



OBNE Newsletter

The Newsletter from the Oregon Board of Naturopathic Examiners

Summer/Fall 2008

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A Quick Word About CE Requirements

Continuing Education (CE) is required as part of the naturopathic physician's license renewal, per OAR 850-030-0195. The purpose of CE is to offer education that promotes competence and skills necessary to assure the citizens of Oregon the highest standard of naturopathic medical care.



All licensees must complete the required number of CE hours to renew their license. You will not be able to renew your license if you do not complete the required CE.

Please bear in mind that CE hours obtained and approved are applied to the year in which they were obtained/ approved. One exception is that hours obtained in December, and not used in the year obtained, may be credited the following year.

For a complete copy of CE requirements, statutes and rules, please visit the OBNE website at www.obne.state.or.us and select the Laws and Rules or CE tabs.

Also, page 2 of this newsletter contains some helpful continuing education frequently asked questions.

Please remember that it is every licensees responsibility to become familiar and knowledgeable of OBNE's Statutes and Rules.

Save The Dates!

OBNE Public Meeting Dates:

- ◆ October 6, 2008
- ◆ December 1, 2008
- ◆ February 2, 2009
- ◆ April 6, 2009
- ◆ June 1, 2009

*Meetings are tentative and may be changed. In the event of a change, a notice will be posted ASAP.

Formulary Council Public Meeting:

- ◆ October 1, 2008



CE FAQ's



How many hours of CE does a ND have to complete?

Per OAR 850-040-0210:

(a) *Each licensee with an **active** license must obtain at least 25 hours in CE every year, with at least five of these hours in*

pharmacy;

(b) *Each license holding an **inactive** license must obtain at least 10 hours of CE every year.*

(c) *A natural **childbirth certificate** requires 15 hours in obstetrics each year per OAR 850-035-0230.*

(d) ***New licensees** are not require to obtain CE in the initial year of licensure.*

Where can I obtain CE hours?

There are many places to obtain CE hours. A quick reference for CE is to visit the OBNE website and view a list of currently approved CEs and Professional Development Providers (PDP). You can also reference some online options via the OBNE website.

Can I do all my CE hours via on-line?

NO. If you live and practice in Oregon*, you must have a least 10 hours of CE from actual physical attendance of a program; per OAR 850-040-0210(2)(b).

* Per OAR 850-040-0210(8)(a) *Licensee maintaining an active license in Oregon but not living and practicing in Oregon may obtain up to 20 hours of CE by nonattendance activities that satisfy the program qualification in OAR 850-040-0210*

How do I know if the program I want to attend will count as CE hours?

You can visit the OBNE website for a list of currently approved CEs and PDPs. If your program is not listed and you are unsure it meets the requirements in OAR 850-040-0210, you will need to submit an application for CE approval. You can find this form and the guidelines for completing the form on our website.

I'm confused about the pain management, ethics and pharmacy requirements.

Pain: All licensees are required to obtain seven (7) hours of pain management education. This is a mandatory one-time CE requirement. There is a required one (1) hour session to be completed online. You can find this session by visiting the OBNE website, under the Continuing Education tab.

Ethics: All licensees are required to obtain three (3) hours of medical ethics every three (3) years.

Pharmacy: Licensees are required to obtain at least five (5) hours pharmacy education every year.

Are acupuncture programs acceptable for CE hours?

NO. Acupuncture requires separate licensing under a different board. In addition, acupuncture is not within the scope of practice for NDs. For these reasons acupuncture programs are not suitable CE for NDs.

What if I do not complete the required CE hours?

If the CE is not obtained by December 31st, your license will expire for non-compliance and you will not be allowed to practice until your license is restored to good standing.

I have been/will be unable to fulfill my CE, can I get an extension and/or not have to complete the required CE?

MAYBE. Per ORS 685.102(2) *The Board may exempt any person holding license under this chapter from the requirements of subsection (1) of this section upon application showing evidence satisfactory to the Board of inability to comply with the requirements because of physical or mental condition or because of other unusual or extenuating circumstances.*

Please contact the Board directly if you feel you meet the requirements for exemption.

