

**CHAPTER 411  
DIVISION 30**

**IN-HOME SERVICES**

**411-030-0001**

*(Renumbered to OAR 411-030-0040 6/1/1993)*

**411-030-0002 Purpose**

*(Adopted 6/1/1993)*

These Administrative Rules are established to ensure that in-home services will maximize independence, empowerment, dignity, and human potential through provision of flexible, efficient, and suitable services to each eligible client. Such services fill the role of complementing and supplementing the client's own personal abilities to continue to live in his/her own home.

Stat. Auth.: ORS 410.070

Stats. Implemented: ORS 410.070

**411-030-0020 Definitions**

*(Amended 11/15/1994)*

As used in these rules:

(1) "Activities of Daily Living" (ADL) means those personal, functional activities required by an individual for continued well-being, health, and safety. This includes eating, dressing/grooming, bathing/personal hygiene, mobility, bowel and bladder management, and cognition.

(2) "Architectural Resources" means any service leading to the modification of the structure of a dwelling to meet a specific service need of the client.

(3) "Area Agency on Aging" (AAA) means the agency designated by the Senior and Disabled Services Division which is charged with the responsibility to provide a comprehensive and coordinated system of

services to the elderly and possibly the disabled in a planning and service area. For purposes of these rules, the term Area Agency on Aging (AAA) is inclusive of both Type A and Type B Area Agencies on Aging as defined in ORS 410.040 to 410.350.

(4) "Case Management" means the service provided by an SDSD or AAA employee which ensures the effective provision of services to the client.

(5) "Case Manager" means a person who ensures client entry, assessment, service planning, service implementation, and evaluation of the effectiveness of the services.

(6) "Client" means the individual eligible for in-home services.

(7) "Client-Employed Provider Program" (CEP) refers to the program wherein the provider is directly employed by the client and provides either hourly or live-in services. In some aspects of the employer/employee relationship, the Senior and Disabled Services Division acts as an agent for the client-employer. These functions are clearly described in OAR 411-30-060.

(8) "Cognition" means functions of the brain which assist in orientation to person, place and/or time, decision-making, learning, and memory.

(9) "Companionship Services" means those services which are designated by the Department of Labor as meeting the personal needs of a client and which are exempt from federal and state minimum wage laws. These exemptions apply only to Live-In Services providers as defined in this rule.

(10) "Contractor" means an incorporated entity or equivalent who contracts with SDSD or an AAA to provide in-home services exclusive of live-in services.

(11) "Cost Effective" means judging that a specific service meets the client's service needs while costing less over the long- or short-term than other service options considered.

(12) "Division" means the Senior and Disabled Services Division (SDSD) of the Department of Human Resources.

(13) "Exception" means a granting of the unusual use of or payment for a service which is expressly or implicitly limited or prohibited within these rules.

(14) "Full Assistance" means the client is unable to do any part of an activity of daily living or task; i.e., it must be done entirely by someone else.

(15) "General Household Work" means, according to federal law, housecleaning, chore services, and other tasks provided by an employee which benefits non-client members of the household.

(16) "Health and Safety Emergencies" means the occurrence of a sudden change in a medical condition or an event of an accidental nature which requires evacuation from the premises, administration of prescription medication or first aid, or immediate treatment by medical personnel.

(17) "Home Care" means a service provided through a contractor and which consists of minimal or substantial assistance with activities of daily living and self-management, although the client may require full assistance with eating and still utilize Home Care.

(18) "Home Care Specialist" means an employee of a contract agency who has recognized capability to provide the home care service tasks authorized for the clients they serve.

(19) "Hourly Services" means the in-home services, including activities of daily living and self-management, which are provided at regularly scheduled times. None of these hours are exempt from federal or state minimum wage or overtime laws.

(20) "Independent" means the client can perform the task without help.

(21) "In-Home Services" means those services which assist a client to stay in his/her own home.

(22) "Live-In Services" means those Client-Employed Provider Program Services provided when ADL, self-management tasks, and twenty-four hour availability are required by a client. Time spent by the live-in employee doing self-management and twenty-four hour availability are exempt from federal and state minimum wage and overtime requirements under the

Companionship Services definition outlined in this rule. Such an exemption only exists when the employee actually resides in the home of the client for five calendar days in a calendar week.

(23) "Minimal Assistance" means the client is able to perform a majority of a task, but requires some assistance.

(24) "Oregon Project Independence" (OPI) means the program of in-home services defined in OAR 411 - Division 32.

