



OHCC Training Newsletter

September-October 2018

The Oregon Home Care Commission supports homecare workers, personal support workers, and consumer / employers by:

- Defining qualifications of the Homecare Worker (HCW) and the Personal Support Worker (PSW)
- Providing a statewide registry of HCWs and PSWs
- Providing training opportunities
- Serving as the “employer of record” for collective bargaining for HCWs and PSWs who receive service payments that are from public funds

OHCC Website

<http://www.oregon.gov/dhs/seniors-disabilities/HCC/Pages/index.aspx>

[How to become a Homecare or Personal Support Worker](http://www.ohccworkforce.org/)

<http://www.ohccworkforce.org/>

[Homecare Workers Resources](http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Homecare-Workers.aspx)

<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Homecare-Workers.aspx>

[Personal Support Workers Resources](http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Personal-Support-Workers.aspx)

<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Personal-Support-Workers.aspx>



Inside This Issue

Pages 2-3: Registering for Training, The Registry, Stipends, Paid Time-Off

Pages 4-5: Online Courses and iLearnOregon

Pages 6-9: Enhanced & Exceptional Certifications, PSW Job Coaches, COMPASS, Professional Development Certification, OIS-G

Pages 10-12: Course Descriptions

Page 13-16: Other Languages, CPR/First Aid, Adult Foster Care/Guests

Pages 17-30: September-October Classes

Pages 31-36: At-A-Glance, Abbreviations Key

Registering for Training

Training classes in this newsletter are provided for Homecare Workers (HCWs), Personal Support Workers (PSWs), and the consumer/employers they work for. See page 16 for Adult Foster Care/Guest registration instructions.

Pre-registration is required and assures your spot in the class. Many classes fill to capacity and will not be able to accommodate walk-ins. Please, don't get a "No Show." Email, call or login to the Registry and cancel if you can't make a class! The certifications require workers have low "No Show Rates" for acceptance.

Register Today! Here's how:

1. Self-registration

- ❖ Register online by going to www.or-hcc.org and follow these steps:
 - Select a program area, then login
 - Navigate to the "Training" tab and select "Upcoming Training Classes"
 - Review upcoming classes
 - Sign-up for and/or cancel upcoming classes
- ❖ Register online with iLearnOregon for online course or multiple event courses (ie, COMPASS and Enhanced Certification):
 - See pages 4-5 for full details
 - Go to <https://ilearn.oregon.gov>



2. Send an email

- ❖ Send an email request to: Training.OHCC@dhsosha.state.or.us
 - In your email include:
 - Name
 - Provider Number
 - Name, date, and city of each class you want to attend

3. Give us a call. Call 1.877.867.0077

The Registry

Looking for work? Check the "Help Wanted" section for consumers looking for a worker. Select the county or counties where you want to work to find listings. Click the "Expand" button to make sure you meet the person's needs before calling. The Registry web address is: <https://www.or-hcc.org>

To be referred on the Registry, HCWs and PSWs are required to have the following annual continuing education:

- Complete four (4) training classes a year – If you are new, you have one year from the date you receive your provider number to complete these.
- At least once every two years, you must complete one of the following OHCC Safety training classes – PASS, PDT, TRIPS, or COMPASS.
- The other seven (7) classes in those two years can be any class approved for your group (COMPASS counts as two classes).

For help with the Registry, read our Quick Guide found here: <http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/Documents/HCW%20PSW%20Registry%20Quick%20Guide%204.24.17.pdf>

Training Completion & Stipends for Attending Classes

HCWs and PSWs may be paid a stipend for attending classes if they meet these criteria:

- ◆ Have an active provider number.
- ◆ Have authorized and paid state provider hours within 3 calendar months prior to the month of the training or during the month the training is held. (Independent Choice Program workers must provide a pay stub or statement from their employer).
- ◆ Have not received a stipend for the same class in the previous 12 months.
- ◆ If you miss more than 15 minutes of the class, the pay is pro-rated for the time attended and you will not receive a certificate of completion for the class.

These payments are not considered work hours and will not have withholding. Training hours are not used to determine benefit eligibility.

Please allow approximately 9-12 weeks to receive payment and for the classes to appear as completed in your Registry profile. If you have not received payment by then, please send an e-mail to Training.OHCC@dhsosha.state.or.us

Adult Foster Care (AFC) and private pay providers DO NOT receive stipend pay for attending classes. Please refer to the list of class descriptions for 'AFC CEU' approved classes.

Paid Time-Off Benefits

Did you know that as a Homecare Worker or Personal Support Worker, you could be eligible for Paid Time Off benefits effective July 1st, if you worked 80 or more hours of bargaining unit work in March, April or May? If you believe you may be eligible, please visit <https://www.orhomecaretrust.org/2018-overview/#pto> to fill out a W-9 form online. If you don't have internet access, you can call the Trust Administrative Office at 1-844-507-7554 Option 3, then Option 2 to request a W-9 be sent to you. The Trust Administrative Office must have your signed W-9 on file before July 1st, 2018 in order for you to be eligible for Paid Time Off benefits.

To be eligible for Paid Time Off benefits effective February 1st, you must work 80 hours or more of bargaining unit work in October, November or December, and turn in a completed W-9 form to the Trust Administrative Office before February 1st.

Being a Homecare or Personal Support Worker is hard work, which is why SEIU 503 members negotiated with the State so that HCW's and PSW's could receive Paid Time Off benefits through the Benefit Trust. One Participant was able to take their kids to Disneyland with their Paid Time Off benefits, so don't leave money on the table. Turn in a completed W-9 before July 1st to the Trust Administrative Office if you're eligible!

HAVE YOU JOINED US FOR AN ORIENTATION YET?
VIEW AND REGISTER ONLINE FOR EITHER AN UPCOMING HOMECARE OR PERSONAL SUPPORT WORKER ORIENTATION WITH THE LINKS BELOW:
HCW - <https://go.usa.gov/xQTUQ>
PSW and/or eXPRS - <https://go.usa.gov/xQTUw>

**** AVAILABLE NOW **** Online Courses in iLearnOregon



The Oregon Home Care Commission now offers two online courses for home care and personal support workers. “*Helping Caregivers Fight Fraud and Abuse*” and “*Keeping It Professional*” which are available on iLearnOregon. A third, “*Working Together*” will be released soon. Together, these three courses make up the core classes required for the Professional Development Certification.

The three core online courses will provide another opportunity for workers to receive training other than the traditional in-person classroom setting. Workers will choose which style of learning environment they feel works best for them!

Once the registration of iLearnOregon is complete (see the following page), a worker will be able to sign up to take a course. It is very important that providers use the online course links provided by OHCC. The links for each of the available courses can be found in the written instructions for registering. Each course has three parts to the course curriculum: the worker guide, the course itself and the online assessment. The worker guide can be downloaded and saved on the computer or it can be printed out. The online assessment is included and workers who are working towards their *Professional Development Certification*, will need to complete the assessment and score 80% to receive credit for the assessment. The iLearnOregon course assessment is online for those who have completed the course online and not for workers who have completed the course in the in-person classroom setting (there is another assessment option for those in the classroom).

If the course taken in iLearnOregon is the exact class offered in the in-person classroom, then the worker will qualify for a stipend for the online course on the 12th month of receiving a stipend for the in-person classroom. To request a stipend once the course is complete, the worker will take the assessment (if they want to earn PDC credit), and then fill out an online Training Participation Record (TPR) form. The TPR includes required information that the OHCC staff needs to give the worker credit for the course and process a stipend. Workers who fail to complete their TPR accurately will experience a delay in credit and stipend payment. Detailed instructions to request a stipend are given at the end of each course.

Important:

- ❖ The online courses do require access to a computer and are not recommended or designed for tablets or smart phones
- ❖ Although most workers do have access to a computer, some workers may not. Public computer access will vary, depending on the community; options may include libraries or WorkSource Oregon
- ❖ Courses in iLearnOregon should be accessed through either Firefox (recommended), Chrome, Edge, or Safari. Do not use Internet Explorer
- ❖ Workers will be able to reset their own password in iLearnOregon

Your iLearnOregon Account

Providers must register for an iLearnOregon account before you can register yourself for a class. Once you have registered as a user with iLearnOregon, you won't have to complete that step again. iLearnOregon is password protected and if you forget your password you may easily request a reset from iLearnOregon login page. Of course, be sure to save your username and password once created!

How?

You may create your iLearnOregon account by following the detailed instructions found on the Oregon Home Care Commission website at <https://go.usa.gov/xU5HZ>. Workers should be aware that if they do not follow the written instructions exactly as written, they may find themselves unable to register or take the course.

Notifications will be automatically generated to you based upon the email address you enter into iLearnOregon. If for some reason you fail to receive a confirmation email for a course you have registered for, go back in and verify your email address.

Stipends? Course Credit?

OHCC depends upon the Registry to help calculate the "No Show" rate as well as the 12-month stipends rule. Additionally, consumers can view which courses a worker has completed. To ensure these business practices are in place, OHCC staff will manually register any registration information from iLearnOregon into the Registry. iLearnOregon is advantageous for registering courses with multi sessions as well as providing workers with the ability to take online courses.



Register for COMPASS and ENHANCED CERTIFICATION in *iLearnOregon*

Interested in signing up for COMPASS or the Enhanced Certification course?

Register in *iLearnOregon* for these two classroom cohorts

iLearnOregon offers several registration improvements:

- Register **one time** for all events within the course
- An *immediate confirmation* email includes:
 - Dates, times, location of each event
 - Instructions on how to cancel registration
 - Course description
 - Option to add event details to your personal calendar
- View all course events with details which include dates, times, and locations
- Built-in map & directions on how to find class locations
- Automatic Password reset for iLearnOregon should you forget your password
- Three automatic email reminders for your events: two weeks before, one week before and two days before class
- Course credit will be added to the Registry by OHCC staff
- Transcripts will be available on iLearnOregon at any time
- Auto enroll from the Waitlist to Class Registration:
 - When classes are full, a Waitlist will automatically be created
 - If someone cancels their registration, it allows a class opening
 - The first one on the Waitlist will auto enroll & receive an email confirmation
 - Auto enrolled and can't make the date? Simply cancel the registration by following the cancellation instructions included in the registration email

Enhanced Worker Certification Course

Are you interested in being certified as an Enhanced Worker? The Enhanced Worker Certification Course includes up to 25 hours of course work in addition to out-of-class requirements that require access to the internet. The certification will allow workers the opportunity to earn \$1.00 above base rate pay *for any consumers pre-approved for enhanced needs.*

Workers (with the exception of CIIS PSWs or those who have a current Professional Development Certification) will need to pass a Readiness Assessment before attending the course. The assessment is based on content from the following eleven (11) classes: Bathing & Grooming, Challenging Behaviors, Durable Medical Equipment, Keeping It Professional, Medication Safety, Helping Caregiver Fight Fraud and Abuse, Nutrition Basics, Working Together, Preventing Disease Transmission, Protect Against Sprains and Strains, and Taking Responsibility In Personal Safety.

