



# ND News

## Oregon Board of Naturopathic Medicine

- OBNM Bills Became LAW!! **Legislative Update** on OBNM Budget Bill SB 5524 and HB 3042 clarifying and establishing grounds for discipline.
- **FORMULARY FUN!**
  - \* Do you have friends or colleagues with an advanced degree in either pharmacology or pharmacognosy? GREAT—ask them **apply to serve on the Formulary Council by September 10!**
  - \* OH NO!!— I want to prescribe a **drug that isn't specifically listed in the formulary**—what do I do?
- So you think you can pass the “*How Well Do You Know the New CE rules?*” test!
  - \* **Review the CE rules today!** Better to know on July 4th than on NYE if you completed activities and programs that actually DO NOT qualify for CE!
  - \* **IV Therapy Docs**—have you signed up for the **Parenteral Medicine NPLEX elective exam? Or are you exempt?**
- Chair's Message: THANK YOU outgoing Board member Dr. Bill Walters, ND!
- Executive Director Message: WELCOME incoming Board member Shehab El-Hashemy BSc, HBSc, MBChB, ND, Med.

### LEGISLATIVE UPDATE

The OBNM budget bill **SB 5524** and **HB 3042** clarifying and establishing grounds for discipline were signed by the Governor prior to the end of the 2025-27 legislative session.

#### **Reason for Introducing House Bill 3042-A/Projected Outcome:**

ORS 685.110 Grounds for Discipline have not been substantively changed in thirty-five years. The proposed changes set standards and expectations for licensees to ensure the highest medical standards, while enhancing transparency and clarity for patients and the public.

#### **Specific Changes in House Bill 3042-A (include but not limited to):**

1. (Page 1 / Line 9-10) (1) [~~Using fraud or deception in securing~~] Making misleading, deceptive or fraudulent representations in applying for a license.

Reason for the Statutory Change/Projected Outcome: Replaced inapplicable terms in this statutory context with plain language for clarity and transparency for licensees.

2. (Page 2 / Lines 28-29) (23) Engaging in sexual misconduct and (24) Failing to maintain required confidentiality.

Reason for the Statutory Change/ Projected Outcome: The Board currently relies on Board rules related to professional ethics. This change specifically and in plain language states that engaging in sexual misconduct and failing to maintain required confidentiality are grounds for discipline.

3. (Page 2 / Lines 30-32) (25) Providing substandard care as a naturopathic physician through a deliberate or negligent act or failure to act, regardless of whether injury to a patient occurs as a result of the act or failure to act.

Reason for the Statutory Change/ Projected Outcome: No change to the current Board statutory authority but enhances transparency and clarity for patients and the public, stating in plain language patient injury or harm is not required for finding of violation.



### FORMULARY FUN!!!

#### **Recruiting Formlary Council Members!!**

Do you know anyone who would like to serve on the Formulary Council? We are looking for two members with an advanced degree in either pharmacology or pharmacognosy. Learn more about the Council and share the link with qualified applicants and encourage them to apply by September 10!!



#### **I CAN'T FIND A NEW DRUG?? WHAT DO I DO??!!**

What if I can't find the exact drug name on the formulary—can I still prescribe it?

Licensees are permitted to prescribe all drugs and drug classifications on the AHFS Formulary unless excluded or restricted by Oregon Administrative Rule: **OAR 850-060-0223**.

If you can not find the name of the drug (which often happens due to new medications on the market after the AHFS was published, or a copyrights change) as long as the drug is part of a classification that is in scope – you may prescribe the drug!

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#### **2025-26 Bi-MONTHLY BOARD MEETINGS**

The Board welcomes you and any member of the public to attend the Board meeting public session either in person, via zoom or conference call.

Board meetings are held at the Board office the second Monday of even months:

2025: AUG 11, OCT 13, DEC 8  
2026: FEBRUARY 9, APRIL 13, JUNE 8

#### **2025-26 Bi-ANNUAL FORMULARY COUNCIL BOARD MEETINGS**

Sept. 17, 2025 & March 18, 2026

## ONLY Six Months Until Licensure Renewal!!

### *Take the Test: How Well Do You Know the New CE rules?*



- Can I still apply for 30 CE hours for teaching a course on Naturopathic Medicine?
- Does listening to a medical podcast or reading a book qualify for approval for Self Directed CE?
- Can I apply for CE Approval in December for a class I took in March?

(Spoiler Alert—Answers are all **NO!** - **Review the CE Rules Today!!**)

Licensees may **only** apply for Board approval for CE credit for Self-Directed Education and Activities listed in [850-040-0230 \(2\)](tel:850-040-0230), no more than 30 days from the date of completion. Licensee may receive a **maximum of ten (10) credit hours annually** from any combination of the listed self-directed education and activities.