(25) "Professional Service Contract" means a contractual agreement between SDSD or AAA and a Registered Nurse to purchase one or more of the services defined in OAR 411-30-050.

(26) "Provider" means the individual who actually renders the service.

(27) "Recognized Capability" means observed ability to competently perform an authorized task.

(28) "Registered Nurse Plan of Care" means a document completed by an RN and approved by a physician identifying the tasks which must be provided to meet the client's assessed needs.

(29) "Respite" means securing a paid temporary replacement worker to allow the live-in provider interim relief from addressing service needs of the client. Wages paid the respite worker are exempt from federal and state minimum wage and overtime requirements.

(30) "SDSD Unit" means a local multi-services or disability services office directly supervised by the Division.

(31) "Self-Management" means those activities, other than activities of daily living, required by an individual to continue independent living; i.e., medication and oxygen management, transportation, meal preparation, shopping, and client-focused housekeeping.

(32) "Service Need" means those functions or activities with which the client requires SDSD or AAA support.

(33) "Service Priority" means the order in which Division clients are to be

provided services.

(34) "Substantial Assistance" means a client can perform only a small portion of a task and requires assistance with a majority of a task.

(35) "Technological Resources" means those commodities or equipment considered likely to meet a client's service need.

(36) "Twenty-Four Hour Availability" means the availability and responsibility of an employee to meet ADL and self-management needs of a client as required by that client over a twenty-four hour period. These services are provided by a live-in employee and are exempt from federal and state minimum wage and overtime requirements.

Stat. Auth.: ORS 410.070

Stats. Implemented: ORS 410.070

**411-030-0022**

*(Renumbered to OAR 411-030-0050 6/1/1993)*

**411-030-0027**

*(Renumbered to OAR 411-030-0080 6/1/1993)*

**411-030-0033 Program Scope**

*(Adopted 6/1/1993)*

(1) The In-Home Services Program is designed to provide essential supportive services which enable an individual to remain in his/her own home. The services range from assistance with general household tasks to assistance with activities of daily living. The extent of the services may vary from a few hours per week to full-time.

(2) In-home services may be provided either through the Client-Employed Provider Program or a Contractor Program. A description of these program options is contained in the text of these rules.

Stat. Auth.: ORS 410.070

Stats. Implemented: ORS 410.070

#### **411-030-0040 Eligibility Criteria**

*(Renumbered from OAR 411-030-0001 6/1/1993)*

(1) In-home services may be provided to those individuals who meet the established priorities for service as described in OAR 411 – Division 15 and have been assessed to be in need of a service under these rules.

Payments for in-home services are not intended to replace the resources available to a client from their natural support system of relatives, friends, and neighbors. Only to the extent that such resources are not available, not sufficient, or cannot be developed to adequately meet the needs of the client can payment by the Division be considered or authorized. Care plans will be based upon the least costly means of providing adequate care.

(2) Clients must be included in one of the following groups:

(a) Current recipients of General Assistance or Title XIX who reside in their own home and who are eighteen years of age or older;

(b) ADC eligible adults only when service is necessary to prevent nursing facility placement; or

(c) Persons who are eligible for Oregon Project Independence.

(3) Specific eligibility exists for and is defined in rules regarding Oregon Project Independence (OAR 411-Division 32), Contractor Program (OAR 411-30-090), and Spousal Pay (OAR 411-30-080).

Stat. Auth.: ORS 410.070

Stats. Implemented: ORS 410.070

#### **411-030-0050 Case Management**

*(Renumbered from OAR 411-030-0022 6/1/1993)*

(1) Assessment

(a) The assessment process will identify the client's ability to perform

activities of daily living, self-management tasks, and determine the client's ability to address health and safety concerns. The case manager will conduct this assessment in accordance with standards of practices established by the Division.

(b) Contract RNs may be prior authorized to provide nursing assessment and development of a Registered Nurse Plan of Care following case manager assessment and referral. Reassessment and updating of the RN Plan of Care may also be purchased. Payment may also be made for delegation of nursing tasks, including assessment, instruction, and monitoring of providers.

(c) Indicators of the need for RN assessment and monitoring include:

(A) Full assistance in cognition;

(B) Medical instability;

(C) Potential for skin breakdown or decubitus ulcer;

(D) Multiple health problems or frailty with a strong probability of deterioration; and

(E) Potential for increased self-care, but instruction and support for the client are needed to reach goals.

(d) Maximum hours for each contracted RN service will be established by the Division.

