Presentation to the Governor's Office of Behavioral Health Talent Council

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November 20, 2025







Vision

Latine communities are thriving, engaged and powerful.

Mission

Leading with love, we cultivate our staff and community as a powerful force for radical social change. We do this through community-driven programs, advocacy and service.





Mental Health Program

Non-clinical activities:

- Staff Education
- Community outreach and education
- BSW Internships
 - SEL Curriculum



Symbolically, represents the culmination of effort, the attainment of one's greatest potential, or achieving the highest level of accomplishment or realization.





Vision

A future with equitable, compassionate mental health for Latine individuals and families.

Mission

To advance Latine mental health through access, advocacy, and culturally specific high quality care, while expanding a diverse workforce.



Areas of Focus

Distinct Challenges Faced by the Latine Community

- Acculturative Stress and identity
 Issues
- Family Dynamics and Intergenerational conflict
- Trauma from Migration
- Experiences of Grief and Loss
- Stigma Around Mental Health Services



- Case management
- Individual therapy
- Group Therapy
- Family Therapy
- Office, telehealth, home visits



Lucrecia Suarez Clinical Supervisor, LCSW



Alma Fernandez Associate, QMHP-I

Meet the



Amy Salazar-Garcia Mental Health Provider, QMHP



Jimena Vega Quiroz Mental Health Provider, QMHP



Amy Mendez CHW/QMHA



Sarayd Alvarado Associate, QMHP-I



Challenges:

- Dearth of Latine mental health providers and supervisors
- Deep cultural stigma leads to fewer young people thinking about joining this profession or receiving encouragement from family
- Students are first generation college students
- Most internships do not offer cultural match for students with their supervisor
- BIPOC providers are often tokenized at non culturally specific clinics, or overloaded with clients and quickly burnout
- LN offers lower pay than at larger institutional providers
- Lived experience ≠ ability to apply it to EBP

Potential solutions:

- Non-traditional pathways for CHWs to obtain QMHAs
- Culturally specific internship opportunities for undergraduate and graduate students
- One-on-One Culturally Specific Clinical Supervision
- Incentives for graduate interns: test fees and \$10,000 stipend
- Time and professional development funds allocated for study time
- Teaching clinic focus on culturally specific training for all staff
- Exploring loan repayment contingent on funding ability
- Consider adding coverage of relocation costs
- LN generous benefit package

Questions?

