents above the base rate. Additionally, the classes and requirements offer an educational opportunity that will help the worker build skills that can be applied to their day to day work experience. The certification period is for 24 months and it begins one month after the application is received in the Oregon Home Care Commission Training Unit. If you have completed all the required classes, completed your CPR/First Aid certification and have a "No Show" rate of 20% or less, you are ready to complete your PDC Application. You can find the application on our website. To be most efficient, you can email the application to us, please attach a copy of your CPR/First Aid. The email and physical address is located on the application.



Great News! Bathing and Grooming class has been added to the "Other Skills" category, effective 1/1/17. You must take this class after 1/1/17 (we will not go retroactively in time and allow you to take the assessment).

The applications that are in our office by the first day of the month, will potentially be eligible for certification approval the first day of the following month. For example, if you turn your application in and we date stamp it in our office on January 12, 2017, you would qualify to have your certification begin on March 1, 2017. You missed the deadline for February 1, 2017 because you did not have the application to us by January 1, 2017. Our processing of your application takes time. We have to coordinate with other DHS departments as well as verify all requirements for each individual person. Once you have been approved, we will send you a confirmation email and attach a certificate of completion.

In order for your Professional Development Certification wage increase to not be interrupted by an expired CPR/First Aid issue, we ask that you self-monitor your renewal cards. You will not receive a notice from us that you have an expiring CPR/First Aid card; what could happen is that your 50 cent wage increase ends on the last day of the month prior to the expiration date, because you either didn't renew your CPR/First Aid or you didn't notify us that you renewed. For example: If your PDC ends on 12/31/18 and your CPR/First Aid ends on 09/14/18 (and you don't get it renewed and provide us with an updated card); your PDC and 50 cent wage increase will end on 08/31/18.

Assessments:

- ✓ Sign up for your assessment in class, and you will receive an email to be invited to take the required assessment.

Helpful Tips:


- ✓ Keep a log of the assessments you have completed and your scores.
- ✓ Keep a close eye on your renewal date for your CPR/First Aid and plan ahead so you don't have a gap in your Professional Development Certification wage increase.

If you have questions, please send an email to: Certifications.OHCC@state.or.us

Professional Development Certification (PDC) Requirements

Required Core Classes	Required For:	
	HCW	PSW
Keeping it Professional (KIP)	Yes	Yes
Working Together (WT)	Yes	Yes
Fraud & Abuse (F&A)	Yes	Yes

Required Safety Skills Classes	Choose 2 out of 4 classes	
	HCW	PSW
Medication Safety (MedS)	Yes	Yes
Protect Against Sprains and Strains (PASS)	Yes	Yes
Preventing Disease Transmission (PDT)	Yes	Yes
Taking Responsibility in Personal Safety (TRIPS)	Yes	Yes

Required Other Skills Classes	Choose 2 out of 4 classes	
	HCW	PSW
Bathing & Grooming (<i>effective 1.1.17</i>) 	Yes	Yes
Challenging Behaviors (CB) (<i>for HCW credit only</i>)	Yes	No
Nutrition Basics (NB)	Yes	Yes
Heart Healthy (HH)	Yes	Yes
Everyone Communicates (EC) (<i>for PSW credit only</i>)	No	Yes

Other Requirements	Required For:	
	HCW	PSW
Current CPR/First Aid Certification	Yes	Yes
Overall No-Show Class Completion Rate of No More than 20%	Yes	Yes

To receive credit for each class, pass assessment with 80% or better score.

For those with current Professional Development Recognition (PDR) Awards ONLY

Applications ended on June 30, 2016 for the PDR; however, if you already had the PDR you will get to keep the **PDR Star** until December 31, 2017. You may apply for a PDC class assessment for classes you have attended as far back as **12 months from July 1, 2016**, with the exception of any new classes added after January 1, 2017 (such as Bathing & Grooming).

