

**NOTICE OF PROPOSED RULEMAKING FILING  
INCLUDING STATEMENT OF NEED & FISCAL IMPACT**

*For internal agency use only.*

Department of Human Services, Aging and People with Disabilities (APD)		411
Agency and Division Name	Administrative Rules Chapter Number	
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Filing Contact	Email	Telephone

**FILING CAPTION**

*(Must be 15 words or fewer)*

Requires endorsed memory care communities to incorporate specific dementia training elements. (HB 3359 (2017))

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Last Date and Time for Public Comment: Written comments may be submitted via email to [apd.rules@dhsoha.state.or.us](mailto:apd.rules@dhsoha.state.or.us), faxed to 503-373-7823, or mailed to Kristina Krause, APD Rules Coordinator, 500 Summer Street NE, E2, Salem, OR 97301 until **06/01/2020 @ 5 p.m.**

**CALL-IN ONLY DUE TO CDC/GOVERNOR GUIDANCE**

**05/19/2020 3:00 p.m. – 4 p.m.** +1 (971) 673-8888, Conference ID: 2638172# Staff

Hearing Date	Time	Address	Hearings Officer
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Note for attendees: If you wish to provide comment, please call in to the number above by no later than 15 minutes after the start time listed.

Everyone has a right to know about and use DHS|OHA programs and services. DHS|OHA provides free help. Some examples of the free help DHS|OHA can provide are: sign language and spoken language interpreters, written materials in other languages, braille, large print, audio and other formats. If you need help or have questions, please contact Lynn Beaton at 503-509-7076, 711 TTY, [lynn.d.beaton@dhsoha.state.or.us](mailto:lynn.d.beaton@dhsoha.state.or.us) at least 48 hours before the meeting.

**RULEMAKING ACTION**

*List each rule number separately (000-000-0000) below. Attach proposed, tracked changed text for each rule at the end of the filing.*

**ADOPT:**

411-057-0155

**AMEND:**

411-057-0100, 0411-057-0110, 411-057-0120, 411-057-0130, 411-057-0140, 411-057-0150, 411-057-0160, 411-057-0170, 411-057-0180, 411-057-0190

**REPEAL:**

**RULE SUMMARY:**

*Include a summary for each rule included in this filing.*

411-057-0100: Statement of Purpose. Updated terms, specifically adding “endorsed” to memory care community, and amending “Senior and People with Disabilities Division” to “Aging and People with Disabilities Program.”

411-057-0110: Definitions. Amended language to be consistent with division 054 language, including deleting “Alzheimer’s Disease;” adding “Endorsed” to “Memory Care Community,” adding “Approved Dementia Care Training,” “Competency,” “Competency Assessment,” “Orientation,” and amending “Dementia,” “Dementia Trained Staff,” “Person Centered Care,” and “Pre-Service Training.”

411-057-0120: Application for Endorsement. Updated terms.

411-057-0130: Advertising of a Memory Care Community. Updated terms.

411-057-0140: Responsibilities of Administration. Updated terms.

411-057-0150: Staffing. Updated terms. Deleted requirements of training from this rule and moved that language to the new staff training requirements rule (OAR 411-057-0155).

411-057-0155: Staff Training Requirements. Created this new rule to include previous requirements and add the dementia training requirements from HB 3359 (2017).

411-057-0160: Resident Services in a Memory Care Community. Updated terms and added detail to process of identifying resident’ preferences.

411-057-0170: Physical Design, Environment, and Safety. Updated terms and amended definition of “Building Codes.”

411-057-0180: Exceptions. Updated term.

411-057-0190: Complaints, Inspections, and Sanctions. Updated terms.

Table 1: Training Requirements for Memory Care Communities. Deleted chart.

Table 2: Light Levels for Memory Care Communities. Relabeled Table 1.

## STATEMENT OF NEED AND FISCAL IMPACT

### Need for Rule(s):

The Department needs to immediately amend rule to be in compliance with HB 3359 (2017).

### Fiscal and Economic Impact:

The Fiscal and Economic Impact is stated below in the Department's statement of Cost of Compliance.

### Statement of Cost of Compliance:

**(1) Identify any state agencies, units of local government, and members of the public likely to be economically affected by the rule(s).**

State Agencies: The Department estimates there will be no fiscal impact on state agencies.

Units of Local Government: The Department estimates there will be no fiscal impact on the units of local government.

Consumers: The Department estimates there will be no fiscal impact on consumers (residents).

Providers: The Department estimates there will potentially be an additional expense to providers to ensure all staff are completing the new dementia training requirements. Given the previous dementia training requirements that apply to memory care providers, it is expected the additional requirements will not involve a dramatically increased cost.

Public: The Department estimates there will be no fiscal or economic impact on the public.

### **(2) Effect on Small Businesses:**

**(a) Estimate the number and type of small businesses subject to the rule(s);**

The small businesses subject to the rule include all assisted living facilities, residential care facilities, and nursing facilities that are memory care facilities defined as small businesses.

**(b) Describe the expected reporting, recordkeeping and administrative activities and cost required to comply with the rule(s);**

The proposed changes will require each facility to document the dementia care trainings completed by each staff person. Since facilities are already required to document

trainings, it is not expected this will require an additional cost. There might be a slight additional cost due to an increased number of topics required during pre-service training.

