Agility, Balance, Dexterity and Physical Fitness
- Use hands or feet for self-defense or to maintain physical control.
- Demonstrate cardiovascular endurance (sudden onset, sustained, high-demand physical exertion for longer than three minutes).
- Maintain balance on narrow, uneven or elevated surfaces.
- Dodge or evade blows and thrown objects.

Auditory and Speech Perception
- Detect and understand speech in the presence of a wide range of environmental sounds, including high levels of ambient background noise.
- Understand speech through electronic devices (telephone, cell phone, etc.) in a wide range of conditions.
- Detect and understand faint auditory signals (whispers, transients [clicks, pops, impacts], air movement, etc.)

Awkward Positions (Stoop, Bend, Twist, Crawl, Kneel, Squat)
- Participate in area searches (walking, standing, kneeling, crawling, lifting, bending, etc.) looking for items or persons.
- Crawl over or under obstacles.

Climbing
- Climb through small openings such as windows.
- Climb over or under obstacles.
- Climb up to elevated surfaces with or without a ladder.

First Aid or Public Assistance
- Evacuate people from an area or building.
- Administer first aid, rescue breathing or CPR in a wide variety of environmental conditions.

Hands and Fingers
- Perform repetitive hand movements (typing, mouse, bar code scanning, etc.)

Jumping
- Jump up and down from an elevated surface.
- Jump over obstacles, such as ditches, holes, streams, hazards, etc.

Lifting and Carrying
- Carry or drag heavy objects such as a disabled person or equipment with or without assistance.
- Lift or move heavy objects (cases of beer, kegs, etc.) weighing more than 50 lbs. or more with or without assistance.

Motor Vehicle Operation
- Drive an agency vehicle while multi-tasking.
- Get in and out of a vehicle (from a standing position or seated position), rapidly at times.
- Drive an agency vehicle in a wide range of routine and emergency conditions.

Olfactory Perception
- Detect and identify faint or odd odors.

Pushing, Pulling, Dragging (with or without assistance)
- Push hard to move objects by hand, including resisting or unresisting persons, with or without assistance.

Restraining and Subduing (with or without assistance)
- Place resisting persons in a building or vehicle with assistance.
- Subdue a resisting or attacking persons by using defensive tools such as a baton, OC spray, etc. with assistance.
- Extract resisting persons from a building or a vehicle with assistance.
- Hold or restrain resisting persons with assistance.
- Mechanically restrain (handcuff) compliant or non-compliant persons with assistance.
- Subdue resisting or attacking persons by using defensive tactics techniques such as pressure points or holds, with assistance.
- Use whatever force is necessary to protect self or others from harm.

Sitting and Standing
- Stand continuously for extended times.
- Sit continuously (car, desk, etc.)
Stress Tolerance
• Cope with physical effects of acute emotional stress, such as fear, anger, etc. (self and family).
• Cope with physical effects of chronic cumulative emotional stress (self and family).
• Cope with the emotional and physical impact of being subjected to verbal threats of violence.
• Cope with the emotional and physical impact of shift work.
• Cope with emotional and physical impact of constant scrutiny and criticism (management, attorneys, judges, the public, etc.)
• Cope with the emotional and physical impact of constant exposure to personal legal liability.
• Cope with the emotional and physical impact of being exposed to hazardous substances (drugs, chemicals, infectious diseases, etc.)
• Maintaining a state of hypervigilance (highly concentrated mental and sensory attention) over a protracted period of time.
• Cope with the emotional and physical results of being exposed to bodily fluids.

Training
• Participate and display proficiency in required training such as self-defense, the use of Oleoresin Capsicum (OC), verbal judo, first-aid, rescue breathing and CPR.

Visual Perception
• Visually detect and identify images, facial features, body features and movement of persons and objects in varying light conditions.
• Accurately determine a full-range of colors (clothing, substances, skin tones, etc.) in varying light conditions.
• Possess three-dimensional vision, sufficient for clear depth perception, image placement and location sufficient for complex visual tasks (driving a vehicle in emergency conditions, pursuit of persons over complex surfaces in unpredictable conditions, stairs, steps, obstacles, weapons use, etc.)
• Visually detect and identify transitory and subtle changes in body language (pupil constriction or dilation, skin color, respiration changes, etc.)

Walking and Running
• Walk continuously for extended times
• Walk over extremely overcrowded locations.
• Walk or move backwards.
• Run on a flat surface.
• Walk or run up or down stairs.
• Walk or run on irregular, potentially hazardous surfaces (slick, muddy, rocks, etc.)
• Run for long distances (greater than 300 yards).
• Run to assist another.
• Walk or run up or down stairs while carrying heavy objects