I did more than 25 hours of CE, can I use the extra CE hours for next year?

NO. Per OAR 850-040-0210(1)(C) *Credit for this required education will be given in the year education is obtained.*

As an exception, hours obtained in December, and not used in the year obtained, may be credited in the following year.

Do I have to send all my course completion certificates to OBNE?

NO. Please keep these for your records and in case of an audit. You should keep these on file for a period of at least five (5) years.

HELPFUL HINTS FOR CE APPLICATION SUBMISSION

Remember to include the following with your CE Application:

- ◆ A time-base schedule of activity
- ◆ Presenter Qualifications
- ◆ Orientation. CE programs must be professional level programs, directed to healthcare professionals and related to naturopathic medicine.

For specialty credit (pharmacy, OB, ethics) please be specific and show a detailed time line devoted to each topic (s).

Meet Our Board Members

Rick Marinelli, ND, LAc, Board Chair — Dr. Marinelli has been in private practice in Portland since 1982. He is a Naturopathic Physician and licensed Acupuncturist.

Elaine Gillaspie, ND — Dr. Gillaspie has been in private practice in Portland since 1981 and is certified in natural childbirth. She is a member of the AANP and OANP.

Michelle Homer, ND — Dr. Homer practices pediatrics at her private practice in Southern Oregon.

Donna Beck, ND — Dr. Beck has a private practice and is an educator at the National College of Naturopathic Medicine.

Glenn Taylor, Public Member — Mr. Taylor currently serves as the Operations Manager for the Saturday Academy.

Yi-Kang Hu, Public Member — Dr. Hu is an attorney with the Portland law firm Kirkpatrick & Lockhart Preston Gates Ellis.

Interested in becoming a Board member?

For more information and to request the interest form, please call 503-378-3123

You may also visit <http://egov.oregon.gov/Gov/pdf/forms/Interestformdown.pdf>

Formulary Council Members

Kevin Wilson, ND — Chair

Rick Marinelli, ND

Cathy Rakers, RPh

Michael Mockler, RPh

Dohn Kruschwitz, MD

John Block, PhD

Anne Blair, PHD

Are you interested in working towards a more comprehensive formulary?

If you would like to work with other NDs in the process of growing the formulary compendium, please submit your name and contact information to obne.info@state.or.us

[Thank you for your interest!](#)

Why does the Board need your address and contact information?

- ◆ So you can receive important and informational Board mailings.
- ◆ So you can receive information on proposed rule changes and have the ability to provide your input.
- ◆ So the Board can contact you if a complaint is filed against you or against another licensee and you may be a witness.
- ◆ So you can receive your license renewal form.
- ◆ OAR 850-050-0130 requires licensees to notify the Board in writing within 30 days of any change of residence, practice and/or mailing address.

2009-2011 Legislative Concepts

The Board has submitted three Legislative Concepts (LC) for consideration in the 2009-2011 Legislative session, which will begin January 1, 2009. These Legislative Concepts are as follows:

LC466 – It is time the name of the Board reflect the true purpose of the Board. The Board licenses and regulates the practice of Naturopathic Medicine. The NPLEX exams are now administered by the North American Board of Naturopathic Examiners (NABNE) and has been since 2000.

LC467 – The task of the Formulary Council (FC) is to make sure that licensees have access to all substances that are available for patient care, which fall within the guidelines of ORS 685.145. The list of substances on the formulary compendium continues to grow well past 300 items and still some of the patient management tools found in prescription drugs are not available to NDs.

LC468 – This concept is house keeping only. The civil penalties in ORS 685.110 and 685.990 are not consistent; this amendment will clarify that the civil penalty is "up to \$5,000 per violation". In ORS 685.125 the language which gives the board authority to write rules as necessary is archaic; the language will be clarified.

