

State Plan for Independent Living

Final



October, 2016

State Independent Living Council
and
Oregon's Centers for Independent Living

GOALS OF THE PLAN

1. Be responsive to consumer needs (based on good research and analysis)
2. Help people experiencing disability gain the ability to access appropriate services to achieve their desired level of independence
3. Work with a range of partners to provide effective services

OBJECTIVES FOR GOAL 1

Goal – Responsive IL System

- A. Assess needs systematically statewide**
 - Develop processes that are best practices for assessments
- B. Make improvements as a result of public input from needs assessment**
 - Develop service improvements based on input
 - Update models and funding plans for the existing network and expansion into unserved areas
 - Develop service policies around specific types of services for which consumers might participate in the cost
- C. Respond to systemic advocacy needs based on public input**
 - Plan how to identify and respond to advocacy issues
 - Select a systems advocacy topic for statewide focus.
 - Work with state organizations to impact public policy on behalf of people with disabilities.

OBJECTIVES FOR GOAL 2

Goal – Consumer Access to Services

A. Sufficient CIL resources to maintain effective services, including retention of skilled staff

- Do labor market research to establish competitive wage and benefit standards for CIL staff
- Develop strategy to pursue public and private funding

B. Consumers gain skills to express their voice in the community

- CILs teach self-advocacy related to accessing community resources

OBJECTIVES FOR GOAL 3

Goal – Partnering for Effective Services

A. Increase community partner awareness of IL culture and its unique service philosophy

- Develop standard educational tool for statewide use
- Implement outreach to partners serving identified underserved populations
- Develop best-practice training modules for IL staff about engaging specific underserved populations
- Work with local community partners on issues identified in the needs assessment

B. Association of CILs works collaboratively to improve reach of the IL program

- Through participation in State Plan development
- CILs conduct peer reviews to help each other comply with standards

OUTREACH TO UNDERSERVED POPULATIONS

Addressing Underserved Disability Populations Statewide:

1. In unserved areas:

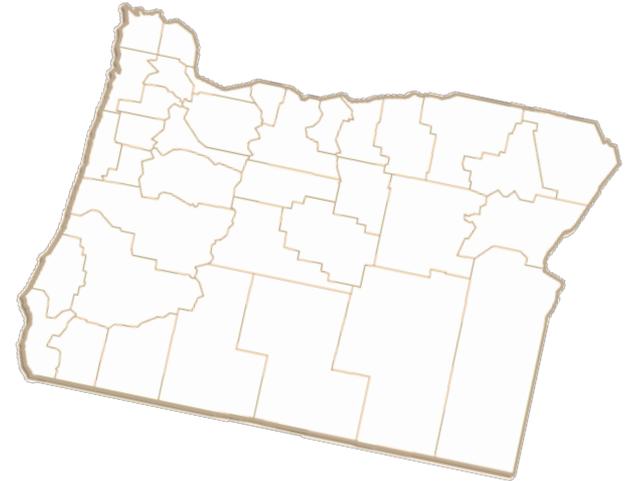
- Include people with disabilities in needs assessments and SILC recruitment

2. In areas served by a CIL – Local planning

- Common target populations in all areas:

- Native Americans
- Youth:
 - 19 & under
 - in transition (after high school)
 - in the juvenile justice system
- Over 60
- Mental Health Disabilities
- Intellectual or Developmental Disabilities
- Ambulatory Disabilities
- Veterans
- Homeless
- Adults in corrections system
- Unemployed

- Individualized local outreach plans will be developed by CILs annually, taking into consideration each area's unique underserved populations.



COOPERATION & WORKING RELATIONSHIPS

New or continuing engagement with...

- ▶ **Employment** – State Rehabilitation Council; General, Blind & Tribal VR Programs
- ▶ **Health & Human Services** – Aging & People with Disabilities, State Unit on Aging, Aging & Disability Resource Connection, Area Agencies on Aging, Home Care Commission, Developmental Disabilities, Addictions & Mental Health, Coordinated Care Organization Advisory Groups, University Centers for Excellence on Developmental Disabilities, Social Security Administration.
- ▶ **Housing** – Oregon Housing Entities
- ▶ **Veterans** – Various Veterans’ Service Organizations
- ▶ **Transportation** – Local Special Transportation Fund Advisory Committees & Councils of Government
- ▶ **Education** – Special Education, Family & Community Together’s Parent Training & Information, Family Networks
- ▶ **Corrections** – Adult & Youth systems
- ▶ **Tribal Entities** – Legislative Commission on Indian Services, 121 Projects, etc.
- ▶ **Immigrants** – Citizenship and Immigration Services
- ▶ **Emergency Management** – FEMA & Oregon Office of Emergency Management