Here is the link to take the Enhanced Readiness Certificate any time, day or night, 24/7: <https://www.surveymonkey.com/r/RFSSX97>.

After you pass the assessment, with a score of 80% or higher, you will receive an email with details about signing up for the classes. Please visit the certifications webpage for information on how to prepare for this certification and application requirements. <http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Enhanced-Exceptional-Workers.aspx>

If interested, or if you have any questions, send an email to Certifications.ohcc@dhsosha.state.or.us. Please include the word 'Enhanced' in the subject line!

Exceptional Worker Certification for PSW's

What is an Exceptional PSW Certification? The "Exceptional Worker Certification" means a worker certified by the Oregon Home Care Commission to deliver services to individuals who require advanced medically or behaviorally driven services and supports beyond the Enhanced level as determined by the service coordinator or personal service agent. The program is for PSW's only.

The Exceptional Personal Support Worker Certification requires a time commitment of 10 to 12 hours of blended learning. The certification will allow workers the opportunity to earn \$3.00 above base rate pay *for any consumers pre-approved for exceptional needs.* To apply for the Exceptional Personal Support Worker Certification Program, you must:

- Have an active Personal Support Worker provider number.
- Have already completed the Enhanced Certification Program *and have your certification.*
- Have a current OIS certification.
- Have less than a 20% "No-Show" rate for OHCC classes. Agree to the time commitment.

For more details, please visit our website at <http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Enhanced-Exceptional-Workers.aspx>.

If interested, or if you have any questions, please send an email to: Certifications.ohcc@dhsosha.state.or.us. Please include the word 'Exceptional' in the subject line!

PSW Job Coaches - Make a difference in the workplace!

Sometimes when a person with an intellectual or developmental disability (I/DD) starts a new community job, they might need help from someone called a Job Coach. A Job Coach is someone who supports the person at his or her job. This might include things like; creating visual aids or work checklists, making sure the person knows how to check in with their supervisor, or ways to interact with coworkers. It might also include taking extra time with the person to make sure they understand the job and the tasks they are expected to do. When someone is working with the help of a Job Coach, this is called Supported Employment.

A Personal Support Worker can become a Job Coach and support a person with a disability at their job. It is meaningful and important work to help a person succeed at their job; assisting them to become more independent in the community and workforce.

PSW Job Coaches earn higher wages and being a Job Coach also can be a way to start a career path in the developmental disabilities field.

Job Coaches may also work with employers to explore unmet business needs so jobs can be developed or customized. Support, to the employee and/or employer, in addition to skills training, may consist of: advocacy, disability awareness-building, job adaptations, social support, problem-solving, and the development of natural supports to allow the job coach to phase out eventually.

Additional training is required to become a PSW Job Coach. If you are already enrolled as a PSW, you must complete one approved Supported Employment training within 90 days of enrollment as a Job Coach and complete the online Core Competencies Supported Employment modules within one year of enrollment. Information about the Core Competencies is online:

<https://www.dhs.state.or.us/policy/spd/transmit/ar/2017/ar17020.pdf>

A worker guide on PSW Job Coach Enrollment and training requirements is at:

<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/Documents/Worker%20Guide%20-%20Personal%20Support%20Worker%20Employment%20Services%20Enrollment.pdf>

A short fact sheet on Job Coaching is here: <http://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/Documents/FactSheet-JobCoaching.pdf>

A video on how job coaching supports a person is here: <https://youtu.be/L9QFCoWqDI>

If you have further questions about how to become a PSW Job Coach, contact Stephanie Roncal with the Office of Developmental Disabilities Services at 503-945-5759 or Stephanie.Roncal@state.or.us

COMPASS

Communities of Practice And Safety Support, or COMPASS, is a program meant to promote injury prevention and health for Homecare and Personal Support Workers. Over seven (7) sessions, each two (2) weeks apart, a small group of workers learn and share together about health, safety, and work practices. COMPASS members work as a team in collaboration with each other to share best practices and help with problem solving. Each member is expected to participate fully. This is not a class to sit back and listen! Check the Registry for locations and register today!

When signing up for COMPASS, you are **committing to attend all seven sessions**. Attendance to the first session is required in order to attend any other sessions. If the first session is missed, the worker will be cancelled out of the rest of the series. To receive a Certificate of Completion, you must attend at least five of the sessions. You will receive the OHCC Training Stipend for each session, if you meet the criteria. Courses are limited in size, so if you choose to register, do so early. If you are unable to make commit to the participation requirements, then please allow the spot to be used by someone else.

Registration for in-person COMPASS classes is now through iLearnOregon <https://ilearn.oregon.gov>

Professional Development Certification (PDC)

The Professional Development Certification (PDC) offers PSWs or HCWs a way to earn a higher wage of .50 cents above the base rate. Courses and requirements offer an educational opportunity intended to help the worker build skills to be applied in their day to day work experience. The certification is valid for 24-months.

Requirements:

- Have an active Medicaid Provider Number
- Complete the three (3) Core courses, five (5) hours of Safety Courses, and five (5) hours of Elective Courses (*see descriptions below*)
- Take the online assessment for each course you complete – achieving a score of 80% or better
- Obtain and maintain a current, active Adult CPR/First Aid certification
- OHCC course attendance No Show Rate of 20% or less



Once all requirements are met, complete and submit a Professional Development Certification Application to OHCC. Applications can be found on our website:

<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/Professional-Development-Certification.aspx>

Please email the application, along with attached copies of your CPR/First Aid cards, to Certifications.OHCC@dhsosha.state.or.us

Applications must be in the OHCC office by the first day of the month to be eligible for certification approval. If all requirements have been met then approval and certification will begin the first day of the following month. **Example:** an emailed application arrives and is date stamped at OHCC January 12, 2018; it would qualify to have certification begin on March 1, 2018. The deadline for February 1, 2018 was missed because the application was not received by January 1, 2018.

Processing applications take time; please allow 2-3 weeks from the first week of the upcoming month. Once you have been approved, you will receive a confirmation email informing you of the two-year certification period with your attached Professional Development Certificate.

Helpful Tips:

- ✓ A course must be completed before the assessment will count.
- ✓ Only your first assessment score counts. If the score is lower than 80%, you will need to retake the course and assessment.
- ✓ You may get an assessment link from the instructor or email Certifications.OHCC@dhsosha.state.or.us
- ✓ Keep a log of the assessments you have completed and your scores.
- ✓ Keep a close eye on your renewal date for your CPR/First Aid and plan ahead so you don't have a gap in your Professional Development Certification wage increase.
- ✓ If you have questions, please send an email to: Certifications.OHCC@dhsosha.state.or.us

Avoid Interruption

In order for your PDC wage increase to not be interrupted when your CPR/First Aid card expires, we ask you to do the following:

1. Track the expiration date of your CPR/First Aid card on your personal calendar
2. Send a copy of the CPR/First Aid cards directly to OHCC as soon as you get the renewal cards
3. Send to Certifications.OHCC@dhsosha.state.or.us.

If you do not provide OHCC with a copy of your card, the .50 wage increase will drop off your hourly rate. The .50 wage will return on the next pay period after the card is provided to OHCC, not the effective date on the cards so don't forget to send us your renewal cards!

Renewal Process: Professional Development Certification (PDC)

The Oregon Home Care Commission, in collaboration with the Training Committee and approved by the Commissioners, has recently determined the renewal process homecare and personal support workers will need to complete so they may maintain their PDC. Below are the requirements a homecare or personal support worker will need to follow to renew their PDC for an additional 24-months:

- Repeat the course requirements – Core Courses, five hours of Safety Courses, and five hours of Elective Courses
- Take the assessments for the courses you complete, with a score 80% or better
- Keep your CPR/First Aid certification current and make sure OHCC has a copy (see “Avoid Interruption” on previous page)
- Maintain a No Show Rate of 20% or lower

IMPORTANT: *only courses and assessments taken after the first 12-months of certification will be counted towards PDC renewal.* **Example:** If you received your PDC 01/01/2017 ending on 12/31/2018; you would have all of 2018 to take courses towards renewal. Let’s say you had taken Medication Safety (11/12/2017), Preventing Disease Transmission (1/15/2018), and Nutritional Basics (3/5/2018). Both PDT and NB will count towards renewal; so long as you complete and pass both assessments. MedS would not count because it was taken in the first 12-months of having PDC.

****REMINDER****

COMPASS NOW MEETS THE REQUIREMENTS FOR SAFETY COURSE HOURS
SENSORY PROCESSING DISORDER COURSES MEET ELECTIVE COURSE HOURS

Oregon Intervention System-General (OIS-G)

OIS-G is Oregon’s system of training and implementing the principles of Positive Behavior Support and Intervention for people who support adults and children with Intellectual/Developmental Disabilities who may display challenging behaviors. This course is offered to Personal Support Workers who provide in-home supports through OHCC. The Oregon Home Care Commission offers this two-day OIS-G Training at no cost for Personal Support Workers who:

- Have an active PSW provider number or can show proof of approved, paid employment through a Community Developmental Disability Program (CDDP), Children’s Intensive In-Home Services (CIIS), or Brokerage.
- Can show proof of paid hours as a PSW in one of three full calendar months prior to submitting the request form.
- Have completed at least two Oregon Home Care Commission training classes (except for Challenging Behaviors).
- A No Show Rate for attending OHCC training classes of 20% or below.

After submitting an OIS-G Training Request Form, you will be contacted to register for an OIS-G Training. A training stipend may be available **if** OIS-G is required in the approved behavioral care plan. Download the Request Form here <http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Pages/OIS-Training.aspx>

