



**OREGON DEPARTMENT
OF EDUCATION**

**Report on 2007 House Bill 3141
February 27, 2013**

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Oregon Department of Education
House Bill 3141 (2007)
Third Biennial Report on Physical Education
February 2013

Introduction

The following report is required by House Bill 3141, enacted by the 2007 Oregon Legislature, and signed by the Governor that same year. The legislation directs the Oregon Department of Education (ODE) to submit a biennial physical education report addressing the number of minutes Oregon students participate in physical education instruction and the availability of appropriate physical education facilities. The data analysis in this report is based on the specific elements outlined in the 2007 bill (now ORS 329.498). The data collection was completed by school districts twice in the 2011-12 school year and included information from the 2010-2011 and 2011-2012 school years. For questions, please contact Tanya Frisendahl at (503) 947-5754 or tanya.frisendahl@state.or.us.

The ODE is required to report to the Oregon Legislature a summary of the following information:

- (1) The number of minutes of physical education that are provided to students in kindergarten through grade 8 each school week in each public school within the district;
- (2) The physical capacity of public schools to provide students in kindergarten through grade 5 with at least 150 minutes of physical education during each school week and to provide students in grades 6 through 8 with at least 225 minutes of physical education during each school week; and
- (3) The additional facilities required by public schools to provide physical education to students as described in ORS 329.496 section 1, subsection 2.

**Part I: Physical Education Minutes
School District Data Collection Report
2008-2009, 2009-2010, 2010-2011 and 2011-12**

Physical Education is provided to students across Oregon through a variety of instructional models. Students may receive their physical education instruction in a twelve-week block or throughout the school year. Some districts combine several grade levels in one class, while others offer multiple sections of physical education at the same time. A summary of the average number of instructional minutes is included below.

Table 1: The average number of minutes per school week of physical education instruction by grade level for the 2008-09, 2009-10, 2010-11 and 2011-12 school years.

Average Number of PE Minutes Per School Week				
Grade Level	2008-09	2009-10	2010-11	2011-12
KG	40 minutes	40 minutes	42 minutes	41 minutes
1	70 minutes	70 minutes	70 minutes	71 minutes
2	71 minutes	71 minutes	71 minutes	72 minutes
3	73 minutes	72 minutes	73 minutes	73 minutes
4	74 minutes	74 minutes	75 minutes	74 minutes
5	77 minutes	76 minutes	77 minutes	75 minutes
6	131 minutes	135 minutes	132 minutes	137 minutes
7	153 minutes	154 minutes	151 minutes	149 minutes
8	154 minutes	154 minutes	149 minutes	146 minutes

Observations:

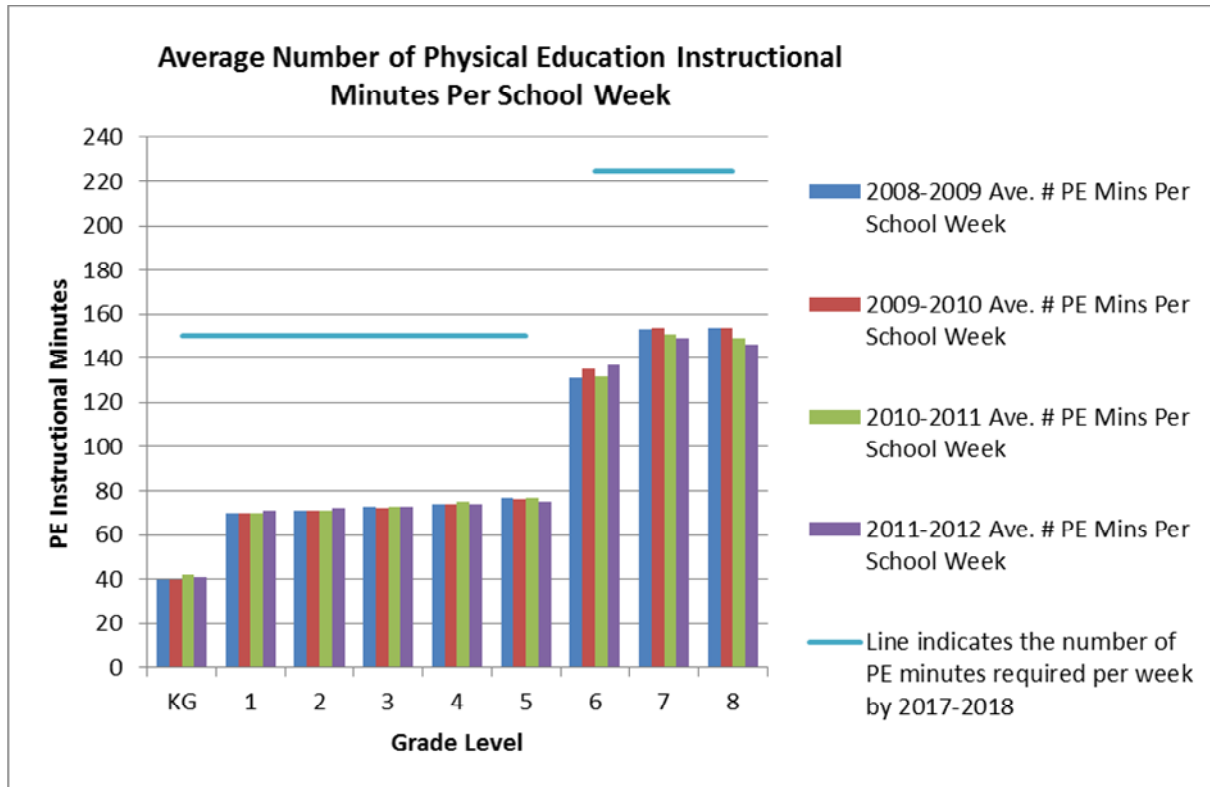
192 school districts reported for the 2010-11 school year and 191 school districts reported for the 2011-12 school year.

