



OREGON  
DEPARTMENT OF  
EDUCATION

SESSION 3

# Navigating State and Local Resources



**Virtual Learning Opportunity**

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Presented by WestEd and The Oregon Department of Education

# Session Information



- Participants will remain **muted with video off**.
- Participants are invited to **engage with us via chat**. Please submit questions using the Q&A feature.
- This session will be recorded and posted to the Oregon Department of Education's (ODE) K–12 Substance Use Prevention and Intervention webpage and to ODE's YouTube page.
- Resources available via LinkTree.

# Session Objectives



- Highlight and discuss **existing general school, local and statewide resources** from ODE, the Oregon Health Authority (OHA) and other state-funded resources.

# Session Agenda



1. Welcome and Introductions
2. What are the tiers of support in Oregon?
3. Oregon's General School, Local and Statewide Resources
4. Key Statewide Organization: Oregon Health Authority
5. Questions and Answers With Our Guest Speakers



# Content Disclaimer

- This webinar will cover sensitive topics related to **opioid misuse prevention**, the **trauma associated with the opioid epidemic** and **its impact on students** in Oregon.
- The discussion aims to equip educators with effective planning strategies, while emphasizing the importance of inclusive and non-shaming language.
- Our goal is to create a respectful, supportive environment for learning and collaboration. Some content may evoke strong emotions or discomfort. Participants should care for their well-being. If you have any concerns or need support, please let us know during or after the session.



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# Welcome and Introductions

# The Oregon Department of Education Team



**Alanna Russell**

Office of Teaching, Learning & Assessment  
Standards & Instructional Support  
Program Analyst 4



- The Oregon Department of Education works in partnership with school districts, education service districts and community partners to foster equity and excellence for every learner.
- Together, we serve over 560,000\* K–12 students and support more than 1,200 public K–12 schools organized into 197 school districts.
- We believe every student should have access to a high-quality, well-rounded learning experience.
- We work to ensure every student in Oregon graduates with a plan for their future.
- The ODE equity lens also helps educators and decision-makers recognize institutional and systemic barriers and discriminatory practices that have limited student success in the Oregon education system.
- The equity lens emphasizes underserved students, such as out-of-school youth, English language learners and students of color, with a particular focus on racial equity.

\*Data from fall 2024

# Guest Speaker



**Courtney Fultineer**

The Oregon Health Authority  
Overdose Prevention Program Manager

# Guest Speaker (2)



**Alexander LaVake**

Lane County Government

Drug Education & Overdose Prevention  
Coordinator

# The WestEd Team



**Derek Lowry, MPP**

Senior Justice Technical  
Assistance Specialist  
Senior Program Manager



**Jennifer Loeffler-Cobia,  
DrPH MS**

Director, Justice and Public  
Health Policy & Practice



**Colleen Carter, MPH**

Research Associate



WestEd is a non-profit research, development and service agency dedicated to improving education, health and human development outcomes for children, youth and adults. We have a focus on research and evaluation, professional development and technical assistance.

WestEd supports schools, districts, states, local governing bodies and local and national organizations in implementing effective strategies. Our key focus areas include education, health and well-being and improved justice outcomes.



# Fact or Myth

Icebreaker Poll Activity





## Fact or Myth (1)



Every school in Oregon has a school-based health center.

## This is a Myth (1)



Not all schools in Oregon have a school-based health center. There are several reasons for this, including funding availability, need and demand in the school, having space and facilities and whether enough partnerships exist with local health organizations and providers.



## Fact or Myth (2)



The Oregon Health Authority provides naloxone, a medication that rapidly reverses opioid overdoses, to schools and community organizations for free.

## This is a Fact (2)



The Oregon Health Authority provides naloxone or Narcan to increase accessibility and help prevent opioid overdose deaths among residents in Oregon.



What are the tiers of support in Oregon?