Required Classes for Professional Development Certification (PDC)

Class	Description	Class Length	Stipend Available
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Core Classes

Keeping it Professional (KIP)	The role of the HCW in setting professional boundaries and working with the task list, when and how to keep things confidential and recordkeeping tips.	3 ½ hrs	HCW ICP PSW
Working Together (WT)	Assertive communication and problem solving techniques for employers & workers; clarifying expectations; using person-directed values and language.	3 hrs	HCW ICP PSW
Helping Caregivers Fight Fraud & Abuse (F&A) *AFC CEUs	Recognizing & reporting abuse & neglect of older and disabled persons and Medicaid & Medicare fraud; the role of the caregiver; problem solving; local resources.	3 ½ hrs	HCW ICP PSW

Safety Skills Classes

Adding up to at least five (5) hours for PDC = two (2) classes

Medication Safety (MedS)	Assisting adults who manage their own medication, including: types and effects of medications; assisting with documentation, storage; recognizing risks and warning signs; and the role of the worker.	3 hrs	HCW ICP PSW
Protect Against Sprains and Strains (PASS) *AFC CEUs	Basic principles of body mechanics; making changes in work activities to minimize risks and protect yourself and others; review of some assistive equipment.	3 ½ hrs	HCW ICP PSW
Preventing Disease Transmission (PDT) *AFC CEUs	Causes of infectious diseases and routes of transmission; reducing risks; best practices in housekeeping and caregiving to prevent the spread of diseases.	2 hrs	HCW ICP PSW
Taking Responsibility in Personal Safety (TRIPS)	Ideas for preventing injuries from slips and trips in the home; assessing risk factors; assisting in planning and preparing for emergencies, safe driving tips.	3 hrs	HCW ICP PSW

Other Services and Skills

Five hours (5) for PDC = two (2) classes

Challenging Behaviors (CB) HCW credit only for PDC *AFC CEUs	Practical information about working with seniors and adults with physical disabilities regarding types and causes of challenging behaviors, problem solving, and communication ideas.	3 hrs	HCW PSW ICP
Nutrition Basics (NB) *AFC CEUs	Basics of nutrition, nutrient categories, meal timing, meal balance using person-centered strategies and tools to promote informed choices as well as common nutrition related concerns.	4 hrs	HCW ICP PSW
Heart Healthy (HH) *AFC CEUs	How the heart works, understanding common heart problems, monitoring blood pressure, recognizing heart emergencies, & creating a heart healthy lifestyle.	3 hrs	HCW ICP PSW
Everyone Communicates (EC) PSW credit only for PDC	Learn effective communication partner strategies that make a positive impact on the people you support with communication challenges and intellectual and developmental disabilities who experience communication challenges. Also includes limited practice with a visual communication board. This class is primarily designed for Personal Support Workers. Home Care Workers who support people with communication challenges may also find the information helpful.	4 hrs	HCW PSW
Bathing & Grooming (B&G) *AFC CEUs effective 1.1.17	Skills in personal care activities of bathing, shaving, skin care & grooming with a focus on using person-centered values and techniques. A video demonstrating hands-on care is shown.	3 ½ hrs	HCW ICP PSW

OHCC Classes (Not Required for Professional Development Certification)

