



OBNM Newsletter

The Newsletter from the Oregon Board of Naturopathic Medicine

Summer 2010

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Oregon Board of Naturopathic Medicine

The mission of the Oregon Board of Naturopathic Medicine is to protect the public through licensing and regulation of naturopathic physicians. The Board will promote physician excellence and will foster communication within the profession and with the public

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RENEWALS

**will be ready soon!
You will be able to
access your renewal
by going to the link
found at our web
site:**

oregon.gov/obnm

**You will sign
in using your last
name, license num-
ber and the last four
digits of your social
security ID. The link
will take you to a se-
cure site with your
renewal form to
complete, allowing
you to pay by credit
card or print and
mail with a check.
We will be live by
October 20.**

Dear Colleagues,

Welcome and congratulations to all our new Licensees! (see p. 6) We now have 870 licensed Naturopathic Physicians in the State of Oregon!

Your Board has undergone some changes since the last newsletter: I am your Natural Childbirth representative, and just became a member last fall, as did Patrick Chapman, ND. Greg Eckel, ND became a member in the winter. We joined Donna Beck, ND and Michelle Homer, ND, as the active ND's on the Board, and we are lucky to have two wonderfully supportive public members, Yi-Kang Hu, PhD, an attorney in private practice, and Glenn Taylor, who worked for many years in administration at NCNM and now works for Saturday Academy.

If you're like me before I became a member, you have only a vague idea of what the Board really does. At our recent retreat we identified increased communication with licensees as an immediate goal and I am pleased to announce that after this paper newsletter you will get short and sweet bi-monthly email newsletters, full of many useful links.

We encourage you to inform yourselves on the issues enclosed, and contact our Executive Director, Anne Walsh, if you have any questions. And consider becoming a Board member yourself! (As our terms are staggered there will always be future openings.)

Take good care,
Sara Ohgushi ND



(Left to Right) Patrick Chapman, ND; Sara Ohgushi, ND; Michelle Homer, ND; Donna Beck, ND; Yi-Kang Hu Ph.D.; Glen Taylor, Board Chair; Greg Eckel, ND

WATCH YOUR EMAIL INBOX for the OBNM Monthly Newsletter ANOTHER STRATEGIC MEETING DECISION PUT INTO ACTION

You will find it a quick read to keep you up to date on the Board. Some of the topics that you will find include:

- ◆ ` CE Spotlight - this may provide specific information on upcoming CE opportunities that might be of interest
- ◆ ` Down on the Pharm" – What you should know with the expansion of the Formulary compendium in January 2010
- ◆ ` Disciplinary "Issue of the month" – This may contain advice to help you as a professional "practice more responsibly"
- ◆ ` Meeting agenda or updates – any changes to the meeting will be posted here
- ◆ ` OBNM member highlight – So you know better who is serving on the board
- ◆ ` Fun Facts – something you may or may not have known about naturopathic medicine
- ◆ ` Link to the Boards survey so you can let us know how we are doing

Legislation 2011-2013 – Board Legislative Concepts Submitted

These measures could have an effect on the Naturopathic Board in some manner.

LC 530 *What the measure does:* This measure gives the Board the authority to charge back to the respondent the fees assessed in a contested case, when a hearing is requested and the Board prevails.

Background: As an “Other Funds” agency, the Board of Naturopathic Medicine relies on fees from licensees to support this program. Exponentially, as the profession grows and the number of consumers of naturopathic medicine increases, the Board receives and investigates more complaints. There were 200+ licensees in January 1999; there are over 850 licensees in January 2010, with 50-60 new doctors being licensed every year.

The Board’s mission to protect the public includes the investigation of complaints and disciplining doctors when appropriate. After a thorough investigation and review by the Board, disciplinary action may be deemed appropriate and the action is sent via a Notice. Every person issued a Notice of Proposed Discipline has a right to challenge the allegations in the Notice. Again, as the number of notices of proposed discipline increases, so do requests for a hearing. Contested case hearings are being requested more often and the Board has no way to know what to budget for these unknown costs, nor how much of an increase to licensing fees will be necessary.

