

Science Lab Safety Guidelines

Always:

- Work with an adult.
- Read and follow all directions for the activity.
- Read all warning labels on all materials being used.
- Wear eye protection.
- Follow safety warnings or precautions, such as wearing gloves or tying back long hair.
- Use all materials carefully, following the directions given.
- Be sure to clean up and dispose of materials properly when you are finished with an activity.
- Wash your hands well after every activity.

Never eat or drink while conducting an experiment, and be careful keep all of the materials used away from your mouth, nose, and eyes!

Never experiment on your own!

[Click here](#) for more detailed information on chemical and laboratory safety.

Modified from: The American Chemical Society Guidelines