### (3) Service Plan

(a) The client and case manager, with the assistance of other involved individuals, will consider in-home service options as well as architectural, technological, and other community-based care resources to meet the service needs identified in the assessment process.

(b) The case manager has responsibility for determining client eligibility for specific services, presenting alternatives to the client, and assuring the cost effectiveness of the plan. The case manager

will monitor the plan and make adjustments as needed.

(c) The client has the primary responsibility for choosing and, whenever possible, developing the most cost-effective service options, including the Client-Employed Provider Program and Contractor Services Program.

Stat. Auth.: ORS 410.070

Stats. Implemented: ORS 410.070

### **411-030-0060 Client-Employed Provider Program**

*(Amended 4/1/1996)*

The Client-Employed Provider Program contains systems and payment structures to employ both hourly and live-in providers. The live-in structure assumes that the provider will be required for activity of daily living and self-management tasks and twenty-four hour availability. The hourly structure assumes that the provider will be required for activity of daily living and self-management tasks during specific substantial periods of time. Except as indicated, all of the following materials apply to both structures:

(1) Employment Relationship: The relationship between the provider and the client is that of employee and employer.

(2) Job Descriptions: Each client/employer, in cooperation with the case manager, or if present, contracted Registered Nurse, will create a job description for the potential employee. Such descriptions shall make it clear that general household work shall comprise less than 20% of the live-in employee's time.

(3) Employee's Liabilities: Employees bear sole responsibility for state and federal income taxes due on earnings as an employee of the client/employer. Both the employer and SDSD explicitly deny any responsibility for deducting personal income tax withholdings from the employee's check. The employee is not covered by Workers' Compensation under Oregon Law. Additionally, under Oregon law the employee is not covered by any other state-defined benefit as a state employee. This exclusion includes but is not limited to the Public Employees Retirement System.



#### (4) Interruption of Services

(a) When a client is absent from the home due to an illness or medical treatment and is expected to return to the home, a live-in provider may be retained to ensure his/her presence upon the client's return or to maintain the client's home for up to 30 days at a rate established by the Division. An exception to this rate may be granted by the local unit manager, if the physician providing treatment in a hospital or rehabilitation setting requests the presence of the provider for special services such as interpreting, briefing, or training. In this circumstance, service plan expenditures will continue as though the client was in the home.

(b) The required meals and lodging expenses of the provider, while providing these services fifty miles or more from the client's residence, shall be covered. Such expenses, including mileage allowed under Section (11) of this rule, shall be covered by the Office of Medical Assistance Programs, whenever possible.

(5) Selection of Employee: The client carries primary responsibility for locating, interviewing, screening, and hiring his/her own employees. The right to employ the individual of his/her choice stands without regard to any limitations established by the legislature or federal government, except for Immigration and Naturalization Service Rules.

(6) Employment Agreement: The client/employer retains the full right to establish the employer/employee relationship at any time after Immigration and Naturalization Service papers have been completed and identification photocopied. However, no guarantee of payment for those services will be made by the Division until all acceptable employee standards have been verified and both the employer and employee have been formally notified in writing that payment by SDS D is authorized.

(7) Termination of Employment: Terms of dismissal or resignation notice are the sole responsibility of the employer to establish at the time of employment.

(8) Payment by SDS D

(a) Payment Authorization: SDSD payment for such services will depend on the presence of certain employee standards which include:

(A) Maintaining a drug-free work place;

(B) An acceptable criminal record as defined in OAR Chapter 411, Division 9; and

(C) Skills, knowledge, and ability to perform the required work.

(b) Termination of Payment: SDSD reserves the right to suspend or terminate payment when:

(A) Violations of protective service and abuse laws occur;

(B) Fiscal improprieties occur;

(C) Services are not provided as required;

(D) Employee does not have the skills to adequately or safely provide services;

(E) The employer requests termination; or

(F) New criminal convictions come to the attention of the Division.

#### (9) Respite

(a) Eligibility: When a live-in employee is the only employee during the course of a month, or if that employee is the only employee for the beginning or end of a month due to termination or initiation of employment with that employer, the Division shall authorize one twenty-four hour period of respite for non-spouse providers each month. For any part of a month worked, the employee shall receive a proportional share of that twenty-four hour period of respite authorization.

(b) Accumulation and Usage: A provider may not accumulate more

than 144 hours of respite allowance. The employer, employee, and case manager shall coordinate the timely use of these hours. Usage shall be in minimum of twenty-four hour blocks. Respite will be provided in multiples of twenty-four hour blocks, except when the balance is less than twenty-four hours, in which case the remnant may be used in a block.