OHCC Courses

| Course | Description | Length | Stipend Available |
|--|--|----------------------------------|-------------------|
| Bathing & Grooming (B&G) <i>*PDC Elective Course</i> | Skills in personal care activities of bathing, shaving, skin care & grooming with a focus on using person-centered values and techniques. A video demonstrating hands-on care is shown. | 3 ½ hrs | HCW PSW ICP |
| Blindness & Low Vision (BLV) <i>*AFC CEUs</i> | An overview of eye diseases and vision loss; techniques for working with someone sight-impaired; being a sighted guide; helping someone to live independently; resources and adaptive equipment for use in the home. | 3 hrs | HCW PSW ICP |
| Communities of Practice and Safety Support (COMPASS) <i>*PDC Safety Course</i> | This program promotes injury prevention and health for Homecare and Personal Support Workers. It involves seven (7) sessions, each two (2) weeks apart. Be a part of a small team of workers learning and sharing health, safety, and work practices. Completion of COMPASS will meet all 5 hours of Safety Skills Courses required for PDC. *Effective as of 5.1.2018 | 15 hrs (7 wks/ 2-3 hrs ea) | HCW PSW ICP |
| Diabetes by the Numbers (DBN) <i>*AFC CEUs</i> | A class on the basics of diabetes. What is it? Are you at risk? The class will cover: carbohydrate identification; label reading and portion control; preventing complications; glucose testing; and understanding the numbers. | 3 ½ hrs | HCW PSW ICP |
| Diversity Awareness – Challenges Facing Lesbian, Gay, Bisexual, Transgender Adults (LGBT) <i>*AFC CEUs</i> | Learn terminology & definitions, gain an understanding of the lives of LGBT adults, and learn ways to be welcoming and inclusive. | 3 hrs | HCW PSW ICP |
| Durable Medical Equipment (DME) <i>*AFC CEUs</i> | Helpful hints on safely using mobility devices, bath & toilet aides, Hoyer lifts, and other medical equipment. Tips on choosing, fitting, and using devices. | 4 hrs | HCW PSW ICP |
| End of Life Care (ELC) <i>*AFC CEUs</i> | An overview of end of life care, including: the dying process; pain and symptom considerations; advanced planning; & spiritual, emotional, and social concerns. | 4 hrs | HCW PSW ICP |
| Everyone Communicates (EC) <i>*PDC Elective Course</i> | Learn effective communication partner strategies that make a positive impact on the people you support with communication challenges and intellectual and developmental disabilities who experience communication challenges. <i>*PSW credit for PDC only</i> | 4 hrs | HCW PSW ICP |

| Course | Description | Length | Stipend Available |
|--|--|---|-------------------|
| Grief & Loss (G&L) *AFC CEUs | Understanding the process of grief, the myths and realities of grieving and loss, ways to help others, compassion fatigue and caring for yourself. | 3 ½ hrs | HCW PSW ICP |
| Heart Healthy (HH) *PDC Elective Course *AFC CEUs | How the heart works, understanding common heart problems, monitoring blood pressure, recognizing heart emergencies, & creating a heart healthy lifestyle. | 3 hrs | HCW PSW ICP |
| Helping Caregivers Fight Fraud & Abuse (F&A) *PDC Core Course *AFC CEUs | Recognizing & reporting abuse & neglect of children, older adults and disabled persons and Medicaid & Medicare fraud; the role of the caregiver; problem solving; local resources. | Class: 3 ½ hrs Online: 1 ½ hrs | HCW PSW ICP |
| Keeping It Professional (KIP) *PDC Core Course | The role of the worker in: setting professional boundaries, working with the task list, when and how to keep things confidential, and tips for recordkeeping. | Class: 3 ½ hrs Online: 1 ½ hrs | HCW PSW ICP |
| Medication Safety (MedS) *PDC Safety Course | Assisting adults who manage their own medication, including: types and effects of medications; assisting with documentation, storage; recognizing risks and warning signs; and the role of the worker. | 3 hrs | HCW PSW ICP |
| Nutrition Basics (NB) *PDC Elective Course *AFC CEUs | Basics of nutrition, nutrient categories, meal timing, and meal balance using person-centered strategies and tools to promote informed choices as well as common nutrition related concerns. | 4 hrs | HCW PSW ICP |
| Preventing Disease Transmission (PDT) *PDC Safety Course *AFC CEUs | Causes of infectious diseases and routes of transmission; reducing risks; best practices in housekeeping and caregiving to prevent the spread of diseases. | 2 hrs | HCW PSW ICP |
| Protect Against Sprains and Strains (PASS) *PDC Safety Course *AFC CEUs | Basic principles of body mechanics; making changes in work activities to minimize risks and protect yourself and others; review of some assistive equipment. | 3 ½ hrs | HCW PSW ICP |
| Ready, Set, Work (RSW) | Create a professional marketing approach to finding work; how to use the Registry & Referral System; and what you should do before starting a job. NOTE: Workers do not need to have worked to qualify for a stipend for this class. | 4 hrs | HCW PSW ICP |
| Respiratory Care: Oxygen to Ventilators (RC) *AFC CEUs | End-stage respiratory diseases, basics on the use of oxygen, nebulizers, & ventilators. | 3 ½ hrs | HCW PSW ICP |

| Course | Description | Length | Stipend Available |
|---|--|--------|-------------------|
| Sensory Processing Disorder – Adults (SPD-A) <i>*PDC Elective Course</i> | Covers the following: what is Sensory Processing Disorder; overview of the senses; ASD and ADHD; understanding how an adult with SPD perceives input; and supports for community mobility. <i>*Effective as of 5.1.2018</i> | 3 hrs | HCW PSW ICP |
| Sensory Processing Disorder - Children (SPD-C) <i>*PDC Elective Course</i> | Covers the following: what is Sensory Processing Disorder; overview of the senses; ASD and ADHD; impacts on a child’s day; understanding how a child with SPD perceives input; and sensory diets. <i>*Effective as of 5.1.2018 *PSW credit for PDC only</i> | 3 hrs | HCW PSW ICP |
| Stress Management and Relaxation Techniques (SMART) <i>*AFC CEUs</i> | Understanding stress and its effects; identifying triggers; fun and practical techniques for coping with stress. | 3 hrs | HCW PSW ICP |
| Substance Abuse Awareness (SAA) | Review the OHCC Drug-Free Workplace policy for workers, learn the impact of drug and alcohol abuse, the role of the worker, and resources for help. | 3 hrs | HCW PSW ICP |
| Taking Responsibility in Personal Safety (TRIPS) <i>*PDC Safety Course</i> | Ideas for preventing injuries from slips and trips in the home; assessing risk factors; assisting in planning and preparing for emergencies, safe driving tips. | 3 hrs | HCW PSW ICP |
| Working Together (WT) <i>*PDC Core Course</i> | Assertive communication and problem-solving techniques for employers & workers; clarifying expectations; using person- directed values and language. | 3 hrs | HCW PSW ICP |
| Working with Challenging Behaviors (CB) <i>*PDC Elective Course</i> <i>*AFC CEUs</i> | Practical information about working with seniors and adults with physical disabilities regarding types and causes of challenging behaviors, problem solving, and communication ideas. <i>*HCW credit for PDC only</i> | 3 hrs | HCW PSW ICP |

PSW JOB COACH

Are you interested in becoming a PSW Job Coach? Learn more about how you can begin assisting individuals experiencing intellectual or development disability (I/DD) in the workplace by watching this informative short video:

<https://youtu.be/L9QFCoWogDI>

Web address is case sensitive. Be sure to enter it exactly as it appears.

Class Language Options

To help promote and support the growing cultural diversity home care and personal support workers in Oregon, OHCC currently offers courses in four different languages with a fifth coming soon. Having a course presented in your first language promotes better learning and retention, is validating and empowering, and enhances the overall experience. Below are upcoming courses.

Español

Las clases para PSW's y HCW's en español continúan ocurriendo en todas las áreas de Portland Metro y Woodburn. En junio, las clases en español comenzaron a ofrecerse en el condado de Deschutes. A continuación se encuentran las clases de julio y agosto.

| Ciudad | Fecha y Hora | Nombre de la Clase | Ubicación de la Clase |
|-----------|------------------------------|---|---|
| Beaverton | 10/04/2018 8:30a - 12:00p | Consejos para los trabajadores de atención domiciliar en la lucha contra el fraude y el abuso | Beaverton Activities Center 12350 SW 5th Street (Sycamore Room) |
| Gresham | 09/19/2018 9:00a - 12:30p | Baño y Aseo | Sheraton Four Points 1919NE 181 st St. |
| | 10/18/2018 8:30a - 12:00p | Protección Contra Desgarros Y Torceduras | Sheraton Four Points 1919NE 181 st St. |
| | 10/18/2018 1:30p - 4:30p | Conciencia sobre el abuso de sustancias | Sheraton Four Points 1919NE 181 st St. |
| Hillsboro | 09/12/2018 8:30a - 12:00p | Manteniendo El Profesionalismo | Hillsboro Civic Center 150 E Main St |
| | 09/12/2018 1:30p - 5:00p | Protección Contra Desgarros Y Torceduras | Hillsboro Civic Center 150 E Main St |

عربي

دورات تدريبية للرعاية المنزلية في اللغة العربية مقدمة من لجنة الرعاية المنزلية في ولاية أوريغون في منطقة بيفرتون. يتم تقديم حصص تدريبية جديدة كل أسبوعين. فيما يلي جدول الحصص التدريبية في شهري تموز واب .

| مدينة | التاريخ و الوقت | اسم الصنف | موقعك |
|----------|-----------------------------|----------------------------------|----------------------------|
| Portland | 09/10/2018 6:00p - 8:00p | منع انتقال المرض | IRCO 10301 NE Glisan St |
| | 9/20/2018 5:30p - 8:30p | صحة القلب | IRCO 10301 NE Glisan St |
| | 10/11/2018 5:00p - 8:30p | الحماة ضد الالتواءات و الإجهادات | IRCO 10301 NE Glisan St |
| | 10/25/2018 5:00p - 8:30p | البقاء على المهنة | IRCO 10301 NE Glisan St |

Somali

Daruus ku bixi doonta afka somaliga aya hada bixin doonta oregon home care commision portland gudaheedi. Fasal cusub aya la bixin donaa laba isbuuc walba. Hoos waxaa ku xusan xiliga daruusta la dhigi doono bisha Luuliyo iyo Agosto.

| Magaalada | Waqtiga iyo Taariikhda | Fasalka Magaciisa | Goobta |
|-----------|------------------------------|---|----------------------------|
| Portland | 09/07/2018 3:30p – 7:30p | Diyaarso, Qaado, Shaqo | IRCO 10301 NE Glisan St |
| | 09/08/2018 11:30a – 1:30p | Ka Hortaga Gudbinta Cudurka | IRCO 10301 NE Glisan St |
| | 09/14/2018 4:00p – 7:00p | Ciladda Dhibaataada Dareemaha | IRCO 10301 NE Glisan St |
| | 09/15/2018 11:30a – 3:30p | Diyaarso, Qaado, Shaqo | IRCO 10301 NE Glisan St |
| | 09/21/2018 4:30p – 6:30p | Tababaraha Shahaadada (Pilot) | IRCO 10301 NE Glisan St |
| | 09/22/2018 11:30a – 2:30p | Ciladda Dhibaataada Dareemaha | IRCO 10301 NE Glisan St |
| | 10/05/2018 4:00p – 7:30p | Ku caawinta Daryeelayaasha La dagaalanka Qiyaanada iyo Xadgudubka | IRCO 10301 NE Glisan St |
| | 10/06/2018 11:30a – 3:00p | Ku caawinta Daryeelayaasha La dagaalanka Qiyaanada iyo Xadgudubka | IRCO 10301 NE Glisan St |
| | 10/12/2018 4:00p – 7:30p | Joogteynta Jaheynta Tababarka Xirfadlaha | IRCO 10301 NE Glisan St |
| | 10/13/2018 11:30a – 3:00p | Joogteynta Jaheynta Tababarka Xirfadlaha | IRCO 10301 NE Glisan St |
| | 10/19/2018 4:00p – 7:00p | Wada Shaqeynta Jaheynta Tababarka | IRCO 10301 NE Glisan St |
| | 10/20/2018 11:30a – 2:30p | Wada Shaqeynta Jaheynta Tababarka | IRCO 10301 NE Glisan St |

