

GROSS MOTOR

"Simon Says" Documentation Form



Skill	Children who performed skill at highest level	Children who did NOT perform skill at highest level
<p>Walking</p> <p>Skill A: Ability to walk with a flat foot or to toe walk</p> <p>Skill B: Ability to walk by first striking with the heel and then rolling onto the ball of the foot WITHOUT arms and legs moving in opposition</p> <p>Skill C: Ability to walk by first striking with the heel and then rolling onto the ball of the foot WITH arms and legs moving in opposition</p>		
<p>Running</p> <p>Skill D: Ability to maintain balance and control when running</p>		
<p>Running around obstacles</p> <p>Skill E: Ability to run through space without bumping into others or objects (e.g., quickly change direction, stop and start)</p>		
<p>Galloping</p> <p>Skill F: Ability to demonstrate emerging galloping skills</p> <p>Skill G: Ability to demonstrate a smooth rhythmical action when galloping</p>		
<p>Hopping</p> <p>Skill H: Ability to maintain balance and control while hopping forward on one foot</p>		
<p>Skipping</p> <p>Skill I: Ability to demonstrate a smooth rhythmical action when skipping</p>		