



ND News

Oregon Board of Naturopathic Medicine

Do You Remember Your New Year's Resolution Last Year?—I do!!

"I WILL READ EVERY NEWSLETTER THE BOARD SENDS OUT!"

- WAIT—What ? I don't have to wait until the last day, minute or second of 2024 to renew my license? **I CAN RENEW MY LICENSE TODAY? YES YOU CAN!!** How is that possible? Well here's how.....
 - ⇒ Submit CE applications for approval while watching the World Series but no later than during the Macy's Thanksgiving Day Parade!
 - ⇒ Submit CE certificates BEFORE you have to eat pumpkin pie stuffing sandwiches every day after Thanksgiving!
 - ⇒ Update your personal/professional info, put in your DEA #, and enter contact info for your custodian of records while watching Charlie Brown's Christmas on repeat!
 - ⇒ Register with the PDMP per Oregon Law so you can keep your NYE date with Ryan Seacrest!!
- Hear Ye Hear Ye!!—Seeking Licensed NDs to Serve on the Board! Apply today!!! (or by Jan 24)
- Chair's Message— Hola! And Adios & Gracias Chair Freedman!
- Director's Report— Welcome Public Member Josh Luper, DAC, LAC, BCSI / Board Strategic Plan.
- Remember our friend CE Bill? He became the Law!! New CE rules in effect on January 1, 2025!

Board Licensure Renewal Period October 28—December 31, 2024

- Complete all renewal requirements through the licensee **Self-Service Portal** by **Dec. 31, 2024 by 11:59pm.**
- You are renewing using the **SAME CE RULES as 2023!** New CE rules do not take effect until January 1, 2025.
- Submit certificates of completion for 32 hours of **approved** CE earned in calendar year 2024. Including the following **required education for all active licensees:**
 - * One (1) hour of **cultural competency education** as required by **ORS 676.850** every even number calendar year.
 - * Two (2) hours of medical ethics or suicide intervention and prevention.
 - * Ten (10) hours of pharmacology.
- **Submit CE applications for Board approval on or before Friday, Nov 22nd.** Applications submitted after the 22nd may not be approved prior to the renewal deadline.

ROBIN'S RENEWAL REMINDERS!!

FORGOT YOUR PASSWORD? After three failed Login attempts—you will be locked out. Click on "forgot password" and a temporary password will be emailed to you. Email the Board if you get locked out and we will send you instructions.



UPDATE CONTACT INFORMATION IN THE SELF-SERVICE PORTAL

- * Employment mailing address
- * Email / phone / fax / website
- * Name changes
- * Designation of Custodian of Records



Hear Ye Hear Ye !! Seeking a Licensed ND to Serve on the Board!

Apply today and/or spread the word! The Board is seeking active ND licensees (who have been in practice for a minimum of five years) to serve on the Board. **Applications due January 24th, Board service starting June 2025.**

Learn more about the Board! APPLY TODAY!

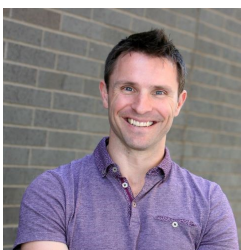
Board Member Responsibilities:

Attend bi-monthly Board meetings the second Monday of each even month at the Portland State Office Building, from approximately 930am-3pm.

Review confidential complaints and complaint investigations, including confidential and protected health information regarding members of the public to determine whether a licensee has violated an Oregon statute or rule in the course of their practice, and impose appropriate discipline.

Develop administrative rules and advise on legislative concepts to ensure best professional practices, enhance accountability and transparency.

Board Member Time Commitment/Compensation: Board terms are three years, and members may serve two terms, for a total of six years. Board member time commitment is approximately 12 hours on even months—including prep time and Board meeting attendance. **Board members are paid a stipend for time spent on material review and meeting attendance, along with travel reimbursement.**



Chair's Message: I am honored to be the new Chair of the OBNM. I have been a physician member of the Board since February 2022 and look forward to the additional responsibilities as Chair while serving the public to ensure naturopathy remains at the highest of medical standards for our state! I've become familiar with the inner workings of the Board over the past few years and I've realized that Board business, rule updates, licensing policies, and more can definitely seem confusing and annoying from the outside. But public policy takes time

and we really have both our patients, and our wonderful consortium of NDs, at heart. I can't thank my fellow board members, Executive Director, and administrative team enough! The work they all do is why we have such a great scope of practice, as well as the ability to provide it safely and effectively for our patients.