In the 2010-11 school year 53 schools and in the 2011-12 school year 52 schools offered **all K- 5 students** at the school the required amount of physical education instruction for the entire year to all students in that grade range.

In the 2010-11 school year 58 schools and in the 2011-12 school year 47 schools offered **all 6th-8th grade students** at the school the required amount of physical education instruction for the entire year to all students in that grade range.*

*Note the possibility of overlap with prior grade range.

Figure 1: The average number of minutes per week of physical education instruction by grade level for the 2008-09, 2009-10, 2010-11, and 2011-12 school years in a side-by-side comparison.



Observations:

192 school districts reported for the 2010-11 school year and 191 school districts reported for the 2011-12 school year.

For kindergarten through fifth grades, the average number of minutes per school week of physical education instruction increased slightly from the 2009-10 school year to 2010-11, 2011-12 school years. The average number of minutes per school week of physical education instruction for the 2010-11 school year and 2011-12 school year remained the same.

For sixth through eighth grades, the average number of minutes per school week of physical education instruction decreased each year from the 2009-10 school year to the 2011-12 school year.

**Part II: Physical Education Facilities
School District Data Collection Report
2008-09, 2009-10, 2010-11 and 2011-12**

Table 2: The total number reported for existing and needed physical education facilities in ranges of square footage.

TOTAL NUMBER OF FACILITIES EXISTING & NEEDED								
Ranges of Square Footage	SCHOOL YEAR							
	2008-2009		2009-2010		2010-11		2011-12	
	Existing	Needed	Existing	Needed	Existing	Needed	Existing	Needed
0-3000	321	32	388	51	395	38	349	39
3001-6000	850	169	832	192	851	183	823	176
6001-9000	305	62	297	71	290	51	282	41
9001+	209	32	227	45	225	37	229	40
Total Facilities	1685	295	1744	359	1761	309	1683	296

Observations:

For the 2010-11 school year, 47 schools offered all students at the school the required number of physical education minutes for the entire school year and **did not need** any additional facilities.

For the 2011-12 school year, 43 schools offered all students at the school the required number of physical education minutes for the entire school year and **did not need** any additional facilities.

Table 3: The total number of existing physical education facilities reported by facility type code in 2008-09, 2009-10, 2010-11 and 2011-12 school years.

Number of Existing Facilities (by Facility Type Code)				
Facility Type Code	2008-09	2009-10	2010-11	2011-12
Covered Exercise Area (CA)	167	169	177	190
Empty Classroom (EC)	25	24	23	19
Gym (GY)	1025	1002	1007	969
Multipurpose Room (MP)	321	324	322	297
Uncovered Exercise Area (UA)	147	155	152	145
Not Applicable (00 Web-Based)	n/a	9 (no facilities)	11 (no facilities)	11 (no facilities)
Total	1685	1683	1692	1631

Observations:

For the 2011-12 school year, 192 school districts reported **1620 existing facilities**.

