

Division 22 Standards



August 2023 | Issue 3

NEWS

A LOOK INSIDE THIS ISSUE:

- [New & Noteworthy](#) (pp. 2-3)
In June, significant updates to the **Health Services** rule were adopted by the State Board, and the legislature passed HB 3199, revising the **PE Requirements** for middle school
- [Standards Spotlight](#) (pp. 4-5)
Resources to support your district in meeting compliance with the **PE Requirements**.
- [Unpack this OAR](#) (p. 6)
What exactly are the requirements for **Suicide Prevention Plans**? We break it down in plain language.
- [Resource Roundup](#) (pp. 7-8)
New **Comprehensive School Counseling Program** resources, and much more!

SUPPORTING CONTINUOUS IMPROVEMENT

There are currently 56 rules in Division 22 that all Oregon school districts must comply with in order to be considered a standard school district. We appreciate that understanding and tracking all of these requirements can be a challenge, especially for leaders in smaller districts. By integrating a review of Division 22 compliance into the continuous improvement process, school and district leaders can determine areas that need attention in order to meet minimum compliance, as well as areas where a focus on the implementation of best practices that go "beyond the floor" would most benefit students.

As you plan for reporting to your board in the fall and to ODE in November, keep in mind that our primary goal is to support districts in meeting compliance. We hope that the articles included in this issue help deepen your understanding of the rules that are highlighted. If you have questions or support needs around these or any other rules included as part of the Division 22 Standards, we encourage you to reach out.

Susan Payne
Education Standards and Systems Specialist



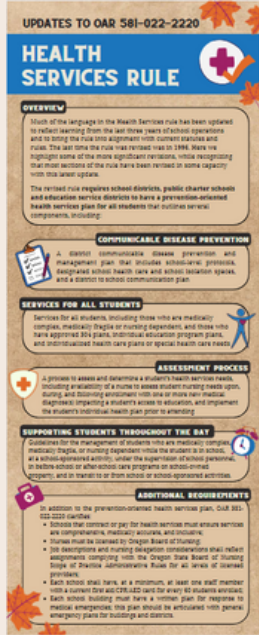
UPDATED: HEALTH SERVICES RULE (OAR 581-022-2220)

We are excited to share that the long standing Health Services Rule (OAR 581-022-2220) was updated and adopted by the State Board of Education on Thursday, June 15th. Recognizing the importance of health in supporting equitable and well-rounded education for every student in Oregon, this rule seeks to promote the health and safety of all students across the state.

Last revised in 1996, much of the rule’s language has been updated to reflect learning from the last three years of school operations and to bring the rule into alignment with current statutes and rules.

Significant Revisions

In this infographic, we highlight some of the more significant revisions, while recognizing that most sections of the rule have been revised in some capacity with this latest update.



Accessible version of the infographic content

COMMUNICABLE DISEASE PLANNING

The communicable disease planning expectations of the rule align with the school-level communicable disease planning released by ODE on May 10, 2023. Districts, public charter schools, and education service districts are still required to submit assurances regarding school-level communicable disease planning for the 2023-24 school year as specified in that communication.

Implementation and Next Steps

The revised rule will be in effect for the 2023-2024 academic year. Districts will first report on their compliance with the revised rule as part of Division 22 Standards annual assurances in November of 2024.

ODE staff will provide templates, tools, technical assistance, and other supports for the implementation of the rule in the coming months.



Questions about the new Health Services rule?

Contact ODE's Healthy Schools Team ODE.HealthySchools@ode.oregon.gov

New & Noteworthy



TWO D22 ITEMS UP FOR ADOPTION AT SEPTEMBER STATE BOARD MEETING

Menstrual Dignity for Students Rule

In September, the Oregon State Board of Education will be voting whether to adopt a new Oregon Administrative Rule that will link requirements of the Menstrual Dignity for Students rules (OAR 581-021-0587 through OAR 581-021-0596) to Division 22. The new rule responds to feedback by strengthening school district accountability and providing communities an avenue to voice concerns. While the new rule does not change the requirements or intention of the original Menstrual Dignity Act, it will enhance ODE's ability to provide technical support to schools and districts in their efforts to provide menstrual product options that are free and privately accessible to all students.

Assessment of Essential Skills Suspension

At present, the assessment of Essential Skills graduation requirement for Oregon's students is suspended through the 2023-24 school year (OAR 581-022-2115(3)). In a report mandated by Senate Bill 744, ODE recommended replacing the assessment of essential skills graduation requirement with an alternative accountability measure(s). The legislature has not yet taken action on this recommendation.