A contested case, if it does not go to hearing can cost the Board between \$2,000 and \$6,000. A contested case that goes to hearing can cost the Board \$7,000 to \$50,000. With the passage of LC530, the Board hopes to encourage resolution without the cost of the hearing process for the Board or the licensee.

Solution: Charge the few respondents, not all licensees, the costs incurred in a contested case hearing and defers a fee increase to licensees.

LC 531 *What the measure does:* Maintains the Board’s authority to determine timelines for licensure examinations, without regulating the timelines of the national examination providers.

Background: Prior to 2007 Legislative session, the Board administered the NPLEX examinations. During that time, it set the number of times an applicant could retake any failed exams, including all national and state examinations.

In 2000, the North American Board of Naturopathic Examiners (NABNE), took over the administration of the national examinations and in doing so set the number of times an applicant may retake the national examinations. The Board would like to retain its authority in limiting the number of times an applicant may retake any examination, by specifying in rule, any examinations that may need to be limited in the number of times an applicant make retake them.

Solution: Remove the current language in ORS 685.080(5) and replace it with language that allows the Board to limit the number of times an applicant may retake any examination by rule.

This is a good time to learn about your Legislators. Introduce yourself and let them learn about your profession and your practice. You can find out who your legislators (Senator and Representative) are by visiting:

<http://www.leg.state.or.us/findlegsltr/>

Newly Licensed OBNM Naturopathic Physicians

We all know that the transition from being a full-time student to going out into the world and be a practicing doctor can be difficult. Some graduates are more prepared than others to face the challenges of starting out on their own – how does one set up an office, know who to hire, what to charge, how to organize, and what regulations must be followed in starting a new practice, etc.

Maybe you are looking for someone to join your practice or maybe you have can share your experience to help ensure the practitioners can make their practice viable. There is such a need for good NDs in Oregon; maybe you can help these new licensees.

Please feel free to call and say “hi” to one or more of our new doctors that may be practicing in your area. Those with no practice address at this time are noted as such.

Contact information can be found on our web site.

<https://hrlb.oregon.gov/OBNM/licenseelookup/>

For a list of Naturopathic Physicians Licensed since January 2009 see page 6.

License Update and Reminders

Prescription Drug Monitoring Program

SB 355 established in the Department of Human Services a Prescription Drug Monitoring Program (PDMP) for monitoring and reporting prescription drugs dispensed by pharmacies in Oregon that are classified in Schedules II through IV. The information obtained with the inception of this program will be available to Naturopaths and other health care providers for the purpose of evaluating the need for or the providing of medical or pharmaceutical treatment.

As of January 1, 2010, Naturopathic physicians authorized to prescribe or dispense controlled substances in Oregon were assessed a \$25 per year fee to support this program. This was a mandatory fee for licensees with a license in Active status.

An advisory committee was created to implement the PDMP. The naturopathic representative on the committee is Dr. Rick Marinelli, ND.

The PDMP program will be offering education on this program prior to its Spring implementation. Watch for more information to show up soon on our web site or in the bi-monthly newsletter in your email.

New Expanded Formulary for Naturopaths

As of January 1, 2010 the Naturopathic Formulary Council can include medications it considers essential for naturopathic physicians to practice primary care. With naturopathic medicine's emphasis on improving nutrition and lifestyle, preventive medicine, and primary care, the hope is that there will be a synergy in reducing costs, improving access to primary care medicines, and increased preventive practices for all Oregonians.

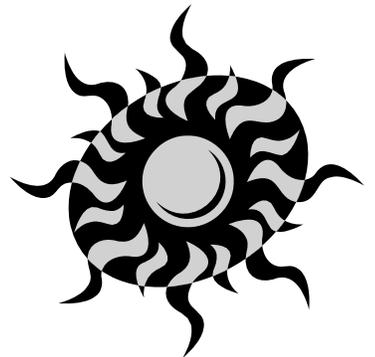
The "Formal" application is no more; however, complete information is needed for the council to consider any drug(s). To save cost to the Board, we ask that you submit 8 copies of the following (stapled and 3-hole punched) or we can do it at \$15 per drug request. Include: *Name of Drug – Generic and Name of Drug – Brand(s) Classification (use OAR 850-060-0226 to help you determine this) and Use(s) for drug and How the drug is administered and How is it within the scope of practice? and Should special education be considered with the approval of this drug? and What kind, how much and by whom?* Provide 8 eight copies for EACH submission and please remember to 3-hole punch and staple, and include supporting documentation. And of course, we will need contact information for the submitter. Please contact this office with any questions.