COORDINATION WITH OTHER SERVICES

(Complementary vs Duplicated Services)

IL intends to function as a complementary service in these systems:

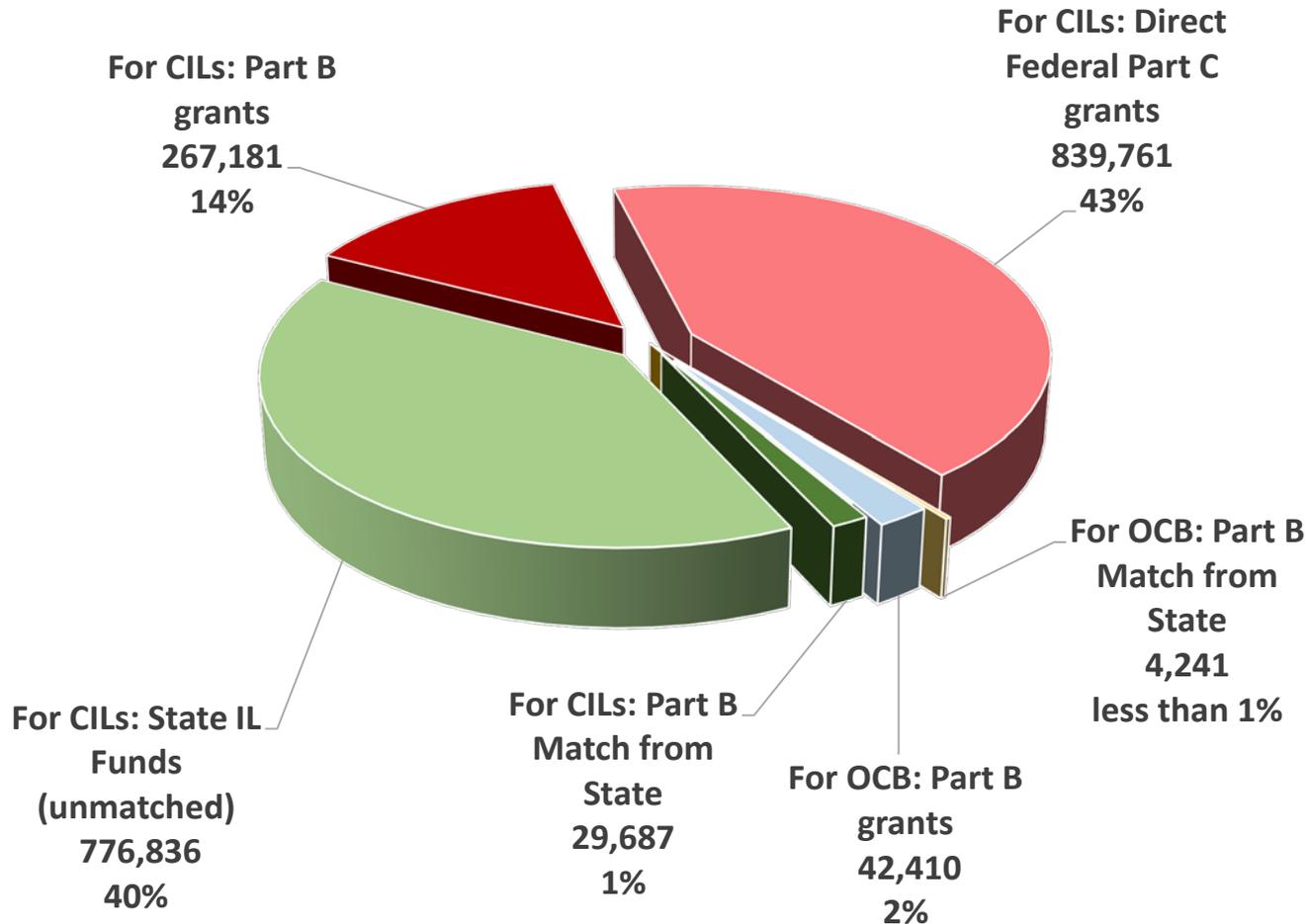
- **Employment** – VR programs
- **Health & Human Services**
 - The Aging and Disability Resource Connection (ADRC)
 - State operated Medicaid services, including Area Agencies on Aging
 - Developmental Disability Brokerages
 - Oregon Health Authority and Local County mental health services
 - Oregon Home Care Commission (STEPS to Success with Your Home Care Worker project)
- **Veterans** – VA services
- **Education**
 - Special Education providers
 - The Parent Training and Information Center
 - The Oregon Consortium of Family Networks
- **Transportation** – Regular and Special transportation providers
 - Some CILs may contract to provide transportation to individuals with disabilities in certain areas where services do not otherwise exist