**(c) Estimate the cost of professional services, equipment supplies, labor and increased administration required to comply with the rule(s).**

The additional cost would come with a possible increased salary potentially required to hire an administrator with a license.

**Describe how small businesses were involved in the development of these rule(s)?**

A small business, or representative of a small business, as defined in ORS 183.310 participated on the Administrative Rule Advisory Committee. Small businesses will also be included in the public review and comment period.

**Documents Relied Upon, and where they are available:**

HB 3359 Enrolled (2017 Regular Session)

<https://olis.leg.state.or.us/liz/2017R1/Measures/Overview/HB3359>

Oregon Laws 2017, Chapter 679

[https://www.oregonlegislature.gov/bills\\_laws/lawsstatutes/2017orlaw0679.pdf](https://www.oregonlegislature.gov/bills_laws/lawsstatutes/2017orlaw0679.pdf)

**Was an Administrative Rule Advisory Committee consulted? Yes or No?**

**If not, why not?**

Yes.

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Signature

Date

DEPARTMENT OF HUMAN SERVICES  
AGING SENIORS AND PEOPLE WITH DISABILITIES PROGRAM  
DIVISION

OREGON ADMINISTRATIVE RULES

CHAPTER 411  
DIVISION 57

ENDORSED MEMORY CARE COMMUNITIES  
~~(FORMERLY KNOWN AS ALZHEIMER'S CARE UNITS)~~

**411-057-0100 Statement of Purpose**

The purpose of the rules in OAR chapter 411, division 057 is to establish standards for the endorsement of memory care communities. Memory care communities provide specialized services in a secured environment for individuals with dementia. These rules are designed to ensure that residents living in memory care communities have positive quality of life, consumer protection, and person directed care. Resident's rights, dignity, choice, comfort, and independence are promoted in this setting. The endorsement does not constitute a recommendation of any endorsed memory care community by the Department of Human Services, Seniors Aging and People with Disabilities Program Division.

Stat. Auth.: ORS 410.070, ~~&~~ 443.886  
Stats. Implemented: ORS 443.886

**411-057-0110 Definitions**

Unless the context indicates otherwise, the following definitions and the definitions in OAR 411-054-0005 relating to Residential Care and Assisted Living Facilities and OAR 411-085-0005 relating to Nursing Facilities apply to these rules.

(1) "Advertise" means to make publicly and generally known, usually by printed notice, broadcast, verbal marketing, website, or electronic communication.

~~(2) "Alzheimer's Care Unit" means a special care unit in a designated, separate area for individuals with Alzheimer's disease or other dementia that~~

~~is locked, segregated, or secured to prevent or limit access by a resident outside the designated or separated area. For the purpose of these rules, an Alzheimer's care unit is referred to as a memory care community.~~

~~(3)(2)~~ "Alzheimer's Disease" means a type of dementia that gradually destroys an individual's memory and ability to learn, reason, make judgments, communicate, and carry out daily activities.

~~(4)(3)~~ "Applicant" means the person, persons, or entity, required to complete a facility application for an endorsement. Applicant includes a sole proprietor, each partner in a partnership, and each member in a limited liability company, corporation, or entity that owns the residential care facility, assisted living facility, or nursing facility business. Applicant also includes the sole proprietor, each partner in a partnership, and each member in a limited liability company, corporation, or entity that operates the residential care facility, assisted living facility, or nursing facility on behalf of the facility business owner.

~~(4)~~ "Approved Dementia Care Training" means a dementia training curriculum for residential care and assisted living facility staff approved by an entity selected by the Department be an approving entity pursuant to a Request for Application (RFA) process.

(5) "Assisted Living Facility" means assisted living facility as defined in OAR 411-054-0005.

~~(6)~~ "Competency" means competency as defined in OAR 411-054-0005.

~~(7)~~ "Competency Assessment" means competency as defined in OAR 411-054-0005"

~~(6)(8)~~ "Dementia" means major neurocognitive disorders, listed in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), which result in the loss of intellectual cognitive function of sufficient severity that enough to interferes with an individual's daily functioning. Dementia affects an individual's memory, ability to think, reason, speak, and move. Symptoms may also include changes in personality, mood, and behavior. Irreversible dementias include but are not limited to:

(a) Alzheimer's disease;

- (b) Vascular dementia;
- (c) Lewy body dementia;
- (d) Frontal-temporal lobe dementia;
- (e) ~~Alcohol dementia~~Wernicke-Korsakoff Syndrome
- (f) Huntington's disease; and
- (g) Creutzfeldt-Jakob disease.

~~(7)~~(9) "Dementia Trained Staff" means any employee ~~that~~ who has completed the minimum training requirements and has demonstrated ~~competency~~knowledge and understanding in supporting individuals with dementia.

~~(8)~~(10) "Department" means the Department of Human Services (DHS).

~~(9)~~(11) "Direct Care Staff" means a facility employed person whose primary responsibility is to provide personal care services to residents. These personal care services may include:

- (a) Medication administration;
- (b) Resident-focused activities;
- (c) Assistance with activities of daily living;
- (d) Supervision and support of residents; and
- (e) Serving meals, but not meal preparation.

~~(10)~~(12) "Disclosure ~~Statement~~" means the written information the facility is required to provide to consumers to enhance the understanding of memory care community services, costs, and operations.

~~(11)~~(13) "Division" means the Department of Human Services, Seniors Aging and People with Disabilities ~~Program~~Division (SAPD).