(c) Transferability of Earned Respite Hours: The employee retains the right to earned respite time when terminating employment with one employer, so long as the employee is employed with another employer as a live-in within ninety days of termination. Without the re-institution of such employment, the employee will lose all right to these respite hours on the ninety-first day.

(10) SDDS Fiscal and Accounting Responsibility.

(a) Direct Service Payments: SDDS will make payment to the provider on behalf of the client for all client-employed in-home services, whether authorized by an SDDS unit or Type B AAA. This payment shall be considered full payment for the services rendered under Title XIX. Under no circumstances is the employee to demand or receive additional payment for these services from the client or any other source.

(b) Ancillary Contributions:

(A) SDDS will pay the employer's share of FICA and withhold the employee's share of FICA as a service to the client/employer. The prevailing employee's FICA rate will be withheld from his/her payment. When the payment to one person exceeds \$50.00 per calendar quarter, a one-time payment shall be authorized for the employee's and the employer's share of the tax on a quarterly basis. This is in addition to the amount allowed for service payment and notwithstanding the cost limitation established in Rules 411-27-000 and 411-30-070.

(B) Senior and Disabled Services Division will pay the employer's share of the Unemployment Tax.

(C) The Division shall not pay the client for food and shelter expenses associated with employing a live-in provider of ADL, self-management, and twenty-four hour availability services requiring the provider to stay at the employer's home.

(D) A hardship shelter allowance may be authorized for a client having a live-in provider on or after September 1, 1995, if one of the following conditions is met:

(i) The client will be forced to move from their current dwelling and his/her current average monthly rent or mortgage costs exceed current OSIP and OSIPM standards for a one-person need group as outlined in OAR 461-155-250; or

(ii) Service costs would significantly increase as a result of the client being unable to provide living quarters for a necessary live-in provider.

#### (11) Employee Expenses Secondary to Performance of Duties

(a) Providers may be reimbursed at the current appropriate state mileage rate when they use their own car for care plan related transportation, if prior authorized by the case manager. If unscheduled transportation needs arise during non-office hours, an explanation as to the need for the transportation must be provided and approved prior to reimbursement.

(b) Volunteer transportation and other transportation services included in the care plan shall be considered a prior resource.

Stat. Auth.: ORS 410.070

Stats. Implemented: ORS 410.070

#### **411-030-0070 Maximum Hours of Service** (Amended 11/15/1994)

##### (1) Maximum Monthly Hours for Activities of Daily Living

(a) The planning process shall use the following parameters for time allotments for ADL tasks:

(A) Eating: Minimal assistance -- 5 hours; substantial assistance -- 20 hours; full assistance -- 30 hours;

(B) Dressing: Minimal assistance -- 5 hours; substantial assistance -- 15 hours; full assistance -- 20 hours;

(C) Bathing and Personal Hygiene: Minimal assistance -- 10 hours; substantial assistance -- 15 hours; full assistance -- 25 hours;

(D) Mobility: Minimal assistance -- 10 hours; substantial assistance -- 15 hours; full assistance -- 25 hours;

(E) Bowel and Bladder: Minimal assistance -- 10 hours; substantial assistance -- 20 hours; full assistance -- 25 hours;

(F) Cognition: Minimal assistance -- 5 hours; substantial assistance -- 10 hours; full assistance -- 20 hours.

(b) If an individual requires full assistance in mobility and does not need the maximum hours for cognition, the unused cognition hours may be used to supplement the ADL total, if such hours are needed to meet detailed ADL service needs;

(c) For two-client households, each person is considered separately;

(d) Hours authorized for activities of daily living are paid at a rate published by the Division. Exceptions may be granted by the Division when conditions are met as established in OAR 411-27-000.

## (2) Maximum Hours for Self-Management Tasks

(a) The planning process shall use the following parameters for time allotments for all services:

(A) Medication Management: Minimal assistance -- 2 hours; substantial assistance -- 4 hours; full assistance -- 6 hours;

(B) Transportation or Escort Services: Minimal assistance -- 2 hours; substantial assistance -- 3 hours; full assistance -- 5 hours;

(C) Meal Preparation: Minimal assistance -- breakfast -- 4 hours, lunch -- 4 hours, supper -- 8 hours; substantial assistance -- breakfast -- 8 hours, lunch -- 8 hours, supper -- 16 hours; full assistance -- breakfast -- 12 hours, lunch -- 12 hours, supper -- 24 hours;

(D) Shopping: Minimal assistance -- 2 hours; substantial assistance -- 4 hours; full assistance -- 6 hours;

(E) Housecleaning: Minimal assistance -- 5 hours; substantial assistance -- 10 hours; full assistance -- 20 hours.

