Capital Toastmasters Club

Toastmasters International is the world’s leading organization devoted to the improvement of individual communication and leadership skills. Capital Toastmasters is a Toastmasters International club whose mission is to provide a mutually supportive and positive learning environment in which every individual member has the opportunity to develop oral communication and leadership skills, which in turn foster self-confidence and personal growth.

Our members consist of men at the Oregon State Penitentiary, as well as people from the community. We are one of the most active Toastmasters clubs in this area and welcome involvement from community members. Such participation is beneficial to both parties as we all come together and learn together and from one another. Toastmasters is about people helping people, regardless of where they live.

In our club, we work towards attaining our mission through a variety of tasks such as: prepared public speaking, impromptu speaking, leadership projects, college debates, speech contests, educational classes, college debate classes, small group meetings, large group meetings, committee work, and mentoring new members to build personal connections. All of these things help in preparation for re-entry to society as we build personal confidence and break patterns of negative behavior.

If you would like to learn more about our club or would like to schedule a visit, you may reach us at (503) 378-2289 through our staff advisor and we will get back to you.