Class	Description	Class Length	Stipend Available
Blindness & Low Vision (BLV) <i>*AFC CEUs</i>	An overview of eye diseases and vision loss; techniques for working with someone sight-impaired; being a sighted guide; helping someone to live independently; resources and adaptive equipment for use in the home.	3 hrs	HCW ICP PSW
Dementia & Alzheimer's (D&A) <i>*AFC CEUs</i>	Joyce Beedle, RN, BSN, is a nationally-known expert on dementia. This class will cover: understanding the disease process; hands-on techniques; tips for the details and dilemmas of daily care and establishing realistic expectations; finding ways to Enjoy Being Together. You are invited to bring your caregiving questions and concerns.	4 hrs	HCW ICP PSW
Diabetes By the Numbers (DBN) <i>*AFC CEUs</i>	A class on the basics of Diabetes. What is it? Are you at risk? The class will cover: carbohydrate identification; label reading and portion control; preventing complications; glucose testing; and understanding the numbers.	3 ½ hrs	HCW ICP PSW
Diversity Awareness – Challenges Facing Lesbian, Gay, Bisexual, Transgender Adults (LGBT) <i>*AFC CEUs</i>	Learn terminology & definitions, gain an understanding of the lives of LGBT adults, and learn ways to be welcoming and inclusive.	3 hrs	HCW ICP PSW
Durable Medical Equipment (DME) <i>*AFC CEUs</i>	Helpful hints on safely using mobility devices, bath & toilet aides, Hoyer lift, and other medical equipment. Tips for choosing, fitting & using devices.	3 hrs	HCW ICP PSW
End of Life Care (ELC) <i>*AFC CEUs</i>	An overview of end of life care, including: the dying process; pain and symptom considerations; advanced planning; & spiritual, emotional, and social concerns.	4 hrs	HCW ICP PSW
Grief and Loss (G&L) <i>*AFC CEUs</i>	Understanding the process of grief, the myths and realities of grieving and loss, ways to help others, compassion fatigue and caring for yourself.	3 ½ hrs	HCW ICP PSW
MoneyWise (MW)	Setting financial goals, budgeting, and resources for managing your money. (This class is for personal use, NOT for helping employers with finances)	3 hrs	HCW ICP PSW
Ready, Set, Work (RSW)	Create a professional marketing approach to finding work in home care; how to use the Registry & Referral System; and what you should do before starting a job. NOTE: Workers do not need to have worked to qualify for training pay for this class.	4 hrs	HCW ICP PSW
Respiratory Care: Oxygen to Ventilators (RC) <i>*AFC CEUs</i>	End-stage respiratory diseases, basics on the use of oxygen, nebulizers, & ventilators.	3 ½ hrs	HCW ICP PSW
Substance Abuse Awareness (SAA)	Review the OHCC Drug-Free Workplace policy for homecare workers, learn the impact of drug and alcohol abuse, the role of the HCW, and resources for help.	3 hrs	HCW ICP PSW
Stress Management and Relaxation Techniques (SMART) <i>*AFC CEUs</i>	Understanding stress and its effects; identifying triggers; fun and practical techniques for coping with stress.	3 hrs	HCW ICP PSW

Training Completion & Stipends for Attending Classes

HCWs and PSWs may be paid a stipend for attending classes (*except for CPR/First Aid, Enhanced or OIS-G*) if they meet these criteria:

- ◆ Have an active provider number
- ◆ Have authorized and paid state provider hours within 3 calendar months prior to the month of the training or during the month the training is held. (ICP workers must provide a pay stub or statement from their employer.)
- ◆ Have not been paid for that class in the previous 12 months.
- ◆ Class is approved for the specific work group by the Home Care Commission
 - * Home Care Workers
 - * Personal Support Workers
 - * Workers in Independent Choices Program
- ◆ If you miss more than 15 minutes of the class, the pay is pro-rated for the time attended and you will not receive a certificate. Incomplete classes are not listed on the Registry.
- ◆ These payments are not considered work hours and will not have withholding. Training hours are not used to determine benefit eligibility.

Please allow a minimum of 6 weeks to receive payment and for the classes to appear as completed in your Registry profile. If you have not received payment by then, please call us.

Adult Foster Care (AFC) and private pay providers DO NOT receive stipend pay for attending classes. Please refer to the list of class descriptions for 'AFC CEU' approved classes.

Oregon Intervention System-General (OIS-G)

<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/OIS-Training.aspx>

OIS-G is Oregon's system of training and implementing the principles of Positive Behavior Support and Intervention for people who support adults and children with Intellectual/Developmental Disabilities who may display challenging behaviors. This course is offered to Personal Support Workers who provide in-home supports through OHCC. The Oregon Home Care Commission offers this two-day OIS-G Training at no cost for Personal Support Workers who:

- Have an active PSW provider number or can show proof of approved, paid employment through a Community Developmental Disability Program (CDDP), Children's Intensive In-Home Services (CIIS), or Brokerage.
- Can show proof of paid hours as a PSW in one of three full calendar months prior to submitting the request form.
- Have completed at least two Oregon Home Care Commission training classes (except MoneyWise and Challenging Behaviors).

