

GROSS MOTOR

Multiple Child Documentation Form



| Skill A | Skill B | Skill C | Skill D | Skill E | Skill F | Skill G | Skill H | Skill I |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| <p>Walks on a flat foot or walks on the toes.</p> <p>WATCH FOR: Entire foot being placed flat on ground (not hitting with heel first) OR walking on toes/ball of foot</p> | <p>Walks by distributing weight from heel to toe WITHOUT arms and legs moving in opposition.</p> <p>WATCH FOR: Heel hitting ground first AND arms not swinging opposite legs; arms may be held up to help with balance or for guarding.</p> | <p>Walks by distributing weight from heel to toe WITH arms and legs moving in opposition.</p> <p>WATCH FOR: Heel hitting ground first AND when right leg forward, right arm back; when left leg forward, left arm back</p> | <p>Maintains balance and control when running.</p> <p>WATCH FOR: Running without falling</p> | <p>Maneuvers around objects and people while running.</p> <p>WATCH FOR: Running around things and people without bumping into them</p> | <p>Emerging galloping skills.</p> <p>WATCH FOR: Stiff and arrhythmic movements while trying to gallop</p> | <p>Gallops smoothly.</p> <p>WATCH FOR: Rhythmical galloping with longer steps and arms swinging freely by sides</p> | <p>Hops forward smoothly on one foot.</p> <p>WATCH FOR: Balance and control while hopping forward on one foot</p> | <p>Skips smoothly.</p> <p>WATCH FOR: Smooth and rhythmical skipping with arms and legs moving in opposition.</p> |
| Child | Evidence and Notes (Describe what you observed that provides evidence for the skill selected. Describe any prompts used. Note that a child may be "Emerging" if not yet at Skill A.) | | | | | | | |
| | 1. Date: <input type="checkbox"/> Observation <input type="checkbox"/> Situation <input type="checkbox"/> Task <div style="text-align: right;">Learning Status: _____</div> | | | | | | | |
| | 2. Date: <input type="checkbox"/> Observation <input type="checkbox"/> Situation <input type="checkbox"/> Task <div style="text-align: right;">Learning Status: _____</div> | | | | | | | |
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