Once draft language has been obtained by this office, we will post the proposed language to the OBNE web site for your consideration (www.obne.state.or.us). You can request a copy of these amendments through the board office if you do not have access to the internet.

~ Anne Walsh

Naturopathic Physician's Oath

I dedicate myself to the service of humanity as a practitioner of the art and science of Naturopathic medicine.

I will honor my teachers and all who have preserved and developed this knowledge and dedicate myself to supporting the growth and evolution of Naturopathic medicine. I will endeavor to continually improve my abilities as a healer through study, reflection, and genuine concern for humanity. I will impart knowledge of the advanced healing arts to dedicated colleagues and students. Through precept, lecture, and example, I will assist and encourage others to strengthen their health, reduce risks for disease, and preserve the health of our planet for ourselves, our families, and future generations.

According to my best ability and judgment, I will use methods of treatment which follow the principles of Naturopathic medicine:

- First of all, to do no harm.
- To act in cooperation with the Healing Power of Nature.
- To address the fundamental causes of disease.
- To heal the whole person through individualized treatment.
- To teach the principles of healthy living and preventive medicine.

I will conduct my life and the practice of Naturopathic health care with vigilance, integrity, and freedom from prejudice. I will abstain from voluntary acts of injustice and corruption. I will keep confidential whatever I am privileged to witness, whether professionally or privately, that should not be divulged.

With my whole heart, before this gathering of witnesses, as a Doctor of Naturopathic Medicine, I pledge to remain true to this oath.



License Renewal Update and Reminders

In an effort to create a quicker and more seamless renewal process, OBNE is working on an online renewal system to begin this year. More to come later...

Also beginning this year, license renewals will be an annual renewal with the following renewal fees:

- ◆ \$275 for an active license
- ◆ \$125 for an inactive license
- ◆ \$15 for a retired license
- ◆ \$60 for a certificate of special competency in natural childbirth



A completed renewal application will consist of the following items:

- ◆ Completed renewal form
- ◆ License fee
- ◆ Completed affidavit confirming completion of CE
- ◆ Late fee, if applicable

By October 20th, the Board will send all licensees a renewal form via email to the last email address on record, *so be sure we have your current email address*. If you do not use email, you will be mailed a paper renewal by November 1st, *so be sure we have your current mailing address*. If you have not received your renewal form by November 15th, you will need to contact the OBNE office. OBNE will not be responsible for undeliverable mailings.

If you fail to submit a completed renewal by December 15th, you will need to submit the \$75 late fee and completed renewal by December 31st. If this deadline is not met, your license will lapse and you will not be able to practice until your license is brought back to good standing, which includes a \$150 restoration fee.

For more information regarding licensure, please review OAR Chapter 850, Division 30.

Using the terms "specialty" or "specialize"

685.110 Grounds for discipline; penalties... (22) *Representing that the licensee is a medical specialist or practices a medical specialty.*

This language, which was added to our statute in 1989, is meant to prevent licensees from presenting to be osteopathic or other specialists in the field of allopathic medicine.

Licensees may not advertise to be a medical specialist or practice in a medical specialty, except when certified as natural childbirth providers. Although these terms may not be used, by law, to represent that a licensee has extended training or a greater interest in the care of patients in a specific area of practice, it does not prevent a licensee from advertising these areas of "greater interest", "expertise", or "extended training" or "experience" in an area of practice.

With all the professional level education available to licensees, it seems there should be an allowance for the advanced education and training education to be clearly presented as a specialty in advertising; however, as the law is written licensees may not use the term "specialty" or "specialist" in advertising unless holding a certificate in natural childbirth.