During the June meeting of the State Board of Education, ODE asked the board to extend the suspension of the assessment of essential skills policy through the 2027-28 school year to allow for legislative and state board action. The board will make a decision on this request during their September meeting.

The requirement to administer local performance assessments (OAR 581-022-2115(2)) has not been suspended and districts will continue to report on compliance with this section of the rule on their November assurances.

NEW MIDDLE SCHOOL PE REQUIREMENTS PASSED BY THE LEGISLATURE IN JUNE

HB 3199, which reduces the total number of physical education instructional minutes required in grades 6-8, was passed just before the close of the 2023 legislative session. The bill revises ORS 329.496 to include two significant changes. First, the weekly time requirement was reduced from 225 minutes. Second, the new weekly minimum of 150 minutes is calculated as an average over the duration of the school year.

This provision went into effect on July 1, 2023 and enables many districts that offer PE for part of the year (e.g. two of three trimesters) to meet the standard without having to make significant changes to their current middle school schedule.

More information on what compliance with the PE Requirements standard looks like at all grade levels (K-8), can be found in the Standards Spotlight section.

DIVISION 22 STANDARDS WEBPAGE GETS A REFRESH



The Division 22 webpage has been revamped! Our goal with the redesign was to:

1. make it easier for districts to access information, tools and professional learning resources, and
2. provide Division 22 Standards information and data to the public in an easily digestible format.

We welcome your feedback on the changes. Send any suggestions for additions or improvements to Division22@ode.oregon.gov.

Questions about new or existing Division 22 rules?

Contact ODE's Education Standards & Systems Specialist
Susan.Payne@ode.oregon.gov

STANDARDS SPOTLIGHT



PE REQUIREMENTS

PHYSICAL EDUCATION SUPPORTS ACADEMIC SUCCESS AND SOCIAL & EMOTIONAL WELL-BEING

Physical education (PE) is an important component of a well-rounded education; PE develops health literacy that encourages students to be active for life, while positively impacting students' physical, mental, social and emotional health.

The instructional time requirements for PE were originally passed in 2007 to provide equitable opportunities for all students to learn motor skills and benefit from the physical, cognitive and social benefits gained in PE. The statute was revised in 2017 to provide a phase in period, with full implementation at all grades K-8 to be achieved by the 2022-2023 school year. During the 2023 legislative session, [House Bill 3199](#) amended ORS 329.496 Physical Education participation, and ORS 329.498 Data related to physical education data reporting requirements, effective July 1, 2023. While the minutes requirements were reduced for grades 6-8, the K-5 requirements remain unchanged.

Both of the Division 22 OARs relative to Physical Education (581-022-2263 PE Requirements and 581-022-2265 Report on PE Data) will be updated in the fall to reflect the revised statute, and will include prorated minute requirements for schools with a four-day week.



PHYSICAL EDUCATION TIME BY GRADE LEVEL

The following table outlines the required amount of physical education minutes students shall participate in for grades K – 8 in the 2023-2024 school year, and who can teach the minutes.

Grade Level	Minutes per week	Time during the school year	Can Be Taught By
K-5(6)	150 per week	Every week for the entire year	Licensed PE teachers and/or Multiple Subject endorsed teachers
REVISED 6-8	An average of 150 minutes	Calculated over the duration of the school year	Licensed Physical Education teachers only

Questions about PE Requirements?

Contact ODE's Health & PE Specialist
Suzanne.Hidde@ode.oregon.gov

PE REQUIREMENTS, CONTINUED

More Resources

[ODE Physical Education Webpage](#)

[Elementary PE Delivery Scenarios & Sample Middle School Schedules](#)

[Oregon PE Standards & Grade-level Outcomes](#)

PE DATA COLLECTIONS

[ODAR 581-022-2265 Report on PE Data](#) requires districts to annually submit data to ODE on physical education minutes, as well as physical capacity/facilities relative to PE. While the PE Data Collections were suspended during the 2022-23 school year, all districts will be required to submit data for the 2023-24 school year. The PE data collections open on April 27, 2024 and close on June 15, 2024. Use the following formula to calculate the minutes for grades 6-8 on an average weekly basis.

