Mission Statement: The 7th Step Foundation is men helping men to reduce recidivism through mental fitness and issues pertaining to criminal thinking, and transitional services. Our Mission is to provide information and resources to bring about change within the individual that will enable them to live a pro-social lifestyle.

Goals:
- To provide members with cognitive skill tools to change their lives for the better.
- To enable members to return to their communities with new insight, confidence and skills.
- To facilitate the value of giving back to the community through fundraisers. Such endeavors help one to heal and give back to their victims indirectly.

The 7th Step Foundation, OSP Chapter consist of approximately 150 members who meet monthly for events designed to promote behavior modification that will reduce recidivism and promote positive change in the member toward being productive members in society. 7th Step General Body Meetings include club members sharing experiences and thinking in order to “help others as they have been helped.” The club conducts fundraising events that support The HOME Youth Resource Center of Salem. The Victim’s Impact Meeting is an annual event with outside speakers that promotes empathy and awareness of the extent of impact from the victim’s point of view. The Community Impact Meeting involves discussions with University of Oregon students and club members to aid in the understanding of both groups. The Essay Presentation Meeting is an opportunity for outside support group(s) to give short talks to the club members regarding motivational topics. The Holiday Show is a musical event with interaction of the club and performances of outside group(s).