# Oregon Tiers of Support

- Supports across the state
- Supports offered by local service providers, nonprofits and community-based organizations
- Supports and resources in the school districts

# Seeking and Using Support Across Oregon

- School professionals play a critical role in disseminating information regarding opioid prevention resources across the state.
- School professionals can encourage students and families to use state and local resources for opioid prevention.
- School professionals can promote school-based opioid prevention resources in their own school districts and learn what other districts are using.





# Oregon's General School Resources and Local and Statewide Resources

# General Resources in Schools

- Health Education Curriculums
- Community Collaboration Referrals
- Student Support Staff
- Crisis Intervention Resources
- Peer Support Programs
- Prevention Training

# Other Notable Resources

## Oregon's School-Based Health Centers (SBHCs)

- Medical clinics that offer full range of physical, behavioral and preventative health services
- Map of SBHCs
- Factsheet: English
- Factsheet: Spanish

## Recovery High Schools

- Recovery schools support adolescents by providing an alternative environment where they can focus on their education and sobriety
- ODE resources on Recovery Schools

## Addiction Counselors and Specialists

- Trained addiction and substance-use counselors and specialists available
- SAMHSA
- U.S. Department of Health and Human Services

# Examples of Local Resources

## Nonprofits and Organizations

- Oregon Alliance
- Looking Glass Community Services
- Youth Era
- Lines for Life
- Don't Give Up Movement
- Song for Charlie
- Save Lives Oregon
- Recovery Network of Oregon

# Examples of Local Resources (2)

## School Districts

- [Know the Risk](#), Oregon City School District
- [Fentanyl Awareness](#), Beaverton School District

## Community Health Providers

- [Fentanyl Aware](#), Lane County
- [Aware, Prepared, and Alive](#), Douglas, Coos and Curry Counties
- [LifeSkills Training](#), Linn County
- [Overdose Prevention Efforts and Fentanyl Summit](#), Multnomah County
- [Friends Fight Fentanyl](#), Yamhill, Marion and Polk Counties



# Social Media



LEARN MORE



OBTENGA MÁS INFORMACIÓN



LEARN MORE



# Social Media (2)



**LOWER  
THE RISK OF  
OVERDOSE**





**KNOW ABOUT NARCAN,  
CARRY IT, SAVE A LIFE.**



**FIND OUT MORE ABOUT RESOURCES IN YOUR AREA.**

**CLICK TO LEARN MORE**

Lane County Coordinated Entry  
Sponsored



**NARCAN  
SAVES  
LIVES!**

Learn More >

♥ 💬 📍 📌

Lane County, Oregon is seeing an increase in drug overdoses. We want our community to be safe and lower the risk of overdose.

Are you someone who uses drugs or a potential first responder to opioid overdose emergencies?

We're here to help!



# Posters



## What is fentanyl?

Fentanyl is a powerful synthetic opioid that can quickly cause a drug overdose. It has no taste or smell and it can be added into pills and powders being sold as different drugs. Fentanyl can cause people to stop breathing within moments.

## How to stay safe:

Carry naloxone/Narcan. This safe and legal overdose reversal medication is available over the counter, and saves lives!

Know the signs of an overdose. They include: not being able to respond or wake up, slow or no breathing, making gurgling sounds, having blue or gray skin and lips.

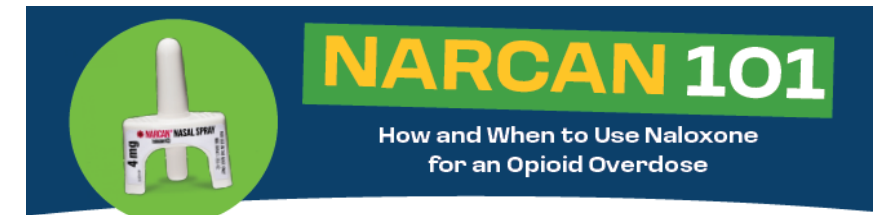
Call for help. Always call 911- the law protects you if you seek help in drug related overdoses.

Don't use pills or drugs alone. During an overdose, you can't call for help or use naloxone/Narcan on yourself.

Don't rely on your source. Knowing where your drugs come from doesn't mean they're safe. Pills sold on the street and online can unknowingly contain fentanyl.

