



ND News

Oregon Board of Naturopathic Medicine

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Proposed Changes to OAR 850-060-0223 & 0226

Please be advised that the Board of Naturopathic Medicine has filed to amend Oregon Administrative Rules 850-060-0223 and 850-060-0226. The purpose of the amendments is to clarify the Formulary Compendium Exclusions and correct a citation error.

To review the proposed changes please see: <https://www.oregon.gov/obnm/rules/NoticeFilingOAR850-060-0223%200226.pdf>

Please **submit any comments** by email, fax or mail to the Board on the proposed amendments by **NOVEMBER 26, 2018 BY 5PM**

CURRENT BOARD MEMBERS

CHAIR, DR. JENNIFER GIBBONS—DECEMBER 2015

CHARLES WIGGINS—APRIL 2013

DR. LISSA MCNIEL—JULY 2013

DR. KEIVAN JINNAH—DECEMBER 2015

DR. ROBERT SKARPERUD—JUNE 2016

DR. TRACY ERFLING—SEPTEMBER 2016

JOANA FREEDMAN, PT—OCTOBER 2017

Chair's Message:



The Board met in June for our biannual Board retreat. The purpose of the retreat was for the Board to both clarify our purpose as a Board and set goals for the upcoming two years. In that spirit, we developed a new mission statement (see below) and discussed areas for development, including continuing education, the investigatory process, outreach to the profession, and updating the Oregon Administrative Rules.

In the new year we will reach out to the profession and ask for your input regarding what further revisions and updates to the OARs you believe are necessary. The Board will further seek your comment as we go through the rule making process.

Thank you all for your support this past year and keep the ideas coming!

Chair Dr. Jennifer Gibbons

Upcoming Board Meetings—2018-2019

All Board meetings are open to the public and agendas are posted on the website one week prior to each meeting. We encourage you to attend to hear what the Board is working on, provide input or just come to meet the members of the Board.

December 10 February 11 April 8

June 10 August 12 October 14

Board Mission Statement Revised and Adopted

The mission of the Oregon Board of Naturopathic Medicine is to regulate, through the Oregon Revised Statutes and Administrative Rules, the practices of naturopathic medicine in order to ensure protection of the public. We promote excellence in the practice of naturopathic medicine by assuring quality education, regulating naturopathic practices, and fostering ongoing public outreach. In this manner, the Board cultivates public trust and safety by ensuring the State of Oregon is served by naturopathic professionals providing the highest standards of care.

ANNUAL LICENSURE RENEWAL PERIOD—NOVEMBER 1– DECEMBER 31, 2018

- **November 1, 2018:** On-line Renewal Period Opens
- **December 31, 2018, 11:59pm:** Renewals submitted after this date and time will be charged a **\$150 late** fee in addition to all other licensure fees.
- **February 1, 2019:** Audit Notification. As part of the renewal procedure **ALL LICENSEES** shall provide the Board with a list of all CE credits earned in the previous year (i.e. Jan 1-Dec 31, 2018). Ten percent (10%) of licensees that submitted renewal applications will be selected for an audit. If selected, you will need to provide the Board with supporting documentation for all of the CE hours claimed on your renewal form. See OAR 850-030-0195(8) & 850-040-0210(8)

ALL LICENSEES REQUIRED TO ANNUALLY REPORT CONTINUING EDUCATION HOURS

In March 2018, the Board adopted changes to OAR 850-030-0035, 0090, 0195 and 850-040-0210. Changes related to annual CE reporting and hour requirements are highlighted below. Please read the full text of the rules on our website to familiarize yourself with what is required of ALL LICENSEES under the rules.

REQUIRED CONTINUED EDUCATION HOURS

- ◆ A total of **32 hours** of continuing education is required annually to maintain an active license. Of that total, 10 must be in pharmacology and 2 hours are required in EITHER of the following: medical ethics, cultural competency, or suicide intervention or prevention.
- ◆ Fourteen (14) hours of continuing education is required annually to renew a certificate in Natural Childbirth.
- ◆ Ten (10) hours of continuing education is required annually to renew an inactive license.
- ◆ Per Oregon Revised Statute 685.102 the Board may only accept continuing education credit completed in the calendar year prior to renewal (i.e. Jan 1-Dec 31, 2018). By statute, the Board is prohibited from accepting CE not obtained in the prior calendar year.

