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Child, Youth and Family Landscape in Oregon

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Behavioral Health Initiative Director



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I love working with Kids and I want to just
be able to do it from my heart and not
as a job.

Clara Hughes

Child and Family BH Worker Knowledge and Skill Set



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- Knowledge of child and adolescent development
- Developmentally appropriate communication style with children and youth
- Family systems theory and how to engage with families
- Knowledge of systemic oppression, trauma and intergenerational trauma's influence on relationship development and reactions to certain situations
- Resilience and self-awareness to work with such a vulnerable population

Behavioral Health Professional Credentials and Licensure



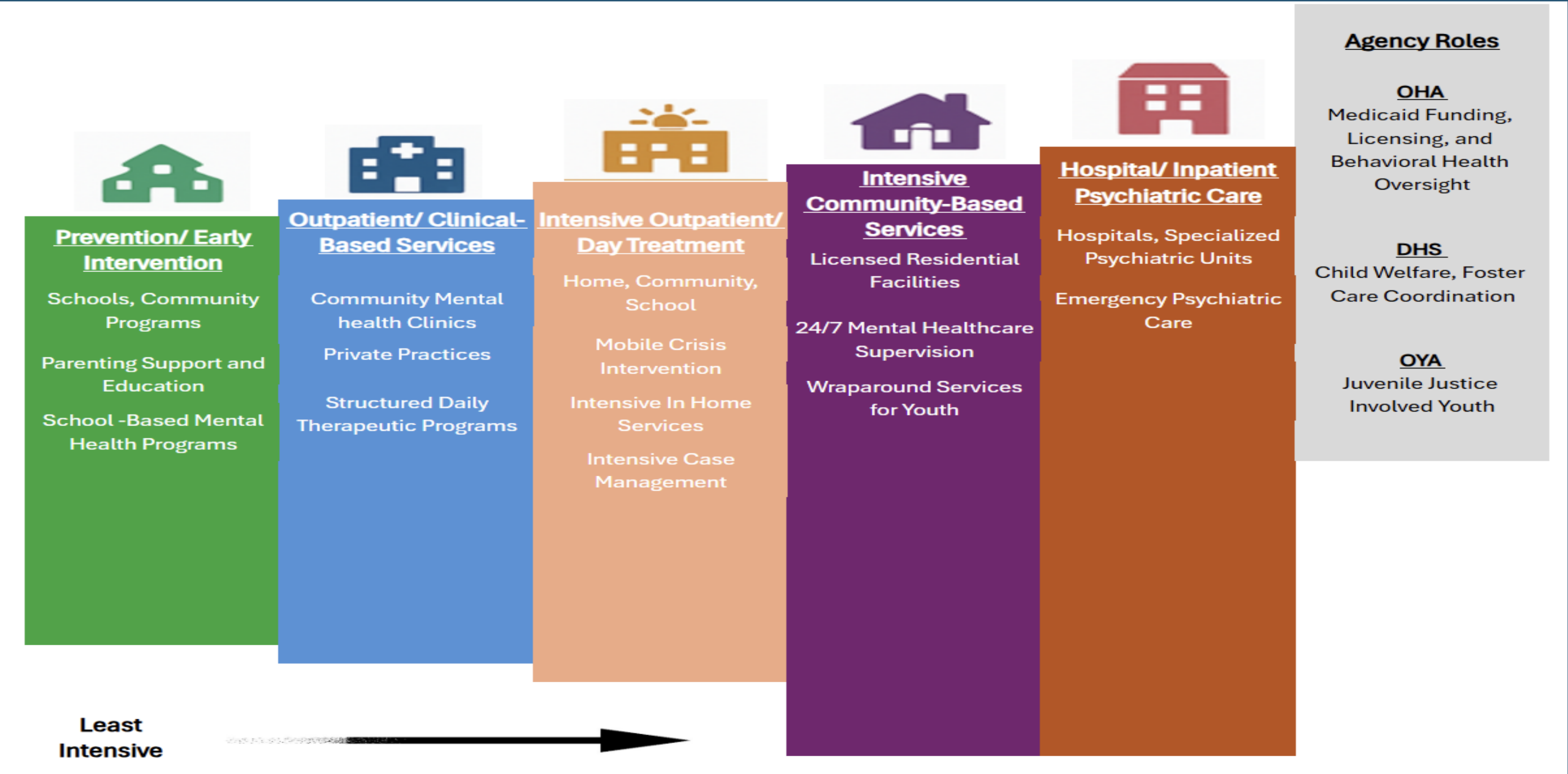
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Role / Title	Credential / License	Issuing Body	Education & Experience	Scope & Notes
Psychiatrist	MD or DO; Oregon medical license	Oregon Medical Board	Medical degree + residency in psychiatry	Medication management, therapy, inpatient/outpatient psychiatry
Psychologist	Licensed Psychologist (PhD/PsyD)	Board of Psychologist Examiners	Doctorate + supervised hours, exam	Testing, therapy, independent practice
PMHNP / APRN	Advanced Practice RN (PMHNP)	Oregon State Board of Nursing	MSN/DNP + certification	Prescribes meds, psychotherapy, independent or team-based
LCSW	Clinical Social Work License	Board of Licensed Social Workers	MSW + 3,500 supervised hrs + ASWB exam	Therapy, case management, clinical supervision
LPC / LMFT	Professional Counselor or Marriage & Family Therapist	OBLPCT	Master's + supervised hrs + national exam	Individual/family therapy, diagnosis
CADC I-III	Certified Alcohol & Drug Counselor	MHACBO	Education + supervised hrs + exam	SUD counseling, recovery support
QMHP / QMHP-R	Defined qualification (OAR)	OHA / program-level rule	Graduate degree or equivalent experience	Clinical roles in Medicaid programs
QMHA	Qualified Mental Health Associate (QMHA)	OHA / Program-level definitions (OAR)	<u>Typically</u> bachelor's in behavioral health or related + specified training/experience	Direct care under supervision: skills training, behavioral support, case management
Peer Support Specialist	OHA THW Certification	Oregon Health Authority	OHA-approved training + background check	Lived-experience support, navigation
Associate (CSWA, PCA)	Registered while supervised	BLSW / OBLPCT	Master's degree + supervision	Therapy under licensed supervision

