



OREGON  
DEPARTMENT OF  
EDUCATION

SESSION 4

# Implementing K–12 Lesson Plans



Virtual Learning Opportunity

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Presented by WestEd and the Oregon Department of Education

# Session Information



- Participants will remain **muted with video off**.
- Participants are invited to **share comments via chat**. Please submit questions for the presenters using the Q&A feature.
- This session will be **recorded and posted** to the Oregon Department of Education's (ODE) K–12 Substance Use Prevention and Intervention webpage and ODE's YouTube page.
- Resources available via LinkTree.

# Session Objectives



1. A final reminder and **review of standards and requirements for opioid prevention lesson plans** in Oregon Public Schools.
2. An **overview of new opioid prevention lesson plans** and additional material and resources for teachers.

# Session Agenda



1. Welcome and Introductions
2. Review of Standards and Requirements for Opioid Prevention Lessons in Oregon Schools
3. Oregon's Transformative Social and Emotional Learning (TSEL) Standards
4. Overview of New Opioid Prevention Lesson Plans
5. Teaching Strategies for New Material
6. Questions and Answers: Dr. Xylecia Fynn-Aikins and Rebecca Bates

# Content Disclaimer

- This webinar will cover sensitive topics related to **opioid misuse prevention**, the **trauma** associated with the opioid epidemic, and its **impact on students** in Oregon.
- The discussion aims to equip educators with effective planning strategies while emphasizing the importance of inclusive and non-shaming language.
- Our goal is to create a respectful, supportive environment for learning and collaboration. Some content may evoke strong emotions or discomfort. Participants should care for their well-being. **If you have any concerns or need support**, please let us know during or after the session.



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# Welcome and Introductions

# The Oregon Department of Education Team (1)



**Alanna Russell**

Office of Teaching, Learning & Assessment  
Standards & Instructional Support  
Program Analyst 4

# The Oregon Department of Education Team (2)



**Dr. Xylecia Fynn-Aikins**

Transformative Social and Emotional Learning  
Education Specialist





- The Oregon Department of Education works in partnership with school districts, education service districts and community partners to foster equity and excellence for every learner;
- Together, we serve over 560,000\* K–12 students and support more than 1,200 public k-12 schools organized into 197 School Districts;
- We believe every student should have access to a high-quality, well-rounded learning experience; and
- We work to ensure every student in Oregon graduates with a plan for their future.
- The ODE equity lens also helps educators and decision-makers recognize institutional and systemic barriers and discriminatory practices that have limited student success in the Oregon education system.
- The equity lens emphasizes underserved students, such as out-of-school youth, English language learners and students of color, with a particular focus on racial equity.

\*Data from fall 2024

# The WestEd Team



**Derek Lowry, MPP**

Senior Justice Technical  
Assistance Specialist  
Senior Program Manager



**Jennifer Loeffler-Cobia,  
DrPH MS**

Director, Justice and Public  
Health Policy & Practice



**Colleen Carter, MPH**

Research Associate

# WestEd Guest Speakers



**Rebecca Bates, M.Ed.**

Senior Technical Support  
Specialist



**Julie Webb, Ed.D.**

Senior Program Associate



**Alex Newson, Ph.D.**

Research Associate II



WestEd is a non-profit research, development, and service agency dedicated to improving education, health, and human development outcomes for children, youth, and adults. We have a focus on research and evaluation, professional development, and technical assistance.

WestEd supports schools, districts, states, local governing bodies, and local & national organizations in implementing effective strategies. Our key focus areas include education, health and well-being, and improved justice outcomes.

# Fact or Myth

Icebreaker Poll Activity





## Fact or Myth (1)



Opioid overdose prevention education should not begin until late middle school because it is not appropriate to discuss substance use with young children.

## This is a Myth (1)



Oregon law requires that students receive age-appropriate substance use prevention education beginning in kindergarten.



## Fact or Myth (2)



The goal of opioid prevention lesson plans is only to teach students about the dangers of opioids.