COORDINATION OF FEDERAL & STATE FUNDS FOR SERVICES

\$1,960,434 Used Per Year

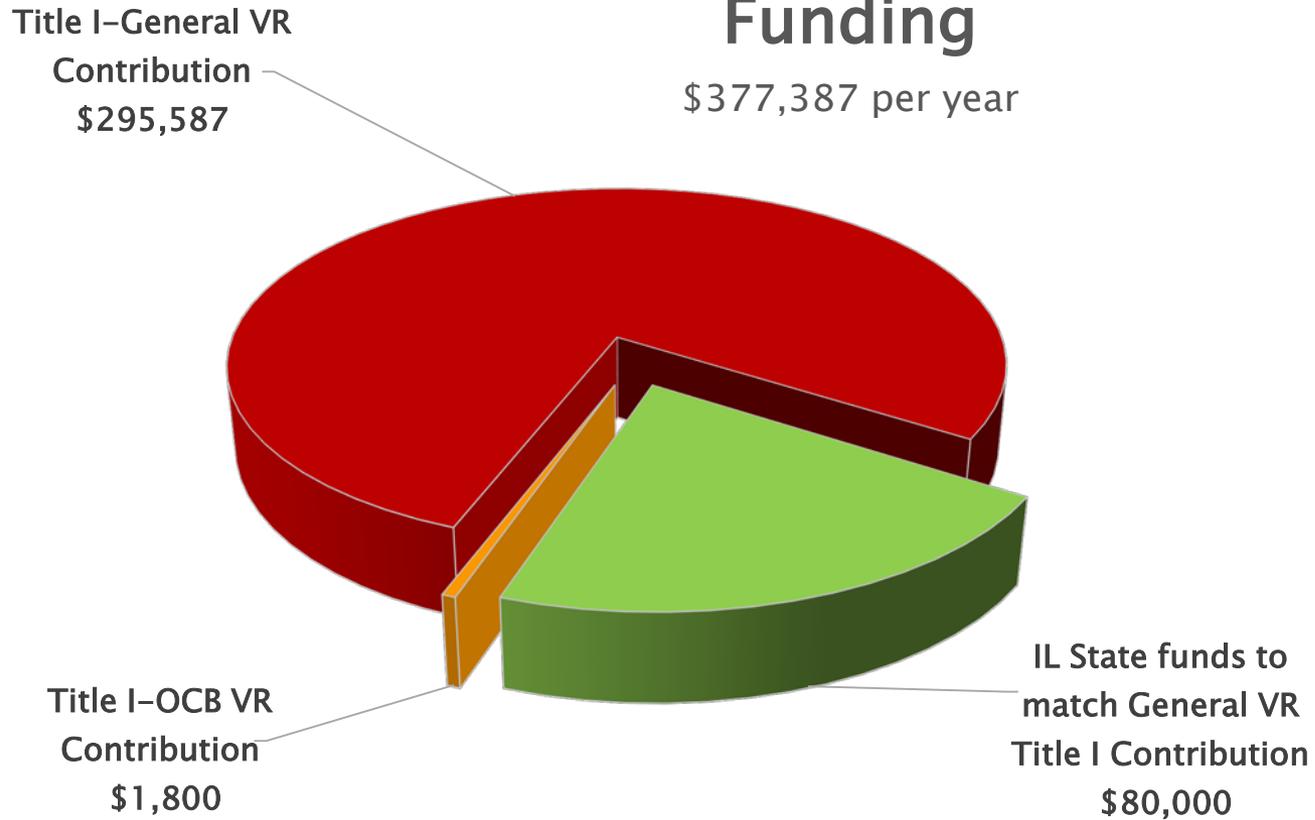
\$1,913,4643 for 7 CILs

\$42,410 for OCB



FEDERAL & STATE FUNDS FOR PLANNING, MONITORING, EVALUATION & COORDINATION

State Independent Living Council Funding



SCOPE & EXTENT OF SERVICES

IL Core Services provided at all CILs and OCB*

- Information and referral
- IL skills training
- Peer counseling
- Individual and systems advocacy
- Transition – related to avoidance of or move from institutions or to youth leaving high school

IL Services provided at CILs (possibly not every CIL) and at OCB*

- Rehabilitation technology
- Mobility training
- Surveys, directories, etc. to identify housing, recreation, accessible transportation and other supports
- Consumer info programs on rehabilitation and IL services available under the Rehabilitation Act, especially for minorities or traditionally unserved or underserved populations
- Education and training for living in the community and participating in its activities
- Transportation, including referral and assistance with transportation
- Provision of prostheses or other appliances or devices
- Individual and group social and recreational services
- Preventative services to decrease future need for similar services
- Other services unique to particular service providers