~~(12)~~(14) "Emergency Situation" means a disruption to normal care and services caused by an unforeseen occurrence beyond the control of the licensee whether natural, technological, or manmadehuman-caused where staff ~~that~~who are trained as required in these rules are not available.

(15) "Endorsed Memory Care Community" means a special care unit in a designated, separated area for residents with Alzheimer's disease or other forms of dementia that is locked or secured to prevent or limit access by a resident outside the designated or separated area. For purposes of these rules an endorsed memory care community will be referred to as a memory care community.

~~(13)~~(16) "Endorsement" means the community has met the requirements to provide specialized services in a memory care community and the requirements for the community's underlying license. An endorsement does not constitute a recommendation of any memory care community by the Division. ~~For the purpose of these rules, "indorsement" is now spelled "endorsement".~~

~~(14)~~(17) "Facility" for the purpose of these rules, means a nursing facility, residential care facility, or assisted living facility.

~~(15)~~(18) "Interdisciplinary Team" means persons including the resident, community staff, family members, healthcare providers, and case managers as applicable, who support the resident with direct care, nursing, activities, nutrition, and case management.

~~(16)~~(19) "Licensee" means the entity that owns the residential care, assisted living, or nursing facility business, and to whom a residential care, assisted living, or nursing facility license has been issued.

~~(17)~~(20) "Management" or "Operator" means the entity possessing the right to exercise operational or management control over, or directly or indirectly conduct, the day-to-day operation of a facility.

~~(18) "Memory Care Community" means an Alzheimer's care unit as defined in this rule. For the purpose of these rules, an Alzheimer's care unit is referred to as a memory care community.~~

~~(19) "Non-Caregiving Staff" means a facility-employed individual that does not provide any personal care services to residents.~~

~~(20)~~(21) "Nursing Facility" means a nursing facility as defined in OAR 411-085-0005.

(22) "Orientation" means the training that all employees must complete, as required in OAR 411-054-0070, before performing any job duties.

~~(21)~~(23) "Person ~~Centered~~Directed Care" is ~~an approach~~ process based on a set of principles of that supporting an resident~~individual~~ to direct their own care ~~through developing a plan rooted by focusing on~~ what is important to them individual while taking into account all the factors that impact their individual's life. Person ~~centered~~directed care promotes a positive relationship between the resident~~individual~~ and staff which is accomplished by staff being knowledgeable about the individual's~~resident's~~ life story, routines, and habits, and incorporating that information into the individual's daily care and activities.

~~(22)~~(24) "Pre-Service Training" means training that must be completed ~~before~~prior to staff independently providing care and services to residents. ~~takes responsibility for their job duties.~~ Pre-service training addresses specific dementia topics as well as other topics related to resident care. Training may include various methods of instruction, for example, classroom style, web-based training, video training, one-to-one or mentoring training, or a combination thereof.

~~(23)~~(25) "Remodel" means a renovation or conversion of a building that requires a building permit and meets the criteria for review by the Facilities Planning and Safety Program, Oregon Health Authority, as required by OAR 333-675-0000~~(2)~~.

~~(24)~~(26) "Residency Agreement" means the information required to be disclosed prior to admission to a residential care or assisted living facility as described in OAR 411-054-0025(10).

~~(25)~~(27) "Resident" as used in these rules, means any individual with Alzheimer's disease or other dementia who lives in a memory care community.

~~(26)~~(28) "Residential Care Facility" means residential care facility as defined in OAR 411-054-0005.

~~(27)~~(29) "These Rules" mean the rules in OAR chapter 411, division 057.

~~(28)~~(30) "Universal Worker" means a universal worker as defined in OAR 411-054-0005.

Stat. Auth.: ORS 410.070, ~~&~~ 443.886

Stats. Implemented: ORS 443.886

### **411-057-0120 Application for Endorsement**

(1) ENDORSEMENT REQUIRED. Any residential care, assisted living, or nursing facility that offers or provides care to residents with dementias in a memory care community must obtain an endorsement on its facility license.

(2) APPLICATION. At least 60 days prior to the anticipated endorsement, the applicant must submit to the ~~Division~~Department a completed Memory Care Community Endorsement Application (form- APD 940). The Department ~~Division~~ shall return incomplete applications to the applicant.

(3) FEE. The non-refundable endorsement application fee is due upon receipt of the application for an initial endorsement and whenever the facility's license and endorsement ~~is~~are renewed. Endorsement application fees are in addition to fees required for facility licensure. Fees shall be as follows:

(a) \$50 for each facility with a total memory care community endorsed capacity of 16 or fewer residents;

(b) \$75 for each facility with a total memory care community endorsed capacity of 17 to 50; or

(c) \$100 for each facility with a total memory care community endorsed capacity of 51 or more.

(4) The applicant must also include the following with the initial application and fee:

(a) Memory Care Community Uniform Disclosure Statement (form SDS 9098 MC);

- (b) Employee training curricula;
- (c) Policies and procedures;
- (d) Floor plan of the memory care community;
- (e) Residency or admission agreement;
- (f) Copy of the service or care planning tool; and
- (g) Copies of brochures or advertisements that are used to advertise the facility and the facility's services.

(5) DEMONSTRATED CAPACITY. The applicant must demonstrate to the satisfaction of the DepartmentDivision, the ability to provide services in a manner that is consistent with the requirements of these rules.