Русский

Курсы на русском языке будут регулярно проводиться в Портленде и его окрестностях, Сейлеме и Вудберне. Ниже приведен график занятий на июль и август.

| Город | число и время класса | название класса | место проведения |
|----------|------------------------------|---|--|
| Gresham | 09/24/2018 8:30а - 12:00р | Профессиональные Отношения | MCEB 600 NE 8th : Blue Lake Room |
| | 09/24/2018 1:30р - 4:30р | Сотрудничество | MCEB 600 NE 8th : Blue Lake Room |
| | 10/24/2018 8:30а – 12:00р | ДИАБЕТ В ЦИФРАХ | Sheraton Four Points 1919NE 181 st St. |
| | 10/24/2018 1:30р – 4:30р | МЕДИКАМЕНТОЗНАЯ БЕЗОПАСНОСТЬ | Sheraton Four Points 1919NE 181 st St. |
| Portland | 09/12/2018 2:00р - 6:00р | ПРИГОТОВИЛИСЬ, НАШЛИ РАБОТУ, РАБОТАЕМ | SEIU Local 503 Union Hall 6401 SE Foster Road |
| | 09/25/2018 5:00р - 8:00р | Управление Стрессом И Методики Снятия напряжения | SEIU Local 503 Union Hall 6401 SE Foster Road |
| | 09/28/2018 2:00р - 5:00р | Сотрудничество | SEIU Local 503 Union Hall 6401 SE Foster Road |
| | 10/23/2018 5:00р - 8:00р | Осведомленность о злоупотреблении наркотическими веществами | SEIU Local 503 Union Hall 6401 SE Foster Road |
| | 10/26/2018 11:00а - 2:30р | Купание и гигиена | SEIU Local 503 Union Hall 6401 SE Foster Road |
| | 10/31/2018 1:00р – 4:00р | Ответственность за личную безопасность – в ваших руках | SEIU Local 503 Union Hall 6401 SE Foster Road |
| Salem | 09/05/2018 9:00а - 12:00р | Осведомленность о злоупотреблении наркотическими веществами | Broadway Commons 1300 Broadway St NE #100 |
| | 09/18/2018 1:30р - 4:30р | Управление Стрессом И Методики Снятия напряжения | Broadway Commons 1300 Broadway St NE #100 |
| | 09/27/2018 9:00а - 12:00р | ТРУДНОЕ ПОВЕДЕНИЕ | Day's Inn Black Bear 1600 Motor Ct NE |
| | 10/03/2018 8:30а - 11:30а | МЕДИКАМЕНТОЗНАЯ БЕЗОПАСНОСТЬ | Broadway Commons 1300 Broadway St NE #100 |
| | 10/25/2018 1:30р - 4:30р | Здоровое сердце | Day's Inn Black Bear 1600 Motor Ct NE |

CPR/First Aid Training

The Oregon Home Care Commission will pay for the cost of basic CPR/First Aid training for eligible HCWs and PSWs. To be eligible, workers must have:

- ✓ An active provider number;
- ✓ Authorized and paid provider hours in any one of three full calendar months before requesting for CPR/First Aid training;
- ✓ Completed a minimum of two Home Care Commission sponsored training classes (excluding Orientation);
- ✓ Attended four additional classes if the Home Care Commission previously paid for CPR/First Aid training since your last certification; and
- ✓ A no-show rate of 20% or below for attending Home Care Commission training classes.

IMPORTANT: Prior approval must be received before registering for a CPR/First Aid class. The Home Care Commission will not reimburse providers who pay out of pocket for training classes.

To apply:

- ✓ Download an application from the website at:
<https://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/PSW-HCW/Documents/CPR-First-Aid-Training-Request.pdf>
- ✓ Get application form at a training class and turn it in to the trainer, or
- ✓ Send a written request. Provide your name, address, county, phone number, provider number and list the Home Care Commission training classes you have attended. Send the information to the Oregon Home Care Commission using one of the following three options:
 1. Mail: ATTN: CPR, Oregon Home Care Commission, Basement Level, 550 Capitol St NE, Salem, OR 97301
 2. Email: Training.OHCC@dhsosha.state.or.us
 3. Fax: 503.378.5886

You will be contacted with information about how to sign up for CPR / First Aid classes in your area. Requests are processed twice a month, so please allow a few weeks for a response. We do NOT pay a stipend for your time for attending this class.



Adult Foster Care & Guests

- ✓ Cost: \$15 per class hour. Payment must be paid **prior to** attending class.
- ✓ If you would like to attend a class email Training.OHCC@dhsosha.state.or.us at least 14 days before the class.
- ✓ Once OHCC says the class is available in iLearn, register at <https://ilearn.oregon.gov>
- ✓ If you are a new user, click on “Create a New Account”. Select “Not a State Employee” as type.
- ✓ To find Home Care Commission classes on iLearn, select Learning Catalog. Search ‘OHCC’ to find the class you want to attend. Pay for class and print your receipt.
- ✓ Bring your receipt from iLearn to your class. Your instructor will need this to verify you may attend the class.



CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|------------|--------------------------------|--|---|
| Albany | 09/07/2018, 08:30a - 12:00p | Protect Against Sprains & Strains | LBCC, 6500 Southwest Pacific Blvd |
| | 09/07/2018, 1:30p - 4:30p | Sensory Processing Disorder - Adult | LBCC, 6500 Southwest Pacific Blvd |
| | 09/25/2018, 08:30a - 12:30p | Nutrition Basics | LBCC, 6500 Southwest Pacific Blvd |
| | 09/25/2018, 1:30p - 4:30p | Working with Challenging Behaviors | LBCC, 6500 Southwest Pacific Blvd |
| | 10/03/2018, 08:30a - 11:30a | Medication Safety | Holiday Inn Express and Suites, 105 Opal Court NE |
| | 10/05/2018, 08:30a - 11:30a | Durable Medical Equipment | Holiday Inn Express and Suites, 105 Opal Court NE |
| | 10/05/2018, 1:30p - 4:30p | Heart Healthy | LBCC, 6500 Southwest Pacific Blvd |
| | 10/09/2018, 12:30p - 4:30p | Dementia & Alzheimer's | Holiday Inn Express and Suites, 105 Opal Court NE |
| | 10/23/2018, 1:00p - 4:00p | Diversity Awareness: Challenges Facing LGBT Adults | Holiday Inn Express and Suites, 105 Opal Court NE |
| | 10/26/2018, 1:00p - 4:30p | Bathing and Grooming | Holiday Inn Express and Suites, 105 Opal Court NE |
| Astoria | 09/12/2018, 09:00a - 12:30p | Diabetes By The Numbers | Office of Child Welfare, 450 Marine Drive |
| | 09/27/2018, 09:00a - 12:00p | Medication Safety | CMH Columbia Center, 2021 Marine Dr/Hwy 30 |
| | 10/30/2018, 08:30a - 12:00p | Bathing and Grooming | CMH Columbia Center, 2021 Marine Dr/Hwy 30 |
| | 10/30/2018, 1:30p - 4:30p | Taking Responsibility in Personal Safety | CMH Columbia Center, 2021 Marine Dr/Hwy 30 |
| Baker City | 09/12/2018, 09:00a - 1:00p | Everyone Communicates | Blue Mountain Community College, 3275 Baker St |
| | 09/19/2018, 09:00a - 12:30p | Bathing and Grooming | Blue Mountain Community College, 3275 Baker St |
| | 10/10/2018, 09:00a - 12:00p | Sensory Processing Disorder - Adult | Blue Mountain Community College, 3275 Baker St |
| | 10/16/2018, 09:00a - 12:00p | Taking Responsibility in Personal Safety | Blue Mountain Community College, 3275 Baker St |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|-----------|--------------------------------|---|---|
| Beaverton | 09/05/2018, 08:30a - 11:30a | Sensory Processing Disorder - Adult | Homewood Suites, 15525 NW Gateway Ct |
| | 09/05/2018, 1:00p - 4:30p | Protect Against Sprains & Strains | Homewood Suites, 15525 NW Gateway Ct |
| | 09/06/2018, 1:00p - 4:00p | Working with Challenging Behaviors | Homewood Suites, 15525 NW Gateway Ct |
| | 09/11/2018, 1:00p - 4:30p | Keeping It Professional | Homewood Suites, 15525 NW Gateway Ct |
| | 09/12/2018, 08:30a - 11:30a | Medication Safety | Beaverton Community Center, 12350 SW 5th St |
| | 09/12/2018, 1:00p - 4:00p | Heart Healthy | Beaverton Community Center, 12350 SW 5th St |
| | 09/13/2018, 1:00p - 4:00p | Taking Responsibility in Personal Safety | Homewood Suites, 15525 NW Gateway Ct |
| | 09/25/2018, 1:00p - 4:00p | Stress Management and Relaxation Techniques | Homewood Suites, 15525 NW Gateway Ct |
| | 10/02/2018, 08:30a - 12:00p | Diabetes By The Numbers | Homewood Suites, 15525 NW Gateway Ct |
| | 10/02/2018, 1:30p - 3:30p | Preventing Disease Transmission | Homewood Suites, 15525 NW Gateway Ct |
| | 10/03/2018, 08:30a - 12:00p | Bathing and Grooming | Homewood Suites, 15525 NW Gateway Ct |
| | 10/04/2018, 1:00p - 4:30p | Fighting Fraud & Abuse | Homewood Suites, 15525 NW Gateway Ct |
| | 10/06/2018, 09:00a - 12:30p | Grief & Loss | Homewood Suites, 15525 NW Gateway Ct |
| | 10/24/2018, 1:00p - 4:30p | Keeping It Professional | Homewood Suites, 15525 NW Gateway Ct |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|-----------|--------------------------------|---|---|
| Bend | 09/28/2018, 08:30a - 12:00p | Keeping It Professional | Red Lion, 1415 NE Third Street |
| | 09/28/2018, 1:30p - 5:00p | Fighting Fraud & Abuse | Red Lion, 1415 NE Third Street |
| | 10/01/2018, 08:30a - 12:00p | Diabetes By The Numbers | Red Lion, 1415 NE Third Street |
| | 10/01/2018, 1:30p - 4:30p | Heart Healthy | Red Lion, 1415 NE Third Street |
| | 10/02/2018, 08:30a - 11:30a | Medication Safety | WorkSource, 1645 NE Forbes Rd |
| | 10/19/2018, 08:30a - 12:30p | Nutrition Basics | Red Lion, 1415 NE Third Street |
| | 10/19/2018, 2:00p - 4:00p | Preventing Disease Transmission | Red Lion, 1415 NE Third Street |
| Brookings | 09/17/2018, 1:30p - 4:30p | Sensory Processing Disorder - Adult | The Events Center, 800 Chetco Avenue |
| | 09/18/2018, 08:30a - 12:00p | Protect Against Sprains & Strains | WorkSource, 16261 Highway 101 |
| | 09/18/2018, 1:30p - 4:30p | Stress Management and Relaxation Techniques | WorkSource, 16261 Highway 101 |
| | 10/24/2018, 08:30a - 12:00p | Bathing and Grooming | First Baptist Comm Church Office Bldg, 603 Pacific Ave |
| | 10/24/2018, 1:30p - 4:30p | Taking Responsibility in Personal Safety | First Baptist Comm Church Office Bldg, 603 Pacific Ave |
| Clackamas | 09/12/2018, 08:30a - 12:00p | Protect Against Sprains & Strains | Clackamas Banquet Center, 15815 SE 82nd Drive |
| | 09/12/2018, 1:00p - 4:00p | Diversity Awareness: Challenges Facing LGBT Adults | Clackamas Banquet Center, 15815 SE 82nd Drive |
| | 09/15/2018, 10:00a - 1:30p | Grief & Loss | Clackamas Banquet Center, 15815 SE 82nd Drive |
| | 09/15/2018, 3:00p - 6:30p | Keeping It Professional | Clackamas Banquet Center, 15815 SE 82nd Drive |
| | 09/22/2018, 09:00a - 12:00p | Taking Responsibility in Personal Safety | Clackamas Banquet Center, 15815 SE 82nd Drive |
| | 10/10/2018, 08:30a - 11:30a | Sensory Processing Disorder - Adult | Clackamas Banquet Center, 15815 SE 82nd Drive |
| | Continued on next page | 10/10/2018, 1:00p - 4:00p | Durable Medical Equipment |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|--|--|--|--|
| Clackamas continued from previous page | 10/23/2018, 1:00p - 5:00p | Ready Set Work | Clackamas Banquet Center, 15815 SE 82nd Drive |
| | 10/29/2018, 08:30a - 12:30p | Nutrition Basics | Clackamas Banquet Center, 15815 SE 82nd Drive |
| | 10/29/2018, 2:00p - 4:00p | Preventing Disease Transmission | Clackamas Banquet Center, 15815 SE 82nd Drive |
| Coos Bay/ North Bend | 09/20/2018, 08:30a - 11:30a | Stress Management and Relaxation Techniques | CLCM, 3030 Broadway Ave |
| | 09/20/2018, 12:30p - 4:00p | Protect Against Sprains & Strains | CLCM, 3030 Broadway Ave |
| | 09/21/2018, 08:30a - 11:30a | Sensory Processing Disorder - Adult | South Coast Hospice, 1620 Thompson Rd |
| | 10/10/2018, 08:30a - 11:30a | Working with Challenging Behaviors | CLCM, 3030 Broadway Ave |
| | 10/10/2018, 1:00p - 4:00p | Working Together | CLCM, 3030 Broadway Ave |
| | 10/15/2018, 09:30a - 4:30p | Enhanced Certification Training Day One | <u>Register in iLearnOregon</u> https://go.usa.gov/xUHgs |
| | 10/16/2018, 09:30a - 4:30p | Enhanced Certification Training Day Two | <u>Register in iLearnOregon</u> https://go.usa.gov/xUHgs |
| | 10/17/2018, 10:30a - 2:00p | Fighting Fraud & Abuse | Coos Bay Public Library, 525 Anderson Avenue |
| | 10/17/2018, 2:30p - 5:30p | Taking Responsibility in Personal Safety | Coos Bay Public Library, 525 Anderson Avenue |
| | 10/29/2018, 09:30a - 4:30p | Enhanced Certification Training Day Three | <u>Register in iLearnOregon</u> https://go.usa.gov/xUHgs |
| | 10/30/2018, 09:30a - 4:30p | Enhanced Certification Training Day Four | <u>Register in iLearnOregon</u> https://go.usa.gov/xUHgs |
| 10/31/2018, 09:00a - 12:30p | Respiratory Care: Oxygen to Ventilators | South Coast Hospice, 1620 Thompson Rd | |
| Corvallis | 09/10/2018, 09:00a - 12:30p | Bathing and Grooming | Linn Benton Community College, 757 NW Polk Ave |
| | 09/10/2018, 2:00p - 4:00p | Preventing Disease Transmission | Linn Benton Community College, 757 NW Polk Ave |
| Enterprise | 10/18/2018, 08:30a - 11:30a | Taking Responsibility in Personal Safety | Eagle's View Inn & Suites, 1200 Highland Avenue |
| | 10/18/2018, 1:00p - 4:00p | Stress Management and Relaxation Techniques | Eagle's View Inn & Suites, 1200 Highland Avenue |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location | |
|------------------------|--------------------------------|---|---|--|
| Eugene/ Springfield | 09/05/2018, 12:30p - 4:30p | Ready Set Work | WorkSource, 2510 Oakmont Way | |
| | 09/06/2018, 08:30a - 11:30a | Working Together | WorkSource, 2510 Oakmont Way | |
| | 09/06/2018, 1:00p - 4:30p | Protect Against Sprains & Strains | WorkSource, 2510 Oakmont Way | |
| | 09/10/2018, 5:00p - 08:30p | Fighting Fraud & Abuse | Laurel Hill Center, 2145 Centennial Plaza | |
| | 09/11/2018, 10:00a - 12:00p | Preventing Disease Transmission | WorkSource, 2510 Oakmont Way | |
| | 09/11/2018, 1:30p - 4:30p | Taking Responsibility in Personal Safety | WorkSource, 2510 Oakmont Way | |
| | 09/12/2018, 09:00a - 12:00p | Substance Abuse Awareness | WorkSource, 2510 Oakmont Way | |
| | 09/24/2018, 09:00a - 12:30p | Respiratory Care: Oxygen to Ventilators | Phoenix Inn Suites, 850 Franklin Blvd | |
| | 09/26/2018, 5:30p - 08:30p | COMPASS Starts | <u>Register in iLearnOregon.</u> https://go.usa.gov/xU6D4 | |
| | 10/01/2018, 1:00p - 4:30p | Bathing and Grooming | WorkSource, 2510 Oakmont Way | |
| | 10/02/2018, 08:30a - 11:30a | Working with Challenging Behaviors | WorkSource, 2510 Oakmont Way | |
| | 10/02/2018, 1:00p - 4:30p | Keeping It Professional | WorkSource, 2510 Oakmont Way | |
| | 10/04/2018, 08:30a - 12:00p | Diabetes By The Numbers | WorkSource, 2510 Oakmont Way | |
| | 10/04/2018, 1:30p - 4:30p | Heart Healthy | WorkSource, 2510 Oakmont Way | |
| | 10/05/2018, 08:30a - 12:30p | Dementia & Alzheimer's | WorkSource, 2510 Oakmont Way | |
| | 10/11/2018, 1:30p - 4:30p | Durable Medical Equipment | WorkSource, 2510 Oakmont Way | |
| | 10/16/2018, 5:30p - 08:30p | Working Together | Laurel Hill Center, 2145 Centennial Plaza | |
| | 10/17/2018, 09:00a - 1:00p | Nutrition Basics | WorkSource, 2510 Oakmont Way | |
| | Continued on next page | 10/23/2018, 5:30p - 08:30p | Sensory Processing Disorder - Adult | Laurel Hill Center, 2145 Centennial Plaza |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|-------------------------------------|--------------------------------|---|--|
| Eugene/ Springfield continued | 10/27/2018, 09:30a - 4:30p | Enhanced Certification Training Day One | Register in iLearnOregon https://go.usa.gov/xUHgs |
| | 10/28/2018, 09:30a - 4:30p | Enhanced Certification Training Day Two | Register in iLearnOregon https://go.usa.gov/xUHgs |
| Florence | 09/25/2018, 08:30a - 12:30p | Nutrition Basics | Florence Events Center, 715 Quince St |
| | 09/25/2018, 1:30p - 5:30p | Dementia & Alzheimer's | Florence Events Center, 715 Quince St |
| | 10/18/2018, 08:30a - 12:00p | Protect Against Sprains & Strains | Florence Events Center, 715 Quince St |
| | 10/18/2018, 1:30p - 4:30p | Working with Challenging Behaviors | Florence Events Center, 715 Quince St |
| Grants Pass | 09/18/2018, 08:30a - 12:00p | Bathing and Grooming | WorkSource, 1569 NE F St |
| | 09/18/2018, 1:30p - 4:30p | Taking Responsibility in Personal Safety | WorkSource, 1569 NE F St |
| | 09/19/2018, 1:00p - 4:30p | Respiratory Care: Oxygen to Ventilators | WorkSource, 1569 NE F St |
| | 10/04/2018, 09:00a - 12:00p | Working with Challenging Behaviors | WorkSource, 1569 NE F St |
| | 10/04/2018, 1:30p - 4:30p | Substance Abuse Awareness | WorkSource, 1569 NE F St |
| | 10/29/2018, 08:30a - 12:00p | Fighting Fraud & Abuse | WorkSource, 1569 NE F St |
| | 10/29/2018, 1:30p - 3:30p | Preventing Disease Transmission | WorkSource, 1569 NE F St |
| Gresham | 09/06/2018, 08:30a - 12:30p | Nutrition Basics | Sheraton Four Points, 1919 NE 181st Street |
| | 09/06/2018, 2:00p - 4:00p | Preventing Disease Transmission | Sheraton Four Points, 1919 NE 181st Street |
| | 09/17/2018, 12:30p - 4:00p | Protect Against Sprains & Strains | Multnomah County East Building, 600 NE 8th |
| | 09/18/2018, 09:00a - 12:00p | Working with Challenging Behaviors | Sheraton Four Points, 1919 NE 181st Street |
| | 09/18/2018, 1:30p - 4:30p | Diversity Awareness: Challenges Facing LGBT Adults | Sheraton Four Points, 1919 NE 181st Street |
| | Continued on next page | 10/11/2018, 08:30a - 11:30a | Taking Responsibility in Personal Safety |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|--|--------------------------------|--|--|
| Gresham continued from previous page | 10/11/2018, 1:00p - 4:30p | Fighting Fraud & Abuse | Sheraton Four Points, 1919 NE 181st Street |
| | 10/12/2018, 09:00a - 12:30p | Bathing and Grooming | Sheraton Four Points, 1919 NE 181st Street |
| | 10/29/2018, 08:30a - 11:30a | Heart Healthy | Multnomah County East Building, 600 NE 8th |
| | 10/29/2018, 1:00p - 4:30p | Diabetes By The Numbers | Multnomah County East Building, 600 NE 8th |
| Hillsboro | 10/09/2018, 09:30a - 4:30p | Enhanced Certification Training Day One | <u>Register in iLearnOregon</u> https://go.usa.gov/xUHgs |
| | 10/10/2018, 09:30a - 4:30p | Enhanced Certification Training Day Two | <u>Register in iLearnOregon</u> https://go.usa.gov/xUHgs |
