



“the most important knowledge is that which guides the way you lived your life” --tolstoy



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**This Is Your RENEWAL NOTICE**  
 ~  
 Access Your Renewal Documents Online Starting November 1, 2014  
[www.oregon.gov/obnm](http://www.oregon.gov/obnm)

You will find all the instructions on that page, including what you need to get started

# The OBNM Review

## VOICE OF THE BOARD

Sara Ohgushi, ND; Charles Wiggins, Public Member;  
 Lissa McNiell ND Member

### CONSIDER SERVING AS A BOARD MEMBER... OF ANY BOARD!

~Sara Ohgushi, ND  
 OBNM Member

You may know that five of the seven OBNM members are licensed Naturopathic Physicians and you could become one of them! But did you also know that there are over 300 boards and commissions in the state of Oregon and many of them include public members?

Imagine if we had Naturopathic Physicians as members of several other state boards, including other medical-related boards. This would improve visibility of ND's across a wider spectrum of people, and literally put us "at the tables" where some important decisions are made.

You don't have to decide WHICH board you'd like to serve on. Here's more info from the State of Oregon:

<http://www.oregon.gov/gov/pages/boards.aspx>

You can simply contact the Governor's Executive Appointments (we're all officially appointed by the governor) and offer to serve. The time commitment of different boards varies, but is stated to be 10-15 hrs a month. The OBNM meets one full day every two months, with some board work in between.

(Continued on page 3)

### PUBLIC PERSPECTIVE

~Charles Wiggins  
 OBNM Public Member

Hello. I currently serve as a public Member of the Oregon Board of Naturopathic Medicine. What an honor and a responsibility! I am honored to be able to help enhance the practice of naturopathic forms of healing in Oregon, and am mindful of my responsibility to represent Oregon's citizens in this position. I have been a Professor of Law for over forty years, with interests in Constitutional Law, human rights, bioethics, and conflict resolution. I also spent several years working in the legislative setting. My hope is that this background will prove useful as the Board begins to deal with a significant medical and social controversy.

As a citizen member, it came as a surprise to me that Oregon naturopaths can prescribe a wide array of pharmaceuticals. Unlike that of other states, Oregon's naturopathic formulary makes available a vast range of choices for drug therapy. This includes the prescription of opioids, a large class of drugs with significant power to help alleviate a number of conditions, especially those related to chronic pain. Sadly, however, these benefits are bracketed with equally significant dangers of harm to the patient by possible addiction or overprescription. They also constitute a danger to the public by diversion of these drugs to unauthorized users. While twenty years ago these patients were

(Continued on page 3)

#### OBNM PUBLIC and FC meetings 2014—2015

Interested persons may attend the public session of any OBNM meeting

Board Meeting	FC Meeting
December 8, 2014	August 10, 2015
***	October 12, 2015
February 9, 2015	December 7, 2015
April 13, 2015	
June 8, 2015	October 29, 2014
	March 2015 (TBD)

“To have courage for whatever comes in life --everything lies in that.”  
 ~Teresa of Avila

## MEDICAL TRENDS

### Telemedicine As A Tool

~Lissa McNiel, ND  
OBNM Member

THE BOARD HAS NOT DEVELOPED A POLICY ON TELEMEDICINE YET; However

Telemedicine is becoming a tool, which Naturopathic doctors in Oregon may want to incorporate in their practice. Telemedicine is defined as: the use of telephonic or electronic communications to transfer medical information from one site to another to improve a patient's health status. (Medical-surgical services rule-book – OAR 410-130-0610 Telemedicine.) It includes the following services:

- \*Actual delivery of remote clinical services using technology (Videoconferencing)
- \*Remote patient monitoring (patient vitals, blood sugar, etc.)
- \*Networked programs (utilized by hospitals and clinics)
- \*Point-to-point connections (private high-speed networks)
- \*Monitoring Center links (hospital and clinic networks)
- \*Web based e-health

Here are some points you should consider before utilizing telemedicine with patients:

- \*Have I already established care with this patient in person? (This is the suggested route for establishing Naturopathic care in Oregon although it is not a board rule.)
- \*Does my malpractice insurance have a policy on telemedicine?
- \*Does taking insurance in my practice put me into a federal category of needing greater HIPAA compliance?  
<http://www.cms.gov/Regulations-and-Guidance/HIPAA-Administrative-Simplification/HIPAAgenInfo/index.html>
- \*Where does my patient live full-time?
- \*Do any laws in their home state prohibit me from treating them using tele-health services? ORS 677.135 to 677.141 Practice of Medicine Across State Lines

Telehealth can be a great resource for seeing sick patients that can't come into your practice, and maintaining communication with those patients who do not live in your practice area. With some considerations, telehealth may be something you can utilize.