(a) The DepartmentDivision shall consider the following criteria including but not limited to:

(A) The experience of the applicant in managing a memory care community or previous long-term care experience; and

(B) The compliance history of the applicant for endorsement or management company in the operation of any care facility licensed, certified, or registered under federal or state laws.

(b) If the applicant does not have experience in the operation of a memory care community, the applicant must employ a consultant or management company for at least the first six months of operation.

(A) The consultant or management company must have experience in dementia care operations and must be approved by the DepartmentDivision.

(B) The applicant must implement the recommendations of the consultant or management company or present an acceptable plan to the DepartmentDivision to address the consultant's identified concerns.

(6) The Department~~Division~~ shall conduct an on-site inspection prior to the issuance of an endorsement to ensure the memory care community is in compliance with the physical plant requirements as outlined in these rules.

(7) The endorsement shall be identified on the facility's license.

(8) ENDORSEMENT RENEWAL. Renewal for endorsement must be made at the time of the renewal for the facility's license (form APD 940).

(9) RELINQUISHMENT OF ENDORSEMENT. The licensee must notify the Department~~Division~~ in writing at least 60 days prior to the voluntary relinquishment of the endorsement of a memory care community. For voluntary relinquishment, the facility must:

(a) Give all residents and their designated representatives a 45-day notice. The notice must include:

(A) The proposed effective date of the relinquishment;

(B) Changes in staffing;

(C) Changes in services including the elimination or addition of services; and

(D) Staff training that shall occur when the relinquishment becomes effective.

(b) Submit a transitional plan to the Department~~Division~~ that demonstrates how the current residents shall be evaluated and assessed to reside in a memory care community that is not endorsed and is unsecured or would require move-out or transfer to other settings;

(c) Change in each resident's service or care plans as appropriate to address any needs the residents may have with the transition;

(d) Notify the Department~~Division~~ when the relinquishment process has been completed; and

(e) Revise advertising materials and disclosure information to remove any reference that the facility is an endorsed memory care community.

Stat. Auth.: ORS 410.070, ~~&~~ 443.886  
Stats. Implemented: ORS 443.886

### **411-057-0130 Advertising of a Memory Care Community**

(1) An applicant may not advertise as a memory care community until the applicant has obtained an endorsement from the ~~Department~~Division. A prospective memory care community may advertise if they have stated their intent to be endorsed and are in the initial endorsement process.

(2) A memory care community with a valid endorsement may advertise that it has an endorsement. However, the advertising materials may not imply or state that the ~~Department~~Division recommends or supports a specific memory care community.

(3) All advertising material must be truthful and must not include or use coercive or misleading information about the endorsement of the memory care community.

(4) Upon the determination that a non-endorsed memory care community implies or advertises that they have an endorsement, the ~~Department~~Division shall send a notice to the licensee to cease the advertising immediately. Failure to comply may result in a civil penalty as outlined in OAR 411-057-0190.

Stat. Auth.: ORS 410.070, ~~&~~ 443.886  
Stats. Implemented: ORS 443.886

### **411-057-0140 Responsibilities of Administration**

(1) The licensee is responsible for the operation of the memory care community and the provision of person ~~centered~~directed care that promotes each resident's dignity, independence, and comfort. This includes the supervision, training, and overall conduct of the staff.

(2) The licensee of a memory care community must comply with~~follow~~ both the licensing rules for the facility and Chapter 411, Division 57.~~these rules.~~

(3) The administrator of the memory care community must complete and document that at least 10 hours of their required annual continuing educational requirements, as required by the licensing rules of the facility, relate to the care of individuals with dementia. Continuing education credits must be obtained through Department~~Division~~ approved sources which may include college courses, preceptor credits, self-directed activities, course instructor credits, corporate training, in-service training, professional association trainings, web-based trainings, correspondence courses, telecourses, seminars, and workshops.

(4) The endorsed memory care community must provide a Department~~Division~~ designated Mmemory Ccare Ccommunity Uniform Disclosure Statement (form APD 9098 MC) to each person who requests information about the memory care community.

(5) In addition to the policies and procedures required in the licensing rules for the facility, the memory care community licensee must develop and implement policies and procedures that address:

(a) Philosophy of how services are provided based upon the memory care community's values, mission, and the promotion of person centered~~directed~~ care and how it shall be implemented;

(b) Evaluation of behavioral symptoms and design of person centered supports for intervention plans;

(c) Wandering and egress prevention that provides detailed instructions to staff in the event a resident elopes;

(d) Assessment of residents for the use and effects of medications including psychotropic medications;

(e) Use of supportive devices with restraining qualities;

(f) Staffing plan for the memory care community;

(g) Staff training specific to dementia care;

(h) Description of the community's life enrichment program and how activities are implemented;

(i) Description of family support programs and efforts on how the community will assist the family ~~shall to~~ remain engaged;

(j) Limiting use of public address and intercom systems for emergencies and evacuation drills only;

(k) Transportation coordination and assistance to and from outside medical appointments; and

(l) Safekeeping of residents' possessions. This policy must be provided to each residents and the resident's representative at the time of move-in and quarterly as needed.

Stat. Auth.: ORS 410.070, ~~&~~ 443.886

Stats. Implemented: ORS 443.886

#### **411-057-0150 Staffing ~~and Staff Training~~**

~~(1) STAFFING REQUIREMENTS AND STAFF TRAINING.~~ The facility must provide residents with dementia trained staff who have been instructed in the person ~~centered~~ directed care approach. Prior to providing care and services to residents all staff must receive training as required in OAR 411-057-0155. All direct care and other community staff assigned to the memory care community must be specially trained to work with residents with Alzheimer's disease and other dementias.

