



**OREGON DEPARTMENT  
OF EDUCATION**

**Report on 2007 House Bill 3141  
February 1, 2011**

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**Oregon Department of Education**  
**House Bill 3141 (2007)**  
**Second Biennial Report on Physical Education**  
**February 2011**

**Introduction**

The following report is required by House Bill 3141, enacted by the 2007 Oregon Legislature, and signed by the Governor that same year. The legislation directs the Oregon Department of Education (ODE) to submit a biennial physical education report addressing the number of minutes Oregon students participate in physical education instruction and the availability of appropriate physical education facilities. The data analysis in this report is based on the specific elements outlined in the 2007 bill (now ORS 329.498). The data collection was completed by school districts in September 2009 through January 2011 and includes information from the 2008-2009 and 2009-2010 school years. For questions, please contact Tanya Frisendahl at (503) 947-5754 or [tanya.frisendahl@state.or.us](mailto:tanya.frisendahl@state.or.us).

The ODE is required to report to the Oregon Legislature a summary of the following information:

- (1) The number of minutes of physical education that are provided to students in kindergarten through grade 8 each school week in each public school within the district;
- (2) The physical capacity of public schools to provide students in kindergarten through grade 5 with at least 150 minutes of physical education during each school week and to provide students in grades 6 through 8 with at least 225 minutes of physical education during each school week; and
- (3) The additional facilities required by public schools to provide physical education to students as described in ORS 329.496 section 1, subsection 2.

**Part I: Physical Education Minutes  
School District Data Collection Report  
2008-2009 and 2009-2010**

Physical Education is provided to students across Oregon through a variety of instructional models. Students may receive their physical education instruction in a twelve-week block or throughout the school year. Some districts combine several grade levels in one class, while others offer multiple sections of physical education at the same time. A summary of the average number of instructional minutes is included below.

**Table 1: The average number of minutes per week of physical education instruction by grade level for the 2008-09 and 2009-10 school years.**

<b>Average Number of PE Minutes Per School Week</b>		
<b>Grade Level</b>	<b>2008-09</b>	<b>2009-10</b>
KG	40 minutes	48 minutes
1	70 minutes	76 minutes
2	71 minutes	77 minutes
3	73 minutes	78 minutes
4	74 minutes	80 minutes
5	77 minutes	84 minutes
6	131 minutes	122 minutes
7	153 minutes	147 minutes
8	154 minutes	149 minutes

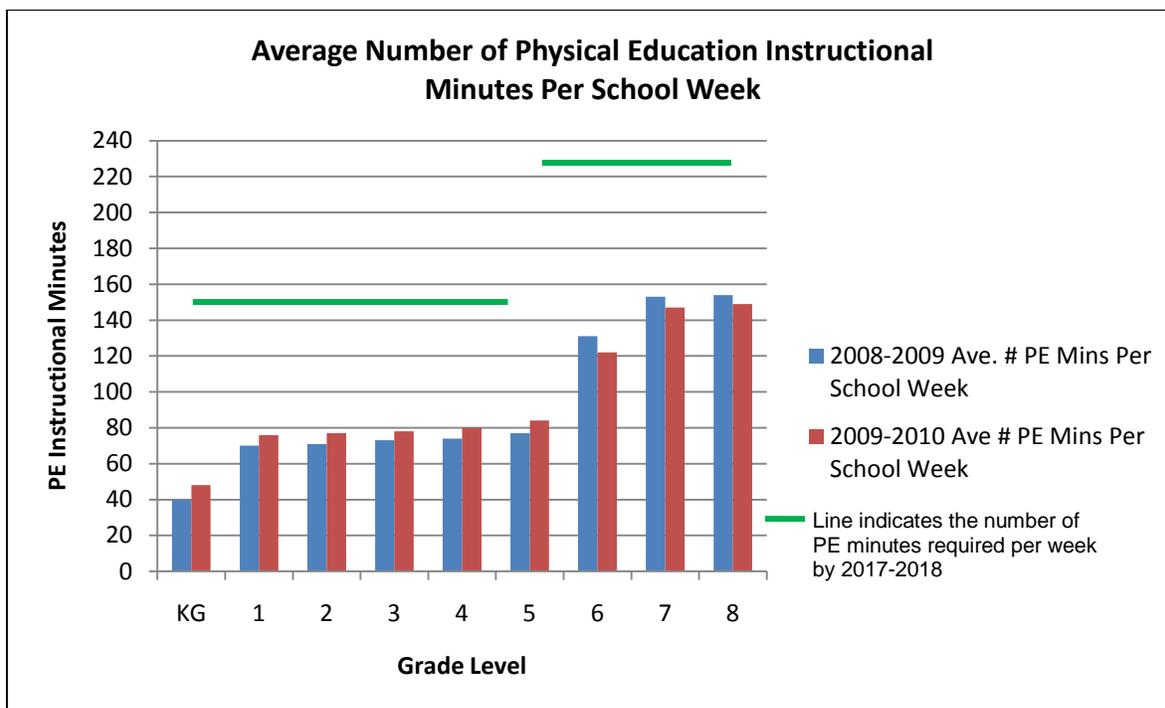
**Observations:**

196 school districts reported for the 2008-09 school year and 195 school districts reported for the 2009-10 school year.

For the 2008-09 school year, 144 schools offered **all students** at the school the required amount of physical education instruction.

For the 2009-10 school year, 79 schools offered **all students** at the school the required amount of physical education instruction.