After submitting an OIS-G Training Request Form, you will be contacted to register for an OIS-G Training. A training stipend is not provided.

Adult Foster Care & Guests

- ✓ Cost: \$15 per class hour. Payment must be paid prior to attending class.
- ✓ Registration is open 7 days before each class and closes at 12:00 pm (noon) 1 business day prior to the class.
- ✓ To register go to: <https://ilearn.oregon.gov>
- ✓ If you are a new user, click on "Create a New Account". Select "Not a State Employee" as the type.
- ✓ To find Home Care Commission classes, select Learning Catalog. Search 'OHCC' to find open classes. Classes are open on a space available basis. Classes marked with "**AFC CEUs**" in the class column are approved for foster home CEUs.



CPR/First Aid Training

The Oregon Home Care Commission will pay for the cost of basic CPR/First Aid training for eligible homecare workers (HCWs) and personal support workers (PSWs). To be eligible, workers must have:

- ✓ An active provider number;
- ✓ Authorized and paid provider hours in any one of three full calendar months before requesting for CPR/First Aid training;
- ✓ Completed a minimum of two Home Care Commission sponsored training classes (excluding MoneyWise);
- ✓ Attended four additional classes if the Home Care Commission previously paid for CPR/First Aid training since your last certification; and
- ✓ A no-show rate of 20% or below for attending Home Care Commission training classes.



To apply:

- ✓ Get application form at a training class and turn it in to the trainer, or
- ✓ Send a written request (provide your name, address, county, phone number and provider number). List the Home Care Commission trainings you have attended using one of the following three options:
 - 1) Mail: Home Care Commission, ATTN: CPR, 676 Church Street NE, Salem OR 97301
 - 2) Email: Training.OHCC@state.or.us
 - 3) Fax to: 503.378.5886

You will be contacted with information about how to sign up for CPR in your area. Requests are processed twice a month, so please allow a few weeks for a response. WE do not pay a stipend for your time for attending this class.

City	Class Date	Class	Location	Class Time
Albany	3/3/17	SMART	Phoenix Inn Suites 3410 Spicer DR SE (Exit 233 off I-5)	9am-12pm
	3/3/17	SAA	Phoenix Inn Suites 3410 Spicer DR SE (Exit 233 off I-5)	1:30pm-4:30pm
	3/4/17	TRIPS	Comfort Suites 100 Opal Court NE	9am-12pm
	3/4/17	PDT	Comfort Suites 100 Opal Court NE	1:30pm-4:30pm
Bend	3/20/17	D&A	Red Lion Hotel 1415 NE Third Street	1pm-5pm
	3/23/17	F&A	Central Oregon Community College Health Careers Building, Room 190 2600 NW College Way	9am-12:30pm
	3/23/17	CB	Central Oregon Community College Health Careers Building, Room 190 2600 NW College Way	2pm-5pm
	3/24/17	TRIPS	Central Oregon Community College Health Careers Building, Room 230 2600 NW College Way	9am-12pm
	3/24/17	PDT	Central Oregon Community College Health Careers Building, Room 230 2600 NW College Way	1:30pm-3:30pm
Coos Bay	3/9/17	B&G	Red Lion 1313 N Bayshore	9am-12:30pm
	3/9/17	CB	Red Lion 1313 N Bayshore	2pm-5pm
	3/10/17	NB	Red Lion 1313 N Bayshore	9am-1pm
	3/10/17	LGBT	Red Lion 1313 N Bayshore	2:30pm-5:30pm
Corvallis	3/8/17	F&A	Holiday Inn Express on the River 781 NE 2nd	2pm-5:30pm
Eugene Springfield	3/16/17	TRIPS	Phoenix Inn Suites Eugene 850 Franklin Blvd	9am-12pm
	3/16/17	SAA	Phoenix Inn Suites Eugene 850 Franklin Blvd	1:30pm-4:30pm
	3/17/17	B&G	Phoenix Inn Suites Eugene 850 Franklin Blvd	9am-12:30pm
	3/17/17	PDT	Phoenix Inn Suites Eugene 850 Franklin Blvd	2pm-4pm
	3/21/17	D&A	Comfort Suites Springfield 969 Kruse Way	1pm-5pm
	3/28/17	LGBT	Holiday Inn Springfield 919 Kruse Way (I-5 Exit 195A, behind Comfort Inn)	9am-12pm
	3/28/17	DME	Holiday Inn Springfield 919 Kruse Way (I-5 Exit 195A, behind Comfort Inn)	1:30p-4:30p

