

The Board has seen a significant uptick in questions surrounding telemedicine / telehealth and limitations / requirements of treating patients in states other than Oregon. Therefore, it seems prudent to remind licensees the purpose and function of state regulations, not just in Oregon, but nationally.

The purpose of state statutes and administrative rules is to protect the people in that state. All state regulations start and end at the borders of each state. **Jurisdiction (which State statutes and rules apply) is determined by the physical location of the patient at the time of treatment.**

Meaning, if you **are treating a patient physically located in Oregon at the time of treatment, Oregon statutes and rules apply.** If you have a question regarding scope of practice for that Oregon patient, contact the Board! If you are not sure if you are "*consulting / coaching / advising*" or *practicing medicine* for a person physically located in Oregon - shoot us an email and we can help talk you through it!

However, if your **patient is physically located in another state, the statutes and rules of the state the patient is physically located at the time of treatment determines what you can and cannot do.** If you have a question regarding whether you can treat a patient physically located in Idaho at the time of treatment, Idaho statutes and rules that apply, call Idaho! Patient in California? California laws apply, give the California regulatory agency a call, and so on.

This also includes questions regarding whether or not you are *practicing medicine* OR "*consulting / coaching / advising*" and / or any questions regarding prescribing rights for a person physically located in another state.

Simply put, Oregon CANNOT answer your questions about what you may or may not do, or what is considered practicing medicine, for a person physically located in another state. For a national list of state regulatory agencies: <https://fnmra.org/ras>

Important final point – it is NOT Oregon statutes and rules that determine / limit practice in another state, and Oregon is not different, special or more strict than any other state. As with every state in the nation, state laws start and end at the border of each state. Therefore – as any and every other licensed ND across the country, you need to contact the regulatory agency of the state in which your patient is physically located to determine what statutes and rules apply to you.

Link to telemedicine guidelines:

<https://www.oregon.gov/obnm/Documents/Rules/TelemedicineGuidelines.pdf>