Don't forget to check in on the OBNM Website: www.oregon.gov/obnm

The Board of Naturopathic Medicine regularly posts new information to the website. We try to make the website as informational as possible and always welcome ideas on how to make it a more valuable resource for Naturopathic Physicians and their patients.

On the OBNM website you can find:

- Updated CE course offerings. These are updated monthly with new opportunities for you to earn those CE hours.
- Regular updates on proposed rules and statutes. You can find Board meeting dates as well as the minutes from past meetings.
- Informational material on such issues as EPT (Expedited Partner Therapy), Patient Charting, Ethical Issues, and FAQ's.
- A link is found throughout our web site which allows you to "ask the Board" if you do not find what you are looking for and a link which allows you provide feedback on our service. All of these resources are to keep you well informed about issues pertaining to Naturopathic Medicine. Check in regularly to see what we can do for you.



OBNM Public meeting dates* Mark your calendar, so you can attend:

October 4, 2010 and December 6, 2010

February 7, 2011; April 4, 2011; June 6, 2011; August 1, 2011; October 3, 2011; December 5, 2011

Formulary Council Public Meeting:

September 22, 2010*

*Meeting dates are tentative and may be changed. In the event of a change, notice will be posted ASAP.

CE FAQ's—BIG CHANGES IN 2010



Why an increase in CE hours?

Simply put, for increased professionalism.

Who is effected?

All naturopathic physicians holding an active license have seen an increase in the number of hours annually required. Other licensees will see that the options for obtaining hours has changed.

When did this new requirement take effect?

New requirements took effect January 1, 2010

How many hours of CE are required?

For the annual renewal period beginning on January 1, 2010, you need to obtain at least 35 hours of approved CE. At least 10 of these hours must be in pharmacology and at least 2 of these hours must be in medical ethics. Beginning January 1, 2011, you will need to obtain at least 40 hours of approved CE. At least 10 of these hours must be in pharmacology and at least two of these hours must be in medical ethics.

As of January 1, 2012, you will need to obtain at least 45 hours of approved CE. At least 10 of these hours must be in pharmacology and at least two of these hours must be in medical ethics.

For the annual renewal period beginning on January 1, 2013, and for each annual renewal period thereafter, you will need to obtain at least 50 hours of approved CE. At least 10 of these hours must be in pharmacology and at least two of these hours must be in medical ethics.

Can I get all of my CE credit by taking online CE classes?

Although the Board encourages the interaction found at in-person presentations, it is possible to receive all of your required CE credits by taking approved online classes. Audio- and video-taped CE can be used to satisfy your CE requirement as well. The amended rules no longer require in-person or live CE.

Where can I find information about online CE classes?

The Board's website provides several online options. The links found at the following site are offered only as suggestions only. The Board does not have the expertise to approve online CE programs, individually or by source. <http://www.oregon.gov/OBNM/Onlineoptions.shtml> Many of the classes are free and can be done at your own pace.

Are any other rules effected by this change?

Yes, OAR 850-030-0195 reflects this changes for the active renewal requirement, and OAR 850-035-0230 allows the ND with a natural childbirth certificate to use all required OB hours to count towards the active renewal.

Is there a limit to the number of hours I can obtain in one subject area?

No, the limit on the number of hours you can obtain in any one subject has been lifted with the 2010 renewal period. Annually, you can get all of your hours in one subject area, as long as you make certain that at least 10 of these hours are in pharmacology and two hours are in ethics.

Besides taking CE classes, what are other ways in which I can get CE credit?

You may continue to receive CE credit for participation in Board approved activities listed in OAR 850-040-0210(6). These include literature review, writing articles related to naturopathic medicine, research, and teaching. The amended rules removed the current limit on how many CE credits may be obtained for literature review and writing articles. This means that you will be able to apply for CE credits for the actual time spent on these activities.

Again, who is effected and when did these changes take effect?

All licensees holding an active license are effected by the changes to your Continuing Education requirements. Changes to OAR 850-040-0210 took effect January 1, 2010.