City	Class Date	Class	Location	Class Time
Florence	3/15/17	KIP	Seniors & People w/Disabilities Office Area Agency on Aging 3180 Highway 101	8:30am-12pm
	3/15/17	B&G	Seniors & People w/Disabilities Office Area Agency on Aging 3180 Highway 101	1:30pm-5pm
	3/16/17	F&A	Seniors & People w/Disabilities Office Area Agency on Aging 3180 Highway 101	9am-12:30pm
Forest Grove	3/8/17	F&A	Jennings McCall 2300 Masonic Way	10am-1:30pm
	3/8/17	CB	Jennings McCall 2300 Masonic Way	3pm-6pm
	3/15/17	B&G	Jennings McCall 2300 Masonic Way	10am-1:30pm
	3/15/17	LGBT	Jennings McCall 2300 Masonic Way	3pm-6pm
	3/23/17	RSW	Jennings McCall 2300 Masonic Way	10am-2pm
	3/23/17	SAA	Jennings McCall 2300 Masonic Way	3:30pm-6:30pm
	3/24/17	SMART	Jennings McCall 2300 Masonic Way	12:30pm-3:30pm
	3/24/17	TRIPS	Jennings McCall 2300 Masonic Way	5pm-8pm
Grants Pass	3/7/17	KIP	Three Rivers Medical Center 500 SW Ramsey Avenue (Outpatient Bldg, Rms 3&4)	8:30am-12pm
	3/7/17	WT	Three Rivers Medical Center 500 SW Ramsey Avenue (Outpatient Bldg, Rms 3&4)	1:30pm-4:30pm
	3/15/17	HH	APD Office 2102 NW Hawthorne Street, Suite A Applegate Room (drive to back of building to secure door)	9am-12pm
	3/15/17	CB	APD Office 2102 NW Hawthorne Street, Suite A Applegate Room (drive to back of building to secure door)	1:30pm-4:30pm
Gresham	3/3/17	F&A	Multnomah County East Building 600 SE 8th Street (Blue Lake conf rm)	9am-12:30pm
	3/3/17	PDT	Multnomah County East Building 600 SE 8th Street (Blue Lake conf rm)	2pm-4pm
	3/10/17	KIP	Multnomah County East Building 600 SE 8th Street (Blue Lake conf rm)	9am-12:30pm
	3/10/17	WT	Multnomah County East Building 600 SE 8th Street (Blue Lake conf rm)	2pm-5pm

City	Class Date	Class	Location	Class Time
Hillsboro	3/21/17	PASS-Spanish	Courtyard Marriott 3050 NW Stucki Place Esta clase en Español	9am-12:30pm
	3/21/17	SAA-Spanish	Courtyard Marriott 3050 NW Stucki Place Esta clase en Español	2pm-5pm
John Day	3/23/17	NB	Outpost Pizza 201 W. Main Street	8:30am - 12:30pm
	3/23/17	B&G	Outpost Pizza 201 W. Main Street	2:00pm-5:30pm
Klamath Falls	3/23/17	EC	DHS Self Sufficiency Office 700 Klamath Avenue, Suite 100	9am-1pm
LaGrande	3/15/17	LGBT	APD Office 1607 Gekeler Lane	9am-12pm
	3/15/17	PASS	APD Office 1607 Gekeler Lane	1:30pm-5pm
	3/16/17	SAA	Blue Mountain Conference Center 404 12th Street	9am-12pm
	3/16/17	PDT	Blue Mountain Conference Center 404 12th Street	1:30pm-3:30pm
Lincoln City	3/14/17	WT	Oregon Coast Community College 3788 SE High School Drive #108	9am-12pm
	3/14/17	NB	Oregon Coast Community College 3788 SE High School Drive #108	1:30pm - 5:30pm
McMinnville	3/15/17	F&A	Red Lion Inn 2535 NE Cumulus	2pm-5:30pm
	3/29/17	KIP	Red Lion Inn 2535 NE Cumulus	9am-12:30pm
	3/29/17	WT	Red Lion Inn 2535 NE Cumulus	2pm-5pm
Medford	3/14/17	RSW	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	8:30am-12:30pm
	3/14/17	RC	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	2pm-5:30pm
	3/20/17	CB	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	9am-12pm
	3/20/17	B&G	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	1:30pm-5pm
	3/21/17	NB	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	8:30am-12:30pm
	3/21/17	WT	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	2pm-5pm
Newberg	3/30/17	NB	Chehalem Parks & Recreation Fountain Crest Room 125 S Elliott Road	9am-1pm
	3/30/17	F&A	Chehalem Parks & Recreation Fountain Crest Room 125 S Elliott Road	2:30pm-6pm

