

Coffee Talk

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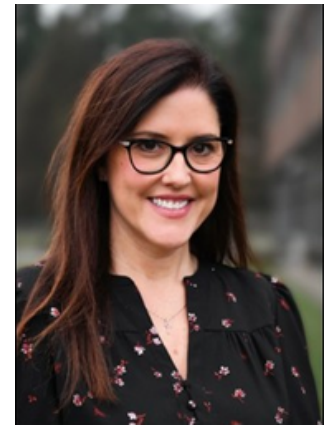
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Superintendent Thrasher's Priorities for Coffee Creek

Dear Coffee Creek Residents,

I am writing to share my priorities, as Superintendent, for Coffee Creek. First and foremost, my top priority for Coffee Creek is the safety for **all** in our shared environment. As part of ensuring a safe environment for all, Coffee Creek will continue to implement trauma Informed & gender responsive practices, which includes things like new training for staff, providing women's cut clothing, and updating canteen offering with menopause/female supplements. It also means that we at Coffee Creek will be upholding professionalism at all levels and making decisions through the lens of humanity.



Creating opportunities that meet the needs of women residing at Coffee Creek is also a priority of mine. And as part of that, I will ensure that Coffee Creek is providing meaningful programming opportunities, and re-entry support, such as the overhaul of the release planning class and having release backpacks with clothing and hygiene kits available to releasing women. We will also be investing in staff training and development by implementing evidence-based training and best practices to effectively work with women in carceral settings.

With all of these priorities working together, it will ensure that Coffee Creek maintains a clean, professional, and safe facility for all those who enter it.

Sincerely,
Superintendent Thrasher



October is Breast Cancer Awareness Month



Breast Self-Examination

You Should Examine Your Breasts Because:

95% of breast lumps treated by doctors are found by women themselves. Most women with breast cancer are cured if they are treated early. Most breast lumps are not cancerous.

What to Look for:

- Changes in size or shape of your breasts or the position of your nipples.
- Inward puckering of the skin or nipple.
- Sores or scaling on the nipple or areola (The darker skin around the nipple.)
- Redness of skin.
- Enlargement of skin pores.

How to Look for Changes:

Begin the exam in front of a mirror with your arms relaxed at your side or on your lap and look for the changes described above. Next, hold your arms straight over your head and repeat your inspection. Put your hands on your waist and push firmly inward. Look once more for any changes. Gently squeeze the nipple of each breast and look for discharge.

What to Feel for:

- Any changes from previous exams.
- Any lump or thickening.

How to Feel for Changes:

Lie down and with flat of your fingers, feel for lumps, left hand on right breast, then right hand on left breast. Move fingers around breast as if it were a face of a clock. Be sure to cover the entire breast from the outer edges to the nipple. "Walk" fingers thoroughly in concentric circles, then squeeze under nipple. Look for a lump or a knot that was not there before; quite hard, perhaps the size of a nickel or larger and the feel of your knuckle; Be sure to cover the entire breast. If any changes are noted, call your doctor.

When to do the Exam:

- Do the exam on the day your menstrual period ends.
- If you have reached menopause, examine your breasts on the same day each month, such as the first, fifteenth, or a day you'll remember.
- If you are pregnant, examine your breasts on the same day each month.
- If you have had a hysterectomy and have monthly breast changes, (swelling or tenderness) examine your breasts on the day these changes disappear.
- If you no longer have monthly breast changes, examine your breasts on the same day of each month.
- Have your self-examination techniques checked by your doctor or other health professional.
- Be sure to continue to have regular check-ups with your physician.

Mammogram Screenings at Coffee Creak

The Mammogram Van currently comes to the Medium Facility once a month and goes to the Minimum Facility Bi-Monthly.

It is recommended that all females receive yearly mammograms beginning at the age of 40 years old.

If you would like to participate in mammogram screenings, please kyte your provider. They will submit your request for a mammogram.

There is currently a wait for appointments, so patience is greatly appreciated.

Menstruation: The Basics

Menstruation is a natural process in which the lining of the uterus (endometrium) is shed if pregnancy does not occur. This shedding results in vaginal bleeding, commonly known as a period.

There are three main menstrual milestones.

Most girls get their first period between the ages of 12 and 13, although there is a wide range of normal variation. Several factors, including socioeconomic conditions, nutrition, chronic stress, and body mass index, can influence the age when menstruation begins. Early on, cycles tend to be irregular, lasting from two to seven days and occurring anywhere from 20 to 45 days apart. Cramps and general feelings of unwellness tend to be more pronounced in young, newly menstruating women.