| | 10/11/2018, 08:30a - 11:30a | Medication Safety | Holiday Inn Express, 5900 NE Ray Circle |
| | 10/11/2018, 1:00p - 4:30p | Respiratory Care: Oxygen to Ventilators | Holiday Inn Express, 5900 NE Ray Circle |
| | 10/20/2018, 09:00a - 12:00p | Sensory Processing Disorder - Adult | Holiday Inn Portland West, 2575 NW Alcock Drive |
| | 10/23/2018, 09:30a - 4:30p | Enhanced Certification Training Day Three | <u>Register in iLearnOregon</u> https://go.usa.gov/xUHgs |
| | 10/24/2018, 09:30a - 4:30p | Enhanced Certification Training Day Four | <u>Register in iLearnOregon</u> https://go.usa.gov/xUHgs |
| | 10/29/2018, 1:00p - 4:30p | Bathing and Grooming | DHS APD Office, 5240 NE Elam Young Parkway |
| John Day | 09/18/2018, 08:30a - 12:00p | Bathing and Grooming | Outpost Pizza, 201 W Main St |
| | 09/18/2018, 1:30p - 3:30p | Preventing Disease Transmission | Outpost Pizza, 201 W Main St |
| | 10/09/2018, 08:30a - 12:30p | Nutrition Basics | Outpost Pizza, 201 W Main St |
| | 10/09/2018, 2:00p - 5:00p | Taking Responsibility in Personal Safety | Outpost Pizza, 201 W Main St |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|---------------|--------------------------------|--|---|
| Klamath Falls | 09/06/2018, 1:30p - 4:30p | Taking Responsibility in Personal Safety | Worksource, 801 Oak Ave |
| | 09/07/2018, 08:30a - 12:30p | Nutrition Basics | Klamath Falls Community College, 7390 S 6th St |
| | 09/20/2018, 1:00p - 4:30p | Bathing and Grooming | Worksource, 801 Oak Ave |
| | 09/21/2018, 08:30a - 11:30a | Working Together | Klamath Falls Community College, 7390 S 6th St |
| | 10/05/2018, 08:30a - 11:30a | Medication Safety | Klamath Falls Community College, 7390 S 6th St |
| | 10/17/2018, 08:30a - 12:30p | Everyone Communicates | Klamath Falls Community College, 7390 S 6th St |
| La Grande | 09/20/2018, 09:00a - 12:00p | Sensory Processing Disorder - Adult | Blue Mountain Conference Center, 404 12th St |
| | 09/20/2018, 1:30p - 5:00p | Keeping It Professional | Blue Mountain Conference Center, 404 12th St |
| | 09/26/2018, 09:00a - 12:00p | Working with Challenging Behaviors | City of Island City, 10605 Island Avenue |
| | 10/11/2018, 08:30a - 12:00p | Fighting Fraud & Abuse | DHS APD Office, 1607 Gekeler Lane |
| | 10/11/2018, 1:30p - 3:30p | Preventing Disease Transmission | DHS APD Office, 1607 Gekeler Lane |
| | 10/17/2018, 9:00a - 12:30p | Bathing and Grooming | DHS APD Office, 1607 Gekeler Lane |
| Lincoln City | 09/26/2018, 1:00p - 4:30p | Diabetes By The Numbers | Driftwood Public Library, 801 S.W. Highway 101 |
| | 10/17/2018, 08:30a - 11:30a | Working Together | Lincoln City Cultural Center, 540 NE Hwy 101 |
| | 10/17/2018, 1:00p - 4:30p | Respiratory Care: Oxygen to Ventilators | Lincoln City Cultural Center, 540 NE Hwy 101 |
| Madras | 09/19/2018, 08:30a - 12:00p | Diabetes By The Numbers | APD Office, 678 NE Hwy 97 |
| | 09/19/2018, 1:30p - 4:30p | Heart Healthy | APD Office, 678 NE Hwy 97 |
| | 09/27/2018, 1:00p - 4:00p | Taking Responsibility in Personal Safety | APD Office, 678 NE Hwy 97 |
| | 10/18/2018, 1:00p - 4:00p | Working with Challenging Behaviors | COCC, 1170 E Ashwood Road |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|-------------|--------------------------------|--|--|
| McMinnville | 09/13/2018, 08:30a - 12:00p | Diabetes By The Numbers | Red Lion Inn, 2535 NE Cumulus |
| | 09/13/2018, 1:30p - 4:30p | Heart Healthy | Red Lion Inn, 2535 NE Cumulus |
| | 10/09/2018, 08:30a - 11:30a | Medication Safety | Red Lion Inn, 2535 NE Cumulus |
| | 10/09/2018, 1:00p - 4:30p | Respiratory Care: Oxygen to Ventilators | Red Lion Inn, 2535 NE Cumulus |
| Medford | 09/17/2018, 09:00a - 12:30p | Keeping It Professional | Smullin Education Center, 2825 E Barnett Road |
| | 09/17/2018, 1:30p - 4:30p | Working with Challenging Behaviors | Smullin Education Center, 2825 E Barnett Road |
| | 09/20/2018, 09:00a - 12:00p | Heart Healthy | Ramada Hotel & Conference Center, 2250 Biddle Road |
| | 09/20/2018, 1:30p - 4:30p | Substance Abuse Awareness | Ramada Hotel & Conference Center, 2250 Biddle Road |
| | 09/21/2018, 1:00p - 4:30p | Respiratory Care: Oxygen to Ventilators | Smullin Education Center, 2825 E Barnett Road |
| | 10/05/2018, 09:00a - 12:30p | Protect Against Sprains & Strains | Ramada Hotel & Conference Center, 2250 Biddle Road |
| | 10/18/2018, 08:30a - 12:30p | Everyone Communicates | Ramada Hotel & Conference Center, 2250 Biddle Road |
| | 10/18/2018, 1:00p - 4:30p | Bathing and Grooming | Ramada Hotel & Conference Center, 2250 Biddle Road |
| | 10/22/2018, 08:30a - 12:30p | Ready Set Work | Ramada Hotel & Conference Center, 2250 Biddle Road |
| | 10/23/2018, 08:30a - 12:30p | Nutrition Basics | Ramada Hotel & Conference Center, 2250 Biddle Road |
| | 10/25/2018, 12:30p - 4:00p | Fighting Fraud & Abuse | WorkSource, 119 N Oakdale Ave |
| Newberg | 09/13/2018, 1:00p - 4:30p | Bathing and Grooming | Chehalem Park and Rec, 125 S. Elliott Road |
| | 09/25/2018, 12:00p - 3:00p | Medication Safety | Chehalem Park and Rec, 125 S. Elliott Road |
| | 10/22/2018, 1:00p - 5:00p | Dementia & Alzheimer's | Chehalem Park and Rec, 125 S. Elliott Road |
| | 10/25/2018, 08:30a - 11:30a | Durable Medical Equipment | Chehalem Park and Rec, 125 S. Elliott Road |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|-------------|--------------------------------|---|--|
| Newport | 09/26/2018, 08:30a - 11:30a | Heart Healthy | Newport Public Library, 35 NW Nye Street |
| | 09/26/2018, 1:00p - 4:00p | Taking Responsibility in Personal Safety | Newport Public Library, 35 NW Nye Street |
| | 10/22/2018, 1:30p - 4:30p | Durable Medical Equipment | Newport Public Library, 35 NW Nye Street |
| | 10/29/2018, 1:30p - 4:30p | Working with Challenging Behaviors | Newport Public Library, 35 NW Nye Street |
| Ontario | 09/13/2018, 09:00a - 1:00p | Everyone Communicates | WorkSource, 375 SW 2nd Ave |
| | 09/26/2018, 09:30a - 4:30p | Enhanced Certification Training Day One | Register in iLearnOregon https://go.usa.gov/xUHgs |
| | 09/27/2018, 09:30a - 4:30p | Enhanced Certification Training Day Two | Register in iLearnOregon https://go.usa.gov/xUHgs |
| | 09/28/2018, 09:00a - 12:30p | Respiratory Care: Oxygen to Ventilators | Four Rivers Cultural Center, 676 SW 5th Ave |
| | 10/09/2018, 09:00a - 12:30p | Bathing and Grooming | Four Rivers Cultural Center, 676 SW 5th Ave |
| | 10/09/2018, 2:00p - 5:00p | Taking Responsibility in Personal Safety | Four Rivers Cultural Center, 676 SW 5th Ave |
| | 10/10/2018, 09:30a - 4:30p | Enhanced Certification Training Day Three | Register in iLearnOregon https://go.usa.gov/xUHgs |
| | 10/11/2018, 09:30a - 4:30p | Enhanced Certification Training Day Four | Register in iLearnOregon https://go.usa.gov/xUHgs |
| Oregon City | 09/05/2018, 08:30a - 11:30a | Working with Challenging Behaviors | Best Western, 1900 Clackamette Dr |
| | 09/05/2018, 1:00p - 4:00p | Stress Management and Relaxation Techniques | Best Western, 1900 Clackamette Dr |
| | 09/26/2018, 08:30a - 11:30a | Substance Abuse Awareness | Best Western, 1900 Clackamette Dr |
| | 09/26/2018, 1:00p - 4:30p | Fighting Fraud & Abuse | Best Western, 1900 Clackamette Dr |
| | 09/27/2018, 1:00p - 4:00p | Heart Healthy | DHS/APD Office, 221 Molalla Avenue |
| | 10/05/2018, 12:00p - 3:30p | Bathing and Grooming | DHS/APD Office, 221 Molalla Avenue |
| | Continued on next page | 10/12/2018, 08:30a - 11:30a | Working Together |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|------------------------|-----------------------------|---|--|
| Oregon City continued | 10/12/2018, 1:00p - 4:30p | Keeping It Professional | Best Western, 1900 Clackamette Dr |
| | 10/26/2018, 12:30p - 4:00p | Diabetes By The Numbers | DHS/APD Office, 221 Molalla Avenue |
| Pendleton | 09/11/2018, 09:00a - 1:00p | Everyone Communicates | WorkSource, 408 SE 7th Street |
| | 09/27/2018, 08:30a - 12:00p | Fighting Fraud & Abuse | WorkSource, 408 SE 7th Street |
| | 09/27/2018, 1:30p - 4:30p | Medication Safety | WorkSource, 408 SE 7th Street |
| | 09/28/2018, 09:00a - 12:30p | Bathing and Grooming | WorkSource, 408 SE 7th Street |
| | 10/16/2018, 08:30a - 11:30a | Heart Healthy | WorkSource, 408 SE 7th Street |
| | 10/16/2018, 1:00p - 4:30p | Diabetes By The Numbers | WorkSource, 408 SE 7th Street |
| | 10/17/2018, 08:30a - 12:30p | Dementia & Alzheimer's | WorkSource, 408 SE 7th Street |
| | 10/17/2018, 2:00p - 4:00p | Preventing Disease Transmission | WorkSource, 408 SE 7th Street |
| | 10/18/2018, 09:30a - 4:30p | Enhanced Certification Training Day One | Register in iLearnOregon https://go.usa.gov/xUHgs |
| | 10/19/2018, 09:30a - 4:30p | Enhanced Certification Training Day Two | Register in iLearnOregon https://go.usa.gov/xUHgs |
| Portland | 09/05/2018, 09:30a - 12:30p | Working Together | SMILE Station, 8210 SE 13th Ave |
| | 09/05/2018, 09:30a - 4:30p | Enhanced Certification Training Day Three | To register email Certifications.OHCC@state.or.us |
| | 09/05/2018, 2:00p - 5:30p | Fighting Fraud & Abuse | SMILE Station, 8210 SE 13th Ave |
| | 09/06/2018, 09:30a - 4:30p | Enhanced Certification Training Day Four | To register email Certifications.OHCC@state.or.us |
| | 09/27/2018, 1:00p - 4:30p | Bathing and Grooming | SMILE Station, 8210 SE 13th Ave |
| | 10/05/2018, 08:30a - 12:30p | Nutrition Basics | SMILE Station, 8210 SE 13th Ave |
| Continued on next page | 10/10/2018, 08:30a - 11:30a | Sensory Processing Disorder - Adult | East County Family Service Center, 11826 Glisan St. |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|-----------------------|--------------------------------|---|--|
| Portland continued | 10/24/2018, 08:30a - 11:30a | Working with Challenging Behaviors | East County Family Service Center, 11826 Glisan St. |
| | 10/25/2018, 09:00a - 12:30p | Keeping It Professional | SMILE Station, 8210 SE 13th Ave |
| | 10/25/2018, 2:00p - 5:00p | Diversity Awareness: Challenges Facing LGBT Adults | SMILE Station, 8210 SE 13th Ave |
| | 10/27/2018, 09:00a - 12:30p | Grief & Loss | SMILE Station, 8210 SE 13th Ave |
| Roseburg | 09/10/2018, 1:00p - 4:30p | Keeping It Professional | SORB, 2930 NE Stephens St |
| | 09/11/2018, 09:00a - 12:30p | Protect Against Sprains & Strains | Umpqua Community College, 1140 Umpqua College Rd |
| | 09/24/2018, 09:00a - 12:00p | Stress Management and Relaxation Techniques | SORB, 2930 NE Stephens St |
| | 09/24/2018, 1:30p - 4:30p | Taking Responsibility in Personal Safety | SORB, 2930 NE Stephens St |
| | 10/02/2018, 12:30p - 4:30p | Nutrition Basics | SORB, 2930 NE Stephens St |
| | 10/19/2018, 08:30a - 12:30p | Everyone Communicates | SORB, 2930 NE Stephens St |
| | 10/19/2018, 1:30p - 4:30p | Working Together | SORB, 2930 NE Stephens St |
| | 10/23/2018, 1:30p - 4:30p | Working with Challenging Behaviors | WorkSource, 846 SE Pine Street |
| Salem | 09/05/2018, 1:30p - 4:30p | Diversity Awareness: Challenges Facing LGBT Adults | Broadway Commons, 1300 Broadway St |
| | 09/06/2018, 08:30a - 11:30a | Medication Safety | Day's Inn Black Bear, 1600 Motor Ct NE |
| | 09/06/2018, 1:00p - 4:00p | Heart Healthy | Day's Inn Black Bear, 1600 Motor Ct NE |
| | 09/11/2018, 09:00a - 1:00p | Dementia & Alzheimer's | Broadway Commons, 1300 Broadway St |
| | 09/17/2018, 1:00p - 4:30p | Protect Against Sprains & Strains | DHS, 4074 Winema Place NE |
| | 09/20/2018, 09:00a - 12:00p | Durable Medical Equipment | Day's Inn Black Bear, 1600 Motor Ct NE |
| | Continued on next page | 09/20/2018, 5:30p - 08:30p | COMPASS Starts |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|--------------------|--------------------------------|--|---|
| Salem continued | 09/25/2018, 1:30p - 4:30p | Taking Responsibility in Personal Safety | Day's Inn Black Bear, 1600 Motor Ct NE |
| | 09/27/2018, 1:00p - 4:30p | Bathing and Grooming | Day's Inn Black Bear, 1600 Motor Ct NE |
| | 10/02/2018, 08:30a - 12:00p | Fighting Fraud & Abuse | Broadway Commons, 1300 Broadway St |
| | 10/02/2018, 1:00p - 5:00p | Everyone Communicates | Broadway Commons, 1300 Broadway St |
| | 10/03/2018, 08:30a - 12:00p | Keeping It Professional | Day's Inn Black Bear, 1600 Motor Ct NE |
| | 10/09/2018, 08:30a - 11:30a | Stress Management and Relaxation Techniques | Day's Inn Black Bear, 1600 Motor Ct NE |
| | 10/09/2018, 1:30p - 4:30p | Working Together | Day's Inn Black Bear, 1600 Motor Ct NE |
| | 10/16/2018, 08:30a - 11:30a | Substance Abuse Awareness | Broadway Commons, 1300 Broadway St |
| | 10/16/2018, 1:30p - 4:30p | Sensory Processing Disorder - Adult | Broadway Commons, 1300 Broadway St |
| | 10/30/2018, 08:30a - 12:30p | Nutrition Basics | Broadway Commons, 1300 Broadway St |
| | 10/30/2018, 1:30p - 4:30p | Working with Challenging Behaviors | Broadway Commons, 1300 Broadway St |
| St. Helens | 09/11/2018, 09:00a - 12:00p | Medication Safety | OSU Extension, 505 N. Columbia River Hwy |
| | 10/12/2018, 08:30a - 11:30a | Working with Challenging Behaviors | Best Western, 585 S Columbia River Hwy |
| | 10/12/2018, 1:00p - 4:30p | Respiratory Care: Oxygen to Ventilators | Best Western, 585 S Columbia River Hwy |