City	Class Date	Class	Location	Class Time
Newport	3/13/17	RSW	Samaritan Center for Health Education 740 SW 9th Street	9am-1pm
	3/13/17	PASS	Samaritan Center for Health Education 740 SW 9th Street	2:30pm-6pm
Ontario	3/24/17	KIP	Four Rivers Cultural Center 676 SW 5th Avenue	10:30am-2pm
	3/24/17	SMART	Four Rivers Cultural Center 676 SW 5th Avenue	3:30pm-6:30pm
Pendleton	3/17/17	KIP	Red Lion 304 SE Nye Avenue	9am-12:30pm
	3/17/17	WT	Red Lion 304 SE Nye Avenue	2pm-5pm
	3/18/17	B&G	Red Lion 304 SE Nye Avenue	9am-12:30pm
	3/18/17	CB	Red Lion 304 SE Nye Avenue	2pm-5pm
Portland	3/4/17	TRIPS	Four Points by Sheraton 1919 NE 181st Avenue	9am-12pm
	3/4/17	WT	Four Points by Sheraton 1919 NE 181st Avenue	1:30pm-4:30pm
	3/10/17	WT	NE Portland Police Precinct 449 NE Emerson Street	6pm-9pm
	3/14/17	SMART Russian	SEIU 6401 SE Foster Road Класс на русском языке	5pm-8pm
	3/15/17	SMART Russian	SEIU 6401 SE Foster Road Класс на русском языке	11am-2pm
	3/17/17	WT Spanish	NE Portland Police Precinct 449 NE Emerson Street Esta clase en Español	6pm-9pm
Roseburg	3/14/17	KIP	Southern Oregon Region Brokerage 2930 NE Stephens Street	9am-12:30pm
	3/14/17	WT	Southern Oregon Region Brokerage 2930 NE Stephens Street	2pm-5pm
	3/15/17	F&A	Southern Oregon Region Brokerage 2930 NE Stephens Street	9am-12:30pm
	3/15/17	CB	Southern Oregon Region Brokerage 2930 NE Stephens Street	2pm-5pm