As the young woman matures, periods tend to become more regular and routine. While 28 days is often cited as the average, cycles can vary significantly from person to person and even for the same person from month to month.

Pregnancy generally stops uterine bleeding and menstruation, usually the first symptom of pregnancy. After childbirth, women can begin to resume cycles anywhere from two to 12 weeks postpartum, with most resuming around six weeks.

For two to three weeks after delivery, postpartum women often experience heavy



bleeding called lochia, which is composed of blood and uterine tissue. During lochia women may soak one thick maxi pad every two to three hours, and the first few periods after pregnancy will be heavier and may contain more clots. Postpartum people need increased access to menstrual products, predominately pads as nothing should be inserted vaginally for six weeks.

Menopause is when women stop having periods, generally occurring around 50 years of age. The years preceding menopause are known as perimenopause.

During perimenopause, menstrual cycles may become lighter or heavier, and the time between periods may become longer or shorter. There may also be vaginal changes including dryness and increased risk of infections and urinary tract changes leading to increased risk of infections and urgency/incontinence. Menopause is officially diagnosed after 12 months without a period.

Breast Friends – “Know Your Lemons” educational class coming to CCCF.

Starting in October, Breast Friends will be offering a learning opportunity known as “Know Your Lemons”. The Know Your Lemons foundation focuses on early detection of breast cancer through creative and empowering education, using a lemon motif to illustrate the 12 signs of breast cancer and overcoming barriers of fear, taboo, and low literacy. Please join Health Services and the Breast Friends’ volunteers for this educational opportunity. Classes will be run monthly and there will be a limit of 10 AICs per class giving everyone the best learning environment possible. Health Services will place a sign-up sheet this month on your unit and will schedule AIC’s 10 at a time to attend.

Look for the sign-up sheet coming soon on your unit cork boards. Take advantage of this wonderful learning opportunity.



Preventative Health Care Screening Appointments

DOC Medical Services is interested in partnering with you to promote healthy behaviors and ensure you are as healthy as possible.

If you are interested in discussing your health risk factors and ways you can maintain and improve your health, please send an AIC Health Communication to Medical Services and request a “preventative health care screening” appointment.”

New Hygiene Products Issued by Clothing Room

Meridian Glo Shampoo and Lady Speed Stick deodorant are replacing the old Fresh Scent deodorant and shampoo. They will be issued to AICs as needed by the Clothing Room.



Medium Housing Unit Rotation & Early Callout Requests

Official Notice to All Medium Housing Units

Effective Sunday, September 15, 2025, CCCF will begin a weekly housing unit rotation for all medium housing units.

The current rotation order is:
K, J, C, D, G, H

On Sunday, September 15th the rotation will be:
J, C, D, G, H, K

As part of this process, J and K Units will rotate in the same manner as all other housing units and will remain part of the ongoing rotation moving forward.

With this change, we anticipate an increase in requests from AICs to be placed on early callout for meals and med lines. Please note that **all requests for early callout must be reviewed by Captain Donald's office before any changes are made.**

Thank you for your attention and cooperation.

Coffee Creek Peer Support Services are Up and Running!

Coffee Creek Peer Support Services are up and running on both the medium and minimum sides. There are two types of peer services that are currently offered, Peer Recovery Mentors (PRM) and Peer Wellness Specialists (PWS).

The Peer Recovery Mentors provide individual and group services with a focus on addiction recovery. They are an integral part of the substance use disorder (SUD) and Alternative Incarceration (AIP) treatment programs, providing scheduled services to clients engaged in drug and alcohol treatment. While able to provide support outside of scheduled appointments, most of their work takes place on a scheduled callout. The Peer Recovery Mentors undergo a 40-hour Mental Health and Addiction Certification Board of Oregon (MHACBO) approved training that will allow them to register as Certified Recovery Mentors after they release. They undergo weekly clinical supervision and are overseen by Crystal Still on both the medium and minimum sides.

The Peer Wellness Specialists (PWS) provide individual support and group services with a focus on mental health. They offer on-call emotional support, in addition to scheduled individual and group skills training opportunities. Peer Wellness Specialists augment the mental healthcare provided by Behavior Health Services and offer an additional avenue for folks to speak with a trained helper. Peer Wellness Specialist undergo a 40-hour Intentional Peer Support certification that enables them to register as a Peer Support Specialist under the Oregon Traditional Health Worker following release to the community. They undergo three hours of clinical supervision a month and are over seen by Arma Ybarra on the minimum side and Tyler Gates in medium.

