
SCHOOL NURSING IN OREGON

Jamie Smith, State School Nurse Consultant,
Oregon Health Authority

Ely Sanders, Sexual Health and School
Health Specialist, Oregon Department of
Education

OREGON EDUCATION

Oregon
Health
Authority

Learning Objectives

- Participants will identify the role of nursing in the education setting.
- Participants will gain an understanding of the value of school nursing.
- Participants will have increased knowledge of how FERPA and HIPAA applies to education

OREGON EDUCATION

Oregon
Health
Authority

Help us help you!

- Current position
- Why did you choose this session?
- School nursing exposure

School Health

- School Nursing
- School Counselors
- Therapies – PT/OT/ST
- School Psychologist
- Health Assistants
- Educational/Instructional Assistants
- Unlicensed Assistive Personnel (UAP) – secretaries
- School-Based Health Center (SBHC)
- Mental Health Providers

WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD
A collaborative approach to learning and health

OREGON EDUCATION Oregon Health Authority

5

School Nursing

- School Nursing is a specialized practice of nursing that advances the well-being, academic success, and lifelong achievement and health of students. The primary role is to support student learning by acting as an advocate and liaison between the home, the school, and the medical community regarding concerns that may affect a student's ability to learn. The actions of a school nurse focus on strengthening and facilitating students' education outcomes, and are directed toward individual students, family, segments of the school population, the entire school population, the school community, or the larger surrounding community. (NASN)

School Nursing

- History in Oregon
- Current Efforts
- Nurse Practice Act
 - Delegation
 - LPNs
 - Practicing without a license
- Licensure
 - OSBN, TSPC
- Comparison to SBHC
- Recommended staffing of School Nursing

OREGON EDUCATION

Oregon
Health
Authority

7

Oregon Law

- OAR 581-022-0705 Health Services.
 - “The school district shall maintain a prevention oriented health services program for all students which provides:
 - Nurses and medically complex students (1:225)
 - Nurses and medically fragile students (1:125)
 - Nurses and nursing-dependent students (1:1)
 - Encouraged: nurses and enrolled students (1:750)
- ORS 336.201
- The ratio of nurses to students, in districts reporting data for the 2014-2015 school year is 1:4664

OREGON

Oregon
Health
Authority

Oregon Department of Education

FERPA vs HIPAA

- FERPA – Family Education Rights and Privacy Act (1974)
 - Prevents the disclosure of **personally identifiable information** (PII) in a student's education record without the consent of a parent or eligible student (aged 18 or older) unless an exception to the law's general consent requirement applies.
 - Grants parents and eligible students the right to review the student's education records maintained by the school and request correction of records they believe to be inaccurate or misleading.
 - Resource: [Joint Guidance on the Application of the Family Educational Rights and Privacy Act \(FERPA\) And the Health Insurance Portability and Accountability Act of 1996 \(HIPAA\) To Student Health Records.](#)
- HIPAA – Health Insurance Portability and Accountability Act (1996)
 - Prohibits covered entities from disclosing **protected health information**(PHI) to any third parties, unless the individual who is the subject of the information (or the individual's personal representative) authorizes it in writing or the rule otherwise permits the disclosure.

Federal Legal Requirements

- 504 (1973)
 - Section 504 provides that: "No otherwise qualified individual with a disability in the United States . . . shall, solely by reason of her or his disability, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance . . ."
- FAPE (1973)
 - The Section 504 regulation requires a school district to provide a "free appropriate public education" (FAPE) to each qualified person with a disability who is in the school district's jurisdiction, regardless of the nature or severity of the person's disability
- IDEA (1975,1990), IDEIA (2004)
 - The Education for All Handicapped Children Act (EHA), now known as the Individual with Disabilities Education Improvement Act (IDEIA), was passed as law in 1975 as IDEA and revised in 1997 and again in 2004 to IDEIA. This law established national standards for the free appropriate public education of children with disability-related learning problems in the least restrictive environment.