#### Resources and Further Reading

- OR Senate Bill 1560
- OR Senate Bill 24, 569, 604 & Senate Joint Resolution 20
- ORS 677.135 to 677.141 Practice of Medicine across state lines
- ORS 410-130-0610 Telemedicine Credentialing

ORS 743A.058 Telemedical services and reimbursements  
Oregon Laws 2013 Chapter 414 and Senate Bill 569  
Telehealth Alliance of Oregon [www.ortelehealth.org](http://www.ortelehealth.org)  
American Telemedicine Association  
Oregon Health Network  
Federation of State Medical Boards Telemedicine guidelines see below:  
[http://www.ortelehealth.org/sites/default/files/fileattachments/FSMB\\_Telemedicine\\_Policy\\_0.pdf](http://www.ortelehealth.org/sites/default/files/fileattachments/FSMB_Telemedicine_Policy_0.pdf)

### Down on the Pharm An Update from the Formulary Council

#### Upcoming Formulary Conversations

~Kevin Wilson, ND, LAC  
Formulary Council Chair

The Formulary Council continues to find subjects worthy of discussion. Yearly evaluation of new pharmaceutical agents for inclusion or exclusion from the naturopathic Formulary is interesting and very thought provoking. New substances occasionally are difficult to categorize according to the AHFS, which is the longstanding guiding format. It is perhaps obvious that most "new" drugs are merely newer derivations of older medications. These usually do not yield any better results than the older versions except for the developers bottom line.

Our upcoming meeting will once again address the proposed regulations introduced by the Board of Pharmacy regarding office dispensing of controlled or prescription substances. This proposal may or may not effect the average naturopathic practice in that there is an exclusion for "traditional dispensers" and, rarely, do naturopathic physicians actually fall into the areas of concern for the Pharmacy Board.

Additionally, the Formulary Council intends to address the possible implications for the legalization of cannabis in Oregon. *(cont'd on page 7)*

**Important Information for Prescribers of Hydrocodone Combination Products (HCPs)** were reconciled to Schedule II from Schedule C-III effective October 6, 2014. Prescriptions written before October 6, 2014 are valid for six months and valid written by Schedule III prescribers; on or after October 6, 2014, only schedule II prescribers may write for HCPs, and professional judgment is expected in determining an expiration date (Oregon law does not speak to this at this time). If you hold a DEA registration and you have a need to prescribe any HCPs in your practice you will want to make sure you are doing so within the law. You can check the schedules you are registered for with DEA Diversion on their web site <http://www.deadiversion.usdoj.gov/drugreg/index.html> For the complete Final Rule published in the Federal Register on August 22, 2014, please visit <http://go.usa.gov/mc8d>

(Continued from page 1) *CONSIDER SERVING ON A BOARD ...*

Most Boards, including OBNM, make an effort to include diversity in terms of gender, race, geographical location in Oregon, general age, etc. The state will let you know if there is a Board that seems like a good fit with your qualifications.

If you are interested in serving on OBNM (and there are a few openings coming up in the next year), these are the criteria:

- you must have been a licensed Naturopathic Physician in Oregon for at least 5 years
- you must be a resident of Oregon
- you must be available to attend Board meetings in person every two months (the Board will pay for travel expenses) with rare exceptions
- you must be willing to serve for a term of three years and usually for a second term of three years

If you meet these criteria and are interested, please call or email OBNM executive director Anne Walsh to discuss your interest! After discussing the possibility with Anne Walsh or someone at the state Executive Appointments office, applying to serve is easy. It is actually the same process and form you fill out to apply to serve on OBNM or any board or commission:

<http://www.oregon.gov/gov/docs/interest%20Form.pdf>

Serving our profession in this capacity has been very rewarding to me and has given me another perspective on the challenges of health care in Oregon. There certainly are aspects I had never thought of before!