Both groups of Peer Support undergo an 8-hour Mental Health First aid training. This introductory training covers common warning signs of decompensation and when to contact a professional behavioral health support person.

Peer Support Services cont.

The Peer Wellness Specialist and Peer Recovery Mentor positions are designed to offer supplemental emotional support before a crisis occurs. Once an event has escalated to the point that the individual may harm themselves or others, Behavioral Health Services should be contacted to provide assessment, risk mitigation, and behavioral health treatment.

Join Us in Revamping the Coffee Talk!



As you know, the Coffee Talk has been our AIC newsletter for many years. We are currently in the process of revamping this publication to better serve AICs. The new format will feature content relevant to everyone in our shared environment, helping us all stay more connected and informed.

We invite both staff and AICs to be part of this transition. We'd love to hear your thoughts, ideas, and how you can contribute. Whether you have skills in graphic design, writing, or other talents, we want to involve staff and AICs of all skillsets to make this change a success.

If you are interested, please send a kyte to Amber Knight or Polly Rowland. We are happy to answer any questions, and we look forward to sharing a new and improved newsletter with you soon!

From the Superintendent's Office:

Please be advised that the Office of the Inspector General (OIG) will begin assigning Inspectors to be on site at DOC facilities as part of the agency's drug interdiction efforts. They will be on site as needed to conduct drug-related investigations and you may see the Inspectors moving throughout the facility. Additionally, there will periodically be K9 dog handlers on site.

This initiative is a critical part of maintaining a safe and secure environment for all.

My Success Story by Bobbi Fleetwood

My name is Bobbi Fleetwood a most recent AIC at Coffee Creek facility. I came into the facility with a mindset of turning my life around as I sat in county for a year leading up to the point of my change of mind. I kept my head down and worked on myself from the inside out. Figuring out what is most important to me was a gainful career to support myself and my family as well as having and keeping my family. I was extremely fortunate to get hired on as a HVAC assistant in the facility where I have learned the components of the systems as well as parts and explored many other potential jobs such as electrical, plumbing, mechanical, brazing, soldering, your name it I got the opportunity. Because of this opportunity I am now a full-time sheet metal apprentice. I assemble ducting, press sheet metal for the purpose of interlocking assembly. There's no limit to the things you can do in the institution. You just have to want it and put yourself out there. I believe in you all.

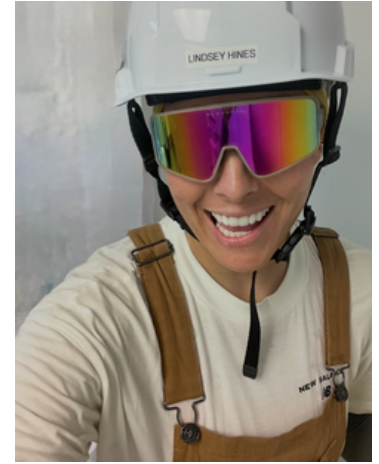
So, I started Sept. 15th for sheet metal apprenticeship. Third day in and I'm killing it. My supervisor told me that him and another long timer are so impressed with my work ethic. I get things done in a quick minute. Told what to do once or so. I've pressed all kinds of folds into the metal. I'm doing so well. Really, I appreciate you all. You really built my confidence with all the motivation and patience. I truly appreciate it.



Update on U-PACT Grad

Lyndsy Hines (ironworker) has been working at Intel for about a month; the contractor she's working for wants to keep her on as part of the permanent crew.

This is just one of the heartwarming stories we want to share with you about the U-PACT graduates.



A Kind Word...

No concerns; I assume if you can receive a bad review certainly you can receive a good one. My Grandfather was a retired Police Officer (R.I.P.). Point being I have appreciation for the level of operation and standard in which set in your facility. The food is exceptional, the staff starting from processing to housing has been helpfull, respectfull and polite. Every portion of the facility I've passed through has been surprisingly clean considering how many man children you house. it has made an already difficult situation much mre tolerable. Let this fall into the applicable hands of your supervisor and serve it's purpose in time.

-Thank you



DOC Higher Education Staff at CCCF/M

Mindi Ferguson

Program Analyst for Higher Education

mindis.ferguson@doc.oregon.gov

Home base is a cubicle in CRU

Mindi is responsible for facilitating the higher education programs within Coffee Creek. Mindi can answer most of your questions about higher education at Coffee Creek and, if she can't, she'll redirect your question to someone who can answer it or let you know that it's not something she can help you with.

