



Oregon

Tina Kotek, Governor

Board of Naturopathic Medicine
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Oregon Board of Naturopathic Medicine – Public Meeting Minutes

DATE / TIME: October 9, 2023. In session @ 11:48 am / Adjourn @ approximately 3pm.

LOCATION: 800 NE Oregon Street, Room 445.

Conference Call Line available, no participants on the call.

PRESENT: Board Members: Board Chair Joana Freedman, PT, Bill Water, ND; Meghan Larivee, ND, Ryan Martin, ND, Zia Robles-Hernandez, ND & Mary-Beth Baptista, Executive Director. No members of the media present.

ZOOM: Zia Robles-Hernandez, ND

- August 14, 2023, Executive and Public Meeting Minutes - Approved
- Complaint / Investigation / Discipline Recommendations / Case Resolution Update.
 - (22-10-25) Board Vote – 6-0 – No discipline
 - (22-10-28) Board Vote – 6-0 – No discipline
 - (23-03-09) Board Vote – 6-0 – No discipline
 - (23-03-10) Board Vote – 6-0 – No discipline
 - (23-04-12) Board Vote – 6-0 – No discipline
- Public Member Board Appointed by Senate - Kate G. Watkinson Wright
 - Review Compilation Draft - Division 40 – Continuing Education –Reviewed other Board approval process. Discussed changes to Board Rules. See Attached.
 - <https://www.oregon.gov/pharmacy/Pages/Continuing-Education-.aspx>
 - <https://secure.sos.state.or.us/oard/viewSingleRule.action?ruleVrsnRsn=297533>
 - <https://secure.sos.state.or.us/oard/viewSingleRule.action?ruleVrsnRsn=297535>
- Discussion regarding amending 850-060-0212 Education and Reporting Requirements for Injection and IV Therapy / requiring NPLEX Parenteral Elective Exam with additional requirements. Discussion regarding needing more information regarding the NPLEX parenteral elective exam and whether it sufficiently covers substantially similar requirements as OAR. Additional review is necessary prior to amending the current rule.
 - <https://secure.sos.state.or.us/oard/viewSingleRule.action?ruleVrsnRsn=289269>
- Discussion regarding Formulary Council feedback regarding required DEA training for substance abuse disorder. Board did not recommend any additional action or requirements beyond what is required by DEA.
- Director’s Report:
 - Idaho Licensure Legislation – Letter submitted for Public Comment
 - Requested Fall Newsletter Article Suggestions – recommend that Licensees take the DEA training as soon as practical, rather than waiting until renewal.

- Discussion / planning Board Retreat April 2024 – MBB will send out a doodle poll.

Public Comment - no public in attendance / no public comment

DIVISION 40 - CONTINUING EDUCATION- EXHIBIT 1

850-040-0210 Annual Continuing Education Hours for Licensure Renewal

- 1) Active License: Licensees must submit certificates of completion for a total of thirty-two (32) hours of continuing education (CE) as follows:
 - a) Annual Mandatory Continuing Education Requirements:
 - i) Ten (10) hours of pharmacology
 - ii) Two (2) hours of either professional ethics, boundaries, and communication; or suicide intervention and prevention
 - iii) One (1) hour of cultural competency education as required by 676.850 every even number calendar year
 - iv) One (1) credit hour of pain management every odd number calendar year
 - b) General Education: Remainder of required continuing education hours may be fulfilled through general education
- 2) Inactive License – Licensees must submit certificates of completion for a total of ten (10) hours of CE

850-040-0215 – Board Approved Program Providers; Program Providers Eligible for Program Approval