(Continued from page 1) *PUBLIC MEMBER PERSPECTIVE ...*

frequently underprescribed with medications that could help them, now the opposite problem has emerged. Many Oregonians receive prescriptions for hefty dosages of opioids, and the OBNM is observing the worrisome results of that practice by some practitioners.

Opioid overprescription is a major public health concern throughout the US -- particularly so in Oregon. Issues related to allegations of opioid overprescription by Oregon-licensed naturopathic physicians currently occupy much of the work load and meeting time of the OBNM. An allegation of impropriety must first be investigated, at considerable time and cost to both the Board and the physician. After receiving the investigators report, we consider it in a confidential Executive Session, and determine whether the facts as we know them warrant some form of professional disciplinary action. If so, we believe that fairness and due process necessitate granting the physician the opportunity to appear in person to inform our understanding of

the matter. At the end of this process, the Board discusses the case with both concern and compassion. It then votes on whether discipline is warranted, and if so, on what form it should take. In my experience, the Board works diligently to reach the appropriate resolution, one which safeguards patients and the public, ensures appropriate professional behavior, and is consistent with prior decisions in similar cases.

There are a variety of responses the Board can take to address this matter: Do nothing; educate about best practices; or take alternative active approaches to the issue. First, we could do nothing. Given the serious nature of the problem and the Board's obvious role, however, this seems to me to be an irresponsible Board response. The least intrusive proactive response would be to help educate practitioners about best practices when prescribing opioids. We took a first step regarding education earlier this Spring by co-sponsoring a CE on the topic. It was well received, though sparsely attended. Were you there?

Then there are more active avenues. The Board has not had a detailed discussion of what action -- if any -- is preferable here, but let me suggest some alternatives:

1) We could issue a set of guidelines or "best practice" assessments, both to guide practitioners and offer a standard upon which to assess physician behavior. The State of Washington has followed this path, by putting a ceiling on the amount of opioids (< 120 morphine equivalents per day) available to recipients of worker's compensation funds.

2) We have the authority to promulgate regulations designed to protect the public and individual patients from practices deemed too risky or unsupported by data. For example, the data suggest that prescribing the drug methadone brings with it a host of complex, poorly understood and very poorly predictable physical and psychological responses in patients. This is especially true when used in combination with benzodiazepines. Is the prescription of methadone, or of this cocktail, of sufficient concern that we should make a rule regarding it?

3) Finally, we could request some action on the matter through the Governor's Office to the Oregon Legislature, either in general or with detailed suggestions for how to proceed. I'm sure there are a number of other approaches the Board might take as we begin to develop a response to the problem.

It is important to me, and to the Board, that he have the benefit of hearing from practitioners with suggestions as we move forward to explore alternatives. You are the best source available of what can and should be done to meet the Board's public charge. We trust you will share your ideas with us as we pledge to keep you informed of our thinking. What has become clear to me as a new member is: We can NOT do nothing about the issue.

In closing, it is a great privilege for me to serve on the OBNM and I look forward to working with all of you to assure the public that Oregon's naturopathic medicine practice is the finest in the nation.

**NEW LICENSEES**

Congratulations to all the new Doctors of Naturopathic Medicine. The Board is here to help in whatever way we can; feel free to contact the OBNM office with questions