## BE AWARE & STAY SAFE

To learn more about fentanyl, and how to stay safe visit: [fentanylaware.com](http://fentanylaware.com).



## What is Narcan?

Narcan, otherwise known as naloxone, quickly reverses opioid overdoses, including ones from fentanyl. The medication is sprayed up the nose and will only have effect on a person who has opioids in their system.

## When and How to use it?

You should give Narcan to anyone who has taken drugs and may be overdosing. If you think someone is overdosing, always call 911 first. If you have Narcan, you insert into one side of the nose and use your thumb to press the plunger firmly to give a dose of Narcan.

### 1 Check responsiveness and call 911



Look for any of the following signs:

- No response if you shake them or say their name.
- Breathing slows or stops.
- Lips and fingernails turn blue or grey.
- Skin gets pale or clammy.

### 2 Use Narcan



Narcan needs no assembly and can be sprayed up one nostril by pushing the plunger.

- Insert into one nostril.
- Use your thumb to press the plunger firmly to give a dose of Narcan.

### 3 CPR and wait for help



Do rescue breathing and/or chest compressions. Follow 911 dispatcher instructions.

- If no reaction in 3 min, give second dose.
- STAY WITH PERSON UNTIL HELP ARRIVES.

## BE AWARE & STAY SAFE

To learn more about fentanyl, and how to stay safe visit: [fentanylaware.com](http://fentanylaware.com).



# Cards and Stickers



# School Toolkit and Lesson

Newsletters  
Social Media  
Campaign  
Classroom  
Presentation

## Learning Goals



- Learn about opioids effects on the body
- Learn about the overdose crisis
- Learn about fentanyl is and where it is found
- Learn about reducing risk, staying safe, and helping others
- Learn about Narcan/naloxone medication

*Take care of yourself!*

## Opioids



- An **opioid** is a drug, originally from a poppy plant, that has been used as early as 3400 B.C.
- Opioids, now made in labs, can be taken orally, snorted, smoked, or injected

**Prescription opioids:** OxyContin, Percocet, Vicodin/hydrocodone, morphine

**Illicit opioids (not regulated):** Heroin, fentanyl



# Key Statewide Organization

**Oregon Health Authority**

# Opioid Overdose Prevention OHA Actions

Improve access to  
overdose and  
substance use data for  
public knowledge

Improve local capacity  
to prevent substance  
use disorder and  
overdose among  
priority populations

Strengthen and expand  
internal and external  
partnerships to  
improve cross-system  
coordination and  
collaboration

Increase equitable  
access to harm  
reduction and opioid  
prevention resources  
across Oregon

# Oregon Health Authority Efforts Targeting Youth

OHA surveyed and interviewed nearly 900 youth (15–17) and young adults (18–25) to better understand knowledge, beliefs and behaviors related to fentanyl and counterfeit pills.