## This is a Myth (2)



Understanding dangers is just a part of the new prevention lesson plans. These lessons also aim to build decision-making skills, provide coping strategies and foster awareness.



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# Review of Standards and Requirements for Opioid Prevention Lessons in Oregon Schools

# Oregon Senate Bill 238 & House Bill 5204

## Oregon Senate Bill 238

- Updated Division 22 standards
- School drug and alcohol prevention programs must reflect the dangers posed by opioids, synthetic opioids, and counterfeit drugs
- Districts and public charter schools must implement ODE Synthetic Opioid Prevention lessons in grades 6, 7, 8, and once in high school (starting 2024-25)

## House Bill 5204

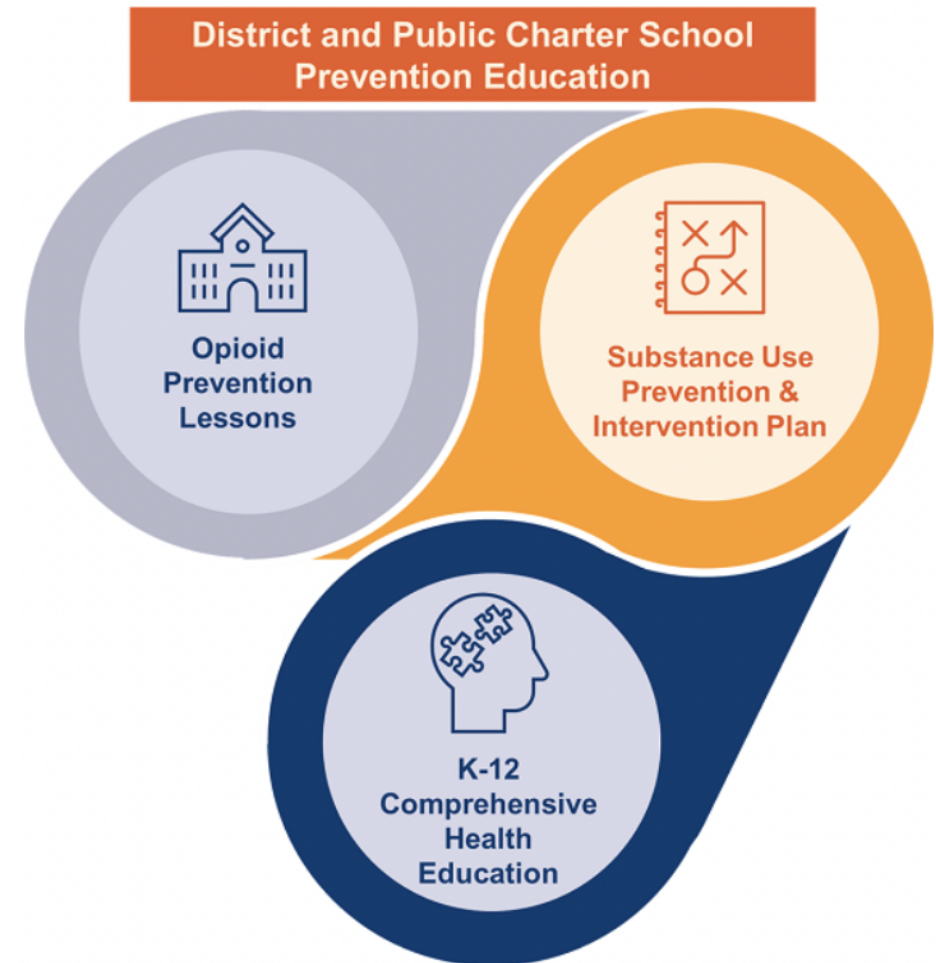
- Appropriated funds to ODE to create new curriculum supplements on the dangers of synthetic opioids (in development)