- 1) Licensees may submit a certificate of completion from the following Board approved providers and accreditation services toward continuing education requirements:
 - a) Accreditation Council for Continuing Medical Education (ACCME)
 - b) American Council on Pharmaceutical Education (ACPE),
 - c) The Federation of Naturopathic Medicine Regulatory Authority (FNMRA)
 - d) North American Naturopathic Continuing Education Accreditation Council (NANCEAC)
 - e) Oregon Board of Pharmacy
 - f) Oregon Health Authority
 - g) Oregon Medical Board - Medical, Osteopathic approved education only
 - h) Drug Enforcement Administration (DEA)
- 2) Program Providers Eligible for Program Approval; and Approval Criteria:
 - a) The Board does not accept applications for continuing education program approval, except from the following:
 - i) National University of Naturopathic Medicine (NUNM)
 - ii) Oregon Association of Naturopathic Physicians (OANP)
 - b) For program approval, NUNM and OANP must submit:
 - i) Completed program approval application provided by the Board
 - ii) Syllabus or course outline
 - iii) Sample course materials
 - iv) Curriculum vitae or resume for each presenter

- v) Description of how the program will meet the criteria per relevant subject area set forth in 850-040-0220(1), and hours requested per subject area
- vi) Sample certificate of completion with the course and licensee's name, and hours earned per program subject area.
- vii) Additional information or materials at the request of the Board

850-040-0220 – Licensee continuing education approval criteria for completed programs, application process

- 1) Licensee are eligible to apply for approval for up to 32 hours of continuing education for completed courses not listed in 850-040-0215 – Board Approved Program Providers; Program Providers Eligible for Program Approval that meet the following program criteria:
 - a) Pharmacology: Structured continuing pharmacy education program with course curriculum that includes at least one of the following topic areas:
 - i) Properties and actions of pharmaceutical drugs and dosage forms,
 - ii) Pharmaceuticals for therapy and prevention of disease states,
 - iii) Maintain and enhance competence applicable to prescribing off the formulary compendium,
 - iv) Pharmaceutical medication error prevention, prevention of events that may cause or lead to inappropriate pharmaceutical medication use or patient harm,
 - v) General topics related to pharmaceutical management
 - b) Professional ethics, boundaries, and communication: Programs for physicians and health care professionals focused on ethical practices, that offer concrete advice on how health care professionals should interact with patients and address critical decisions within their practice.
 - c) Suicide prevention trainings: Programs for physicians and health care professionals on suicide risk assessment, treatment, and management consistent with Applied Suicide Intervention Skills Training (ASIST)
 - d) Cultural competency education programs that meet the skill requirements established by the Oregon Health Authority under ORS 413.450 (Continuing education in cultural competency)
 - e) Pain management - a structured pain management program with course curriculum that includes at least one of the following topic areas:
 - i) Current perspectives on the neuroscience and complex biopsychosocial nature of pain
 - ii) International Association for the Study of Pain (IASP) Guidelines
 - iii) Center for Disease Control (CDC) Opioid Prescribing Guidelines.
 - iv) Oregon Health Authority Opioid Prescribing Guidelines
 - f) General Education:
 - i) Presented by naturopathic physicians, other physicians, or other professionally acknowledged health care educators with expertise in the subject matter,
 - ii) Support, develop, and increase the knowledge, skills, and professionalism of naturopathic physicians.

iii) Subjects in the scope of practice of naturopathic medicine in the State of Oregon.

2) Licensee may apply for continuing education hours for a completed CNME accredited residency with a certificate of annual completion.

3) Licensees must submit the following for approval of completed continuing education programs not provided, accredited, or approved per 850-040-0215(1) and (2)

- a) Completed program approval application provided by the Board
- b) Syllabus or course outline
- c) Sample course materials
- d) Curriculum vitae or resume for each presenter
- e) Description of how the program met the criteria, per relevant subject area, set forth in Section 1 of this rule.
- f) Certificate of completion identifying the licensee's name and hours earned per program subject area
- g) Additional information or materials at the request of the Board

4) Licensees may annually apply for approval for up to ten (10) total hours of continuing education from a combination of the following activities related to naturopathic medicine:

a) Business management and professional development that support increase the knowledge, skills, and professionalism of naturopathic physicians; approval limited to two (2) total hours.