If I have more than 35 hours of CE, can I use the extra CE hours for next year?

No, except as approved in OAR 850-040-0210(8), which allows CE obtained in December that is not used in the year it is obtained to be credited to the following year.

Do I have to send all of my course completion certificates to OBNM?

No, however, in case of an audit, you must keep these certificates and your personal records for a period of at least five years.

HELPFUL HINTS TO EASE THE CE APPLICATION SUBMISSION

- ◆ Include a time-based schedule of activity
- ◆ List qualifications of all presenters
- ◆ Remember all programs must be professional level programs, directed to healthcare professionals and relevant to naturopathic medicine
- ◆ Pharmacy, OB, Ethics, and Pain specialty credit must be requested with a detailed time line devoted to each topic
- ◆ Submit your application, with supporting documentation, no later than 30 days after completion of the CE activity , or your request MAY not get any consideration.

NEWLY LICENSED OBNM NATUROPATHIC PHYSICIANS

Summer 2010

Licensed through August 2010

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Name	License	Initial Date	Location	Name	License	Initial Date	Location
Nora Aaron, ND	1693	9/29/2009	Portland	Eileen Hutchinson, ND	1725	1/6/2010	Not Listed
Zachary Allen, ND	1719	1/1/2010	Medford	Martha Ingram, ND	1656	1/1/2009	
Tammy Ashney, ND	1690	9/28/2009	Portland	Orna Izakson, ND	1686	9/28/2009	Portland
Rohina Azizi, ND	1714	1/1/2010	Portland	Glen Jarosz, ND	1744	4/8/2010	Portland
Cherry Bachmeier, ND	1728	1/19/2010	Milwaukie	Joshua Jeffords, ND	1747	5/17/2010	Not Listed
Laura Barbosa, ND	1721	1/1/2010	Beaverton	Emily Kane, ND	1662	1/13/2009	Juneau, AK
Lindsay Baum, ND	1694	9/29/2009	Portland	Shalini Kapoor, ND	1746	5/14/2010	Hillsboro
Marina Bazyuk, ND	1722	1/1/2010	Hillsboro	Jennifer Karon-Flores, ND	1687	9/28/2009	Portland
Brooke Beck, ND	1730	1/25/2010	Orlando, FL	Sara Kates-Chinoy, ND	1697	9/30/2009	Portland
Melissa Berry, ND	1663	1/21/2009	Lake Oswego	Jeffrey Kiker, ND	1680	9/14/2009	Portland
Jennifer Bogus, ND	1675	5/19/2009	Canby	Robyn Kutka, ND	1709	10/12/2009	Aloha
Alisun Bonville, ND	1711	10/19/2009	Portland	Corie Linn, ND	1688	9/28/2009	Eugene
Anna Boyd, ND	1708	10/12/2009	Portland	Ruth Marleau, ND	1661	1/7/2009	Portland
Jennifer Carroll, ND	1660	1/6/2009	Not Listed	Jeffrey Massarone, ND	1674	5/1/2009	Not Listed
Carolle Chapman, ND	1665	1/27/2009	Portland	Samantha Mathers, ND	1703	10/2/2009	Portland
Erin Cleveland, ND	1684	9/28/2009	Portland	Carol McIntyre, ND	1726	1/7/2010	Vernonia
Amanda Corwin, ND	1748	5/17/2010	Chester, VA	Kathryn Mercer, ND	1724	1/6/2010	Redmond
Heather Crider, ND	1712	10/26/2009	Orlando, FL	Justin Morse, ND	1702	10/2/2009	Eugene