CLASS LIST BY CITY

| City | Class Date and Time | Class Name | Location |
|------------|--------------------------------|---|---|
| The Dalles | 09/18/2018, 1:30p - 5:00p | Diabetes By The Numbers | WorkSource, 700 Union Street |
| | 09/25/2018, 09:00a - 1:00p | Nutrition Basics | Cousins Country Inn, 114 W 6th St |
| | 09/28/2018, 10:00a - 1:00p | Working with Challenging Behaviors | Cousins Country Inn, 114 W 6th St |
| | 10/04/2018, 1:00p - 4:30p | Fighting Fraud & Abuse | Cousins Country Inn, 114 W 6th St |
| | 10/17/2018, 12:30p - 4:00p | Bathing and Grooming | WorkSource, 700 Union Street |
| | 10/30/2018, 12:30p - 3:30p | Medication Safety | Cousins Country Inn, 114 W 6th St |
| Tillamook | 09/13/2018, 08:30a - 12:00p | Diabetes By The Numbers | Airport FBO, 5005 Hwy 101 South |
| | 09/13/2018, 1:30p - 4:30p | Medication Safety | Airport FBO, 5005 Hwy 101 South |
| | 10/10/2018, 08:30a - 11:30a | Working with Challenging Behaviors | Airport FBO, 5005 Hwy 101 South |
| | 10/10/2018, 1:00p - 4:30p | Respiratory Care: Oxygen to Ventilators | Airport FBO, 5005 Hwy 101 South |
| Woodburn | 09/21/2018, 09:00a - 12:30p | Bathing and Grooming | DHS Training Center, 120 E. Lincoln Street |
| | 09/21/2018, 1:30p - 4:30p | Taking Responsibility in Personal Safety | DHS Training Center, 120 E. Lincoln Street |
| | 10/17/2018, 08:30a - 12:00p | Keeping It Professional | Wellspring Conference Center, 1475 Mt. Hood Avenue |
| | 10/17/2018, 1:30p - 4:30p | Working Together | Wellspring Conference Center, 1475 Mt. Hood Avenue |

Training At-a-Glance | September 2018

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|-----|--|---|---|---|---|--|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 Beaverton SPD-A 8:30a-11:30a PASS 1:00p-4:30p Eugene/Springfield RSW 12:30p-4:30 Oregon City CB 8:30a - 11:30a SMART 1:00p-4:00p Portland WT 9:30a-12:30p ENH-3 9:30a-4:30p F&A 2:00p-5:00p Salem SAA-Russian 9:30a-12:00p LGBT 1:30p-4:30p | 6 Beaverton CB 1:00p – 4:00p Eugene/Springfield WT 8:30a - 11:30a PASS 1:00p – 4:30p Gresham NB 8:30a-12:30p PDT 2:00p-4:00p Klamath Falls TRIPS 1:30p-4:30p Portland ENH-4 9:30a-4:30p Salem MedS 8:30a-11:30a HH 1:00p-4:00p | 7 Albany PASS 8:30a-12:00p SPD-A 1:30p-3:30p Klamath Falls NB 8:30a-12:30p Portland ENH-2 9:30a-4:30p RSW-Somali 3:30p-7:30p | 8 Portland PDT-Somali 11:30a-1:30p |
| 9 | 10 Corvallis B&G 9:00a-12:30p PDT 2:00p-4:00p Eugene/Springfield F&A 5:00p-8:30p Portland PDT-Arabic 6:00p-8:00p Roseburg KIP 1:00p-4:00p | 11 Beaverton KIP 1:00p-4:30p Eugene/Springfield PDT 10:00a-12:00p TRIPS 1:30p-4:30p Pendleton EC 9:00a-1:00p Roseburg PASS 9:00a-12:30p Salem D&A 9:00a-1:00p St. Helens MedS 9:00a-12:00p | 12 Astoria DBN 9:00a-12:30p Baker City EC 9:00a-1:00p Beaverton Meds 8:30a-11:30a HH 1:00p-4:00p Clackamas PASS 8:30a-12:00p LGBT 1:30p-4:30p Eugene/Springfield SAA 9:00a-12:00p Hillsboro KIP-Spanish 8:30a-12:00p PASS-Spanish 1:30p-5:00p Portland RSW-Russian 2:00p-6:00p | 13 Beaverton TRIPS 1:00p-4:00p McMinnville DBN 8:30a-12:00p HH 1:30p-4:30p Newberg B&G 1:00p-4:30p Ontario EC 9:00a-1:00p Tillamook DBN 8:30a-2:00p MedS 1:30p-4:30p | 14 Portland SPD-A-Somali 3:30p-6:30p | 15 Clackamas G&L 10:00a-1:30p KIP 3:00p-6:30p Portland RSW-Somali 11:30a-3:30p |
| 16 | 17 Brookings SPD-A 1:30p-4:30p Gresham PASS 12:30p-4:30p Medford KIP 9:00a-12:30p CB 1:30p-4:30p Salem PASS 1:00p-4:30p | 18 Brookings PASS 8:30a-12:00p SMART 1:30p-4:30p Grants Pass B&G 8:30a-12:30p TRIPS 1:30p-4:30p Gresham CB 9:00a-12:00p LGBT 1:30p-4:30p John Day B&G 8:30a-12:00p PDT 1:30p-3:30p Salem SMART-Russian 1:30p-4:30p The Dalles DBN 1:30p-5:30p | 19 Baker City B&G 9:00a-12:30p Grants Pass RC 1:00p-4:30p Gresham B&G-Spanish 1:00p-4:30p Madras DBN 8:30a-12:00p HH 1:30p-4:30p | 20 Coos Bay/North Bend SMART 8:30a-11:30a PASS 12:30p-4:30p Klamath Falls B&G 1:00p-4:00p La Grande SPD-A 9:00a-12:00p KIP 1:30-5:00p Medford HH 9:00a-12:00p SAA 1:30p-4:30p Portland HH-Arabic 5:30p-8:30p Salem DME 9:00a-12:00p COMP1 5:30p-8:30p | 21 Coos Bay/North Bend SPD-A 8:30a-11:30a Klamath Falls WT 8:30a-11:30a Medford RC 1:00p-4:30p Woodburn B&G 9:00a-12:30p TRIPS 1:30p-4:30p | 22 Clackamas TRIPS 9:00a-12:30p Portland SPD-A-Somali 11:30a-2:30p |

