The Department of Public Safety Standards and Training (DPSST) has implemented Safety and Health Protocols as a result of the current COVID-19 pandemic situation. These protocols have been informed by Center for Disease Control and Prevention (CDC) guidelines in an effort to help protect the students and staff on the Oregon Public Safety Academy (OPSA) campus.

The purpose of this document is to communicate those protocols and to convey expectations of all persons involved in the delivery of this training. Adjustments to any or all of these plans or protocols will be made as necessary in order to comply with new or updated guidelines issued by the CDC, State of Oregon, or as deemed necessary by the DPSST.

**IMPORTANT NOTE:** While the implementation of the additional safety and health protocols explained in this document will help mitigate the risk of spreading or contracting the COVID-19 virus, the DPSST cannot eliminate the risks associated with COVID-19 completely. All students and staff retain personal responsibility for their individual health and safety. Any individual who feels unsafe or ill at any time during the delivery of this training, or any event associated with the delivery of this training is required to immediately notify a DPSST staff member and cease engagement in any or all activities.

### Section 1 - CDC Guidance:

The DPSST adopts the Center for Disease Control and Prevention (CDC) guidance on how to protect oneself and others from the COVID-19 virus.

This guidance includes:
- Knowing how the virus spreads
- Frequent hand washing/sanitation
- Avoiding touching one’s eyes, nose or mouth with unwashed/unsanitized hands
- Avoiding close contact with other people
- Covering one’s mouth and nose with a cloth or fabric cover when around others
- Covering coughs and sneezes using a tissue or the inside of one’s elbow
- The frequent cleaning and disinfecting of regularly touched surfaces


In addition, the CDC recommends an awareness of COVID-19 symptoms and the constant self-monitoring signs of illness. Symptoms may appear 2-14 days following exposure to the virus and may vary from mild to severe.

Symptoms include:
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
• Sore throat
• Congestion or runny nose
• Nausea or vomiting
• Diarrhea


The following are emergency warning signs and symptoms of COVID-19 that may suggest the need for urgent medical attention:
• Trouble breathing
• Persistent pain or pressure in the chest
• New confusion
• Inability to wake or stay awake
• Bluish lips or face

Section 2: Changes to the Delivery of the Basic Police Course to Mitigate COVID-19 Risks:

The DPSST has implemented the following protocols to mitigate the transmission of the COVID-19 virus (SARS-Cov-2) from person to person. This will not prevent the transmission or potential for infection but will aid in lessening the spread of the virus (or other germs) on the campus between persons.
• All students and staff requiring lodging during the training will be placed in a single-occupancy room, with access to a shared bathroom. Cleaning and sanitation of individual rooms remain the responsibility of the occupant. Cleaning and sanitation supplies will be made available by the DPSST.
• The students will be split into smaller groups to facilitate social distancing and minimize crowd size when possible.
• Airflow will be increased by opening doors and windows when possible in addition to transferring training events outdoors when appropriate.
• Additional personal protective equipment (PPE) will be made available, and hourly breaks will be built into all close contact training events (training occurring within 6 feet of another person) to allow for the decontamination, cleaning and sanitation. Students will be assigned training partners to complete all close contact training to minimize cross-contamination.
• The wearing of nitrile gloves will remain optional during any training event. Nitrile or other safety gloves of various sizes will be provided by DPSST. Students will be required to bring their own duty gloves to wear during close contact training events.
• Students and staff will be required to wear cloth masks during some close contact training. The wearing of masks will remain optional during other trainings. Reusable cloth masks will be provided by the DPSST on an as needed basis.
• The temperature of all students and staff will be taken at the beginning of each day, and again after lunch. This process will be managed by the DPSST’s Safety Coordinator, Class Coordinator or Lead Instructor using a non-contact thermometer. Students or staff with a temperature of 100.4° F (38° C) or above will be removed from training activities pending further medical evaluation. Once the external temperature has been obtained the individual will be given an external indicator to be placed in a conspicuous location upon their person indicating they have been thermally scanned.
• Safety checks for weapons, etc. will continue to be conducted prior to entry into Scenario Village, but will be modified to meet current safety guidelines.