**OCB's services under this State Plan are only for individuals whose barrier is vision-related.*

SCOPE & EXTENT OF SERVICES

IL Services provided only at Oregon CILs (not OCB) – These may not be available at every CIL

- Counseling (psychological or psychotherapeutic)
- Securing housing or shelter
- Supported living
- Skills training for youth to promote self-awareness, esteem, self-empowerment & career exploration
- Other Federal, State or local program services to enhance independence, productivity and quality of life (example: Services to individuals experiencing HIV/AIDS)

IL Services provided only at Oregon Commission for the Blind

- Personal assistance services for individuals who are blind or have low vision, including attendant care and the training of personnel providing these services

IL Services not provided by Oregon's IL system

- Physical Rehabilitation

DESIGN OF THE SERVICE NETWORK

Oregon Commission for the Blind *(services specific to individuals experiencing blindness and low vision)*

7 Centers for Independent Living *(cross-disability services for all ages, provided by peer mentors)*

- **5 CILs – Direct federal funding** (Part C) + supplemental grants from State (ILR, UVdN, HASL, SPOKES, Abilitree)
- **2 CILs – Only funded through** grants from State (EOCIL, LILA)

The State uses both Federal Part B and State funds to support grants to CILs.

By law, CILs must also develop additional resources on their own, and must meet all Federal service provider requirements. Oregon does not impose any additional State requirements.

PLANS FOR EXPANSION

Objective is to do research and plan a data-driven approach for how funding of current and expanded services will be applied.

Realities

- All areas of Oregon are either underserved or unserved
- Recent changes in the law added an additional, required service

Until the new funding approach is complete, funding priorities will be...

- 1. Fund existing CILs** to a minimum of \$250,000, if possible, and hopefully a target amount established through a formula to serve 5% of their population (based on available, sustainable funds)
- 2. Expand into new areas** if existing CILs have reached their target amounts and the targeted amount of sustainable funds is available for a new area.

PRIORITIES FOR EXPANSION

- 1. Additional Direct Federal Grants (Part C)** – Once existing 5 Part C grants have reached their targeted amounts, additional Part C funds will be made available to the following regions, in the order below, until they reach their target levels:
 - 1. Eastern Oregon Region** (Baker, Gilliam, Grant, Harney, Malheur, Morrow, Umatilla, Union, Wallowa and Wheeler)
 - 2. Lane County Region** (*Lane only*)
 - 3. Salem Region** (*Marion, Polk and Yamhill*)
 - 4. South Coast Region** (*Coos, Curry*)
 - 5. Central Willamette Valley/Coast Region** (*Linn, Benton, Lincoln*)
 - 6. North Coast Region** (*Clatsop, Columbia, Tillamook*)
 - 7. Columbia Gorge Region** (*Hood River, Sherman, Wasco*)
- 2. Additional State Grant Funds (Part B & General Funds)** – Will be distributed similarly, with the exception that all 7 existing CILs will receive increases until they reach their target levels, and then funds will be use to expand into regions 3–7 above, in that order, until each reaches its target level.

ADMINISTRATION

Designated State Entity (DSE)

- **Duties:** Receive, account for and distribute IL program funds received by the State under Chapter I of the Rehabilitation Act; recordkeeping and administrative support.
- **Oregon's Designated State Entity:** The General VR program.

State Independent Living Council

- A State government body, separate from any State Agency
- Members appointed by the Governor according to mandated requirements for consumer majority, with broad demographic representation
- **Functions:** Co-develop the State Plan; monitor, review and evaluate the State Plan's implementation; hold open meetings for the public; submit federal reports; keep records; and coordinate with other entities in the State that provide similar or complementary services, such as those providing long-term community-based services and supports
- **Additional authorities include:**
 - Working with CILs to coordinate services with public and private entities
 - Conducting resource development for the SILC's activities or for provision of services by CILs
 - Other functions consistent with the purpose of Chapter 1 of the Rehabilitation Act, as determined by the SILC

STATE PLAN EVALUATION

Evaluates the effectiveness of the State Plan in meeting the identified objectives

- ▶ **Evaluation is overseen by the SPIL Committee of the State Independent Living Council**
 - Evaluation standards will be developed
 - Data will be collected from CILs and consumers with significant disabilities
 - Results will be reported on an annual basis at a SILC meeting and to the Federal program authorities via the 704 Report

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