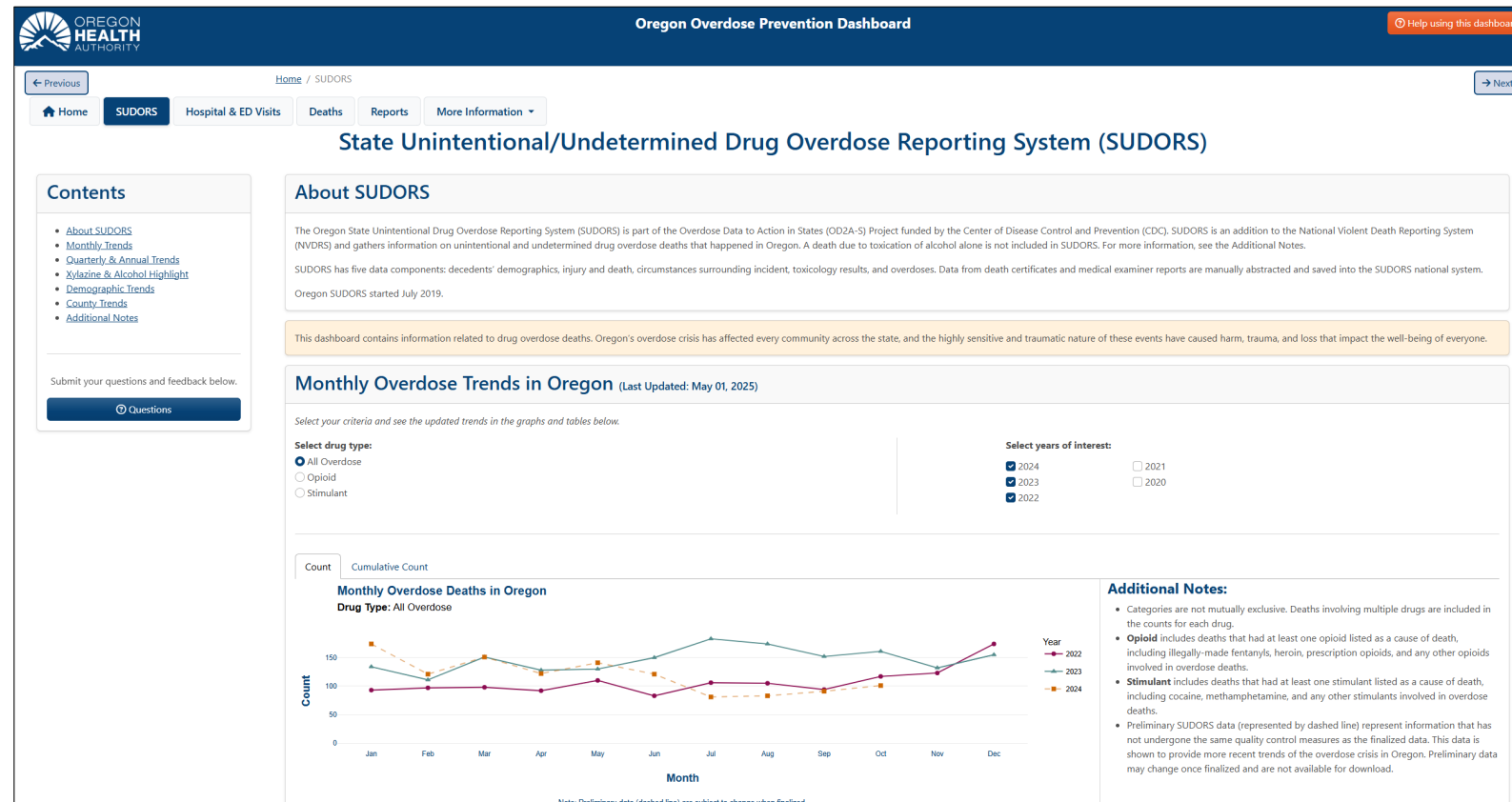
OHA's Public Health Division convenes a statewide Youth Advisory Council to support public health efforts in schools and communities and partners with youth-serving community-based organizations.

OHA's Save Lives Oregon initiative offers free overdose reversal kits to schools, colleges, universities and school-based health centers through its Harm Reduction Clearinghouse.

OHA directly funds local partners across all 36 Oregon counties to implement community-driven solutions that prevent substance misuse and related harms in their communities.

# Oregon Overdose Prevention Dashboard

- Contains information related to drug overdose deaths, hospital visits and emergency department visits
- Uses data from a variety of sources to understand overdoses and substances involved
- Presents statewide annual trends in addition to aggregated county and demographic level trends



# Demographic Trends in Oregon

Select your criteria and see the updated trends in the graphs and tables below.