City	Class Date	Class	Location	Class Time
Salem	3/8/17	SMART Russian	Day's Inn Black Bear 1600 Motor Court NE Класс на русском языке	2pm-5pm
	3/18/17	KIP	Broadway Commons Coffeehouse 1300 Broadway (Mexico Room #304)	9am-12:30pm
	3/24/17	EC	Broadway Commons Coffeehouse 1300 Broadway (Mexico Room #304)	10am-2pm
	3/24/17	PASS	Broadway Commons Coffeehouse 1300 Broadway (Mongolia Room #305)	9am-12:30pm
	3/24/17	WT	Broadway Commons Coffeehouse 1300 Broadway (Mongolia Room #305)	2pm-5pm
	3/25/17	F&A	Broadway Commons Coffeehouse 1300 Broadway (Mexico Room #304)	9am-12:30pm
St. Helens	3/1/17	F&A	Best Western Oak Meadows Inn 585 South Columbia River Highway	10am-1:30pm
	3/1/17	WT	Best Western Oak Meadows Inn 585 South Columbia River Highway	3pm-6pm
	3/2/17	B&G	Best Western Oak Meadows Inn 585 South Columbia River Highway	10am-1:30pm
	3/2/17	LGBT	Best Western Oak Meadows Inn 585 South Columbia River Highway	3pm-6pm
Tillamook	3/6/17	KIP	Shilo Inn 2515 North Main	10am-1:30pm
	3/6/17	WT	Shilo Inn 2515 North Main	3pm-6pm
Woodburn	3/10/17	B&G Spanish	DHS Training Center 120 E Lincoln Street, Suite 230 Esta clase en Español	9am-12:30pm
	3/10/17	PDT Spanish	DHS Training Center 120 E Lincoln Street, Suite 230 Esta clase en Español	2pm-4pm
	3/14/17	KIP Spanish	Wellspring Conference Center Silverton Health 1475 Hood Avenue Esta clase en Español	9am-12:30pm
	3/14/17	TRIPS Spanish	Wellspring Conference Center Silverton Health 1475 Hood Avenue Esta clase en Español	2pm-5pm
	3/17/17	PASS	DHS Training Center 120 E Lincoln Street, Suite 230	9am-12:30pm
	3/17/17	PDT	DHS Training Center 120 E Lincoln Street, Suite 230	2pm-4pm

Trainings At-a-Glance | March 1-18, 2017

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 F&A 10a-1:30p <i>St. Helens</i> WT 3p-6p <i>St. Helens</i>	2 B&G 10a-1:30p <i>St. Helens</i> LGBT 3p-6p <i>St. Helens</i>	3 SMART 9a-12p <i>Albany</i> SAA 1:30p-4:30p <i>Albany</i> F&A 9a-12:30p <i>Gresham</i> PDT 2p-4p <i>Gresham</i>	4 TRIPS 9a-12p <i>Albany</i> PDT 1:30p-4:30p <i>Albany</i> TRIPS 9a-12p <i>Portland</i> SMART 1:30p-4:30p <i>Portland</i>
5 NO CLASSES	6 KIP 10a-1:30p <i>Tillamook</i> WT 3p-6p <i>Tillamook</i>	7 KIP 8:30a-12p <i>Grants Pass</i> WT 1:30p-4:30p <i>Grants Pass</i>	8 F&A 2p-5:30p <i>Corvallis</i> F&A 10a-1:30p <i>Forest Grove</i> CB 3p-6p <i>Forest Grove</i> SMART-Russian 2p-5p <i>Salem</i>	9 B&G 9a-12:30p <i>Coos Bay</i> CB 2p-5p <i>Coos Bay</i>	10 NB 9a-1p <i>Coos Bay</i> LGBT 2:30p-5:30p <i>Coos Bay</i> KIP 9a-12:30p <i>Gresham</i> WT 2p-5p <i>Gresham</i> WT 6p-9p <i>Portland</i> B&G-Spanish 9a-12:30p <i>Woodburn</i> PDT-Spanish 2p-4p <i>Woodburn</i>	11 NO CLASSES
12 NO CLASSES	13 RSW 9a-1p <i>Newport</i> PASS 2:30p-5:30p <i>Newport</i>	14 WT 9a-12p <i>Lincoln City</i> NB 1:30p-5:30p <i>Lincoln City</i> RSW 8:30a-12:30p <i>Medford</i> RC 2p-5:30p <i>Medford</i> SMART-Russian 5p-8p <i>Portland</i> KIP 9a-12:30p <i>Roseburg</i> WT 2p-5p <i>Roseburg</i> KIP-Spanish 9a-12:30p <i>Woodburn</i> TRIPS-Spanish 2p-5p <i>Woodburn</i>	15 KIP 8:30a-12p <i>Florence</i> B&G 1:30p-5p <i>Florence</i> B&G 10a-1:30p <i>Forest Grove</i> LGBT 3p-6p <i>Forest Grove</i> HH 9a-12p <i>Grants Pass</i> CB 1:30p-4:30p <i>Grants Pass</i> LGBT 9a-12p <i>LaGrande</i> PASS 1:30p-5p <i>LaGrande</i> F&A 2p-5:30p <i>McMinnville</i> SMART-Russian 11a-2p <i>Portland</i> F&A 9a-12:30p <i>Roseburg</i> CB 2p-5p <i>Roseburg</i>	16 TRIPS 9a-12p <i>Eugene</i> SAA 1:30p-4:30p <i>Eugene</i> F&A 9a-12:30p <i>Florence</i> SAA 9a-12p <i>LaGrande</i> PDT 1:30p-3:30p <i>LaGrande</i>	17 B&G 9a-12:30p <i>Eugene</i> PDT 2p-4p <i>Eugene</i> KIP 9a-12:30p <i>Pendleton</i> WT 2p-5p <i>Pendleton</i> WT-Spanish 6p-9p <i>Portland</i> PASS 9a-12:30p <i>Woodburn</i> PDT 2p-4p <i>Woodburn</i>	18 B&G 9a-12:30p <i>Pendleton</i> CB 2p-5p <i>Pendleton</i> KIP 9a-12:30p <i>Salem</i>