AJ Batterson

Administrative Specialist for Higher Education

andrew.j.batterson@doc.oregon.gov

Home base is a cubicle in CRU

AJ supports higher education through clerical support, supervising college computer labs, and troubleshooting student laptop issues, among other things.

What are Mindi and AJ responsible for?

College Classroom & Event Reservations

College Class & Event Callouts

Supervising College Computer Lab & Schedules (Friday/Saturday)

Communicating info about Higher Education to other departments within DOC/CCCF

Liaising on behalf of DOC and AICs with College Staff & Instructors

Assisting with FAFSA applications for PSU students

Supervising College Laptops & Supplies

Supervising College Clerks & Tutors

Problem-solving related to for-credit classes by PCC or PSU

Supervising JK13 (College Classroom/Study Hall)

Tracie Hightower, HQ

Administrator of Education & Training

tracie.hightower@doc.oregon.gov

Tracie is Mindi's and AJ's supervisor and oversees all AIC-facing education & training programs for Oregon Dept. of Corrections.

Mindi and AJ are not responsible for the programs listed below. Those programs are provided by the PCC Contractors listed below.

- Adult Basic Education & GED Education/Testing
- PCC Hair Design/Cosmetology
- PCC Paraoptometrics/Eyeglass
- Computer Labs Monday through Thursday
- GED Tutors/Clerks
- Kevin Bradley, Education Director
- Kurtis Demski, Education Coordinator
- Tammy Kennedy, Cosmetology Coordinator
- Shannon Miller, Eyeglass Program Coordinator
- Dan Wells, Medium Computer Lab (JK02) & ABE/GED Tutor Coordinator
- Nathan Burgess, Minimum Computer Lab (D21) & ABE/GED Tutor Coordinator
- Andrew Mathe, ABE/GED Teacher Minimum
- Elise McLain, ABE/GED Teacher Medium
- Ibrahim Yansaneh, Testing Lead
- Christy Zeringue, Education Specialist

SUSTAINABILITY NEWS: Butterfly Lab, Plantago Yard, and Sagebrush crews

We regret to share that the Institute for Applied Ecology will no longer be able to support the important work of the Taylor's Checkerspot Butterfly Lab, Plantago Yard, and Sagebrush crews at Coffee Creek. Their funding from the U.S. Fish and Wildlife Service has been pulled—part of a larger cut totaling over \$10 million in funding across several years.

We extend our sincere thanks to the dedicated women who have contributed to these programs over the years. Their passion and hard work made these conservation efforts possible. Their contributions have been nothing short of



Butterfly Crew - 2020

extraordinary, and we are deeply grateful for all they have done.

The Viola Crew will continue their work through the end of this year as their funding comes from the Oregon Zoo.

From the Administrative Rules Program:

Below is the list of status changes made to DOC administrative rules since 2/4/2024.

PROPOSED RULES:

291-070 Records Management (Adult in Custody and Adult on Supervision)

- Amends rule to update the term "offender" to "adult in custody"; clarify these rules; to update for consistency within these rules and other department rules; and align definitions with those adopted by the department as standard.
- Comments must be received by the Rules Office before: 9/19/25 12:00pm (noon)

291-131 Mail (AIC)

- Amends rule to permanently adopt the temporary changes effective 7/3/25; and to clarify rules relating to legal mail and official mail.
- Virtual Public Hearing: 8/26/25 at 1:00pm
- Comments must be received by the Rules Office before: 9/19/25 12:00pm (noon)

291-141 General Library Services (AIC)

- Amends rule to ensure a clear distinction is made between general library services and legal library services; align with current practices; replace the term "inmate" with "adult in custody"; clarify the rules or further define process; add or update definitions; improve consistency within these rules and with other department rules; and reorganize the rules for ease of understanding and to combine like topics.
- Comments must be received by the Rules Office before: 9/19/25 12:00pm (noon)

TEMPORARY RULES:

291-037 Release of Public Records – Request for Department Public Records

- Amends rule to update process for non-AICs requesting public records from the department to include a new online public records portal linked on the existing DOC website, and the process for submitting

written requests in person; update process for AICs to submit requests for public records from the department; provide requirements and guidance on information to include in a request for public records; and clarify what the process is when a request for public records is submitted to the wrong unit.