2023

2024

# Middle School Lesson Plans Have Previously Been Completed & Can Be Found on the Oregon.Gov Website.

- **6th Grade**
  - [6th Grade SB 238 Understanding Fentanyl Lesson](#)
  - [6th Grade SB 238 Understanding Fentanyl Slide Deck](#)
  - [Know-Wonder-Learn Handout](#)
- **7th Grade**
  - [7th Grade SB 238 Understanding Fentanyl Lesson](#)
  - [7th Grade SB 238 Understanding Fentanyl Slide Deck](#)
  - [Know-Wonder-Learn Handout](#)
- **8th Grade**
  - [8th Grade SB 238 Understanding Fentanyl Lesson](#)
  - [8th Grade SB 238 Understanding Fentanyl Slide Deck](#)
  - [Know-Wonder-Learn Handout](#)



# Sample Substance Use Prevention Lesson Plans

12 \*NEW\* lesson plans for grade bands K-1, 2-3, 4-5, 9-10 and 11-12

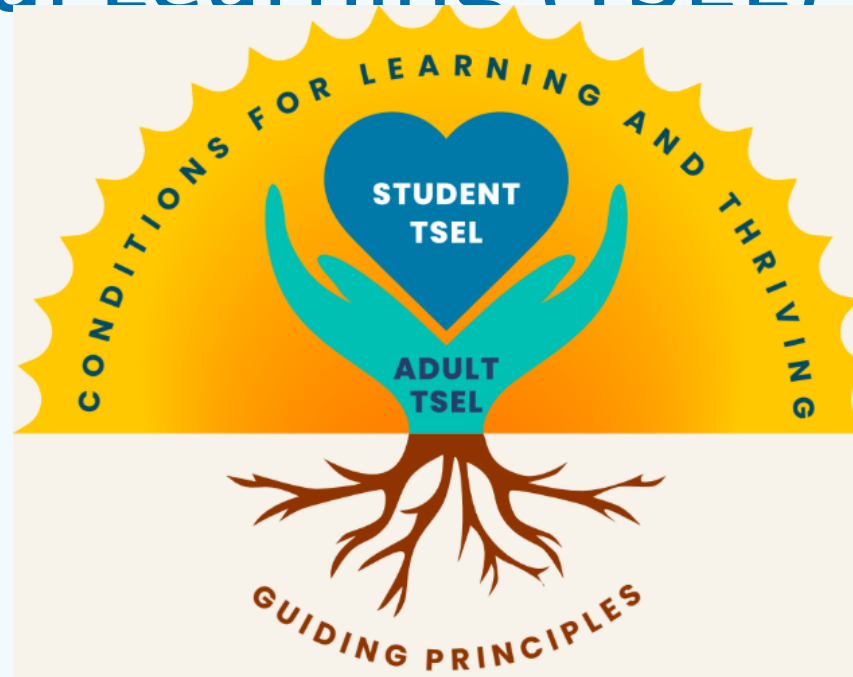
The new K-12 lessons:

- Are age-appropriate
- Use evidence-informed strategies
- Align with Division 22 requirements
- Align with Oregon's 2023 Health Education Standards
- Align with Oregon's Transformative Social and Emotional Learning (TSEL) Standards



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# Oregon's Transformative Social and Emotional Learning (TSEL) Standards



# Oregon's Transformative Social and Emotional Learning (TSEL) Framework and Standards

## Guiding Principles

Culturally Responsive  
Community Responsive  
Strengths Based  
Trauma Informed  
Grounded in Neuroscience