Training At-a-Glance | September 2018 Continued

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|-----|--|---|--|--|--|-----|
| 23 | 24 Eugene/Springfield RC 9:00a-12:30p Gresham KIP-Russian 8:30a-12:00p WT-Russian 1:30p-4:30p Roseburg SMART 9:00a-12:00p TRIPS 1:30p-4:30p | 25 Albany NB 8:30a-12:30p CB 1:30p-4:30p Beaverton SMART 1:00p-4:00p Florence NB 8:30a-12:30p D&A 1:30p-5:30p Newberg MedS 12:00p-3:00p Portland SMART-Russian 5:00p-8:00p Salem TRIPS 1:30p-4:30p The Dalles NB 9:00a-1:00p | 26 Eugene/Springfield COMP1 5:30p-8:30p La Grande/Island City CB 9:00a-12:00p Lincoln City DBN 1:00p-4:30p Newport HH 8:30a-11:30a TRIPS 1:00p-4:00p Ontario ENH-1 9:30a-4:30p Oregon City SAA 8:30a-11:30p F&A 1:00p-4:30p | 27 Astoria MedS 9:00a-12:00p Madras TRIPS 1:00p-4:00p Ontario ENH-2 9:30a-4:30p Oregon City HH 1:00p-4:00p Pendleton F&A 8:30a-12:00p MedS 1:30p-4:30p Portland B&G 1:00p-4:30p Salem CB-Russian 9:00a-12:00p B&G 1:00p-4:30p | 28 Bend KIP 8:30a-12:00p F&A 1:30p-5:00p Ontario RC 9:00a-12:30p Pendleton B&G 9:00a-12:30p Portland CB-Russian 2:00p-5:00p The Dalles CB 10:00a-1:00p | 29 |
| 30 | | | | | | |

Training At-a-Glance | October 2018

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|-----|---|---|---|---|--|---|
| | 1 Bend DBN 8:30a-12:00p HH 1:30p-4:30p Eugene/Springfield B&G 1:00p-4:30p | 2 Beaverton DBN 8:30a-12:00p PDT 1:30p-3:30p Bend MedS 8:30a-11:30a Eugene/Springfield CB 8:30a-11:30a KIP 1:00p-4:30p Roseburg NB 12:30p-4:30p Salem EC 1:00p-5:00p F&A 8:30a-12:00p | 3 Albany MedS 8:30a-11:30a Beaverton B&G 8:30a-12:00p Salem KIP 8:30a-12:00p MedS-Russian 8:30a-11:30a | 4 Beaverton F&A-Spanish 8:30a-12:00p F&A 1:00p-4:30p Eugene/Springfield DBN 8:30a-12:00p HH 1:30p-4:30p Grands Pass CB 9:00a-12:00p SAA 1:30p-4:30p The Dalles F&A 1:00p-4:30p | 5 Albany DME 8:30a-11:30a HH 1:30p-4:30p Eugene/Springfield D&A 8:30a-12:30p Klamath Falls MedS 8:30a-11:30a Medford PASS 9:00a-12:30p Oregon City B&G 12:00p-3:30p Portland NB 8:30a-12:30p F&A-Somali 3:30p-7:00p | 6 Beaverton G&L 9:00a-12:30p F&A-Somali 11:30a-3:00p |
| 7 | 8 | 9 Albany D&A 12:30p-4:30p Hillsboro ENH-1 9:30a-4:30p John Day NB 8:30a-12:30p TRIPS 2:00p-5:00p McMinnville MedS 8:30a-11:30a RC 1:00p-4:30p Ontario B&G 9:00a-12:30p TRIPS 2:00p-5:00p Salem SMART 8:30a-11:30a WT 1:30p-4:30p | 10 Baker City SPD-A 9:00a-12:00p Clackamas SPD-A 8:30a-11:30a DME 1:00p-4:00p Coos Bay/North Bend CB 8:30a-11:30a WT 1:00p-4:00p Hillsboro ENH-2 9:30a-4:30p Ontario ENH-3 9:30a-4:30p Portland SPD-A 8:30a-11:30a Tillamook CB 8:30a-11:30a RC 1:00p-4:30p | 11 Eugene/Springfield DME 1:30p-4:30p Gresham TRIPS 8:30a-11:30a F&A 1:00p-4:30p Hillsboro MedS 8:30a-11:30a RC 1:00p-4:30p La Grande F&A 8:30a-12:00p PDT 1:30p-3:30p Ontario ENH-4 9:30a-4:30p Portland PASS-Arabic 5:00p-8:30p | 12 Gresham B&G 9:00a-12:30p Oregon City WT 8:30a-11:30a KIP 1:00p-4:30p Portland KIP-Somali 3:30p-7:00p St. Helens CB 8:30a-11:30a RC 1:00p-4:30p | 13 Portland KIP-Somali 11:30am-3:00p |
| 14 | 15 Coos Bay/North Bend ENH-1 9:30a-4:30p | 16 Baker City TRIPS 9:00a-12:00p Coos Bay/North Bend ENH-2 9:30a-4:30p Eugene/Springfield WT 5:30p-8:30p Pendleton HH 8:30a-11:30a DBN 1:00p-4:30p Salem SAA 8:30a-11:30a SPD-A 1:30p-4:30p | 17 Coos Bay/North Bend F&A 10:30a-2:00p TRIPS 2:30p-5:30p Eugene/Springfield NB 9:00a-1:00p Klamath Falls EC 8:30a-12:30p La Grande B&G 9:00a-12:30p Lincoln City WT 8:30a-11:30a RC 1:00p-4:30p Pendleton D&A 8:30a-12:30p PDT 2:00p-4:00p The Dalles B&G 12:30p-4:00p Woodburn KIP 8:30a-12:00p WT 1:30p-4:30p | 18 Enterprise TRIPS 8:30am-11:30a SMART 1:00p-4:00p Florence PASS 8:30am-12:00p CB 1:00p-4:30p Gresham PASS-Spanish 8:30am-12:00p SAA-Spanish 1:30p-4:30p Madras CB 1:00p-4:00p Medford EC 8:30am-12:30p B&G 1:00p-4:30p Pendleton ENH-1 9:30a-4:30p | 19 Bend NB 8:30a-12:30p PDT 2:00p-4:00p Pendleton ENH-2 9:30a-4:30p Portland WT-Somali 3:30p-6:30p Roseburg EC 8:30a-12:30p WT 1:30p-4:30p | 20 Hillsboro SPD-A 9:00a-12:00p Portland WT-Somali 11:30a-2:30p |

Training At-a-Glance | October 2018 Continued

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|---|--|--|---|---|--|---|
| 21 | 22 Medford RSW 8:30a-12:30p Newberg D&A 1:00p-5:00p Newport DME 1:30p-4:30p | 23 Albany LGBT 1:00p-4:00p Clackamas RSW 1:00p-5:00p Eugene/Springfield SPD-A 5:30p-8:30p Hillsboro ENH-3 9:30a-4:30p Medford NB 8:30a-12:30p Portland SAA-Russian 5:00p-8:00p Roseburg CB 1:30p-4:30p | 24 Beaverton KIP 1:00p-4:30p Brookings B&G 8:30a-12:30p TRIPS 1:30p-4:30p Gresham DBN-Russian 8:30a-12:00p MedS-Russian 1:30p-4:30p Hillsboro ENH-4 9:30a-4:30p Portland CB 8:30am-11:30a | 25 Medford F&A 12:30p-4:00p Newberg DME 8:30a-11:30a Salem HH-Russian 1:30p-4:30p Portland KIP 9:00a-12:30p LGBT 2:00p-5:00p KIP-Arabic 5:00p-8:30p | 26 Albany B&G 1:00p-4:30p Oregon City DBN 12:30p-4:00p Portland B&G-Russian 11:00a-2:30p | 27 Eugene/Springfield ENH-1 9:30a-4:30p Portland G&L 9:00a-12:30p |
| 28 Eugene/ Springfield ENH-2 9:30a-4:30p | 29 Clackamas NB 8:30a-12:30p PDT 2:00p-4:00p Coos Bay/North Bend ENH-3 9:30a-4:30p Grants Pass F&A 8:30a-12:00p PDT 1:30-3:30p Gresham HH 8:30a-11:30a DBN 1:00-4:30p Hillsboro B&G 1:00p-4:30p Newport CB 1:30-3:30p | 30 Astoria B&G 8:30a-12:00p TRIPS 1:30p-4:30p Coos Bay/North Bend ENH-4 9:30a-4:30p Salem NB 8:30a-12:30p CB 1:30p-4:30p The Dalles MedS 12:30p-3:30p | 31 Coos Bay/North Bend RC 9:00a-12:30p Portland TRIPS-Russian 1:00p-4:00p | | | |

| Class Abbreviations | | | |
|--|--|--|-------------------------|
| B&G: Bathing & Grooming | G&L: Grief & Loss | RC: Respiratory Care | |
| CB: Challenging Behaviors | HH: Heart Healthy | RSW: Ready, Set, Work! | -ARA: Arabic |
| D&A: Dementia & Alzheimer's | KIP: Keeping it Professional | SAA: Substance Abuse Awareness | -SOM: Somali |
| DBN: Diabetes by the Numbers | LGBT: Diversity Awareness- Challenges Facing Lesbian, Gay, Bisexual, and Transgender Adults | SPD-A: Sensory Processing Disorder-Adults | -SPN: Spanish |
| DME: Durable Medical Equipment | MedS: Medication Safety | SPD-C: Sensory Processing Disorder-Children | -RUS: Russian |
| EC: Everyone Communicates | NB: Nutrition Basics | SMART: Stress Management and Relaxation Techniques | -VIE: Vietnamese |
| ELC: End of Life Care | PASS: Protect Against Sprains & Strains | TRIPS: Taking Responsibility in Personal Safety | |
| F&A: Fraud & Abuse | PDT: Preventing Disease Transmission | WT: Working Together | |

Forgot your registry user name or password?

Request a reset at

Registry.OHCC@dhsosha.state.or.us

Did you know...

The OHCC website has a *Quick Guide* for using the Registry?

You can find it here:



<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/HCC/Documents/HCW%20PSW%20Registry%20Quick%20Guide%204.24.17.pdf>




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