- Effective: 7/16/25 through 1/2/26

291-131 Mail (AIC)

- Amends rule to (1) remove the "20-pound" weight restriction on envelopes and move to a "standard weight" restriction; (2) clarify the definitions and dispositions of mail that is refused and mail that is rejected; (3) clarify that business cards are unauthorized enclosures and that certain kinds of writing materials are not allowed; and (4) clarify that legal mail and official mail may include a single, postage-paid return envelope that meets the Division 131 rules' criteria, to facilitate return mail in legal and official matters and to bring the department's rules in line with its practices.
- Effective: 7/3/25 through 12/29/25

PERMANENT RULES:

291-157 Release Funds

- Amends rule to remove the set amount for release funds and discontinue the accompanying obsolete process. Other revisions clarified rules; made minor grammatical changes or changes to titles; updated statutory citations; changed the term "inmate" to "adult in custody"; removed gendered language; updated, added, or clarified definitions; and updated and further defined process.
- Effective: 7/3/25

Health Services: Hiring ADL Workers for the Infirmary

Are you looking for a new position? Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible? CCCF is currently accepting applications for ADL Assistants. Activities of daily living (ADLs) are day to day activities like walking or pushing a wheelchair, bathing, dressing, feeding, and toileting that some AICs may not be able to do on their own and may require assistance.

In order to be considered for this position you must be housed in the **MEDIUM FACILITY**, have **6 months** clear **conduct, completed required kitchen time**, and have no program failures in the last 6 months. You must also have at least 6 months remaining on your sentence and be physically able to lift with no medical restrictions. We are looking for individuals who communicate well with others, are patient, and respect the need for confidentiality. If you are interested in an ADL Assistant position, pick up and complete a work application on your unit. Address your completed application to **Health Services Nurse Manager** and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by Institution Work Programs (IWP). Applicants who meet the minimum qualifications may be scheduled for an interview. Thanks for your interest.

Clinic Orderly Position From: Health Services (Medium)

Are you looking for a new job?
Are you a hard-working individual?
Do you like to clean?
Are you respectful and responsible?
Are you looking for a way to help improve the Health Services environment?

CCCF is currently accepting applications for the Clinic Orderly position in Medium Health Services.

To be considered for this position you must:

- Be housed in the Medium facility
- Completed Kitchen requirements
- Have 6 months clear conduct and no program failures in the last 6 months
- Must have at least one year remaining of your sentence
- Have no medical restrictions.

We are looking for individuals who communicate well with others, are self-motivated, detail oriented, complete tasks thoroughly and take pride in their work. If you are interested in the Clinic Orderly position, pick up and complete an AIC Work Application on your unit. Address your completed application to Health Services-Nurse Manager and submit by placing in the Health Services kyte box on your unit. Applications received will be screened by AIC Work Programs (IWP). Applicants who meet the minimum qualifications will be scheduled and called out for an interview. Thanks for your interest.

Dual Diagnosis Anonymous Meetings Now In Minimum!

Dual Diagnosis Anonymous (DDA) is a peer support group for persons with mental health and/or addictions challenges. DDA is based on an authorized, customized version of the Twelve Steps of Alcoholics Anonymous (AA) plus an additional Five Steps that focus on mental health and wellness. DDA's worldwide 12 Steps plus Five program offers the promise of hope and recovery. DDA meetings will help provide a foundation of recovery that can continue to be built upon in the community through online and in-person meetings around the state.

Anyone wishing to attend can send a kyte to Julie Turner to be considered for attendance.



Join Our Medical Assistance Aid Team

Are you a kind, caring, compassionate person? Are you looking for a way to help others and give back? Are you respectful and responsible? CCCF Health Services is currently accepting applications for Medical Assistance Aids (MAA). MAA's with the direction from the unit officer, may assist people in wheelchairs getting to their callouts, med-lines, canteen lines, and help those on the unit who need assistance in getting a meal tray to the unit. Additionally, you might help assist others with day-to-day activities like cell sanitation and laundry.

MINIMUM QUALIFICATIONS:

- Must have 6 months clear conduct with no program failures in the last 6 months.
- Must have completed kitchen time requirements.
- At least one year remaining on sentence.
- Must have the ability to be patient/tolerant/respectful of others.
- Must keep all information confidential.
- Must establish good healthy boundaries in a respectful manner.
- Must have the ability to communicate well with others.

Please fill out an application and drop in the Health Services kyte box addressed to Nurse Hyde. Interviews will be scheduled once a background screening has been completed.

Grievance and Discrimination Complaint Office Hours

In response to the GIPA, we are identifying ways to provide additional supports to AICs surrounding the Grievance and Discrimination Complaint processes. Until AIC Town Halls are resumed, we will be holding monthly Grievance Office Hours in both the medium and the minimum facilities. The purpose of these office hours is to provide an opportunity for AICs to meet privately with the Diversity Coordinator, Lisa Arrington, and her supervisor, Amber Knight, to address any questions or concerns you have related to filing grievances or discrimination complaints.