~~(a) Only staff trained as specified in sections (2) and (3) of this rule shall be assigned to the memory care community.~~

~~(b)~~ (1) Staffing levels must comply with the licensing rules of the facility and be sufficient to meet the scheduled and unscheduled needs of residents. Staffing levels during nighttime hours shall be based on the sleep patterns and needs of residents.

~~(c)~~ (2) In an emergency situation when trained staff are not available to provide services, the facility may assign staff who have not completed the required training in accordance with this rule. The particular emergency situation must be documented and must address:

(aA) The nature of the emergency;

(bB) How long the emergency lasted; and

(cC) The names and positions of staff that provided coverage.

~~(2) A memory care community must ensure that staff who provide support to residents with dementia have a basic understanding and fundamental knowledge of the residents' emotional and unique health care needs. Direct care and other staff must be trained on the topics outlined in Table 1. These requirements are in addition to the facility licensing requirements for training.~~

~~(3) Persons providing or overseeing the training of staff must have experience and knowledge in the care of individuals with dementia.~~

~~(4) Pre-service and in-service training may include various methods of instruction, for example, classroom style, web-based training, video, or one to one training. The memory care community must have a method for determining and documenting each staff person's knowledge and understanding of the training provided. All training must be documented.~~

Stat. Auth.: ORS 410.070, & 443.886

Stats. Implemented: ORS 443.886

### **411-057-0155 Staff Training Requirements**

(1) A memory care community must ensure staff who provide support to residents with dementia have a basic understanding and fundamental knowledge of the residents' emotional and unique health care needs prior to providing services to residents. The training requirements for staff who work in memory care communities are described in the following sections.

(2) ALL STAFF TRAINING REQUIREMENTS. All staff who work in memory care communities licensed as residential care facilities or assisted living facilities must complete the following:

(a) Orientation as required in OAR 411-054-0070(3) before performing any job duties.

(b) Pre-service dementia care training as required before independently providing personal care or other services. The dementia care training must address these topics:

(A) Education on the dementia disease process, including the progression of the disease, memory loss and psychiatric and behavioral symptoms.

(B) Techniques for understanding, communicating and responding to distressful behavioral symptoms; including but not limited to, reducing the use of antipsychotic medications for non-standard uses when responding to distressful behavioral symptoms.

(C) Strategies for addressing social needs of persons with dementia and engaging them with meaningful activities;

(D) Information concerning specific aspects of dementia care and ensuring safety of residents with dementia including, but not limited to, how to:

(i) Identify and address pain;

(ii) Provide food and fluid;

(iii) Prevent wandering and elopement;

(iv) Use a person-centered approach.

(c) Additional pre-service training topics that must be completed before independently providing personal care to residents:

(A) Environmental factors that are important to resident's well-being (e.g. noise, staff interactions, lighting, room temperature, etc.);

(B) Family support and the role the family may have in the care of the resident;

(C) How to recognize behaviors that indicate a change in the resident's condition and report behaviors that require on-going assessment.

(3) DIRECT CARE STAFF TRAINING REQUIREMENTS. Direct care staff must be directly supervised by a qualified staff person until they have successfully demonstrated satisfactory performance in any task assigned in the provision of individualized resident services. In addition to training required for all staff as described in paragraph (2):

(a) Before independently providing personal care or other services to residents, direct care staff must complete training on:

(A) How to provide personal care to a resident with dementia, including an orientation to the resident and the resident's service plan, as required in OAR 411-054-0070(4).

(B) The use of supportive devices with restraining qualities in memory care communities.

(b) Within 30 days after hire, direct care staff must complete training as outlined in OAR 411-054-0070(5).

(c) Direct care staff who work in memory care communities licensed as residential care facilities or assisted living facilities must complete a total of 16 hours of in-service training annually. The six hours of annual dementia care training required pursuant to OAR 411-054-0070(6) may be included in the 16 hours of in-service training. Annual in-service hours required of each staff are due by the anniversary date of that person's hire. All completed trainings must be documented by the facility.

(4) NURSING FACILITY STAFF. Staff who work in memory care communities licensed as nursing facilities must complete the following:

(a) Orientation as outlined in OAR 411-086-0310, 42 CFR § 483.95 (F 943).

(b) Pre-service dementia care training as outlined in paragraphs (2)(b) and (c) and paragraph (3)(a) of this section.

(c) A total of 16 hours of annual in-service training must be completed by direct care staff only. Four of the 16 hours must be dementia care training and may be included in the 16 hours of in-service training. Annual in-service hours required of each staff are due by the anniversary date of that person's hire. All completed trainings must be documented by the facility.

(5) Persons providing or overseeing the training of staff must have experience and knowledge in the care of individuals with dementia.

(6) The memory care community must have a method for determining and documenting each staff person's competency of training in accordance with the licensing rules. All training must be documented and available to the Department upon request.

Stat. Auth.: ORS 410.070, 443.886

Stats. Implemented: ORS 443.886

### **411-057-0160 Resident Services in a Memory Care Community**

(1) Only individuals with a diagnosis of dementia who are in need of support for the progressive symptoms of dementia for physical safety, or physical or cognitive function may reside in a memory care community. Services must be delivered in a manner that promotes the autonomy and dignity of each resident, to maintain or enhance the resident's remaining abilities for self-care.