<b>Name, License Number - Licensed October 1, 2012 — December 31, 2012</b>	<b>Date</b>	<b>City, State</b>
Abigail Aiyepola, ND 1940	11/15/2012	Portland, OR
James Fialk, ND 1929	10/10/2012	Portland, OR
Christina Kithil, ND 1939	11/14/2012	Portland, OR
Stephen Meeneghan, ND 1936	10/26/2012	Portland, OR
Amalia Oster, ND 1938	11/5/2012	Portland, OR
Michelle Rogers, ND 1941	11/18/2012	Portland, OR
Janelle Siler, ND 1909	10/1/2012	Portland, OR
Anne Thiel, ND 1935	10/22/2012	Goshen, IN
<b>Name, License Number - Licensed January 1, 2013 — December 31, 2013</b>	<b>Date</b>	<b>City, State</b>
Jessica Anderson, ND 1946	1/9/2013	Beaverton, OR
Derek Andre, ND 1996	10/10/2013	Portland, OR
Jaclyn Bain, ND 1980	10/2/2013	Portland, OR
Michele Barlett, ND 1972	10/1/2013	Hillsboro, OR
Elizabeth Bartman, ND 1973	10/1/2013	Portland, OR
Jennifer Baxter, ND 1942	1/1/2013	Portland, OR
Nathaniel Bingham, ND 1966	10/1/2013	Portland, OR
Kathryn Brooks, ND 1998	10/14/2013	Beaverton, OR
Lisa Bryant, ND 1974	10/1/2013	Portland, OR
Heather Burgy, ND 1961	7/15/2013	Medford, OR
Michelle Cameron, ND 1986	10/4/2013	Portland, OR
David Chang, ND 1993	10/9/2013	Portland, OR
Mackenzie Collins, ND 2005	10/22/2013	Nehalem, OR
Michelle Crowder, ND 1954	4/4/2013	Rochester Hills, MI
Danielle Currey, ND 1975	10/1/2013	Gresham, OR
Carrie Decker, ND 2001	10/17/2013	Monona, WI
Joseph DelGrosso, ND 1989	10/8/2013	Portland, OR
Lee Dennis, ND 1987	10/4/2013	Vancouver, WA
Kayla Eckart, ND 1992	10/9/2013	Scottsdale, AZ
Constance Erickson, ND 1976	10/1/2013	Portland, OR
Philip Faler, ND 2007	11/6/2013	Canby, OR
Clara Fashana, ND 1984	10/3/2013	Portland, OR
James Fields, ND 1982	10/3/2013	Portland, OR
Bethel Flores, ND 1956	4/11/2013	Newberg, OR
Linda Gedeon, ND 1967	10/1/2013	Portland, OR
Maryk Geyer, ND 1963	9/13/2013	Portland, OR
Colleen Goodwin, ND 1994	10/9/2013	McMinnville, OR

Name, License Number - (con't) Licensed January 1, 2013 — December 31, 2013	Date	City, State
Teresa Gryder, ND 1944	1/1/2013	Portland, OR
Sara Hopkins, ND 1983	10/3/2013	Portland, OR
Shannon Hudson, ND 1964	10/1/2013	Portland, OR
Rachel Johnson, ND 1945	1/9/2013	Beaverton, OR
Lacey Kidd, ND 1948	1/17/2013	Tulsa, OK
Jennifer Krieger, ND 2006	10/22/2013	Lino Lakes, MN
Amy LaRue, ND 1988	10/04/2013	Bend, OR
Harmony Layne, ND 1977	10/1/2013	Portland, OR
Sandy Le, ND 1965	10/1/2013	Portland, OR
Heather Lilly, ND 1961	7/15/2013	Medford, OR
Heather McCarthy, ND 1953	4/2/2013	Scottsdale, AZ
Alexis Mele, ND 1968	10/1/2013	Portland, OR
Erin Mullaney, ND 1962	7/17/2013	Portland, OR
Deaun Nelson, ND 1950	4/1/2013	Portland, OR
Sarah Noseworthy, ND 1981	10/2/2013	Portland, OR
Megan Null, ND 2003	10/21/2013	Portland, OR
Eric Ohling, ND 1951	4/1/2013	Albany, OR
Noah Perlman, ND 1985	10/3/2013	Happy Valley, OR
Camella Potter, ND 1959	5/23/2013	Portland, OR
Karly Powell, ND 1999	10/15/2013	Portland, OR
Rebecca Principe 1978	10/1/2013	Portland, OR
Iris Rada, ND 2004	10/21/2013	Portland, OR
Christina Radie, ND 1990	10/8/2013	Portland, OR
Shannon Reive-Schmidt, ND 1949	3/6/2013	Portland, OR
Rena Rogers, ND 2002	10/18/2013	Portland, OR
Amanda Schirmer, ND 1957	4/11/2013	Gladstone, OR
Elizabeth Sedlak, ND 1995	10/9/2013	Wilsonville, OR
Aaron Smith, ND 1955	4/10/2013	Ashland, OR
Garrett Smith, ND 1960	7/1/2013	Tucson, AZ
Meghan Sperandeo, ND 1991	10/9/2013	Portland, OR
Ashley Sullivan, ND 1969	10/1/2013	Portland, OR
Jessica Sweet, ND 1997	10/14/2013	Vancouver, WA
William Thornton, ND 1952	4/2/2013	Portland, OR