Grievance Office Hours will be held on the **first Tuesday** of each month, beginning October 7:

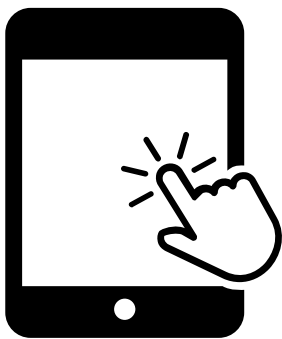
* Medium: 8:00 – 9:00 AM in M111

* Minimum: 9:30 – 10:30 AM in D03

To assist as many AICs as possible, please come prepared with your specific question, as time with each AIC will be limited. Please note that staff will not be assisting with writing or completing grievances—these are informational sessions only.

If you wish to be placed on a call-out to attend Grievance Office Hours for October, please send a kyte to Claudia Bethel **no later than October 1.**

Just so you know...



Now that the Coffee Talk has gone 100% digital on the tablets, if for some reason you would like/need a paper copy. Simply kyte Lifeskills and request one.

Black and white only please.



KPTV covers the Puppy Program's Matriculation Ceremony.

Service dogs reunited with Coffee Creek inmates who helped raise them



Inmates at Coffee Creek Correctional Facility in Wilsonville who helped raise service dogs got to see the dogs with their new owners on Thursday.

On Sept 25th Coffee Creek celebrated 20 women and 17 dogs involved in the Puppy Program's Matriculation Ceremony. The puppies spend their first 18 months with the women, known as puppy handlers, being trained and cared for. The matriculation ceremony offered the women a chance to see the dogs with their new owners.



The program was started in 1995 by Canine Companions, and the puppy handlers teach the dogs 30 different skills. Once the dogs have completed their 18 months of training with the puppy handlers, they move to a California training center to complete their training and become certified service dogs.



Photos courtesy of Chris Kittredge of Canine Companions.

A Successful StrongHER Day Event at CCCF



The Side Door Foundation and motivational coach, Brett Hollins presented a two-day wellness event on Sept. 17th and 18th, which focused on the roles health and fitness plays in the rehabilitation process and aims to connect, uplift, and empower incarcerated individuals through fitness, mindset work, and community driven events.

The event offers a chance for AICs to reflect, refocus, and grow. The session combined personal development tools, authentic conversation, and powerful mindset strategies to help participants take ownership of their journey and tap into their potential. Day two was all about music, motion, and community. It featured an energetic Zumba session for all participants, led in the spirit of fun, encouragement, and shared effort.

The event was held in the Medium Visiting Room and was a great success. 50 AICs participated, from both Minimum and Medium.



PREA Information

PREA Reporting - Tablets

Effective February 5, 2024, AICs may submit reports of sexual abuse or sexual harassment on the tablet. While this is a *confidential* reporting mechanism, it is not *anonymous*. AICs who wish to remain anonymous have the option of contacting the Governor's Office and requesting to have personally identifying information redacted. All reports received via this mechanism will only be viewed by the HQ PREA Team, in the Office of the Inspector General. Reports will be assessed by this office and will be referred to the appropriate investigative entity. The fastest way to get help is to report directly to a staff member at your facility; reports received via this form will only be reviewed during business hours.

To access the form, log into the tablet and go to the free side. Open the **Requests** application and select **Others**. Fill out the **PREA form** and push **Send**. A pop-up message will appear with the completed request. Push **Send Request**. Push **Okay** when the confirmation notification appears.

It is important to remember that if you log into the tablet and allow another person to use the tablet, or allow them to use your PIN, they will be able to view any forms you have submitted. Please protect your confidentiality and do not allow others to use your PIN.

PREA vs. Non-Assaultive Sexual Activity

We have received a lot of questions regarding the difference between a PREA allegation, and an allegation of non-assaultive sexual activity.

Non-assaultive sexual activity is a consensual sexual act that takes place between two or more AICs. Because consent can be complicated in a correctional setting, we require an initial triage to determine if it is consensual.

AIC-AIC sexual abuse includes sexual contact in which the victim does not consent, is coerced into such act by overt or implied threats of violence or is unable to consent or refuse.

Non-assaultive sexual activity occurs when AICs are engaging in sexual activity without violence, threats of violence, coercion, or the use of a weapon.