Amanda Daeges, ND	1685	9/28/2009	McMinnville	Skye Nehs, ND	1683	9/25/2009	Portland
Karma Denmark, ND	1667	2/12/2009	West Linn	Melinda Nickels, ND	1669	3/10/2009	Portland
Kelly Donohue, ND	1691	9/29/2009	Portland	Carolyn Nygaard, ND	1717	1/1/2010	Portland
Jamie Doughty, ND	1715	1/1/2010	Portland	Elena Panutich, ND	1696	9/30/2009	Portland
Brittani Dowse, ND	1682	9/25/2009	Tigard	Andrea Partel, ND	1700	10/1/2009	Portland
Mark Dunn, ND	1716	1/1/2010	Bend	Paula Pilcher, ND	1749	7/7/2010	Beaverton
Timothy Dymond, ND	1745	4/30/2010	San Francisco, CA	Kathleen Pratt, ND	1736	3/22/2010	Not Listed
Jeff Edwards, ND	1733	3/5/2010	Not Listed	Angela Rademacher, ND	1706	10/6/2009	Portland
Vanessa Esteves, ND	1671	4/7/2009	Portland	Debroah Rice, ND	1742	4/2/2010	Sherwood
Geoffrey Fletcher, ND	1720	1/1/2010	Not Listed	Zia Robles-Hernandez ND	1657	1/1/2009	Santa Fe, NM
Kimberly Foster, ND	1723	1/1/2010	Eugene	Robert Ruiz, ND	1681	9/25/2009	Portland
Leslie Fuller, ND	1692	9/29/2009	Portland	Kathryn Sage, ND	1704	10/2/2009	
Jill Ghormley, ND	1654	1/1/2009	Portland	Marilyn Schnibbe, ND	1698	10/1/2009	West Linn
Abrienne Goss, ND	1741	3/25/2010	Bend	Sarah Schumann-Curtis, ND	1737	3/23/2010	Portland
Kara Goyette, ND	1678	6/19/2009	Wheat Ridge, CO	Andrew Scott, ND	1658	1/1/2009	Portland
Holly Grace, ND	1713	10/26/2009	Sherwood	Bonny Seal, ND	1727	1/7/2010	Not Listed
Casey Green, ND	1679	7/7/2009	Portland	Alexis Shields, ND	1699	10/1/2009	Portland
Rebecca Green, ND	1710	10/15/2009	Portland	Erika Sigrist, ND	1732	2/18/2010	Portland
Kristen Haglund, ND	1735	3/17/2010	Portland	Deanna Simonson, ND	1705	10/2/2009	Portland
Andrea Hambly, ND	1743	4/6/2010	Portland	Allison Smith, ND	1689	9/28/2009	Portland
Marsha Hamilton, ND	1670	3/31/2009	Milwaukie	Laura Tiberio, ND	1740	3/24/2010	West Vancouver, BC
Chikako Harper, ND	1655	1/1/2009	Portland	Laura Tomulet, ND	1668	2/25/2009	
Sara Hart, ND	1677	5/26/2009	Portland	Shannon Weeks, ND	1701	10/1/2009	Portland
Kendall Hassemer, ND	1739	3/24/2010	Portland	Carrie Werner, ND	1731	2/2/2010	Not Listed
Marleen I lavery, ND	1676	5/19/2009	Portland	Katrina Wilhelm, ND	1738	3/23/2010	Tigard
Whitney Hayes, ND	1729	1/22/2010	Portland	Serron Wilkie, ND	1718	1/1/2010	Portland
Corey Hoffman, ND	1707	10/8/2009	Portland	Abigail Wojcikiewicz, ND	1673	4/22/2009	Corvallis
Justin Hoffman, ND	1695	9/29/2009	Portland	Sharon Woodard, ND	1659	1/6/2009	Portland
Robyn Hughes, ND	1672	4/13/2009		Damon Zemin, ND	1664	1/22/2009	Not Listed
Nancy Hune, ND	1666	2/3/2009	North Coast	Kari Zimmerman, ND	1734	3/16/2010	Hood River

Board Disciplinary Actions

Board Final Actions since September 1, 2009

The Actual Final Order may be found at our web site: www.oregon.gov/obnm/licenseelookup