For the 2010-11 school year, 196 school districts reported **1681 existing facilities**.

For the 2009-10 school year, 195 school districts reported **1674 existing facilities**.

For the 2008-09 school year, 196 school districts reported **1685 existing facilities**.

**Part III: Needed Physical Education Facilities
School District Data Collection Report
2008-09, 2009-10, 2010-11 and 2011-12**

Table 4: The total number of needed physical education facilities reported by facility type code in 2008-09, 2009-10, 2010-11 and 2011-12 school years.

Number of Needed Facilities by Facility Type Code				
Facility Type Code	2008-09	2009-10	2010-11	2011-12
Covered Exercise Area (CA)	12	17	18	27
Empty Classroom (EC)	1	1	3	3
Gym (GY)	238	266	230	206
Multipurpose Room (MP)	37	57	49	46
Uncovered Exercise Area (UA)	7	18	9	14
Not Applicable (00 Web-Based)	n/a	9 (no facilities)	11 (no facilities)	11 (no facilities)
Total	295	368	320	307

Observations:

For the 2011-12 school year, 83 districts reported the need for **296 additional facilities** to meet the requirements of HB 3141.

For the 2010-11 school year, 84 districts reported the need for **309 additional facilities** to meet the requirements of HB 3141.

For the 2009-10 school year, 71 school districts reported the need for **359 additional facilities** to meet the requirements of HB 3141.

For the 2008-09 school year, 60 districts reported the need for **295 additional facilities** to meet the requirements of HB 3141.

Conclusion

House Bill 3141 (now ORS 329.496) requires that by the 2017-2018 school year every kindergarten through eighth grade public school student in Oregon participate in physical education for the entire school year. According to the statute, students in kindergarten through fifth grade shall participate in physical education for at least 150 minutes a school week and sixth through eighth grades shall participate in physical education for at least 225 minutes each school week.

During the 2010-11 school year 53 schools and in the 2011-12 school year 52 schools offered **all K- 5 students** at the school the required amount of physical education instruction for the entire year to all students in that grade range. During the 2010-11 school year 58 schools and in the 2011-12 school year 47 schools offered **all 6th-8th grade students** at the school the required amount of physical education instruction for the entire year to all students in that grade range. During the data collection period, schools explained to the Oregon Department of Education (ODE) that sixth through eighth grade physical education minutes are not always provided throughout the entire school year as outlined in HB 3141. They may be provided in 9-12 week blocks along with other content areas throughout the school year.

The average minutes per school week of physical education instruction provided kindergarten through fifth grade ranged from 42 minutes per school week to 77 minutes per school week in 2010-11 school year compared to 41 to 75 minutes per school week in 2011-12 school year. The average minutes per week of physical education instruction for sixth through eighth grades ranged from 132 minutes per week to 151 minutes per week in 2010-11 school year compared to 137 minutes per week to 149 minutes per week in 2011-12 school year. The average minutes per week of physical education instruction for *all grades* is significantly below the levels outlined in HB 3141 (i.e. 150 for grades K-5 and 225 for grades 6-8).

One of the road blocks for school districts in reaching the minute requirements outlined in HB 3141 is the lack of physical education facilities. School districts need additional facilities to increase the amount of class time available to students. For the 2010-11 school year, 84 school districts reported needing 309 new facilities and for the 2011-12 school year 83 school districts reported needing 296 new facilities to be able to meet the new physical education requirements.

Due to the current economic crisis school districts are facing, there are many districts cutting physical education programs and physical education teachers in order to meet budget reduction requirements. The trend is starting to affect the 2010-11 and 2011-12 physical education minutes reported as represented by the reduction in average minutes of physical education instruction in six out of nine grade levels (first, second and sixth grades showed slight increases in reported physical education minutes). The feedback provided by districts during the data collection process supports this trend continuing even more drastically in the 2012-13 school year. This also is having an effect on who is teaching physical education at the elementary level. Many districts are eliminating physical education teachers at the elementary

level forcing classroom teachers to assume this role. Many times elementary teachers are required to teach physical education without any professional development or equipment. Due to these restrictions, the quality of physical education instruction provided to students is negatively impacted.