**Figure 1: The average number of minutes per week of physical education instruction by grade level for the 2008-09 and 2009-10 school years in a side-by-side comparison.**



**Observations:**

196 school districts report for the 2008-09 and 195 school districts reported for the 2009-10 school year.

For kindergarten through fifth grades, the average number of minutes per school week of physical education instruction increased from the 2008-09 school year to the 2009-10 school year.

For sixth through eighth grades, the average number of minutes per school week of physical education instruction decreased from the 2008-09 school year to the 2009-10 school year.

**Part II: Physical Education Facilities  
School District Data Collection Report  
2008-09 and 2009-10**

**Table 2: The total number reported for existing and needed physical education facilities in ranges of square footage.**

<b>TOTAL NUMBER OF FACILITIES EXISTING &amp; NEEDED</b>				
<b>Ranges of Square Footage</b>	<b>SCHOOL YEAR</b>			
	<b>2008-2009</b>		<b>2009-2010</b>	
	<b>Existing</b>	<b>Needed</b>	<b>Existing</b>	<b>Needed</b>
0-3000	321	32	388	1436
3001-6000	850	169	832	192
6001-9000	305	62	297	71
9001+	209	32	227	45
Total Facilities	1685	295	1744	1744

**Observations:**

For the 2008-09 school year, 124 schools offered all students at the school the required number of physical education minutes and **did not need** any additional facilities.

For the 2009-10 school year, 59 schools offered all students at the school the required number of physical education minutes and **did not need** any additional facilities.

**Table 3: The total number of existing physical education facilities reported by facility type code in 2008-09 and 2009-10 school years.**

<b>Number of Existing Facilities (by Facility Type Code)</b>		
<b>Facility Type Code</b>	<b>2008-09</b>	<b>2009-10</b>
Covered Exercise Area (CA)	167	169
Empty Classroom (EC)	25	24
Gym (GY)	1025	1002
Multipurpose Room (MP)	321	324
Uncovered Exercise Area (UA)	147	155
Not Applicable (00 Web-Based)	n/a	9 (no facilities)
<b>Total</b>	<b>1685</b>	<b>1674</b>

**Observations:**

For the 2008-09 school year, 196 school districts reported **1685 existing facilities**.

For the 2009-10 school year, 195 school districts reported **1674 existing facilities**.

**Part III: Needed Physical Education Facilities  
School District Data Collection Report  
2008-09 and 2009-10**

**Table 4: The total number of needed physical education facilities reported by facility type code in 2008-09 and 2009-10 school years.**

<b>Number of Needed Facilities by Facility Type Code</b>		
<b>Facility Type Code</b>	<b>2008-09</b>	<b>2009-10</b>
Covered Exercise Area (CA)	12	17
Empty Classroom (EC)	1	1
Gym (GY)	238	266
Multipurpose Room (MP)	37	56
Uncovered Exercise Area (UA)	7	18
Not Applicable (00 Web-Based)	n/a	9 (no facilities)
<b>Total</b>	<b>295</b>	<b>358</b>

**Observations:**

For the 2008-09 school year, sixty districts reported the need for **295 additional facilities** to meet the requirements of HB 3141.

For the 2009-10 school year, seventy-one school districts reported the need for **358 additional facilities** to meet the requirements of HB 3141.

## Conclusion

House Bill 3141 (now ORS 329.496) requires that by the 2017-2018 school year every kindergarten through eighth grade public school student in Oregon participate in physical education for the entire school year. According to the statute, students in kindergarten through fifth grade shall participate in physical education for at least 150 minutes a week and sixth through eighth grades shall participate in physical education for at least 225 minutes each week.

During the 2008-09 school year, there were one hundred and forty-four schools that offered **all students** at the school the required amount of physical education instruction.

During the 2009-10 school year, seventy-nine schools offered **all students** at the school the required amount of physical education instruction. During the data collection period, schools explained to the Oregon Department of Education (ODE) that sixth through eighth grade physical education minutes are not always provided throughout the entire school year as outlined in HB 3141. They may be provided in 9-12 week blocks along with other content areas throughout the school year.

The average minutes per week of physical education instruction provided kindergarten through fifth grade ranged from 40 minutes per week to 77 minutes per week in 2008-09 school year compared to 48 to 84 minutes per week in 2009-10 school year. The average minutes per week of physical education instruction for sixth through eighth grades ranged from 131 minutes per week to 154 minutes per week in 2008-09 school year compared to 122 minutes per week to 149 minutes per week in 2009-10 school year. The average minutes per week of physical education instruction for *all grades* is significantly below the levels outlined in HB 3141 (i.e. 150 for grades K-5 and 225 for grades 6-8).

One of the road blocks for school districts in reaching the minute requirements outlined in HB 3141 is the lack of physical education facilities. School districts need additional facilities to increase the amount of class time available to students. For the 2008-09 school year, 60 school districts reported needing 295 new facilities and for the 2009-10 school year 70 school districts reported needing 358 new facilities to be able to meet the new physical education requirements.

Due to the current economic crisis school districts are facing, there are many districts cutting physical education programs and physical education teachers in order to meet budget reduction requirements. The trend is starting to affect the 2009-10 physical education minutes reported as represented by the reduction in average minutes of physical education instruction grades 6-8. The feedback provided by districts during the data collection process supports this trend continuing even more drastically in the 2010-11 school year. This also is having an effect on who is teaching physical education at the elementary level. Many districts are eliminating physical education teachers at the elementary level forcing classroom teachers to assume this role. Many times elementary teachers are required to teach physical education without any

professional development or equipment. Due to these restrictions, the quality of physical education instruction provided to students is negatively impacted.