The school nurse's role in the 504 or IDEA process may include

- Assist in identifying children who may need special educational or health-related services.
- Help assess the identified child's functional and physical health status,
- Develop individualized healthcare plans (IHP) and emergency care plans (ECP),
- Recommend health-related accommodations or services that may be required.
- Assist the team in developing an Individual Educational Plan (IEP) or 504 Accommodation Plan that enables the student to participate in his or her educational program.
- Assisting the parent(s)/guardians and teachers to identify and remove health-related barriers to learning.
- Provide in-service training for teachers and staff.
- Provide and/or supervising unlicensed assistive personnel to provide specialized healthcare services.
- Evaluate effectiveness of the health-related components of the IEP with the child, parent(s), and other team members.

OREGON EDUCATION

(Gibbons, Lehr, & Selekman, 2013, p. 26)

Oregon
Health
Authority

11

School Nursing Services (See Handout)

SCHOOL NURSE

- **Governed by state and federal education rule and statute;**
- **Serve all students.**
- **Provide case management for chronic and acute student health conditions.**
- **Coordinate mandated screening.**
- **Train and delegate specific nursing tasks to other school personnel, drafts student health plans, and assist with IEP and 504 plans.**
- **Provide mental health crisis intervention.**
- **Works with student's primary doctor.**
- **Medicaid is first payer.**
- **Works under FERPA.**
- **School Nurses are members of the school district staff and are**

OREGON EDUCATION

Oregon Department of Education

Oregon
Health
Authority

School Nursing vs SBHC

SCHOOL NURSE	SCHOOL BASED HEALTH CENTER
<ul style="list-style-type: none"> • School Nurses are members of school district staff and are governed by state and federal education rule and statute. Serves all students; • Provide case management for chronic and acute student health conditions; • Coordinate mandated screening • Train and delegate specific nursing tasks to other school personnel, drafts student health plans, assist with IEP and 504 plans • Provide mental health crisis intervention; • Works under student's primary doctor. • Medicaid is first payer • Works under FERPA. 	<ul style="list-style-type: none"> • School-Based Health Centers (SBHCs) are public health primary care clinics located in a school building or on school campus. • Sees students by appointment; • Staffed by nurse practitioners, nurses, qualified mental health staff who are employees of community health care agency (County Health Dept.); • Perform routine physical exams, sports physicals, reproductive health services and well child care Diagnose and treat acute and chronic illness, and treat minor injuries. • Provide mental health assessments and services; • Bills private insurance , Medicaid 2nd payer

Oregon School Nurses Report Increase Need

Students Are Presenting With:

- Obesity (includes related chronic disease including diabetes, high blood pressure etc.)
- Asthma
- Food allergies
- Vision deficiencies
- Mental health / Emotional health problems
- Stress related illnesses
- Limited or no access to Health Care
- Sexual health/Teen pregnancy concerns

2016-2017 School Nurse Report

Straight Ratio	1:2,565
Medically fragile (1:125)	4,524
Nursing dependent (1:1)	96
Medically complex (1:225)	16,577
RNs	268
LPNs	32
Adjusted Ratio (subtracting out mandates)	1:8935

Value of a School Nurse

- Staff trainings
- Consultation for health related 504s and IEPs
- Oversight of State Immunization requirements
- Accurately assess health needs of students and staff
- Screenings – vision, hearing
- Care coordination for students with chronic conditions
- Delegation
- Communicable disease
- Employee wellness

➤ If there is no nurse, who is doing these essential tasks?

