



# ND News

## Oregon Board of Naturopathic Medicine

### **READ THIS NEWSLETTER OR RISK GETTING ONLY A LINK TO IT WHEN YOU ASK ME ABOUT ANY OF THE FOLLOWING:**

- Calling all procrastinators, you really can renew your license starting Nov 1!
- OH NO its New Years Eve! I want to celebrate, but instead I'm stuck in front of the self-service portal renewing my license! Its almost midnight, Ryan Seacrest is starting the count down, looking for a shortcut and wonder— *do I really have to...*
  - ⇒ Submit all of my CE certificates, that's a lot of uploading for one night! (...*Darn, my resolution last year was to enter it all year long—I'll swear I'll do that next year!*)
  - ⇒ Submit ONLY approved CE? (...*I wonder if someone is working tonight just waiting to approve my last minute CE application?*)
  - ⇒ Bother to update my personal/professional info, put in my DEA #, and enter contact info for my custodian of records (...*Well I guess when I win the lottery and abruptly leave my practice behind for a life in Italy, I'd like to make sure my patients have their records...*)
  - ⇒ Register with the PDMP per Oregon Law? (...*If only I read all the newsletters for the last three years that are posted on the website, I'd know the answer to this!*)
- Quiz Game: Who sets the rules for Oregon Psilocybin Services (OPS)?
- I need a new drug... but its not on the formulary? Should I ask Huey for help, or use the searchable AHFS formulary on the website?
- Chair's Message— Who possibly has the time to serve as a public Board member?
- Director's Report—Yes Virginia, licensure fees went up, but they had to!
- No Xer—I never watched Schoolhouse Rock! Could you just tell me how to make my voice heard on proposed changes to Administrative Rules without a cartoon?

### **ROBIN'S RENEWAL REMINDERS!!**



**FORGOT YOUR PASSWORD?** After 3 failed Login attempts—you will be locked out. Click on "forgot password" and a temporary password will be emailed to you. Email the Board if you get locked out and we will send you instructions.

### **UPDATE CONTACT INFORMATION IN THE *SELF-SERVICE PORTAL***

- \* Employment/ mailing address
- \* Email / phone / fax / website
- \* Name changes
- \* Designation of Custodian of Records

Licenses are printed only through the licensee [Self-Service Portal](#)

### **Board Renewal Period**

**November 1—December 31, 2023**

- Complete all renewal requirements through the licensee ***SELF-SERVICE PORTAL*** between November 1- **Dec. 31, 2023 by 11:59pm.**
  - \* Renewal application & fee
  - \* Proof of completion of 32 hours of **ap-proved CE** earned in calendar year 2023. Including the following **required education for all active licensees:**
    - \* Pain Management—One (1) credit hour every odd number calendar year
    - \* Medical Ethics or Suicide Intervention and Prevention— Two (2) total hours
    - \* Pharmacology— Ten (10) total hour

### **DO WE HAVE YOUR DEA DIGITS?**

Licensees with a DEA number need to enter their number in the self service portal as part of their contact information.

### **ARE YOU REGISTERED WITH PDMP?**

All prescribers in the State of Oregon are require to register with PDMP

[oregon.pmpaware.net/login](https://oregon.pmpaware.net/login)

Board staff is here to answer your questions, hear your comments and concerns. Please check the Board [website](#) for info regarding the Board's regulatory authority and answers to commonly asked questions.

Staff primarily works remotely, the best way to reach us via email:

[Naturopathic.medicine@obnm.oregon.gov](mailto:Naturopathic.medicine@obnm.oregon.gov)

971-673-0193(Message Only)



### **How To Guide for CE Submission: by —Dr. Tracy Erfling**

CE completion certificates must be submitted individually as a PDF.

Each CE activity must be AP-PROVED to be accepted in the portal.

CE applications for approval submitted AFTER Nov 15 will not be approved by the deadline for renewal.

Please see the [website for information related to CE](#) requirements and approval process.