Name, License Number - Licensed January 1, 2013 — December 31, 2013	Date	City, State
Ariel Touchet, ND 1970	10/1/2013	Portland, OR
Jennifer Tuttle, ND 1943	1/1/2013	Canby, OR
Amity Vacarella, ND 1947	1/9/2013	Portland, OR
James Wang, ND 1958	5/22/2013	Portland, OR
Andrea Williams, ND 1979	10/1/2013	Portland, OR
Jenna Wilson Crain, ND 1971	10/1/2013	Portland, OR
Michelle Young, ND 2000	10/16/2013	Portland, OR
Name, License Number - Licensed January 1, 2014 — September 30, 2014	Date	City, State
Andrew Allshouse, ND 2020	4/7/2014	Seattle, WA
Elena Blackburn, ND 2021	4/7/2014	Eugene, OR
Kacy Borba, ND 2022	4/7/2014	Portland, OR
Sydmarie Boyle, ND 2029	6/1/2014	Seattle, WA
Byron Butchart, ND 1470R	1/16/2014	Beaverton, OR
Danielle Engles, ND 1572R	2/14/2014	Portland, OR
Jessica Evans, ND 2014	1/2/2014	Lake Oswego, OR
Laura Geller, ND 1193R	1/6/2014	Portland, OR
Sarah Hourston, ND 2009	1/1/2014	Portland, OR
Katherine Kass, ND 2031	6/9/2014	Portland, OR
Kathleen Kuhn, ND 2013	1/1/2014	Portland, OR
Heather Lambert, ND 2024	4/10/2014	Portland, OR
Julia Mortlock, ND 2012	1/1/2014	Portland, OR
William Nager, ND 0624R	1/14/2014	Bloomfield, CT
Katherine Neubauer, ND 2018	2/27/2014	Bend, OR
Lillian Nguyen, ND 2032	7/7/2014	Portland, OR
Ashley Olberg, ND 2010	1/1/2014	Portland, OR
Karen Peterson, ND 2017	1/16/2014	Portland, OR
Alicia Rogers, ND 2033	7/10/2014	Corvallis, OR
Thomas Rogers, ND 2034	7/10/2014	Corvallis, OR
Lacey Ross, ND 2016	1/10/2014	Oklahoma City, OK
Natasha Rudd, ND 2011	1/1/2014	Bend, OR
Jennifer Ryan, ND 2008	1/1/2014	Portland, OR
Jill Sanders, ND 0846R	1/3/2014	Portland, OR
Megan Taylor, ND 2027	5/21/2014	Hillsboro, OR
James Toffolo, ND 1115R	1/2/2014	Redmond, OR
Jazper Torres, ND 2028	5/27/2014	Beaverton, OR
Teresa True, ND 2023	4/7/2014	Portland, OR
Onyria Tschudy, ND 2030	6/9/2014	Portland, OR
Shena Vander Ploeg, ND 2019	4/20/2014	West Linn, OR
Tristin Wallace, ND 2026	5/20/2014	Portland, OR
Laura Wollman, ND 2015	1/7/2014	Portland, OR
Anni Zieler, ND 2025	4/10/2014	Gresham, OR

# PRESCRIPTION DRUG MONITORING PROGRAM

## PDMP

### Prescription Drug Monitoring Program A Board Reminder and Update from the Program

Are you remembering that you have been paying for the administration of the Prescription Drug Monitoring Program (PDMP) with your annual renewal? You need to be enrolled so you can be aware of the DEA controlled prescriptions your patient is taking. You may not prescribe DEA scheduled substances, but your patient may be taking them, with your knowledge or not.