When two AICs are suspected of engaging in sexual activity, it is important that they are questioned separately to determine if the activity was consensual. If both AICs state the sexual activity is consensual, it is a rule violation and not a PREA allegation, and both parties may be held accountable.

Confidentiality During a PREA Allegation

It is expected that staff make every effort to keep PREA related allegations as confidential as possible. Staff are expected to not discuss this information unless there is a legitimate need to do so, such as if they are directly involved in the investigation or ensuring safety of an AIC. If there are suspected confidentiality violations, please ensure you notify the PREA Compliance Manager, Meghan Leddy, or you may also report it through the PREA reporting option on the tablet, or on the AIC phone system. AICs can also assist in keeping information confidential by not gossiping about suspected allegations.

PREA Information cont.

Victim Advocacy

Every AIC at CCCF has the right to have a community-based (non-DOC) victim advocate be present to provide emotional support during any investigative interview and may contact an advocate, even if they don't wish to report a PREA allegation. Any AIC at CCCF who has experienced sexual abuse may reach a community-based advocate at the Center for Hope and Safety by making a language selection, entering your AIC PIN, then pressing 0*711. AICs may, also, request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information, and emotional support. Phone calls to advocates are free and they are not monitored or recorded.

Opposite Gender Announcements

As part of the PREA standards, staff must announce their presence when they enter a housing unit where there are AICs of the opposite gender as themselves. This must be done any time the status quo of the gender supervision on a housing unit changes (if there is already an opposite gender staff on the unit, then there is not a need to re-announce). Opposite gender announcements are done utilizing a doorbell system. When you hear the doorbell, opposite gender staff will be entering the housing unit.

It is also important you undress in the appropriate locations. There are cameras throughout the facility so the designated changing/bathroom areas are the only areas you should be without undergarments.

AIC Newsletter Article – 2022

Prison Rape Elimination Act (PREA Information)

The Oregon Department of Corrections (ODOC) has a zero tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an AIC communication, through the grievance system, by calling the PREA hotline by making a language selection, then dialing 91 from any AIC phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

Governor's Constituent Services Office
900 Court Street NE, Suite 254
Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

Opposite Gender Viewing/Announcements

Opposite gender staff announcement themselves when entering a housing unit by ringing a bell. This must be done any time the status quo of the gender supervision on a housing unit changes (if there is already an opposite gender staff on the unit then there is not needed to re-announce). When you hear the doorbell, opposite gender staff will be entering the housing unit so please make sure you are covered up appropriately.

It is also important you undress in the appropriate locations. If you are located in a bunk area, there are cameras throughout the facility so the designated changing/bathroom areas are the only areas you should be without undergarments. Opposite gender viewing may happen incidentally when staff are conducting routine cell checks. You can minimize this by keeping aware of the gender of supervision in your housing unit and ensuring you cover up when possible.



Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to AICs.

AICs at ODOC who have experienced sexual abuse may reach a community-based advocate by making a language selection, entering your AIC PIN, then press 0*711 AIC telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail. All advocacy calls are not monitored or recorded.

Advocates provide confidential support and crisis intervention, inform you about the investigation and medical examination process, educate you about healing from sexual abuse and offer resources and referrals

Advocates will not tell you what to do, communicate with the institution unless you request them to do so and sign a release and will not provide legal advice.

Community-based advocacy centers provide sexual abuse support to people of all genders.

Community-based advocates will not report unless you request them to do so and if you sign a release of information.

Just Detention International Headquarters is a national advocacy resource and can be reached at:
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

E. Sage, PREA Coordinator
Oregon Department of Corrections
3601 State Street
Salem, Oregon 97301

Visualización/Anuncios de género opuesto

El personal del género opuesto se anunciará cuando ingresa a una unidad de vivienda, tocando un timbre. Esto debe hacerse cada vez que cambie el statu quo de la supervisión de género en una unidad de vivienda (si ya hay un miembro del personal del sexo opuesto en la unidad, entonces no es necesario volver a anunciar). Cuando escuche el timbre, el personal del sexo opuesto estará ingresando a la unidad de vivienda, así que asegúrese de estar cubierto adecuadamente.

También es importante que se desnude en los lugares apropiados. Si se encuentra en un área de literas, hay cámaras en toda la instalación. Existen áreas designadas para cambiarse, el baño es la única área en la que puede estar sin ropa interior. La visualización de sexo opuesto puede ocurrir incidentalmente cuando el personal realiza controles de celda de rutina. Puede minimizar esto siendo consciente del género de la supervisión en su unidad de vivienda y asegurándose de cubrirse cuando sea posible.