• Restrictions and increased scheduling and sanitation measures have been implemented surrounding use of the Academy gym and recreational equipment.

• DPSST will continue to provide meals in a manner coordinated by the class coordinator. Use of the DPSST cafeteria will be configured to allow for social distancing and sanitation.

• Immediate notification will be made to all students, their employing agencies and DPSST staff following the demonstration of any signs of illness or elevated temperature in any student, staff member or campus visitor.

Section 3 - DPSST Implementation of Best Practices/Safety Protocols:

The COVID-19 virus is thought to be spread mainly from person to person through respiratory droplets produced when a person coughs, sneezes or talks. Recent studies have suggested that the virus may be spread by people not showing any symptoms of illness (asymptomatic).

The DPSST recommends that all students and staff treat all interactions with others as a potential asymptomatic carrier of the virus and follow the CDC guidelines.

Self-Monitoring
Self-monitoring for signs of illness is essential for the safe delivery of this training. Any individual displaying any symptoms of illness must remove themselves from training and report their illness to a DPSST staff member immediately. Emergency personnel will be contacted in response to individuals displaying emergency warning signs or symptoms.

Hand Washing/Sanitation
Hands should be washed with soap and water for at least 20 seconds. If handwashing is unavailable, a hand sanitizer that contains a concentration of alcohol of 60% or greater should be used, rubbing hands until dry.

Students and staff will be encouraged to wash or sanitize their hands frequently throughout the day, especially after touching any exposed hard surface, such as door knobs and light switches.

To assist these efforts, DPSST:
• Has incorporated extra time for hand sanitation into each portion of the training schedule;
• Has placed touchless hand sanitizing stations strategically throughout the campus; and
• Is recommending that students and staff have on their person a small bottle of hand sanitizer with an alcohol content of 60% or greater in order to be sure protocols are followed when not in close proximity to a sink or sanitizing station. (Note: Due to supply issues, these cannot be provided by DPSST.)

The increase of hand washing and additional use of alcohol based sanitizers can result in lost moisture of the skin. It is recommended that students and staff use a skin moisturizing ointment or cream to combat dry, cracked skin.

Social Distancing
The DPSST will encourage social distancing of at least six feet in accordance with state and federal guidance when possible. Mealtimes, lodging accommodations and most training events have been coordinated to allow for social distancing, but social distancing of six feet or more will not always be possible. Additional PPE will be made available by DPSST and extra precautions observed when training events require contact closer than six feet.
Students and staff will be required to practice self-discipline and awareness at all times to avoid personal contact and maintain the required social distancing.

All students and staff are strongly advised to maintain social distancing practices when not present on the OPSA campus to further prevent contamination.

**Cloth Face Coverings**
Cloth masks will be provided by the DPSST on an as needed basis for use by students and staff who wish to wear them, or for use when personal distancing of 6 feet cannot be observed. It is recommended that cloth masks are washed each evening and allowed to air dry overnight.

**Sanitation/Disinfection: Training Venues**
The DPSST Facilities staff are working feverishly to ensure all areas of the OPSA campus remain safe through the implementation of rigorous daily cleaning, sanitizing and disinfecting schedules.

To assist the efforts, the DPSST has implemented signage protocols on doors throughout the campus to ensure safety and reduce redundant cleaning efforts. These signs indicate the room is sanitized and available for use, or the room has been used and is in need of sanitizing. Any signage indicating a room is unsanitary, entry to the room is prohibited pending facilities sanitation.

While the Facilities staff will continue their diligent efforts, students and staff will be required to assist in these efforts by individually ensuring the routine cleaning and sanitation of various areas and equipment. Cleaning and sanitation supplies will be made available by the DPSST at all training venues. Students and staff will be required to wipe down desks, tables and other equipment before and after each training event.

**Sanitation/Disinfection - Equipment**
Students and staff who have been issued or have purchased equipment for training (i.e. restraints) will be required to keep their equipment sanitized after each use. Again, cleaning and sanitation supplies will be made available by the DPSST at all training venues, as well as in the dormitories.

Students or staff should not borrow or loan equipment to or from another person unless absolutely necessary, to include pens, safety gear, etc. If it is necessary to share equipment, the equipment should be thoroughly sanitized and disinfected prior to transfer and again upon its return.

