BEFORE THE
BOARD OF NATUROPATHIC MEDICINE
STATE OF OREGON

In the Matter of the License of:	Case No. 25-04-16
Dr. Elizabeth Sedlak , ND	**Settlement Agreement and Consent Order**
Licensee.	

1.

The Board of Naturopathic Medicine (Board) is the state agency responsible for licensing, regulating, and disciplining naturopathic physicians in the State of Oregon, pursuant to Oregon Revised Statutes (ORS) chapter 685 and Oregon Administrative Rules (OAR) chapter 850. Dr. Elizabeth Sedlak (Licensee) is a licensed naturopathic physician in Oregon and is subject to the jurisdiction of the Board.

2.

The parties wish to resolve this matter informally, without any hearing, appeal or judicial review, by entering this Settlement Agreement and Consent Order, pursuant to ORS 183.417(3) on the terms set forth below. On / about August 9, 2026, the Board issued a Notice of Proposed Disciplinary Action (Notice) alleging violation of violation of OAR 850-050-0010 (1)(c)(A) Negligent Prescribing. The findings of facts and conclusion of law recited in the Notice are incorporated herein. Licensee agrees that the Board may enter the Consent Order set forth below, including the following terms and conditions:

A. Reprimand

B. Civil Penalty –$3000 Paid in full prior to the signature of this Order

C. Continuing Education: Five (5) hours on patient boundaries: *Maintaining Professional Boundaries in Challenging Client Situations* and *Ethics and Boundaries in Psychotherapy;* and 10 hours on opioid prescribing: *Pain Management and Opioids Adaptive Learning*

D. Licensee shall comply with the statutes, rules and orders of the Board.

E. Licensee's failure to comply with any term of this order, ORS chapter 685 or OAR chapter 850 shall be grounds for additional discipline by the Board.

F. Licensee enters into this Settlement Agreement and Consent Order voluntarily and without any force or duress. Licensee states that the Board and Board staff have not made promises or representations not stated herein to induce them to sign this document and agree to issuance of the Order.

G. Licensee acknowledges they had the opportunity to seek the advice of legal counsel. Licensee further acknowledges they understand and agree to the terms of this Order.

H. Licensee understands they have the right to a contested case hearing under the Administrative Procedures Act (ORS Chapter 183), and fully and finally waives any and all right to a hearing and any rights to appeal or otherwise challenge this Settlement Agreement and Consent Order.

I. The parties acknowledge this Settlement Agreement and Consent Order is a public document.

J. This Settlement Agreement and Consent Order shall take effect on the date it is signed by the Board.

IT IS SO STIPULATED.

Licensee

10/28/2026
Date

CONSENT ORDER

The Board issues the following order:

A. Reprimand

B. Civil Penalty: $3000. Paid in full prior to the signature of this Order.

C. Continuing Education: Five (5) hours on patient boundaries: *Maintaining Professional Boundaries in Challenging Client Situations* and *Ethics and Boundaries in Psychotherapy;* and 10 hours on opioid prescribing: *Pain Management and Opioids Adaptive Learning*. Completed prior the signature of this Order.

DATED this 28th day of October 2026.

BOARD OF NATUROPATHIC MEDICINE - State of Oregon

Mary-Beth Baptista, J.D.
Executive Director