Oregon Children's Mental Health and Substance Use Services – System by Level of Care



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Licensing

Obtain a license to operate as a residential treatment facility for children

OHA



Accreditation for Medicaid

Be accredited by a nationally recognized organization (e.g., JCAHO or CARF) to serve Medicaid children

OHA/
Federal
Medicaid



Staffing

Maintain safe staffing ratios; typically, 1 staff per 3 children during the day, 1 per 6 overnight; have a psychiatrist and qualified mental health professional team overseen by a licensed clinician

OHA
DHS



Staff Training and Background Checks

Train all staff in trauma-informed care, emergency safety interventions, and have background checks cleared

OHA
DHS



Individualized Treatment Plans

Create a personalized plan for each child including therapy, education, and family involvement; update

OHA
DHS



Behavior & Safety Management

Provide nursing oversight, medication management, and psychiatric care as needed

OHA
OYA



Education Access

Ensure children can continue school and have Individual Education Plans (IEPs) or equivalent

OHA
DHS



Family & Aftercare Support

Include families in treatment; plan for safe discharge and aftercare

OHA
DHS



Monitoring & Reporting

Submit to inspections, audits, and incident reporting; maintain records for compliance

OHA
Medicaid



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Requirements for PRTF to Serve Children on Medicaid in Oregon



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Occupation	Estimated Supply 2024	Estimated Supply Growth	Projected Supply 2034	Estimated Demand 2024	Estimated Demand Growth	Projected Demand 2034	Projected Supply (minus) Demand 2034
Addiction Counselors	2220	-80	2140	2160	770	2930	-790
Adult Psychiatrists	520	-30	490	690	230	920	-430
Child & Adolescent Psychiatry	140	30	170	160	30	190	-20
Child, Family, and School Social Workers	1520	-260	1260	1820	580	2400	-1140
Health Care Social Workers	1040	1050	2090	1100	490	1590	500
Mental Health Counselors	1330	100	1430	1680	590	2270	-840
Occupational Therapists	1380	380	1760	1810	170	1980	-220
Occupational Therapy Assistants	310	100	410	580	60	640	-230
Psychiatric Nurse Practitioners	410	240	650	260	90	350	300
Psychiatric Physician Assistants	30	50	80	50	10	60	20
Psychologists	2100	780	2880	1470	420	1890	990
School Counselors	1970	1070	3040	1690	390	2080	960



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Questions?