**Hallways/Stairways**
Students and staff should avoid close contact in hallways. Congregation in hallways or otherwise hindering the free flow of persons and equipment is prohibited.

Students and staff should walk next to (hug) the walls to their right when moving about to provide the appropriate amount of distance when meeting others.

**Classrooms**
All classroom activities will respect social distancing guidelines. Some classroom events will occur by splitting the students into smaller groups. Some classroom events will involve all students and the DPSST will try to accommodate proper social distancing while continuing to provide an environment conducive to learning and training.

**Dormitories**
Dormitory rooms will be single occupancy, with only two people assigned to a bathroom. Students and staff will be responsible for the daily cleaning and sanitation of their living space and bathroom. Cleaning and sanitation supplies will be provided by the DPSST.

Students and staff are prohibited from visiting/socializing in dorm rooms not assigned to them. The use of the recreational lounges and entertainment equipment after hours, including pool tables, foosball tables and table tennis equipment is allowable only when its use can be done while respecting social distancing protocols. Students or staff who use this area or any equipment will be required to thoroughly clean and sanitize all areas and equipment used.

Additionally, to ensure the proper social distancing only one person at a time will be permitted at the reception desk.

_Gym Use_
Gym use will be made available to a combination of four students or staff members at a time to allow for appropriate social distancing during use, and proper cleaning and sanitation after. Students or staff wishing to use the gym will be required to reserve a time using the signup sheet outside of the gym.

_Meals & Refreshments_
Meals will be pre-prepared and served and tables and chairs will be arranged to allow for social distancing during mealtimes. Bottles of water will be provided throughout the training day by DPSST.

References:

CDC Symptoms for Coronavirus

CDC Protect Yourself and Others

CDC Cloth Face Coverings

CDC Cleaning and Disinfecting

CDC Cleaning Vehicles
In the interest of current health and safety standards as a result of the COVID-19 virus (SARS-Cov-2), the DPSST has implemented additional protocols to reduce the potential for infection from the Coronavirus pandemic.

- Safety/Health Screening upon entering the class home room or training venues.
- Entry to and exit from buildings via bay doors rather than man doors when available. If the building has no bay doors, man doors are to be propped open to avoid repeated handle contact.
- Assignment of partnered students for the duration of training to avoid mass contamination.
- Handcuffs and other implements if used, will be sanitized after each use.
- If applicable, scenarios will be halted at the time of potential contact between students and role players.
- Maintain 6 foot social distancing whenever applicable.
- PPE required for training within 6 feet social distancing guidelines, i.e., Defensive Tactics, Handcuffing, potential for confrontation scenarios.
- Open air training when feasible.
- Equipment decontaminated by student each night, gloves, masks, handcuffs, etc.
- Reduced student training groups whenever possible.
- Sanitation supplies at each training venue.
- Vehicle sanitation guideline / checklist.
- Hydration fluids to be brought by the students / staff to avoid contamination areas (bottled water is provided).
- No loaning or sharing of equipment unless necessary, and sanitizing will take place before and after the use.

Each training venue coordinator has put together modified training plans to accommodate a safer training environment. The steps have been implemented to reduce the risk of infection.
I, ________________________________, hereby affirm I have read, understand and will abide by the health and safety protocols as outlined in the attached documents.

I understand that this is a fluid transition back to training, and training and/or safety and health protocols may change to ensure the validity of the training provided and that the health and welfare of all is taken into consideration.

I understand that my health and safety is the DPSST’s first priority, but risk of physical injury or exposure to illness cannot be completely mitigated during the delivery of and participation in this training. I understand my individual health and safety remains my personal responsibility and will immediately notify a DPSST staff member if I feel at all unsafe at any time before/during any training event, or in any environment associated with this training.

I affirm that I am not sick at this time and will continue to self-monitor for symptoms of illness throughout my participation in this training program, and my stay on the Oregon Public Safety Academy campus. If I feel at all ill, I will immediately report my illness to a DPSST staff member.

______________________________
Signed

______________________________
Date

______________________________
Printed Name