(2) At time of move-in and quarterly, the community must make reasonable attempts to identify the preferred customary routines of each resident and the resident's preferences in how services may be delivered. Minimum services to be provided include:

(a) Assistance with activities of daily living that addresses the needs of each resident with dementia due to cognitive or physical limitations. These services must meet or be in addition to the requirements in the licensing rules for the facility. Services must be provided in a manner that promotes resident choice, dignity, and sustains the resident's abilities.

(b) Health care services provided in accordance with the licensing rules of the facility.

(c) A daily meal program for nutrition and hydration must be provided based upon the resident's preferences and needs available throughout each resident's waking hours. The individualized nutritional plan for each resident must be documented in the resident's service or care plan. In addition, the memory care community must provide:

(A) ~~Provide v~~ Visual contrast between plates, eating utensils, and the table to maximize the independence of each resident; and

(B) ~~Provide a~~ Adaptive eating utensils for those residents who have been evaluated as needing them to maintain their eating skills.

(d) Meaningful activities that promote or help sustain the physical and emotional well-being of residents. The activities must be person centered~~directed~~ and available during residents' waking hours.

(A) Each resident must be evaluated for activities according to the licensing rules of the facility. In addition, the evaluation must address the following:

(i) Past and current interests;

(ii) Current abilities and skills;

(iii) Emotional and social needs and patterns;

(iv) Physical abilities and limitations;

(v) Adaptations necessary for the resident to participate;  
and

(vi) Identification of activities for behavioral interventions.

(B) An individualized activity plan must be developed for each resident based on their activity evaluation. The plan must reflect the resident's activity preferences and needs.

(C) A selection of daily structured and non-structured activities must be provided and included on the resident's activity service or care plan as appropriate. Daily activity options based on resident evaluation may include but are not limited to:

(i) Occupation or chore related tasks;

(ii) Scheduled and planned events (e.g. entertainment, outings);

(iii) Spontaneous activities for enjoyment or those that may help diffuse a behavior;

(iv) One to one activities that encourage positive relationships between residents and staff (e.g. life story, reminiscing, music);

(v) Spiritual, creative, and intellectual activities;

(vi) Sensory stimulation activities;

(vii) Physical activities that enhance or maintain a resident's ability to ambulate or move; and

(viii) Outdoor activities.

(e) Behavioral symptoms which negatively impact the resident and others in the community must be evaluated and included on the service or care plan. The memory care community must initiate and coordinate outside consultation or acute care when indicated.

(f) Support must be offered to family and other significant relationships on a regularly scheduled basis not less than quarterly. Examples in which support may be provided include support groups, community gatherings, social events, or meetings that address the needs of individual residents or their family or significant relationships.

(g) Access to secured outdoor space and walkways which allow residents to enter and return without staff assistance, except when indicated by OAR 411-057-0170(5)(e).

Stat. Auth.: ORS 410.070, & 443.886

Stats. Implemented: ORS 443.886

## **411-057-0170 Physical Design, Environment, and Safety**

(1) It is the intent of these rules that the physical environment and design support the needs of individuals who are cognitively impaired. The physical environment should maximize functional abilities, accommodate behavior that is related to dementia, promote safety, enhance personal dignity, and encourage independence.

(2) BUILDING CODES. Newly endorsed memory care communities must comply with the Oregon Structural Specialty Code (OSSC) occupancy classification enforceable at the time of endorsement. If endorsed prior to the current version of the OSSC, the facility must comply with the building code in place at the time of original endorsement.

~~(2) BUILDING CODES. Each memory care community must meet the following building codes:~~

~~(a) Newly endorsed memory care communities must comply with the Oregon Structural Specialty Code (OSSC) SR-2 occupancy classification. If endorsed prior to the SR-2 requirement, the facility must comply with the building code in place at the time of original endorsement.~~

~~(b)~~(3) Endorsed Mmemory care communities must be located on the ground level of the building to ensure access to outdoor space and safe evacuation.

~~(3)~~(4) LIGHTING.

(a) Research conducted in ~~regards to~~ lighting intensities has shown an impact on individuals with dementia. Lighting throughout the day or night may have an impact on an individual's functional abilities, as well as in mood and behavior. For communities that are in development or remodeling to new standards, the ~~Division~~Department encourages facilities to review and implement the Recommended Practice for

Lighting and Visual Environment for Senior Living as outlined in the ANSI/IESNA RP-28-07.

(b) The following lighting requirements must be met. These requirements apply to newly endorsed, constructed, or remodeled communities which have construction documents approved on or after November 1, 2010.

(A) Light fixtures must be designed to minimize direct glare (for example: indirect or diffused lighting). Bare light bulbs or tubes are not allowed;

(B) Lighting fixtures and circuitry must conform to lighting intensities shown in Table ~~21~~;

(C) Windows and skylights must be utilized to minimize the need for artificial light and to allow residents to experience the natural daylight cycle; and

(D) All windows must have coverings which diffuse daylight and minimize glare without blocking all light during the day. In addition, bedroom window coverings must provide privacy and block light from street ~~lights~~ or parking lot lights from entering the bedroom at night.

~~(4)~~(5) SURFACE FINISHES. The following requirements for surface finishes must be met. These requirements apply to newly endorsed, constructed, or remodeled communities which have construction documents approved on or after November 1, 2010.