Select drug class:

- ☒ All Overdose
- ☐ Fentanyl
- ☐ Methamphetamine

Select count or rate:

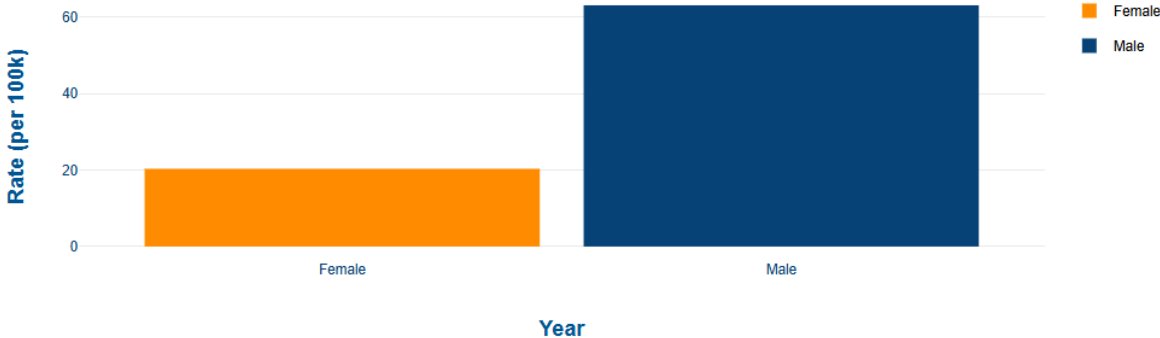
- ☐ Count
- ☒ Rate

Select year:

- ☒ 2023
- ☐ 2022
- ☐ 2021
- ☐ 2020

## Annual Fatal Overdose by Sex (2023)

Drug Type: All Overdose



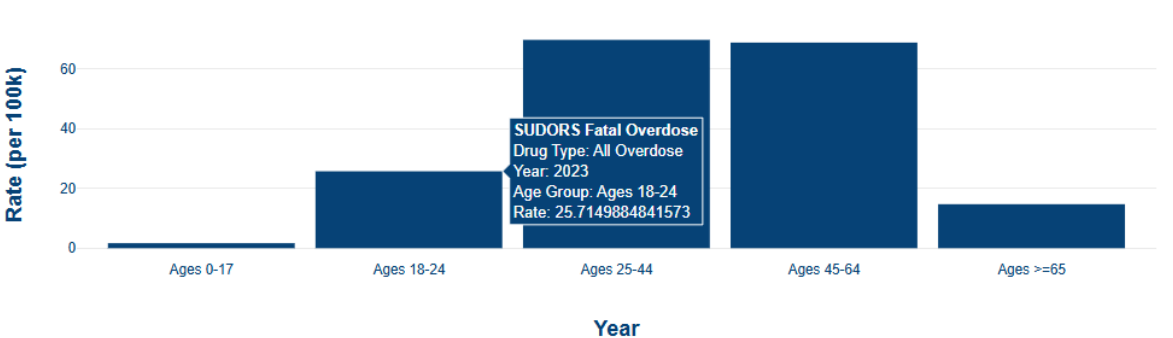
Data Source: State Unintentional Drug Overdose Reporting System (SUDORS)

Data Table



## Annual Fatal Overdose by Age Group (2023)

Drug Type: All Overdose



Data Source: State Unintentional Drug Overdose Reporting System (SUDORS)

Data Table





## County Trends

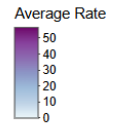
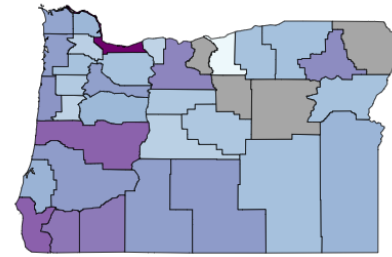
Select your criteria and see the updated trends in the graphs and tables below.

### Select drug type:

- ☒ All Overdose  
☐ Fentanyl  
☐ Methamphetamine

### Average Fatal Overdose Rate (2020-2023)

Drug Type: All Overdose



Data Source: State Unintentional Drug Overdose Reporting System (SUDORS)

Data Table

Note: Be cautious when comparing county rates with fewer than 20 deaths because those rates may not be statistically stable.

Select your criteria and see the updated trends in the graphs and tables below.