Board Disciplinary Actions

When looking for discipline on a specific Doctor, any formal action by the OBNE will be posted at our web site: <http://obne.oregonlookups.com/>

Licensee Disciplinary Action:

Case Number/Name	Violation	Action
N07-06-05	ORS 685.110 (25), OAR 850-060-0220, and OAR 850-050-0490 (12) Prescribing and charting violations	Prescribing restriction for six months; probation for 5 years; civil penalty of \$43,000; additional continuing education.
N07-07-07	ORS 685.110 (23) Failure to respond in timely manner to Board's request	Revocation

Non-Licensee Disciplinary Action:

Case Number/Name	Violation	Action
N06-12-11N / P. Staton	ORS 685.020 (1) ORS 685.020 (2) Claiming to practice naturopathic medicine	Civil Penalty of \$5,000
N07-03-03N / D. Simpkins	ORS 685.020 (1)	Civil Penalty of \$5,000; restricted use of certain terms and post that they are not a ND.
N07-07-09N / R. Nirmaier	ORS 685.020 (1) ORS 685.020 (2)	Civil Penalty of \$5,000
A.V.C / R. Lee	ORS 646.605 — 646.656 Unlawful Trade Practice	Restricted use of certain terms.
N07-03-02N / R.D. Mitchell	ORS 685.020 (1) ORS 685.020 (2) Practicing naturopathic medicine without a license	Civil Penalty of \$2,500; restricted use of electro-dermal testing or other machines described in ORS 677.

New Licensees!

Congratulations on all your hard work and welcome to the profession!

Name	License Number	Initial Date
Jesse Buttler, ND	1592	01/01/08
Karen Carleton, ND	1606	01/22/08
Shana Celnicker-Chong, ND	1600	01/09/08
Ericha Clare, ND	1610	02/13/08
Jeffery Clark, ND	1602	01/11/08
Jennifer Clemons, ND	1594	01/07/08
Michael Crupper, ND	1618	04/25/08
Sussanna Czeranko, ND	1589	01/01/08
Nicole Daddona, ND	1595	01/07/08
Zora DeGrandpre, ND	1593	01/01/08
Bijana Devo, ND	1603	01/08/08
Erin Dolezal, ND	1614	03/25/08
Stephanie Farrell, ND	1604	01/11/08
Margaux French, ND	1598	01/08/08
Mary Gloria, ND	1139R	09/25/01
Margaret Hammitt-McDonald, ND	1590	01/01/08
Jeff Hanson, ND	1601	01/09/08
Ashley Haywood, ND	1609	02/05/08
Aaron Hubbs, ND	1591	01/01/08
Kelly Jenings, ND	1620	05/01/08
J. Kaesermann, ND	1616	04/22/08
Tanis Klecker	1624	07/01/08
Juniper Martin, ND	1621	05/01/08
Tristin Mock, ND	1613	03/25/08
Anthony Murczek, ND	1617	04/22/08
Viktor Palchikovskiy, ND	1599	01/08/08
Kathryn Phillips, ND	1597	01/07/08
Jennifer Pursell, ND	1607	02/01/08
Gwendolyn Rogers, ND	1615	04/09/08
Shidfar Rouhani, ND	1611	03/03/08
Jennifer Salcido, ND	1619	04/30/08
Igor Schwartzman, ND	1588	01/01/08
Ekaterina Shavlovsky, ND	1596	01/07/08
Carrie Skinner, ND	1622	05/21/08
Robin Thomson	1623	06/06/08
Mika Tsongas, ND	1612	03/12/08
Meghan VanVleet	1625	07/01/08
Sheryl Wagner, ND	1608	02/04/08
Misty White, ND	1605	01/22/08





Oregon Board of Naturopathic Examiners

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Duties & Responsibilities of the OBNE

The Oregon Board of Naturopathic Examiners is made up of seven members; five are Naturopathic physicians and two are public members. All members are appointed by the Governor and confirmed by the Senate.

The OBNE was established by the 1927 Legislature to protect the citizens of Oregon. By setting and enforcing health care standards in the practice of Naturopathic medicine, we are

committed to servicing our community.

The OBNE carries out the provisions of its authority by examining, licensing, educating, promoting excellence in care, investigating complaints and enforcing disciplinary action when appropriate.

Your continued support is greatly appreciated!