- i) Completed program approval application provided by the Board
- ii) Syllabus or course outline
- iii) Sample course materials
- iv) Curriculum vitae or resume for each presenter, must be presented by naturopathic physicians, other physicians, or other professionally acknowledged health care educators with expertise in the subject matter,
- v) Certificate of completion
- vi) Additional information or materials at the request of the Board

b) Peer reviewed publication: approval limited to three (3) total hours

- i) Authorship:
 - (1) A copy or sample of the published article, including the name and issue of the publication
 - (2) Description of how licensee's research, development and content of the publication met the criteria, per relevant subject area, set forth in Section 1 of this rule, and hours requested per subject area
 - (3) Written record of the number of hours spent on research, development and writing the publication
 - (4) Additional information or materials at the request of the Board
- ii) Review and Report:
 - (1) A copy or sample of the published article, including the name and issue of the publication
 - (2) A written summary of material reviewed; and how the content of the publication met the criteria, per relevant subject area, set forth in Section 1 of this rule, and hours requested per subject area

- (3) Written record of the number of hours spent reviewing and summarizing material
 - (4) Additional information or materials at the request of the Board
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- b) Formal protocol writing for an health care facility or government health care agency, approval limited to three (3) total hours
 - i) A copy or sample of the writing
 - ii) Description of how the research, development and content of the writing met the criteria, per relevant subject area, set forth in Section 1 of this rule, and hours requested per subject area
 - iii) Signed letter of completion written by the licensee's supervisor with a written record of the number of hours spent on research, development, and writing
 - iv) Additional information or materials at the request of the Board

 - c) Naturopathic Physicians Licensing Examinations (NPLEX) Committee for the development and writing of the NPLEX examinations: approval limited to three (3) total hours
 - i) Description of how development and writing met the criteria, per relevant subject area, set forth in Section 1 of this rule, and hours requested per subject area
 - ii) Signed letter of completion written by committee chair or designee with a written record of the number of hours spent on research, development, and writing
 - iii) Additional information or materials at the request of the Board

 - d) Research related to the advancement of naturopathic medicine for a recognized educational or medical institution or organization; approval limited to six (6) total hours
 - i) Attestation of no financial conflicts or fiduciary relationships
 - ii) A written summary of the completed research; and a description of how the research met the criteria, per relevant subject area, set forth in Section 1 of this rule, and hours requested per subject area
 - iii) Signed letter of completion written by the licensee's supervisor with a written record of the number of hours spent on research
 - iv) Additional information or materials at the request of the Board

 - e) Presentation of a structured continuing education program related to the practice and advancement of naturopathic medicine; approval limited to six (6) total hours:
 - i) Must be presented in the calendar year seeking approval, may not be repeat presentation from prior years.
 - ii) A copy or sample of the presentation, including agenda, schedule, and total length of the presentation
 - iii) Description of how research, development and content of the presentation met the criteria, per relevant subject area, set forth in Section 1 of this rule, and hours requested per subject area
 - iv) Written record of hours spent researching, developing the content of the presentation,
 - v) Addition information or materials at the request of the Board

 - f) Teaching an accredited graduate level course related to the practice and advancement of naturopathic medicine; approval limited to six (6) total hours:

- i) Course must be taught in the calendar year seeking approval, may not be repeat course from prior years.
 - ii) Name of the accredited institution, and faculty supervisor
 - iii) Copy of the course syllabus, course schedule
 - iv) Description of how development and content of the course met the criteria, per relevant subject area, set forth in Section 1 of this rule, and hours requested per subject area
 - v) Written record of hours spent researching, developing the content of the course,
 - vi) Addition information or materials at the request of the Board
- 5) Preceptorship with an experienced licensed physician or doctorate level clinician approval limited to six (6) total hours: with the following:
- a) Name of medical facility, residency director or preceptor, and licensee's direct supervisor
 - b) Record of the dates and times licensee participated in the residency or preceptor program
 - c) Description of how the residency or preceptorship met the criteria, per relevant subject area in 850-040-0220(1), and hours completed per subject area
 - d) Additional information or materials at the request of the Board