Programa de defensa (apoyo) basado en la comunidad PREA

ODOC se ha asociado con defensores confidenciales basados en la comunidad de víctimas de abuso sexual para brindar servicios a los AIC.

Los AIC en ODOC que han pasado por abuso sexual pueden comunicarse con un defensor comunitario seleccionando un idioma, ingresando su PIN de AIC, luego presionando 0*711 sistemas telefónicos. También pueden solicitar una llamada privada a través del Gerente de Cumplimiento de PREA en la instalación. Los defensores brindan a las víctimas de abuso sexual información sobre sus opciones, recursos, y apoyo emocional. No hay ningún cargo por las llamadas a los defensores.

La línea de crisis de defensa basada en la comunidad es para personas que necesitan ayuda acerca de los problemas relacionados con el abuso sexual y no debe usarse para otros fines.

Las llamadas telefónicas y el correo con los centros de defensa basados en la comunidad se consideran comunicaciones privilegiadas y se manejarán de manera similar a las llamadas legales/correo oficial.

Todas las llamadas de defensa no son monitoreadas ni grabadas.

Los defensores brindan apoyo confidencial e intervención en crisis, le informaran sobre la investigación y el proceso del examen médico, lo educaran sobre cómo curarse del abuso sexual y ofrecen recursos y referencias.

Los defensores no le dirán qué hacer, no se comunicarán con la institución a menos de que usted les solicite que lo hagan y firmen un comunicado. No le brindarán asesoramiento legal.

Los centros de defensa basados en la comunidad brindaran apoyo en caso de abuso sexual a personas de todos los géneros. Los defensores comunitarios no informarán a nadie a menos de que usted les solicite que lo hagan y si usted firma una divulgación de información.

La sede internacional de Just Detención (Just Detention International Headquarters) es un recurso de defensa nacional y se puede contactar en:

3325 Wilshire Blvd., Suite 340

Los Angeles, CA 90010

Si tiene cualquier pregunta sobre PREA, puede preguntarle a un miembro del personal, escribir al Gerente de Cumplimiento de PREA en su institución, o puede escribir a:

E. Sage, PREA Coordinator

Oregon Department of Corrections

3601 State Street

Salem, Oregon 97301

Sudoku

Puzzle 1: Demanding

	3				8			
			5					
	8		7		2		9	
				6				8
6			9				2	5
						3	4	
9	4		6			7		
							1	
		5		1				

Puzzle 2: Very Challenging

				1		9		5
2		9						
3								
							3	
		2			4			
		5		8		6	7	
		8	5	4				9
	9				6		2	
	1			7				

Artículo Boletín AIC – 2022

Ley de Eliminación de Violaciones en Prisión (Información PREA)

El Departamento Correccional de Oregon (ODOC) tiene cero tolerancias para el abuso sexual, el acoso sexual, y las represalias por denunciar un incidente. Puede informar en persona a cualquier miembro personal a través de una comunicación de AIC (adulto bajo custodia) o a través del sistema de quejas. Puede llamar a la línea directa de PREA, seleccionar el idioma y luego marcar 91 de cualquier teléfono de AIC.

Presentación de un informe PREA anónimo

Si no está seguro de presentar una acusación ante PREA, puede presentar un informe anónimo con una agencia externa.

Puede escribir a:

Governor's Constituent Services Office
900 Court Street NE, Suite 254
Salem, Oregon 97301

Por favor indique al comienzo de su carta, que está presentando una denuncia ante PREA y quiere permanecer anónimo. La Oficina del Gobernador remitirá todas las denuncias anónimas al Coordinador de PREA para garantizar que se complete una investigación basada en la información proporcionada.

Sudoku Answer Key

3	2	5	8	1	7	4	6	9
8	6	7	4	2	9	5	1	3
9	4	1	6	5	3	7	8	2
1	9	8	2	7	5	3	4	6
6	7	3	9	8	4	1	2	5
4	5	2	3	6	1	9	7	8
5	8	4	7	3	2	6	9	1
2	1	9	5	4	6	8	3	7
7	3	6	1	9	8	2	5	4

Puzzle 1:
Demanding

6	1	3	9	7	2	8	5	4
5	9	4	8	3	6	1	2	7
7	2	8	5	4	1	3	6	9
4	3	5	1	8	9	6	7	2
1	7	2	3	6	4	5	9	8
9	8	6	7	2	5	4	3	1
3	5	1	4	9	7	2	8	6
2	4	9	6	5	8	7	1	3
8	6	7	2	1	3	9	4	5

Puzzle 2:
Very
Challenging