Do you think this service is only useful if you are prescribing DEA scheduled drugs? Not so, it can help you make sure you are not prescribing other drugs, herbs or dietary changes that might well be contra-indicated with any controlled medication the patient is now taking.

THE PDMP is a valuable tool to use in your patient's health care. If you are prescribing scheduled drugs, it's a must to have an account and use it as part of the information you gather for proper prescribing. If you aren't prescribing, it is still useful in the care of those patients that are on pain medication from other providers; this information may change your treatment plan or coordination of care for them. It will also allow you to know if they are on pain medication that they have forgotten to tell you about.

If you are not already signed up, do so today  
<http://www.orpdmp.com/>

#### OBNM LEGISLATIVE CONCEPT 649

The purpose of Legislative Concept (LC) 649, being proposed by the Oregon Board of Naturopathic Medicine, is to encourage consistency of Board membership by assuring members can serve a full three year tem, even if they fill a position left vacant by a previous Board member. LC 649 will clarify Board terms using the following language in ORS 685.160(3)(a) ... *a member is eligible for reappointment, but a member may not serve more than two consecutive full terms. Before the expiration of the term of a member, the Governor shall appoint a successor whose term begins immediately upon the expiration of the term of the current member. ...*

To learn more about how a law is made visit our home page or [https://www.oregonlegislature.gov/citizen\\_engagement/Pages/How-an-Idea-Becomes-Law.aspx](https://www.oregonlegislature.gov/citizen_engagement/Pages/How-an-Idea-Becomes-Law.aspx)

Top 12 Prescriptions, JUN 2011—MAR 2014

Drug	Number of Rx	% of all Rx
Hydrocodone	5,150,108	27.6%
Oxycodone	3,111,632	16.7%
Zolpidem	1,408,549	7.5%
Lorazepam	1,146,965	6.1%
Alprazolam	1,019,171	5.5%
Clonazepam	898,862	4.8%
Amphet ASP/AMPHET/D-AMPHET	679,691	3.6%
Morphine	631,769	3.4%
Methylphenidate	615,408	3.3%
Diazepam	500,176	2.7%
Methadone	332,509	1.8%
Acetaminophen with Codeine	289,238	1.5%

\* All Dosages, Quantities

Information provided by PDMP Research Analyst  
Heidi.R.Murphy@state.or.us

(Continued from page 2) UPCOMING FORMULARY CONVERSATIONS ...

Previously, there has been talk of the medical applications of cannabinoids, but because only medical and osteopathic doctors can legally recommend and facilitate cannabis use, there were no actions taken or recommended to The OBNM. Legislative changes this Fall may possibly change the current legal restriction on the naturopathic profession and open the door to multiple areas of concern and promise both in the medical and societal community.

To clarify, the Formulary Council has no regulatory authority, but merely makes recommendations to the OBNM for their consideration.

"Have a cup of coffee with your locally-elected representatives and tell them about your practice.

Attend a Board meeting & share your ideas.

Or ... better yet, apply to serve on the Board, or work on a Board committee!"

~ Yi-Kang Hu, Ph.D., JD.,  
past OBNM Member

Don't know who is your Legislative Representative for your neighborhood?

Find out at <https://www.oregonlegislature.gov>

## HOW CAN YOU AS A PHYSICIAN HELP IN YOUR COMMUNITY?

### SERV-OR

The State Emergency Registry of Volunteers in Oregon, known as SERV-OR is the program run by the Oregon Health Authority. It is a great avenue for licensed healthcare professionals who may want to volunteer their services to help those in need during community disasters and public health emergencies.

September is National Preparedness Month; however you can still join. More information and an overview video can be found at [SERV-OR.org](http://SERV-OR.org)

<https://serv-or.org> or DeWayne Hatcher

Systems Coordinator  
Public Health Division  
(971) 673-1038 office  
email

[dewayne.r.hatcher@state.or](mailto:dewayne.r.hatcher@state.or)

## CURRENT BOARD MEMBERS

### Gregory Eckel, ND, LAc Board Chair -

Dr. Eckel has served on the Board since 2010, and serves as Board Chair since 2011. Dr. Eckel has been licensed since 2001 and in private practices in downtown Portland.