Calculating 6-8 Minutes: Weekly Average Over the Year

$$\begin{array}{r} \# \text{ of PE minutes per week} \\ \times \\ \# \text{ of weeks students are required to} \\ \text{participate in PE} \\ \div \\ \text{total number of weeks in the school year} \\ = \\ \text{average number of PE minutes all} \\ \text{students participate in PE} \end{array}$$

PHYSICAL EDUCATION VS. PHYSICAL ACTIVITY

When determining compliance with the PE Requirements standard, it's important to understand the distinction between physical education and physical activity, as the requirement in the OAR is for the provision of physical education.

Physical Education is an academic, skills-based class that has lessons based on Oregon State Physical Education Standards and Grade-level Outcomes and sequential activities that are designed to meet those outcomes. The class is taught by a licensed Physical Education teacher, or a multiple subject endorsed elementary teacher at the K-5(6) level.

Physical Activity is any type of movement, structured or unstructured, that is led or supervised by any adult. Physical activity provides opportunities to apply skills learned in physical education. (Recess is an example of an opportunity for physical activity).

Both physical education and physical activity help decrease stress, increase academic performance, improve fitness levels, and prevent injury and disease.



Questions about PE Requirements?

Contact ODE's Health & PE Specialist
Suzanne.Hidde@ode.oregon.gov

UNPACK THIS OAR



Suicide Prevention Plan

OAR 581-022-2510

**Oregon School District's
SUICIDE PREVENTION PLANS**
Required Components

PROCEDURES FOR:

- Prevention
- Intervention
- Postvention

*Include procedures for reentry into the school environment following a hospitalization or behavioral health crisis.



IDENTIFIED PEOPLE:

- School district designee
- Building designee
- Flowchart for intervention referrals



REVIEW REQUESTS:

Procedure by which a person may request a school district to review the actions of a school or district response to suicidal risk.



YOUTH AT HIGH RISK FOR SUICIDE:

Procedures, supports, and methods that are culturally and linguistically responsive to address the needs of youth at high risk for suicide. Particularly youth who are LGBTQ2SIA+, BIPOC, youth bereaved by suicide, in out-of-home settings, youth with disabilities, and youth from communities that are currently and have been historically underserved.



STAFF TRAINING:

- When/how to refer youth/families to mental health services
- Suicide prevention programs that can be completed by self-review



SHARING PLAN:

Must be available at the district office and on school district website



Questions? Need support?
Contact ODE's Safe and Inclusive Schools
ODE.SIS@ode.oregon.gov



Adi's Act was passed in 2019 and codified as ORS 339.343. The law requires all Oregon school districts' boards to adopt a policy requiring a comprehensive district plan on student suicide prevention for students in kindergarten through grade 12. OAR 581-022-2510 adds additional requirements to district plans, and defines terminology. In order for districts to be in compliance with the law, and considered standard, suicide prevention plans must include the specific components outlined in statute and rule. ([Infographic PDF](#))

Plan components required by statute include: procedures for suicide prevention, intervention, and postvention (activities that reduce risk and promote healing after a suicide); a school official responsible for responding to reports of suicidal risk; and a procedure by which a person may request a school district to review the actions of a school in responding to suicidal risk. There must also be methods to address the needs of youth at high risk for suicide, including: youth bereaved by suicide; youth with disabilities; youth with mental illness; youth with substance use disorder; youth experiencing homelessness; youth experiencing out-of-home settings, such as foster care; lesbian, gay, bisexual, transgender, queer and other minority gender identities and sexual orientations. And finally, a description of and materials for any training to be provided to school employees as part of the plan, including when and how to refer youth and their families to appropriate mental health services and programs that can be completed through self-review of suitable suicide prevention materials.

The rule adds three components to the plans. The first seeks to ensure all youth receive services that truly address their individual needs. This requires that supports provided to youth are culturally and linguistically responsive to those who are at higher risk. The rule expands upon the youth identified in the original law, to include students who are Native American, Black, LatinX and Asian. The second addition requires procedures for coming back to school after a hospitalization or behavioral health crisis, which is defined by the rule. Lastly, the rule requires that schools have a process for designating staff to be trained in an evidence based suicide prevention program.

The statute also requires suicide prevention plans be written to ensure that a school employee acts only within the authorization and scope of the employee's credentials or licenses. Finally, in order for a district to be standard, plans must be made available annually to the community of the school district, readily available at the school district office, and posted on the school district website (if applicable).

Questions about Suicide Prevention Plans?