CE COMPLIANCE INSTRUCTIONS FOR FIRST YEAR LICENSEES

- ◆ To renew your active license, you must report to the Board completion of **32 hours** of continuing education (CE) obtained in this calendar year (2018). **Ten (10) of those 32 hours must focus on pharmacology and two (2) must focus on either: cultural competency, medical ethics or suicide prevention.** (See Oregon Administrative Rule 850-040-0210)
- ◆ You may receive continuing education credit hours from course work completed in 2018 from an accredited, graduate level health related program relevant to the practice of naturopathic medicine, i.e. courses taken in 2018 from NUNM, Bastyr University, etc. You may also receive credit for hours spent studying for your NPLEX and Oregon Jurisprudence Exam, and for hours spent in an approved **preceptorship or an approved full-time residency program.** (See OAR 850-040-0210(12) for complete list of qualifying programs, activities and courses)
- ◆ As part of the renewal application you will need to fill out a “Continuing Education Record” To receive CE credit for hours earned from course work you will need to fill in the form with the course name, date, and the area of study. Please review your transcripts and apply the number of “course hours” as the number of continuing education hours and indicate which category best describes the area of study. You are required to complete 10 hours of pharmacy and two hours of either cultural competency / medical ethics / or suicide prevention, so you must identify the CE hours earned for those areas of study on your CE record.
- ◆ If you are applying for continuing education hours from a **preceptorship or a residency**, you required to complete 10 hours of pharmacy and two hours of either cultural competency / medical ethics / or suicide prevention. If your program covered those areas of study, then you must identify the CE hours you earned on your record.

Director’s Message:



Thank you all for your engagement with the Board this year. With your help and input we adopted revisions to the Oregon Administrative Rules that reduced the number of continuing education hours annually required, clarified license renewal requirements, and adopted new ethics rules. The Board also published guidelines on Telemedicine / Telehealth and improved the chart review process for licensees on probation. To improve access and readability for practitioners and the public, there is now a searchable portable document format (pdf) of the Formulary Compendium on the Board website.

WELCOME OUR NEW FORMULARY MEMBER

Carmen M. Ionescu, MD, ND, Naturopathic Physician; Child & Adolescent Psychiatrist (EU); Northwood Health Center, Woodburn, OR; Blue Sky Wellness Salon, Portland, OR.

Dr Carmen Ionescu (yo-ne'-skoo), earned her ND at NUNM Portland, and MD from Carol Davila University of Medicine & Pharmacy in Romania's capital where, after a 5-year residency, she specialized in Child & Adolescent Psychiatry. Her M.D. degree is ECFMG-accredited for the USA. A proud moment was when she took her USA citizenship oath in Portland during Fleet Week, aboard the U.S. Coast Guard Cutter *Waesche*. Dr Carmen has been elected to serve a 2-year term on Oregon's Council on Naturopathic Physicians' Formulary.

Since her childhood in Romania, nature medicine and folkways have been part of Dr. Carmen's life and upbringing in her profession. At the side of grandparents and village elders, on mountain paths and country fields, Dr. Carmen learned the rich folk remedies, the wisdom of the ages—the keys to physical and mental health. To that wisdom, she harmonizes the breadth and science of modern medicine.

Next Formulary Council Meeting: MARCH 18, 2019

I hope you are as pleased as I am with all of our 2018 accomplishments!

We are looking forward to another productive year ahead. Administrative Specialist Robin Crumpler is taking the lead on constructing a new website for the Board that we trust will be a valuable resource for ND's, patients and the public. We are also engaging in rule making to clarify the Formulary Compendium.

In 2019, the Board will say goodbye to two members who have served on the Board for six years, public member Charles Wiggins and Dr. Lissa McNeil, ND member. The Board will begin recruiting for those positions early next year.

The Governor appoints members to the Board and the legislature confirms the appointments. The Governor requires that applicants fill out an interest form that tells the Governor about you, your background and why you want to be on the Board of Naturopathic Medicine. You may apply at any time. We anticipate the legislative confirmation process to begin in the spring of 2019. The Board will communicate specific dates and deadlines as we learn of them.

If you would like to apply, or encourage a public member to apply, the application is found on: https://www.oregon.gov/gov/admin/Pages/How_To_Apply.aspx