(a) Walls, floors, ceilings, and woodwork must be finished to minimize reflected glare and must have a low sheen or matte finish;

(b) There must be high visual surface contrasts to assist residents with limited visual acuity to distinguish between floor and wall, between wall and door, and between floor and other objects (e.g. toilet);

(c) Paint and other finishes used on the ceiling must have a light reflectance value of 80 percent or higher; and

(d) Paint and other finishes used on walls above 36 inches from the floor must have a light reflectance value of 60 percent or higher.

~~(5)~~(6) SECURE OUTDOOR RECREATION AREA. The memory care community must comply with facility licensing requirements for outdoor recreation areas as well as the following standards. These requirements apply to newly endorsed, constructed, or remodeled communities which have construction documents approved on or after November 1, 2010 with the exception of subsections (d) and (e) of this section.

(a) The space must be a minimum of 600 square feet or 15 square feet per resident, whichever is greater and is exclusive of normal walkways and landscaping. The space must have a minimum dimension of 15 feet in any direction;

(b) Fences surrounding the perimeter of the outdoor recreation area must be no less than six feet in height, constructed to reduce the risk of resident elopement, and maintained in functional condition;

(c) Walkways must meet the accessibility requirements of the Oregon Structural Specialty Code. Walkway surfaces must be a medium to dark reflectance value to prevent glare from reflected sunlight;

(d) Outdoor furniture must be sufficient weight, stability, design, and be maintained to prevent resident injury or aid in elopement; and

(e) Doors to the outdoor recreation area may be locked during nighttime hours or during severe weather per facility policy.

~~(6)~~(7) COMMON AREAS. Common areas must include the following requirements:

(a) Freedom of movement for the residents to common areas and to the resident's personal spaces;

(b) A multipurpose room for dining, group and individual activities, and family visits that complies with the facility licensing requirements for common space;

(c) Comfortable seating;

(d) Safe corridors and passageways through the common areas that are free of objects that may cause falls; and

(e) Windows or skylights that are at least as large as 12 percent of the square footage of the common area.

~~(7)~~(8) A public address or intercom system is not required, however if one exists it must be used within the memory care community only for emergencies.

~~(8)~~(9) RESIDENT ROOMS.

(a) Residents may not be locked out of or inside of their rooms at any time.

(b) Residents must be encouraged to decorate and furnish their rooms with personal items and furnishings based on the resident's needs, preferences, and appropriateness.

(c) The memory care community must individually identify residents' rooms to assist residents in recognizing their room.

~~(9)~~(10) EXIT DOORS.

(a) Locking devices used on exit doors, as approved by the Building Codes Agency and Fire Marshal having jurisdiction over the memory care community, must be electronic and release when the following occurs:

(A) Upon activation of the fire alarm or sprinkler system;

(B) Power failure to the facility; or

(C) By activating a key button or key-pad located at exits for routine use by staff ~~for service~~.

(b) If the memory care community uses keypads to lock and unlock exits, then directions for the keypad code and their operation must be posted on the outside of the door to allow access to the unit. However,

if all of the community is endorsed, then directions for the operation of the locks need not be posted on the outside of the door.

(c) Memory care communities may not have entrance and exit doors that are closed with non-electronic keyed locks. A door with a keyed lock may not be placed between a resident and the exit.

(d) If the memory care community does not post the code, the community must develop a policy or a system that allows for visitor entry.

Stat. Auth.: ORS 410.070 & 443.886

Stats. Implemented: ORS 443.886

#### **411-057-0180 Exceptions**

Exceptions to these rules shall be reviewed by the ~~Department~~Division and processed in accordance with the licensing rules of the facility.

Stat. Auth.: ORS 410.070  ~~&~~ 443.886

Stats. Implemented: ORS 443.886

#### **411-057-0190 Complaints, Inspections, and Sanctions**

(1) COMPLAINTS AND INVESTIGATIONS. The ~~Department~~Division shall investigate complaints regarding an endorsed memory care community in accordance with the complaint and investigation procedures in the licensing rules of the facility. Complaints and investigations may include alleged violations of ORS ~~443.885 to~~ 443.886 or violations of these rules. When the ~~Department~~Division requests documents or records during an investigation, the licensee must make the information available to the investigator promptly for review and copying.

(2) INSPECTIONS. At the time of the memory care community's regular license renewal, the ~~Department~~Division shall inspect the memory care community to determine compliance with these rules.

(3) SANCTIONS. Sanctions for failure to comply with these rules may include the imposition of civil penalties, licensing conditions, suspension, denial, non-renewal, or revocation of the endorsement. Sanction involving

the endorsement shall be in accordance with the licensing rules of the facility type applicable to the type of sanction imposed.

(a) SUSPENSION. The DepartmentDivision may immediately suspend a memory care community's endorsement if the Division finds a serious threat to the public health and safety and sets forth specific reasons for such findings.

(b) DENIAL AND NON-RENEWAL OF ENDORSEMENT APPLICATION. The DepartmentDivision may deny or refuse to renew an endorsement under the following circumstances:

(A) Failure to demonstrate capacity as required in OAR 411-057-0120(5);

(B) Substantial failure to comply with DepartmentDivision rules;

(C) Failure to provide complete and accurate information on the application;

(D) When the State Fire Marshal or authorized representative certifies there is failure to comply with all applicable ordinances and rules pertaining to safety from fire; and

(E) Failure to implement a plan of correction or comply with a licensing or endorsement condition that ensures the safety and security of residents or fails to provide the required dementia care programming to residents living within the memory care community.