Contact ODE's School Safe and Inclusive Schools Team
ODE.SIS@ode.oregon.gov



Oregon Comprehensive School Counseling Programs

NEW RESOURCES!

ODE has developed new resources to support districts' understanding and implementation of the Division 22 requirements for Comprehensive School Counseling Programs. ODE's [Comprehensive School Counseling](#) webpage has been updated to include the following new resources:

- [District Compliance Self-Reflection Tool](#) to support districts in determining compliance with [OAR 581-022-2060](#). ODE recommends that Superintendents partner with the district counseling leadership team to review the district and school programs and determine areas of strength and need.
- [Frequently Asked Questions Companion Guide](#) that was developed to complement the [District Guidance on Counseling Personnel Requirements](#).
- [Resources by Developmental Domains](#) that address the four areas of Academic Development, Career & College Readiness, Social & Emotional Learning/Mental Health & Well-being, and Community Involvement.

ONLINE COURSE COMING SOON!

Be sure to keep an eye out for the fall launch of the Comprehensive School Counseling Programs (CSCPs) online course on how to design and implement a CSCP. Details about how to register for the course will be posted on ODE's [Comprehensive School Counseling](#) webpage and shared via the [Comprehensive Counseling Programs Newsletter](#).

This course is aligned with [Oregon's Framework for Comprehensive School Counseling Programs](#) and [OAR 581-022-2060](#), and will support administrators, school counselors, school social workers, school psychologists, child development specialists and other counseling team members who are assigned responsibility for designing, delivering and implementing a comprehensive school counseling program.

Resource Roundup



CSCP COURSE FEATURES

- Free, asynchronous online course
- 30 hours to complete (independently or as a team)
- 5 Modules include:
 - Introduction and Foundations
 - Counseling Advisory Councils, Needs Assessment, and Vision/Mission/Belief Statements
 - Establishing Program Outcomes, Identifying Evidence-based Interventions, and Planning Delivery
 - Program Management and Improvement
 - Next Steps & Additional Resources
- Course completion certificate

NEW

GUIDANCE ON HIGH SCHOOL CIVICS CREDIT REQUIREMENTS

Learn more about the civics diploma requirement that will apply to the class of 2026 and all subsequent graduating classes. [Consult this one pager for details.](#)



Questions about the School Counseling resources?

Contact ODE's School Counseling Systems Specialist
Beth.Wigham@ode.oregon.gov

WAIVERS VS. EXTENSIONS: WHAT'S THE DIFFERENCE?

The Short Answer

Waiver = compliance not required for a period of time

Extension = more time to complete corrective action

Waivers

Any and all waivers of Division 22 OARs must be granted by the State Board of Education (OAR 581-002-0035). There are two types of waivers:

- **Statewide Waivers:** This type of waiver occurs when the State Board determines that all Oregon school districts and applicable charter schools do not have to meet the requirements of a rule or section of a rule for a certain period of time.
 - Example: the current statewide waiver of the Essential Skills Assessment Graduation Requirements
- **District Specific Waivers:** To address an immediate concern or need, a school district may request a waiver of a specific Division 22 standard for a period of up to one year.

Extensions

If a district is unable to complete an approved corrective action plan within the standard timeline (by the beginning of the school year next following the date of the finding of deficiency), the Deputy Superintendent of Public Instruction [ODE Director] may allow an extension of time before withholding moneys, not to exceed 12 months. (ORS 327.103)

An extension provides a district with additional time to complete a previously approved corrective action plan. All extension requests must be submitted to ODE prior to September 1 via the [extension request form](#).

Odds & Ends



COMMUNITY REPORTS ON COMPLIANCE: MOVING BEYOND THE MINIMUM

ODE encourages districts to post community reports that support one or more of the following goals:

- increase transparency by providing evidence/explanations of compliance for some or all of the standards
- build understanding by providing context for the report (e.g. link to ODE's page, include the slide deck or video from the board meeting)
- include speakers of languages other than English, as appropriate for your community

ODE supports the goals listed above by:

- Providing [examples of district reports that include evidence](#)
- Linking all district community reports from the [ODE Division 22 webpage](#), and posting a video that provides an explanation of the Division 22 Standards, the Assurance process, and information about how to interpret the reports
- Providing report templates in six different languages
- **New this year:** Including a link on the community report template to a [high-level overview of what each standard requires](#).

Questions about Division 22 Standards and Assurances?

Contact ODE's Education Standards & Systems Specialist
Susan.Payne@ode.oregon.gov