Various Models in Oregon

- **Models**
 - Local hire
 - ESD
 - Health Department
 - Hospital
- **Funding**
 - General fund
 - Medicaid reimbursement
 - Resolution funds
 - Public outreach through hospital or health department

Individualized Health Plans (IHP)

- Sometimes called Health Management Plans (HMP) or Emergency Care Plans (ECP)
- Nursing tool to communicate health related information to school staff
- 504s and IEPs are education tools
 - Accommodations, specialized instruction
- An IHP can become an attachment to a 504 or IEP or stand alone, but does not become a 504 by itself

Leukemia

Parents: Dad's cell:

Pediatric Oncologist:

History:

- Student was diagnosed with Acute Lymphoblastic Leukemia (ALL) on [redacted]. Since then he has been receiving chemotherapy monthly in Portland. Student has tolerated the chemotherapy with minimal adverse reactions.
- Student knows to avoid close contact with ill people due to a weakening of his immune system – May ask teachers to sit in a different seat temporarily
- Student also has a port implanted in his left chest that allows the doctor to administer his chemo. Student knows how to protect this area and should not be restricted for activity other than football. If there is a blow to this area, it is not life-threatening.
- Student may experience increased fatigue due to the medication that he receives – May need to go to the health room to lay down

Plan:

- Parents will be notified of communicable disease outbreak at school e.g. chickenpox, measles, mono, strep throat, or severe colds.
- Health room will notify parent and school nurse if student experiences a temperature >100.4 F or signs of illness.
- School nurse should be called if student complains of discomfort around port or if there is an impact incident to that area

If student is showing signs of illness:

- Escort to health room or call for assistance
- Call parent and school nurse
- Call 911 for signs of acute illness including respiratory distress or change in consciousness
- Perform appropriate First Aid/CPR as indicated

For your child's safety, this information may be shared with other staff members.

OREGON EDUCATION Oregon Health Authority

19

Accommodations Activity

- 5 year old kindergartner - Newly diagnosed Type I diabetic over Christmas break
 1. What questions need to be asked and by who?
 2. Do you think this student qualifies for a 504? What if they are already on an IEP?
 3. What accommodations might this student need to ensure free access to a public education equal to their same-aged peers?

School Nurse Delegation

- Nurse delegation to non-medical school staff has become the new norm in Oregon
- In districts with high nurse:student ratios, nurses are unable to care for students or be present for medical crisis
- Nurses and school officials report delegation of daily medical procedures such as:
 - Insulin dosing and injection
 - Anti-seizure medication administered rectally during episode
 - Urinary catheterization
 - Crisis response medical emergency

OREGON **E**

Oregon Department of Education



Ethical Issue Discussion

- DNR order
- Guns in schools
- Medical marijuana
- Transgender students
 - See Guidance to School Districts: Creating a Safe and Supportive School Environment for Transgender Students Issued May 5, 2016
<http://www.ode.state.or.us/policy/federal/civilrights/transgender-student-guidance-5-5-16.pdf>

OREGON **EDUCATION**



22

Emotional/Political Issues

- Head Lice
- Bed Bugs
- Scabies
- Chocolate Milk
- Norovirus
- Influenza

Challenges

- Field trips
- Out of state field trips
- Substitute
- Parents won't provide information
- Professional development
- Overstep of other disciplines
- Supervision of health professionals

Opportunities

- State support and policy change
- Local District support and policy change
- Funding opportunities
- Partnerships?

Learning Objectives

- Participants will identify the role of nursing in the education setting.
- Participants will gain an understanding of the value of school nursing.
- Participants will have increased knowledge of how FERPA and HIPAA applies to education
- Participants will practice scenarios related to common decisions made regarding school health

SB 111 Medicaid Billing Pilot

- SB 111 signed into law (June 2017)
- Requires ODE to implement a Medicaid in Education pilot program involving 9 school districts
 - Received funding for 2 FTE
 - OHA received funding for 1 FTE
 - ODE will provide TA to help pilot districts bill Medicaid comprehensively.
 - ODE to submit cost benefit analysis to legislature in 2020
- Depending on future legislation, districts may be required to bill Medicaid.

Questions?

Thank you!

- Jamie Smith – jamie.leon.smith@state.or.us
 - Ely Sanders – ely.sanders@state.or.us
-
- Please reach out to your school nurse and express appreciation for the work they do!