- [Licensee Application for Board Approval of Self-Directed Activities](#)

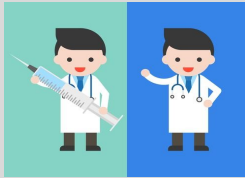
Licensees may apply for Board approval for **Structured Continuing Education Programs or Webinars** attended per [850-040-0230 \(1\)](tel:850-040-0230), no later than 30 days from the date of completion.

- [Licensee CE Application for Board Approval of Continuing Education Programs Attended](#)

Licensees **do NOT** have to submit an application for Board approval for courses offered by or accredited by those listed in [850-040-0215 \(2\)\(a\)](tel:850-040-0215) or previously **Approved CE Programs / Courses**. Prior to filling out an application check if the searchable list to see if the course / program has already been approved. **If previously approved, no application necessary!! Just upload your certificate of completion** through the self-service portal.

**Injection, IV Therapy CE on the Board Approved Program / Course list or listed in [850-040-0215 \(2\)\(a\)](tel:850-040-0215):**

- **Do NOT** fill out an application for approval.
- **Email a copy of your certificate of completion** to the Board so we can enter you on the **approved licensee list** for the education completed! Then **upload your certificate of completion** through the self-service portal.



## IV THERAPY

### PARENTERAL MEDICINE NPLEX ELECTIVE EXAM REQUIREMENTS AS OF JAN. 1, 2025:



All licensees who received their license, or will receive their license after January 1, 2025, must pass the Parenteral Medicine NPLEX elective exam to perform or supervise any / all IV Therapy.

Licensees who have NOT completed their education and training for Chelation IV, Ozone IV or Ketamine IV Therapy as of January 1, 2025, must pass the Parenteral Medicine NPLEX elective exam to perform or supervise Chelation IV, Ozone IV or Ketamine IV therapy.

Licensees who completed their education and training and were approved to perform IV Therapy, Chelation IV, Ozone IV or Ketamine IV therapy prior to January 1, 2025, are NOT required to pass the Parenteral Medicine NPLEX elective exam.

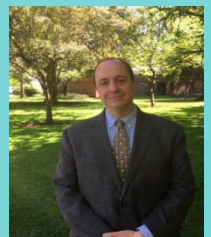


**Chair's Message:** I would like to take the time to give a huge thanks and acknowledgement to Dr. Bill Walters, ND for his 6 years spent as a board member, as well as a Board member liaison to the Formulary Council. Dr Walters always offered an extremely engaged, rational and composed approach to board meetings. Not only did he offer a wealth of public health experience working with a range of physicians and health practitioners in

Lane County, we could always rely on his impartial and well thought out input. His integrity and professionalism set a high bar for us all. We have been very fortunate for his service to our Board, the naturopathic community and the public at large. We will miss him at meetings and wish him all the best in his continued practice! We can't thank you enough Dr Walters!

I'd also like to thank our Executive Director, Mary-Beth Baptista, for her tireless efforts this legislative session. The bills she stewarded through on behalf of the Board and naturopathic community will strengthen the professionalism and standards of our unique profession, and maintain the Board's fiscal responsibility and independence.

Lastly, thanks to all you NDs providing excellent care to Oregonians. Hopefully you can take some well deserved physician heal thyself time over our beautiful sunny summer!



**DIRECTOR'S REPORT:** The 2025 legislative session is in the books!! I am thankful for all of your patience throughout the session. The Board budget is tight—but we will make it though! I also appreciate the public comment received on [HB 3042](legislation/2025/01/01/00003042). I am confident with the amendments made due to the feedback from the naturopathic community, this statute will have a positive impact on public safety and sustain the high caliber of treatment provided by naturopathic doctors in Oregon.



I would also like to thank Dr. Walters for his tireless and exemplary service on the Board since 2019. We are fortunate to have another skilled and dedicated ND to fill his spot on the Board. Please join me in welcoming our newest member, Dr. Shehab El-Hashemy BSc, HBSc, MBChB, ND, Med. Dr. El-Hashemy lives in Eugene, and is a primary care physician for the Federally Qualified Health Centers of Lane County. Prior to Lane County, he held academic positions as Director of Curriculum and Dean at the National University of Natural Medicine (NUNM, Portland, Oregon), and Associate Dean of Academic Delivery at the Canadian College of Naturopathic Medicine (CCNM, Toronto, Canada) Dr. El-Hashemy also has 20 years of experience, both as a primary care provider and a generalist healthcare provider focusing on Integrative Medicine and Developmental Pediatrics (Ontario, Canada).