## Conditions for Learning & Thriving

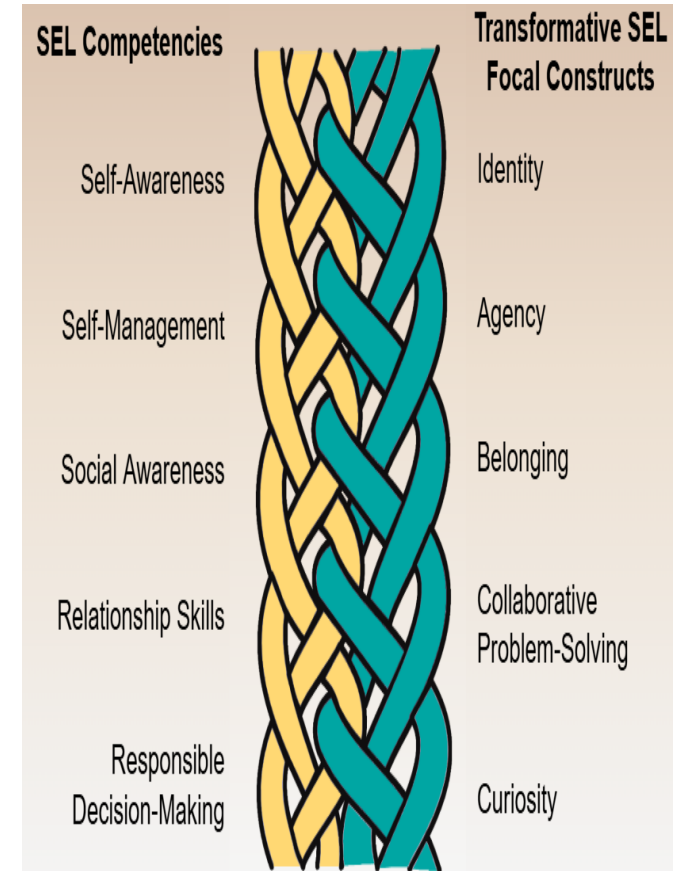
Cultivate authentic partnerships.  
Adopt equitable policies.  
Create thriving learning environments.

## Adult Transformative SEL

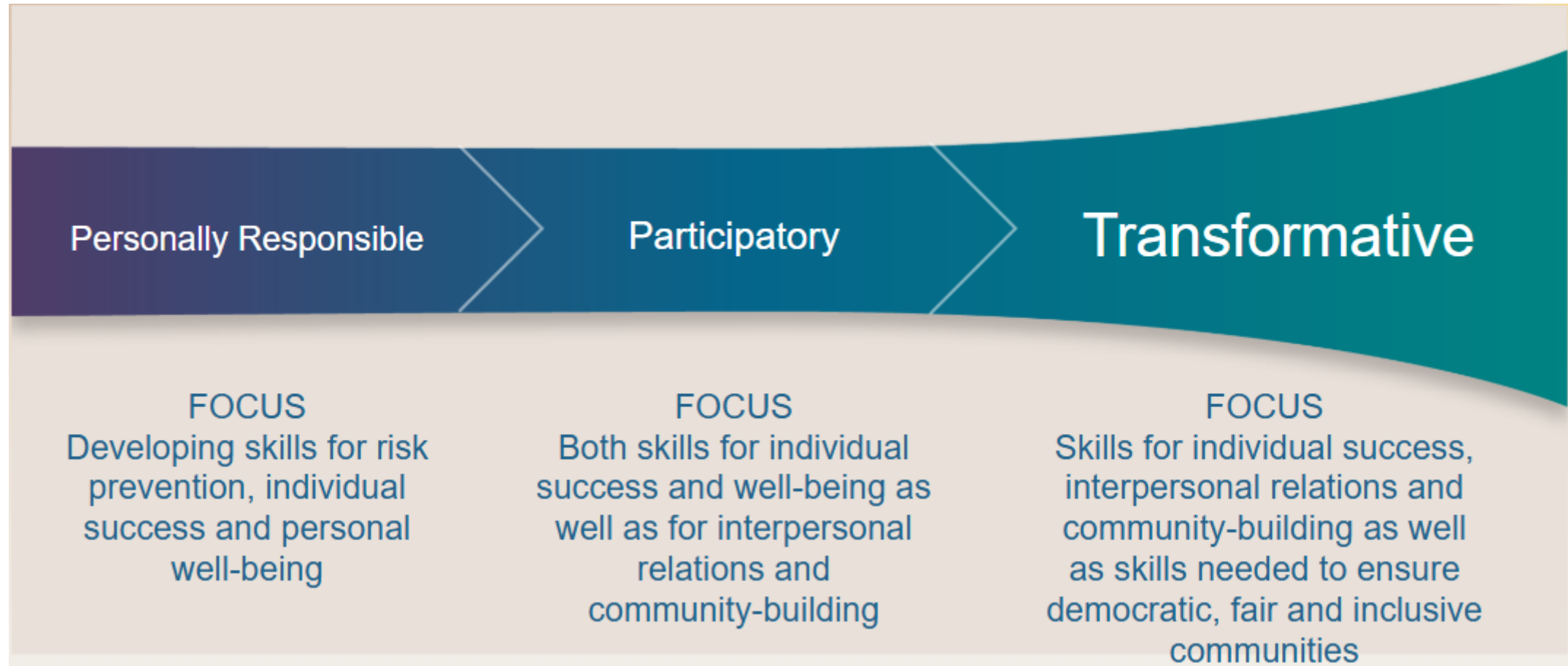
Adult connection and collaboration  
Self-care/Self-need  
Community care  
Adult well-being and healthiness