Case no./Name	Violation and Board action
N07-12-17 / Shandor Weiss, ND	Violations of ORS 685.110(8), (10), (13), (14), (15), (22) and OAR 850-050-0010(1)(c)(C), (1)(c)(D), OAR 850-050-0190(3), (7), (10); OAR 850-060-0215(3) in care and treatment of patient; STIPULATION FOR VOLUNTARY SURRENDER OF LICENSE IN LIEU OF REVOCATION effective January 12, 2010
N09-01-02A / Sandra Goldberg	Applicant violated ORS 685.110 by providing false information in connection with her application for a license to practice naturopathic medicine; SETTLEMENT AGREEMENT AND CONSENT ORDER signed October 12, 2009 – License denied, civil penalty \$3,500 due prior to reapplying for licensure
N09-01-03A / Robert Ruiz, ND	As an applicant, Licensee was in violation of ORS 685.110(15) and OAR 850-050-0190(3)(a) for unprofessional conduct while licensed as a Naturopathic physician in another recognized jurisdiction; FINAL ORDER CONSENT ORDER signed September 25, 2009 – License issued with five years probation
N09-02-04;-05.-06 / Aris Campbell, ND	Violation of ORS 685.110(8) and (15) and OAR 850-050-0910(3) for inadequately charting and violations in the standard of care; FINAL ORDER issued June 23, 2010 - Three years probation, 15 hours of additional CE due in 6-months (12 in charting; 6 in conflict management), within one (1) month of completing the required additional continuing education hours, Licensee must submit a plan to correct Licensee's processes for patient charting and record keeping and improve conflict management skills, civil penalty \$4,000 due within 90 days
N09-09-20 / Larry Herdener, ND	Unprofessional conduct in violation of ORS 685.110(8), (15) (2007), OAR 850-050-0190(3) and OAR 850-050-0190(8) (aiding or abetting the practice of healthcare by an unlicensed person); SETTLEMENT AGREEMENT AND CONSENT ORDER signed August 6, 2010 – Reprimand, 15 hours of additional CE (5 in ethics, 5 in charting, 5 in prescription writing); and civil penalty \$3,000 due within one year
N10-02-03A / Glenn Jarosz, ND	As an applicant, Licensee violated ORS 685.110(1) and (25), OAR 850-030-0110(2) and OAR 850-050-0190(4) by providing false information on his application; FINAL ORDER AND CONSENT ORDER effective April 9, 2010 - License issued with a Reprimand

Hints For Responsible Practice

The Board believes that all licensees want to practice responsibly. Here are a few reminders that we hope will be helpful:

- ◆ Communicate clearly with your patients. Remember they may need a little more patience to understand their health care needs. Make sure s/he knows her/his options for treatment plans.
- ◆ Keep complete and accurate charts for each patient. The board has some guidelines posted on our website.
- ◆ Check the Formulary before you prescribe.
- ◆ Refer when appropriate. Know what your limits are and use the skills of others towards your patients best interest
- ◆ Make sure your advertising is not misleading. Advertisers will take your money, it is your responsibility to be certain your advertising is truthful
- ◆ Should a complaint be filed against your license, cooperate with the Board during its investigation
- ◆ Contact the Board if you have questions on practice

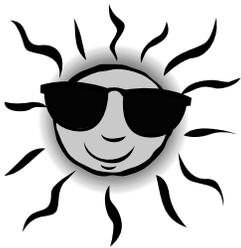
It has come to the attention of the OBNM that various weight loss clinics are employing or attempting to employ Oregon ND's in order to obtain a controversial weight loss aid called HcG (human chorionic gonadotropin). Some of these weight loss clinics are currently under investigation by the Oregon Department of Justice. One Oregon ND has already been disciplined for being involved with one of these clinics. HcG requires a prescription by a licensed physician, and the package insert comes with a disclaimer that it has no affect as an adjunct to weight loss. The OBNM would like to advise Oregon naturopathic physicians not to get involved in any partnership with a clinic that may provide inadequate care to members of the public. Please note that when prescribing this or any other medication to a patient, appropriate chart notes, health history, physical examination, adequate training and follow up are necessary and your responsibility.



Oregon Board of Naturopathic Medicine

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Duties & Responsibilities of the OBNM

The OBNM was established by the 1927 Legislature to protect the citizens of Oregon. By setting and enforcing health care standards in the practice of Naturopathic medicine, we are committed to servicing our community.

The Oregon Board of Naturopathic Medicine is made up of seven members; five are Naturopathic physicians and two are public members. All members are appointed by the Governor and confirmed by the Senate.

The OBNM carries out the provisions of its authority by examining, licensing, educating, promoting excellence in care, investigating complaints, and enforcing disciplinary action when appropriate.

The OBNM is here to assist. Please feel free to contact this office with any questions you may have. Your continued support is greatly appreciated!