### Dwight Adkins, Public Member -

Was appointed to the Board August 2011. He is a strategic consultant at Swaim Strategies and is involved in many community projects.

### Sara Ohgushi, ND -

As a Board member since 2009, Dr. Ohgushi has been in private practice since 2000 and is certified in natural childbirth. Dr. Ohgushi is the President of the American Association of Naturopathic Midwives.

### Patrick Chapman, ND -

Appointed to the Board in 2009, he is the Board's appointed representative to the Formulary Council. Dr. Chapman has been licensed since 2004, with a private practice in Sellwood.

### Sheila Myers, ND, LAc -

Appointed to the Board in 2011, she maintains a practice in Bend Oregon. Being in practice since 1991, she has the experience and knows the needs of rural Central Oregon practice.

### Lissa McNiel, ND -

Being appointed to the Board in July 2013, she is the newest member and enjoys a private practice in Medford Oregon. She has been licensed since 2006, and brings the interests of Southern Oregon with her.

### Charles Wiggins, Public Member -

Appointed in April 2013, with a background as an attorney he brings a strong interest in health care delivery and regulation.

*There will be several Board positions opening in July 2015. If you are interested in serving on this Board, or any other board (per the article by Dr. Ohgushi, submit an interest form to the office of the Governor, Executive Appointments.*

"What lies before us and what lies behind us are small matters compared to what lies within us. And when we bring what is within out in to the world, miracles happen."

~Henry David Thoreau

## CURRENT FORMULARY COUNCIL

**Kevin Wilson, ND, LAc, FC Chair** — A member of the FC since 2000, he maintains a general private practice in Hillsboro since 1983.

**Dohn Kruschwitz, MD** — Appointed to the FC in 1999. He is a full time Associate Professor of Academic and Clinical Medicine at National College of Natural Medicine.

**John Block, PhD, PharmD** — Joined the FC in 2006. He is a Professor Emeritus at OSU, has served on the Board of Pharmacy for 8 years, and is a recognized author and editor.

**Patrick Chapman, ND** — OBNM representative to the Formulary Council since 2009.

**Natalie Gustafson, PharmD** — A compounding pharmacist practicing in Hillsboro. She joined the FC in 2011.

**Justin Bednar, RPh** - Was appointed as the newest member to the FC in 2013. He is a Clinical Pharmacist at Multnomah County Health Department.

There is currently one position open on the FC, vacated by **Ann Blair PharmD**. Dr. Blair was a wonderful asset to the council and has been sorely missed. Dr. Blair joined the council in 2004 and served through many times of change bringing knowledgeable and thoughtful perspective to each discussion.

**Thank you Dr. Blair for your time.**

## FOR YOUR REFERENCE

### 2014 Changes in Immunization Requirements

SB 132 changes the process for parent's to claim non-medical exemption regarding vaccines. This law took effect March 1, 2014. Here are some links that you may find valuable:

Oregon Immunization Program

[www.healthoregon.org/vaccineexemption](http://www.healthoregon.org/vaccineexemption)

Immunization Law, for schools:

<http://l.usa.gov/OregonSchool>

Vaccine Safety:

<http://l.usa.gov/ProvidersVaccineSafety>

## DID YOU KNOW

### Laboratory Test Results

Lab results belong to your patient; however the standard in practice is for the physician to review the results with the patient by phone or in person. Alternately, a physician could send the results via mail with a written explanation of the results.