(c) REVOCATION. The DepartmentDivision may issue a notice of revocation of endorsement upon finding that there is substantial failure to comply with these rules such that the health, safety, or welfare of residents is jeopardized, or any substantial failure to comply with one or more of these rules.

(4) The licensee is entitled to a hearing in accordance with the provisions of ORS chapter 183 when the DepartmentDivision takes enforcement action on the endorsement of a memory care community.

| Stat. Auth.: ORS 410.070, ~~&~~ 443.886  
Stats. Implemented: ORS 443.886

**Training Requirements for Memory Care Communities**

**Table 1**

*(Adopted 11/1/2010)*

	<b>All Caregiving Staff</b>	<b>All Other Staff</b>
	<b>Must meet licensing training requirements for direct caregiving staff.</b>	<b>Must meet licensing training requirements for other staff.</b>
	<b>Memory Care Training Requirements for Direct Caregiving Staff</b>	<b>Memory Care Training Requirements for Other Staff</b>
<b>Pre-Service Training Requirements</b>	<p>(1) The memory care community's philosophy that reflects a person-directed approach that is related to the care of residents with dementia;</p> <p>(2) A description of the most common types of dementias and descriptions of disease process;</p> <p>(3) The need for careful diagnosis and available treatments;</p> <p>(4) The memory care community's policy and procedure on preventing elopement and procedures to follow in the event a resident elopes from the memory care community;</p> <p>(5) Environmental supports (e.g. staff interactions, lighting, room temperature, noise, etc.); and</p> <p>(6) Common behaviors and recommended interventions including:</p> <ul style="list-style-type: none"> <li>(a) Communication techniques that facilitate better resident-staff relations;</li> <li>(b) Approaches to implement with residents who have aggressive behavior, catastrophic reactions, and socially challenging behaviors; and</li> <li>(c) Providing personal care to an individual with dementia.</li> </ul>	<p>(1) The memory care community's philosophy that reflects a person-directed approach that is related to the care of residents with dementia;</p> <p>(2) A description of the most common types of dementias and descriptions of disease process;</p> <p>(3) The need for careful diagnosis and available treatments;</p> <p>(4) The memory care community's policy and procedure on preventing elopement and procedures to follow in the event a resident elopes from the memory care community;</p> <p>(5) Environmental supports (e.g. staff interactions, lighting, room temperature, noise, etc.); and</p> <p>(6) Common behaviors and recommended interventions including:</p> <ul style="list-style-type: none"> <li>(a) Communication techniques that facilitate better resident-staff relations; and</li> <li>(b) Approaches to implement with residents who have aggressive behavior, catastrophic reactions, and socially challenging behaviors.</li> </ul>

<p><b>Required Training Within 30 Days of Hire</b></p>	<p>(1) Integrating leisure activities into the daily life of the resident;  (2) How to evaluate behavior and what behaviors mean by observing, collecting information, and reporting behaviors that require on-going monitoring and possible assessment;  (3) Family support and the role family may have in the care of the resident; and  (4) Use of supportive devices with restraining qualities in memory care communities.</p>	<p>(1) Integrating leisure activities into the daily life of the resident;  (2) How to evaluate behavior and what behaviors mean by observing, collecting information, and reporting behaviors that require on-going monitoring and possible assessment; and  (3) Family support and the role family may have in the care of the resident.</p>
<p><b>In-Service Training</b></p>	<p>All care giving staff must receive four hours of documented in-service training annually that pertains to the physical and emotional needs of residents with dementia. This is in addition to the licensing requirements for minimum in-service staffing. Training to address the behavioral or health care needs of specific residents that could be utilized with future residents may be counted.</p>	

**Light Levels for Memory Care Communities**  
**Minimum Maintained Average Luminance Measured in Foot-candles**  
**Table 21**

Areas	Ambient Light	Task Light
Exterior Entrance (Night)	10	NA
Interior Entry (Day – within the first 10 feet from door)	50	NA
Interior Entry (Night)	10	NA
Exit Stairways and Landings (Value Contrast on edge)	30	NA
Elevator Interiors	30	NA
Exterior Walking Surface (Night)	5	NA
Administrative Areas	30	50
Visiting Areas (Day)	30	NA
Visiting Areas (Night)	10	NA
Resident Bedroom/Apartment		
Entrance	30	NA
Wardrobe	30	NA
Living Room	30	75
Bedroom (Day)	30	75
Make-up/Shaving Vanity	30	60
Shower/Bathing Room	30	NA
Activity Areas	30	50
Chapel or Quiet Area	30	NA
Barber/Beautician (Day)	50	NA
Hallways (Day)	30	NA
Hallways (Night/Sleeping)	10	NA
Dining (Active Hours)	30	50 (On table surface)

Notes:

- Utilization of daylight is encouraged in entry ways to provide transition between outside and interior illumination levels. Areas commonly used by residents, i.e. dining, activity and living rooms should maximize use of daylight.
- Ambient light levels are minimum averages measured at 30 inches above the floor in a horizontal plane. Task light levels are absolute minimums taken on the work surface. In the Make-up/Shaving area the measurement is to be taken four feet above the finished floor.