(b) Rates paid will be established by the Division. When a live-in employee is present, these hours may be paid at less than minimum wage according to the companionship definition in the Fair Labor Standards Act. Exceptions may be granted by the Division when conditions are met as established in OAR 411-27-000.

(c) When two clients eligible for this service live in the same household, the assessed self-management need of each client shall be calculated. Payment shall be made for the higher of the two allotments and a total of four additional hours per month to allow for the second client's specific needs.

### (3) Twenty-Four Hour Availability

(a) Payment for twenty-four availability shall be considered only when the client uses a client-employed provider and requires this availability due to both of the following:

(A) The client requires minimal, substantial, or full assistance with meeting health or safety emergencies; and

(B) The client requires assistance with activities of daily living and/or self-management tasks at unpredictable times

throughout most twenty-four hour periods.

(b) The number of hours allowed per month will be negotiable, but have the following maximums:

(A) Minimal assistance -- 50 hours;

(B) Substantial assistance -- 110 hours;

(C) Full assistance -- 159 hours.

(c) Rates for this availability shall be set by the Division and be considered eligible for "companionship" designation under state and federal laws. Exceptions may be granted by the Division when conditions are met as established in OAR 411-27-000.

(4) Under no circumstances shall any provider receive payment from the Division for more than the total amount authorized by the Division on the In-Home Services Authorization Form.

Stat. Authority: ORS 410.070

Stats. Implemented: ORS 410.070

#### **411-030-0080 Spousal Pay Program**

*(Renumbered from OAR 411-030-0027 6/1/1993)*

(1) Spouse Prior to Employment:

(a) In-home care provided by the spouse of an OSIP/Title XIX client is compensable by the Division under ORS 411.803 only when the following conditions are met:

(A) The client requires full assistance in at least four of the six activities of daily living, as determined by the assessment, and would require nursing facility placement without in-home services;

(B) The client has a medically diagnosed progressive debilitating condition which will limit additional activities of daily

living or has experienced a spinal cord injury or similar disability with permanent impairment of the ability to perform activities of daily living;

(C) The spouse demonstrates the capability and health to provide the services and actually provides the principal care for which payment has been authorized;

(D) The client's service needs exceed in both extent and duration the usual and customary services rendered by one spouse to another.

(b) Payments:

(A) All payments will be prior authorized by the Division or its designee.

(B) Payments will be based on the equivalent of one-half of the 24 hour availability and self-management task hours, plus the time required for specific documented activities of daily living.

(C) Payment of any respite care shall be the responsibility of the spouse and not be paid by the Division.

(D) Payment to a spouse is not considered as a need item to establish initial eligibility or continuing eligibility for OSIP/Title XIX.

(2) Spouse After Employment: Under ORS 411.802, client-employed providers who become the spouse of the employer shall retain the same level of pay as described in OAR 411-030-0070.

Stat. Auth.: ORS 410.070, ORS 411.802 & ORS 411.803

Stats. Implemented: ORS 410.070, ORS 411.802 & 4ORS11.803

**411-030-0090 Contractor Services**

*(Adopted 6/1/1993)*

(1) Limitations in Scope and Duration: Exclusive of services requiring



licensed personnel, contracted in-home services shall be used when the service proves to be the most cost efficient in meeting the needs of the client or necessary to meet interim or emergency service needs while more cost-effective solutions are sought and procured.

(2) Personal Care: A personal care service is an in-home service funded through the Oregon Office of Medical Assistance Programs (OMAP) of the Department of Human Resources. It is provided by a Certified Nurse Assistant or a qualified provider under a plan of care approved by a Registered Nurse. Personal Care Services require a physician's authorization after an assessment has determined personal care tasks must be provided. For current rules regarding personal care see OAR 410-120-440.

### (3) Home Care

(a) Home care is an agency service provided to clients with conditions requiring assistance with self-management and activities of daily living functions of a degree not requiring RN supervision.

(b) The Home Care Specialist is supervised by the contractor who verifies recognized capability and monitors ongoing adequacy.

Stat. Auth.: 410.070

Stats. Implemented: ORS 410.070