Trainings At-a-Glance | March 19-31, 2017

SUN	MON	TUES	WED	THURS	FRI	SAT
19 NO CLASSES	20 D&A 1p-5p <i>Bend</i> CB 9a-12p <i>Medford</i> B&G 1:30p-5p <i>Medford</i>	21 D&A 1p-5p <i>Eugene/Springfield</i> PASS-Spanish 9a-12:30p <i>Hillsboro</i> SAA-Spanish 2p-5p <i>Hillsboro</i> NB 8:30a-12:30p <i>Medford</i> WT 2p-5p <i>Medford</i>	22 NO CLASSES	23 F&A 9a-12:30p <i>Bend</i> CB 2p-5p <i>Bend</i> RSW 10a-2p <i>Forest Grove</i> SAA 3:30p-6:30p <i>Forest Grove</i> NB 8:30-12:30p <i>John Day</i> B&G 2p-5:30p <i>John Day</i> EC 9a-1p <i>Klamath Falls</i>	24 TRIPS 9a-12p <i>Bend</i> PDT 1:30p-3:30p <i>Bend</i> SMART 12:30-3:30p <i>Forest Grove</i> TRIPS 5p-8p <i>Forest Grove</i> KIP 10:30a-2p <i>Ontario</i> SMART 3:30p-6:30p <i>Ontario</i> EC 10a-2p <i>Salem</i> PASS 9a-12:30p <i>Salem</i>	25 F&A 9a-12:30p <i>Salem</i>
26 NO CLASSES	27 NO CLASSES	28 LGBT 9a-12p <i>Springfield</i> DME 1:30p-4:30p <i>Springfield</i>	29 KIP 9a-12:30p <i>McMinnville</i> WT 2p-5p <i>McMinnville</i>	30 NB 9a-1p <i>Newberg</i> F&A 2:30p-6:30p <i>Newberg</i>	31 NO CLASSES	

Class Abbreviations

B&G: Bathing & Grooming	EC: Everyone Communicates	LGBT: Diversity Awareness Challenges Facing Lesbian, Gay, Bisexual, Transgender Adults	RC: Respiratory Care
BLV: Blind & Low Vision	ELC: End of Life Care	MedS: Medication Safety	RSW: Ready Set Work
CB: Challenging Behaviors	F&A: Fraud & Abuse	MW: MoneyWise	SAA: Substance Abuse Awareness
D&A: Dementia & Alzheimer's	G&L: Grief & Loss	NB: Nutrition Basics	SMART: Stress Management and Relaxation Techniques
DBN: Diabetes by the Numbers	HH: Heart Healthy	PASS: Protect Against Sprains & Strains	TRIPS: Taking Responsibility in Personal Safety
DME: Durable Medical Equipment	KIP: Keeping it Professional	PDT: Preventing Disease Transmission	WT: Working Together




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