**BOARD DISCIPLINARY ACTIONS**

\*Board Actions from September 2012

Case No. & Name	Violation & Board Action (Final Actions Only)
N12-07-13 Chrysalis Yashpal Jayne (ND)	<p><b>Stipulation for Voluntary Surrender of License</b> effective September 26, 2013 for violation of ORS 685.110(7), ORS 685.110(8), ORS 685.110(14) and OAR 850-050-0190(3) for his conduct detailed in the Emergency Suspension Notice and related criminal conviction on May 23, 2013            License surrendered effective September 26, 2013            A copy of this notice and stipulation and can be found at  <a href="http://www.oregon.gov/obnm/discipline//N12-07-13.JayneC.Surrender.pdf">http://www.oregon.gov/obnm/discipline//N12-07-13.JayneC.Surrender.pdf</a>  <a href="http://www.oregon.gov/obnm/discipline//N12-07-13.JayneC.pdf">http://www.oregon.gov/obnm/discipline//N12-07-13.JayneC.pdf</a></p>
N12-07-16 Margaret Hammitt- McDonald, ND	<p><b>Consent Order</b> effective April 24, 2014 for violation of ORS 685.110(8), ORS 685.110(14) and OAR 850-050-0190(3) for unprofessional conduct that may have placed patient's at risk            C.O. includes five year probation, no DEA registration, civil penalty (\$45,000), 30 hours continuing education in addition to annual requirement, chart review.            A copy of this order and details of conditions can be found at  <a href="http://www.oregon.gov/obnm/discipline//N12-07-16.Hammitt-McDonaldM.pdf">http://www.oregon.gov/obnm/discipline//N12-07-16.Hammitt-McDonaldM.pdf</a></p>
N13-02-02 Kathleen Flewelling, ND	<p><b>Consent Order</b> effective April 25, 2014 for violation of ORS 685.110(8), ORS 685.110(14) and OAR 850-050-0190(3) for unprofessional conduct that may have placed patient's at risk            C.O. includes five year probation, no DEA registration, civil penalty (\$35,000), 30 hours continuing education in addition to annual requirement, chart review.            A copy of this order and details of the conditions can be found at  <a href="http://www.oregon.gov/obnm/discipline//N13-02-02.FlewellingK.pdf">http://www.oregon.gov/obnm/discipline//N13-02-02.FlewellingK.pdf</a></p>
N12-08-23 Robert J Schwartz, ND	<p><b>Settlement Agreement and Consent Order</b> effective May 28, 2014 for violation of ORS 685.110(8) treatment of patient's below the standard of care            C.O. includes no DEA registration, civil penalty (\$10,000), 30 hours of CE in addition to annual requirement, chart review, and renewal of license to practice after December 2015 only with approval by the Board.            A copy of this order and details of the settlement agreement can be found at  <a href="http://www.oregon.gov/obnm/discipline//N12-08-23.SchwartzR.pdf">http://www.oregon.gov/obnm/discipline//N12-08-23.SchwartzR.pdf</a></p>
N13-03-07 Neil Mages, ND	<p><b>Consent Order</b> effective June 13, 2014 for violation of ORS 685.110(8), ORS 685.110(14) and OAR 850-0190(3) in the chronic pain treatment of patient's            C.O. includes two years probation, a reprimand, suspended DEA for six months, with quarterly report for balance of probation, civil penalty (\$5,000), 12 hours of continuing education in addition to the annual requirement.            A copy of this order and details of the conditions can be found at  <a href="http://www.oregon.gov/obnm/discipline//N13-03-07.MagesN.pdf">http://www.oregon.gov/obnm/discipline//N13-03-07.MagesN.pdf</a></p>
N12-11-31N Laura Doane	<p><b>Final Order by Default</b> effective August 28, 2014 for violation of 685.020(2) by using the designation ND in correspondence; a civil penalty is imposed per ORS 685.990(2)            A copy of this Final Order with details is available by contacting the OBNM office</p>



The Oregon Board of  
Naturopathic Medicine  
800 NE Oregon Street Suite 407  
Portland OR 97232

*~Our mission~*

*The mission of the  
Oregon Board of  
Naturopathic Medicine is to  
protect the public through  
licensing and regulation of  
naturopathic physicians.*

*The Board will  
promote physician excellence  
and foster communication  
within the profession and with  
the public.*

#### Office Hours

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#### Contact Information

Tel: 971-673-0193  
Fax: 971-673-0226  
obnm.info@state.or.us  
www.oregon.gov/obnm

#### Board Staff

Anne Walsh, Executive Director  
Robin Crumpler, Administrative Assistant  
Vacant, Investigator

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Beginning November 1, 2014