### Select drug type:

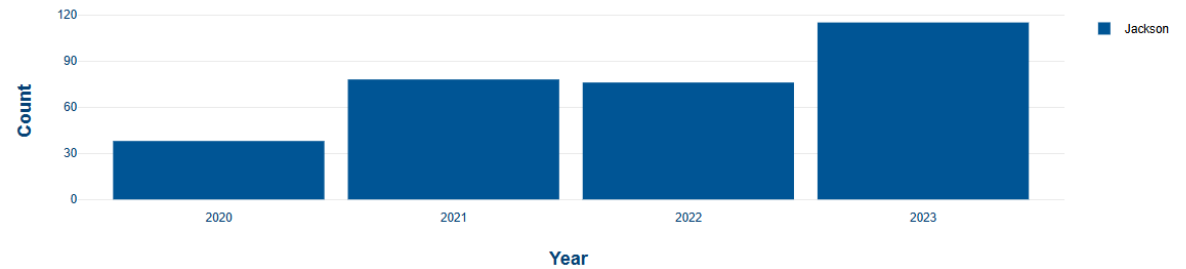
- ☒ All Overdose  
☐ Fentanyl  
☐ Methamphetamine

### Select county of interest (up to 4):

- |                                    |   |                                     |
|------------------------------------|---|-------------------------------------|
| <input type="checkbox"/> Baker     | <input type="checkbox"/> Harney             | <input type="checkbox"/> Morrow     |
| <input type="checkbox"/> Benton    | <input type="checkbox"/> Hood River         | <input type="checkbox"/> Multnomah  |
| <input type="checkbox"/> Clackamas | <input checked="" type="checkbox"/> Jackson | <input type="checkbox"/> Polk       |
| <input type="checkbox"/> Clatsop   | <input type="checkbox"/> Jefferson          | <input type="checkbox"/> Sherman    |
| <input type="checkbox"/> Columbia  | <input type="checkbox"/> Josephine          | <input type="checkbox"/> Tillamook  |
| <input type="checkbox"/> Coos      | <input type="checkbox"/> Klamath            | <input type="checkbox"/> Umatilla   |
| <input type="checkbox"/> Crook     | <input type="checkbox"/> Lake               | <input type="checkbox"/> Union      |
| <input type="checkbox"/> Curry     | <input type="checkbox"/> Lane               | <input type="checkbox"/> Wallowa    |
| <input type="checkbox"/> Deschutes | <input type="checkbox"/> Lincoln            | <input type="checkbox"/> Wasco      |
| <input type="checkbox"/> Douglas   | <input type="checkbox"/> Linn               | <input type="checkbox"/> Washington |
| <input type="checkbox"/> Gilliam   | <input type="checkbox"/> Malheur            | <input type="checkbox"/> Wheeler    |
| <input type="checkbox"/> Grant     | <input type="checkbox"/> Marion             | <input type="checkbox"/> Yamhill    |

### Fatal Overdose by County

Drug Type: All Overdose



\*Count is between 1 and 4.

Data Source: State Unintentional Drug Overdose Reporting System (SUDORS)

Data Table

# Local Overdose Prevention Partners

- Centralized resource hub for cross-sector substance use prevention partners
- Includes data resources, fact sheets, reports, guidance documents and more
- Specific section for youth-focused initiatives

## Local Overdose Prevention Partners

Reducing Opioid Overdose and Misuse

Fentanyl

Xylazine

Stimulants

Polysubstance Use

Prescription Opioids

Opioid Overdose Reversal Medications

Oregon Opioid Settlement Funds

Local Overdose Prevention Partners

For Health Care Professionals and CCOs

Publications

Data Dashboard

Contact Us

## Oregon Health Authority (OHA) Local Overdose Prevention Partners

This webpage serves to centralize the tools and information from the state that are necessary for local partners to improve health outcomes related to substance use disorder in their communities. Together, we can work towards a healthier Oregon.

Visit OHA's [Substance Use & Overdose Continuum Digest](#) to stay up-to-date with overdose prevention resources, information, and upcoming events.