I would like to acknowledge and thank our previous board chair, Joana Freedman, PT, for all her time and contributions to our Board. Joana served as a public member beginning October of 2017, becoming Board Chair in October of 2021 until her term ended in February of this year. Joana was not only a skilled and dedicated Physical Therapist with over 40 years experience (!), she also served on the PT Board prior to her time with OBNM. Her wisdom and guidance behind the scenes was essential over the past 8 years, and we can't thank her enough.



Our Friend CE Bill—Has Become The Law!!



Well, actually—the draft filings became administrative rules, but there isn't fun clip art for that! After multiple discussions in several public meetings, and considering all public comment received on the multiple drafts, the Board adopted the revised continuing education rules. The amended rules increase Board efficiency and equitably benefits Oregon licensees.

The adopted OAR Division 60 rules go into effect January 1, 2025. Please review the adopted rules in their entirety.

For clarity, the Board split the three distinct categories of annual continuing education requirements and education approval criteria into of **three (3) rules**:

850-040-0210 Active and Inactive Licensee Annual Mandatory Continuing Education Requirements. Continuing Education Criteria per Subject Area.

- More **specific criteria for Board approval** of continuing education per required subject area.
- Allows licensees to take up to **two credit** hours annually for **professional development**

850-040-0215 Program Provider Applications for Board Approval of Continuing Education Programs

- **Programs provided by non-licensees:** Programs must be live and held in the State of Oregon, attended in person or with remote synchronous attendance by Oregon licensees.
- **Programs provided by AANP, OANP and Oregon Active Licensees:** Programs must be live and attended in person or with remote synchronous attendance of Oregon licensees.

850-040-0230 Licensee Applications for Board Approval of Continuing Education Programs Attended and Self-Directed Activities

- Licensee Applications for Board Approval: **Must be submitted no more than 30 days after the completion** of the self-directed activity or naturopathic continuing education program, event, course, webinar attended/completed.
- Licensees **may not apply** for continuing education credit for programs / activities **after they satisfy the annually required hours of continuing education** for their licensure status.
- Licensees may only annually submit a maximum of ten **(10) credit hours** toward their annual renewal requirement from the listed **self-directed education activities**.

DIRECTOR'S REPORT: This spring, the Board welcomed our newest public member, Dr. Josh Luper, DAC, LAC, BCSI; a licensed Acupuncturist and Board-Certified Structural Integrator in Tigard. He is passionate about Naturopathic Medicine and is an advocate for public access to high-level, whole person care in Oregon. Outside of professional practice, he enjoys hiking, exploring the Pacific Northwest, and visiting family in his hometown of Nashville, TN.



The Board also had an energetic and productive Board retreat in April. We worked diligently on a two year strategic plan that identifies action items —tasks the Board and I agreed to undertake in the near term relative to each area of the Board's primary responsibilities. The Board is committed to advancing and improving the Board's performance of its duties through the concrete actions detailed in the plan. When finalized, the Board strategic plan and affirmative action plan will be posted on the Board website.

2024-25 BI-MONTHLY BOARD MEETINGS

The Board welcomes you and any member of the public to attend the Board meeting public session either in person, via zoom or conference call.

Board meetings are held at the Board office the second Monday of even months:

2024: DECEMBER 9

2025: *FEBRUARY 3RD (SCHEDULE CHANGE TO 1ST MONDAY -THIS MEETING ONLY)

APRIL 14, JUNE 9, AUG 11, OCTOBER 13, DECEMBER 8



WE NEED TO KNOW YOUR DEA NUMBER!

DEA Licensees—enter your number in the self service portal as part of your contact information.

YOU NEED TO REGISTER WITH PDMP!

All prescribers in the State of Oregon are require to register with PDMP

oregon.pmpaware.net/login

DO YOU NEED TO KNOW WHAT YOU CAN PRESCRIBE? CHECK THE FORMULARY!!

Licensees may prescribe all drugs listed on AHFS, unless excluded or restricted by OAR 850-060-0223. Please contact the Board for the password to access the searchable AHFS on the website by either drug name or category.

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