## Student Transformative SEL

An integrated approach  
Whole-child  
Extends beyond an isolated time of day  
Develop and nurture relationships  
Create opportunities for belonging



# Shifting Toward Transformative SEL







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# Overview of New Substance Use Prevention Lesson Plans

# New Lesson Topics: Elementary

## **K–1**

- Medicine Safety
- Medicine Rules to Follow

## **2–3**

- Making Safe and Healthy Choices: Understanding Medicine
- Making Healthy Choices: Feelings and Tricky Situations

## **4–5**

- Safe and Healthy Use of Medicine and other Substances
- Substance Use Advertising and Awareness

# New Lesson Topics: Secondary

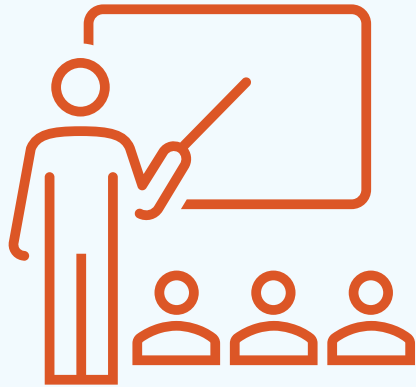
## **9–10**

- Youth Brain Development
- Messaging, Media and Substance Use
- Navigating Health and Wellness Through Empowered

## **11–12**

- Substance Use and Misuse
- Investigating Substance Use
- Navigating Hard Conversations That Matter

# Professional Learning Sessions



WestEd and ODE are developing professional learning sessions to assist teachers, health educators and administrators to implement the substance use prevention lesson plans.



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# Teaching Strategies for New Material

# Common Strategies Across Lessons

- Activate prior knowledge
- Explore new learning
- Deepen knowledge
- Engage with content
- Apply learning
- Write to learn
- Review key takeaways

# Resources and Materials

- Lesson Plans by Grade Band
- Accompanying Slide Decks
- Accompanying Handouts

# How to Teach to Different Audiences



# Strategies for Different Audiences

- [Universal Design for Learning \(UDL\)](#)
- Allow for multiple types of engagement, representation and action and expression
- [High Leverage Practices \(HLP\)](#)
- Examples include explicit instruction, providing scaffolded supports, adapting tasks to specific learning goals and providing positive feedback
- [Incorporate Augmentative and Alternate Communication \(AAC\)](#)
- Work with speech language pathologists to ensure all students are heard and included
- [TIES 5-15-45 Tool](#)
- Helps teachers plan for more inclusive instruction based off an existing lesson plan



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# Questions and Answers: Dr. Xylecia Fynn-Aikins Rebecca Bates



# Audience Questions

# Virtual Learning Opportunity Sessions Summary

## Session

## Topic

1

**The Opioid Overdose Epidemic: A National and Oregon-specific Overview**

2

**What Can You Do? School-based Opioid Overdose Prevention Discussion**

3

**What's Happening Now in Oregon? Current Landscape of Prevention and Treatment Resources**

4

**Implementing K–12 Lesson Plans**



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Recordings will be available in the  
coming weeks.

# Thank you, and please complete our follow-up survey



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