Virtual Convenings

Oregon Overdose Data

Statewide Overdose Prevention & Harm Reduction Resources

Oregon Overdose Prevention Coordinators

Public Safety Partnerships

Addressing Overdose Disparities in Oregon

Overdose Communications Guidance

Youth-Focused Initiatives

State & National Partners

# Save Lives Oregon

Includes three distinct components:  
resources and materials, harm reduction  
supplies and training and education

## Save Lives Oregon's resource hub

Access print-ready posters, guides, and tools to support community health and save lives.

**Audience**

Service Providers & Peers (17)

Community Members (8) Schools (4)

**Category**

Opioid Overdose Reversal (6)

Harm Reduction (11) Supply Kits (4)

Instructions (7)

Learning Collaborative Training (3)

Naloxone (8) Fentanyl (1)

Video (4)



**Harm Reduction**

Learning Collaborative Training Supply Kits

### Building Harm Reduction Kits Presentation

This presentation offers practical guidance for peers and service providers on how to build and distribute harm reduction kits. It covers different types of



**Harm Reduction** **Instructions** **Naloxone**

Video

### How to Give Naloxone

Naloxone is a lifesaving medicine that reverses opioid overdoses. Distributing naloxone directly to people who use drugs as well as to their friends and family is an evidenced-back strategy for [...]



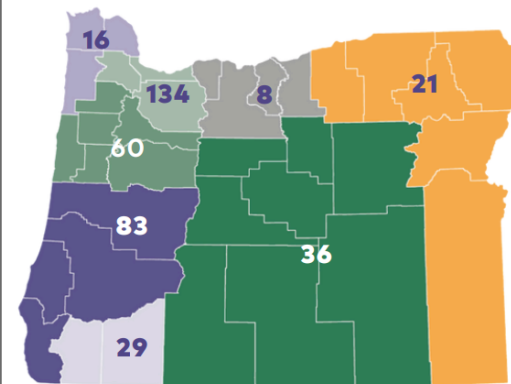
**Harm Reduction** **Video**

### Partner Spotlight: Fernando Peña | El Jardín

Fernando Peña shares what harm reduction looks like at El Jardín. El Jardín – formerly NW Instituto Latino – is a founding member of the Save Lives Oregon Leadership Team. El Jardín

This collection of materials is here to help our partners, community members, providers, peers, and schools share life-saving harm reduction strategies, learn about naloxone, talk about overdose prevention, and more.

## Save Lives Oregon partners serve communities in every county



Number of community agencies partnering with Save Lives Oregon

March 2025; does not include school partners

### 387 PARTNERS IN OREGON

- 57%** are community organizations
- 25%** are first responders (fire, police, sheriff, EMS)
- 9%** are substance use treatment facilities

Partners include organizations providing culturally specific services. Communities receiving specialized support include unhoused or housing-insecure individuals, rural Oregonians, young adults, LGBTQIA+ people, and Black, Indigenous and other people of color.

According to Save Lives Oregon Annual Partner Survey: Jan 2025

## Our impact

[Download our March 2025 Impact Report](#)

