



Oregon Board of Chiropractic Examiners

Chiropractic Assistant Training Syllabus

DIDACTIC TRAINING-8 HOURS

1. Introduction

- a. Certification, scope of practice, and regulation
- b. Chiropractic assistant certification process
- c. Duty to report
- d. OBCE complaint process

2. Boundaries

- a. Power dynamics
- b. Knowledge of office protocols
- c. Sexual unprofessional conduct

3. Communication/Protocol

- a. Language barriers
- b. Cultural competence
- c. Informed consent
- d. HIPAA-Health Insurance Portability and Accountability Act
- e. Information protection

4. Duties of a chiropractic assistant

- a. Documentation
- b. Outcome markers (Forms and assessments)
- c. Billing

- i. Current procedural terminology (CPT codes)-Timed
- ii. Current procedural terminology (CPT codes)-Service

5. Anatomy terms

- a. Bony anatomy
- b. Muscular anatomy
- c. Associated skeletal muscular anatomy

6. Terminology

- a. Location terminology
- b. Movement terminology
- c. Positional terminology

7. Commonly treated muscles

8. Common injuries

- a. Fractures
- b. Soft tissue injuries
- c. Stages of condition/injury
- d. Types of pain or sensation

9. Vitals

10. Safety and sanitation protocols, and patient positioning/draping

- a. Safety protocols
- b. Sanitation protocols
- c. Patient positioning/draping

PRACTICAL (HANDS-ON) TRAINING-4 HOURS

11. Physiotherapy

- a. Exercises, stretching, rehabilitation, strength training

- b. Extracorporeal shockwave therapy (ESWT)
- c. Heat therapy
 - i. Superficial heat therapy
 - ii. Deep heat therapy
- d. Kinesiology taping, bracing, crutches, walkers, canes
- e. Laser therapy class I-IV (low level light therapy, cold laser therapy)
- f. Massage and IASTM-instrument assisted soft tissue mobilization (graston, scraping, gua sha)
- g. Mechanical traction table
- h. Phonoporesis
- i. Whole body vibration

12. Hydrotherapy

- a. Contrast bath/therapy
- b. Hot/cold packs
- c. Ice bath/whirlpool
- d. Ice massage
- e. Moist heat therapy
- f. Waterbed/waterbed massage table

13. Electrotherapy

- a. High voltage pulse galvanic current
- b. Interferential current
- c. Iontophoresis
- d. Micro-current
- e. Russian e-stimulation
- f. Transcutaneous electrical nerve stimulation/low voltage (TENS)