## Oregon Psilocybin Services (OPS) -Oregon Health Authority

Oregon Psilocybin Services (OPS) is a new section housed within the Oregon Health Authority Public Health Division's Center for Health Protection. The Board does not regulate any aspect of psilocybin services or facilitator licensure. **OHA has complete jurisdiction over the program.** OBNM has not imposed any additional administrative rules or requirements for licensed Oregon NDs participating in Oregon Psilocybin Services.

Please monitor the [OHA website](#) for training, licensure requirements, and regulations related to psilocybin services including and not limited to:

- [ORS 333-333-5130 \(3\)](#) states, "If a facilitator holds a professional license in another field, the facilitator shall not exercise the privileges of that license while providing psilocybin services to clients", thus licensed naturopaths should understand and make it clear to their patients that they make not act under their ND scope of practice while in the role of psilocybin facilitator
- Holders of DEA licenses should understand that psilocybin remains a federal Schedule I substance and the DEA has not offered a statement on enforcement of their rules in states that have state-legal programs. License holders should consult with their lawyers to better understand their risk.



Oregon Licensees may prescribe all drugs and drugs within a drug classification on the AHFS - unless specifically [excluded by rule](#). Some drugs may not be specifically listed by brand name because they are listed under their generic name or have recently been approved. If you can not find the drug by name, search the AHFS by category to determine whether you are permitted to prescribe. Please contact the Board for the password to access the searchable AHFS on the [website](#) by either drug name or category.



**Chair's Message:** Please join me in welcoming new public Board member, Kate Watkinson Wright. She is a native Oregonian, born and raised in the Willamette Valley. She earned her undergraduate degree from Stanford University and attended law school at the University of Oregon. Kate has practiced employment law for nearly 20 years and loves her work. In addition to running her law firm, Kate and her

RN husband remain busy raising two young children with their beloved dog Tater. Kate is drawn to naturopathic medicine both as a patient and advocate, and is grateful to be able to support the profession and Oregonians as a Board member. The Board also extends their sincere thanks to outgoing public member Jenny Anderson, RN, BSN, MBA. She was a valuable and dedicated member of the Board, and was instrumental in helping the Board make important decisions that lead to protecting the public health and safety of all Oregonians.



### Oregon Administrative Rule Changes— Process & Public Comment

The Board has the authority to engage in rulemaking to amend, repeal or adopt Oregon Administrative Rules. The Board is required to notify the public of a proposed rule and provide a public comment period of no less than 28 days.

The Board posts all draft rules for public [comment on the website](#). Please check the site regularly and send in your public comment!

The Board must vote in public session to adopt the proposed rule as a permanent rule. Licensees and the public are welcome to attend all public board meetings.

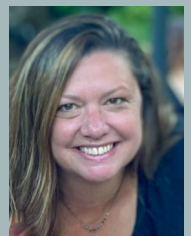


### DIRECTOR'S REPORT:

Board staff spent the majority of the year working with the legislature during the bi-annual session. The legislature requires the Board maintain a six-month income reserve in the budget. For legislative approval of the budget, the Board had to raise licensure fees and impose new application processing fees. Please know the need to raise fees to maintain the reserve was out of the Board control and due to legislative mandates that significantly impacted the Board budget, as well as inflation and rising costs of goods and services.

Unfortunately, because the legislature was inundated with an exceptionally high number of bills, the Board's two legislative concepts did not move forward this session.

The Board is looking to make several changes to Oregon Administrative Rules in 2024 to enhance transparency and accountability and fulfill our commitment to public safety and excellent service to Oregonians and licensees.



### [2024 BI-MONTHLY BOARD MEETINGS](#)

*Board meetings are held at the Board office the second Monday of even months:*

FEB 12, APRIL 8, JUNE 10 AUG 12, OCT 14, DEC 9

800 NE OREGON STREET, STE. 407, PORTLAND, OR 97232-2187