724K+

724,419 Naloxone doses distributed

19K+

19K+ opioid overdose reversals reported

665+

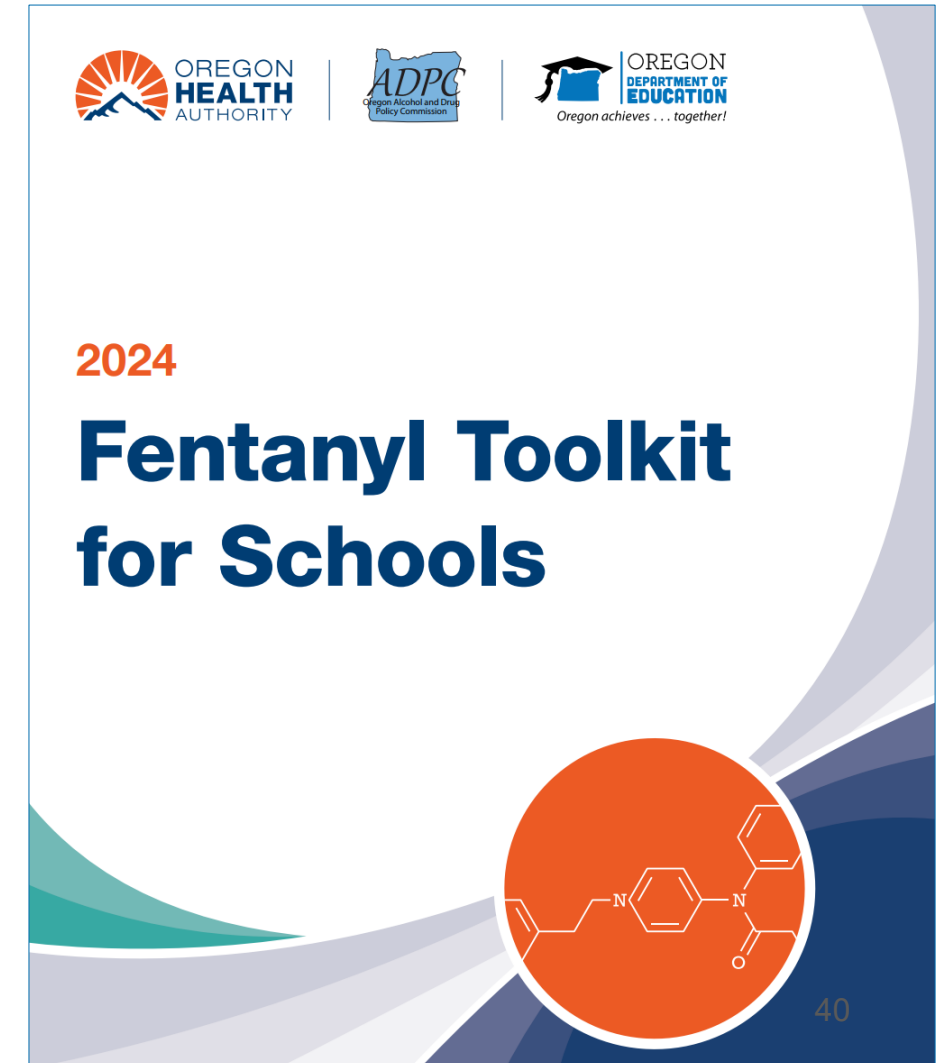
665+ schools equipped with opioid overdose reversal kits

380+

380+ community agencies receiving harm reduction supplies

# 2024 Fentanyl Toolkit for Schools

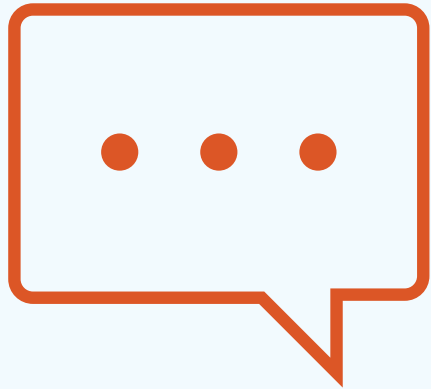
- Collaboration between Oregon Health Authority, Alcohol & Drug Policy Commission, and Oregon Department of Education
- Supports school administrators, school staff, and the broader community to enhance fentanyl-related prevention, harm reduction, and response efforts



# Key Oregon Health Authority Resources

- [Oregon Overdose Prevention Dashboard](#)
- [OHA Local Overdose Prevention Partners](#)
- [Save Lives Oregon](#)
- [2024 Fentanyl Toolkit for Schools](#)
  - [District Guidance to Rapidly Reverse Opioid Overdoses](#)

# Share Out



- Does your school or organization work with local providers?

**Share who they are in the chat!**



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# Questions and Answers With Our Guest Speakers



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# Audience Questions



# Virtual Learning Opportunity Sessions Summary

## **Session 4**

**What's New In Oregon? School Lesson Planning, Public Information Campaigns and Learning Opportunities**

May 28 3:30–4:30 p.m. (PT)



# Register for the Virtual Learning Series



[Register Now!](#)



# Thank you and please complete our follow-up survey



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