



Physical Education Expansion K-8 (PEEK-8)

Professional Development (PD) Grant Application 2025-2027

This grant application includes:

1. Part One Application Information/Instructions
2. Part Two Grant Cover Page
3. Part Three District & School General Assurances Form
4. Part Four Grant Application Form
5. Part Five Budget Worksheet
6. Part Six School Classroom Commitment Form

Notice of Nondiscrimination

It is the policy of the State Board of Education and a priority of the Oregon Department of Education that there will be no discrimination or harassment on the grounds of race, color, sex, marital status, religion, national origin, age, sexual orientation, or disability in any educational programs, activities, or employment. Persons having questions about equal opportunity and nondiscrimination should contact the Office of the State Superintendent of Public Instruction at the Oregon Department of Education.

This is a legislative-funded program; project timeline, reporting dates, and requirements are contingent upon the Oregon Department of Education receiving funding for 2021-2023 biennium from the Oregon Legislature and are subject to change as state requirements change.

GRANT APPLICATION DUE DATE:

August 8, 2025, AT 12:00 P.M.

Applications received after this date will not be considered for funding.

Table of Contents

Physical Education Expansion K-8 (PEEK-8)	1
Table of Contents.....	2
I. Legislative Background	3
II. Frequently Asked Questions:.....	4
III. Professional Development Expectations	5
IV. Application Dates and Submission	7
A. Timeline - Important Dates.....	7
B. Instructions for Submission	7
C. Scoring Process and Criteria	8
Grant Application Instructions	9
PART ONE: Cover Page.....	10
PART TWO: General District Assurances to the Oregon Department of Education.....	12
PART THREE: Grant Application.....	14
PART FOUR: Budget Worksheet.....	17
PART FIVE: School Classroom Commitment.....	18
Grant Application Review Criteria	19
Submission Instructions	20

I. Legislative Background

Intent

***NOTE: This grant is to support full implementation of physical education minutes. 150 minutes per week for the entire school year in grades K-5, and an average of 150 minutes per week for the school year in grades 6 - 8.**

The Physical Education Expansion K-8 (PEEK-8) grant was established by the 2007 Oregon Legislature (ORS 329.501). During the 2025 Legislative Session, additional funding allocations were approved for the 2025-2027 biennium. The Professional Development Grant provides funds to school districts and public charter schools to provide evidence-based professional development to educators that are not specifically endorsed in physical education that will lead to quality physical education instruction and meet the K-8-minute requirements. The grant is designed to support activities related to meeting the physical education instructional requirements for students in kindergarten through grade 8 as described in ORS 329.496 and OAR 581-020-0250.

ORS 329.496 and 329.501

During the 2023 legislative session [House Bill 3199](#) amended ORS 329.496 Physical Education requirements, and ORS 329.498 Data related to physical education data reporting requirements, effective July 1, 2023.

SECTION 1:

Every public-school student in kindergarten through grade 8 shall participate in physical education for the entire school year. Students in kindergarten through grade 5 shall participate in physical education for at least 150 minutes during each school week for the entire school year. Students in grades 6 through 8 shall participate in physical education for at least an average of 150 minutes during each school week, as calculated over the duration of a school year.

SECTION 1 and 2: [ORS 329.501](#) states:

- (1) The Department of Education shall award grants to school districts and public charter schools for the purpose of meeting the physical education requirements of ORS 329.496.
- (2) A district or school that receives a grant may use the grant to:
 - (a) Hire teachers who specialize in physical education; and
 - (b) Provide in-service training to teachers on the academic content standards for physical education and the requirements of ORS 329.496.

Related Oregon Administrative Rule (OAR)

The OAR pertaining to the Physical Education Expansion K-8 (PEEK-8) Grant provides additional information and definitions as they relate to the Physical Education Expansion K-8 (PEEK-8) Grants.

- (b) Provide in-service training to teachers, not specifically endorsed in physical education, on the instruction of physical education, the academic content standards for physical education and the minimum number of minutes requirement using evidence-based programs.

II. Frequently Asked Questions:

Who is eligible to apply for the PEEK-8 Professional Development (PD) Grant?

Any school/school district or charter school in Oregon may apply for this grant.

What must districts or charter schools do to receive this money?

To receive funding, school/school districts or charter schools must submit a completed application to the Oregon Department of Education (ODE) by August 8, 2025. Applications must be approved by ODE before funds are distributed.

Does the school applying for the grant have to provide the minimum number of minutes for the grades included in the grant?

Yes, it is understood with the grant money, the school will be able to provide the minimum number of instructional minutes as required in ORS 329.496 - Students in kindergarten through grade 5 shall participate in physical education for at least 150 minutes during each school week for the entire school year, and students in grades 6 through 8 shall participate in physical education for at least an average of 150 minutes during each school week, as calculated over the duration of a school year.

How may the PD PEEK-8 Grant funds be used?

PEEK-8 PD Grant funds may be used to provide evidence-based in-service training to elementary classroom teachers, not specifically endorsed in physical education and may also include licensed physical education teachers. The professional development using evidence-based programs must focus on quality instruction of physical education, the academic content standards for physical education, and the required minimum number of minutes outlined in ORS 329.496.

What is the amount of each PEEK-8 Professional Development Grant?

Each school may apply for up to \$1,000 per classroom teacher and one principal or assistant principal per school for physical education professional development, not to exceed \$30,000 per school. The Oregon Department of Education may require revision of grant proposals and budget prior to approval, award, or release of funds. **Decisions of the Oregon Department of Education on funding and awarding of grants shall be final.**

What is the outcome expected from the professional development?

At the Elementary level, multiple subject endorsed teachers can teach PE to their own classroom, as well as to another class for up to 45 minutes per week. If a school is using multiple subject endorsed elementary teachers to teach PE, PD is essential to help them understand physical education standards and practices. As a result of participating in the professional development, the classroom teacher will be better prepared to offer physical education instruction based on a sequential, developmentally appropriate curriculum. Through its design, implementation and evaluation components, this will help students develop the knowledge, motor skills, self-management skills, attitudes, and confidence needed to adopt and maintain physical activity throughout their lives.

At the middle school level, only licensed PE teachers are allowed to teach physical education. PD for these teachers is important to stay updated on best practices in physical education.

When will the PEEK-8 PD Grant funds be distributed?

The Oregon Department of Education will award the funds on **August 29, 2025.**

What level of support is needed from classroom teachers?

One of the criteria for the funding of the grant is a high level of teacher support within the school. The purpose of the *School Classroom Commitment* form is to indicate the dedication from the teachers to participate in the professional development.

What is the scoring process for qualifying for grant funding?

Proposals received by the August 8, 2025, deadline will be reviewed by ODE staff for completeness and compliance with the requirements set forth in the RFA. Any questions about significant omissions from a proposal or about applicant eligibility will be referred to the grant applicant's project director.

A review panel will score eligible applications. Reviews will be based on specific criteria listed in this RFA and scored using the scoring rubric. If the funds are insufficient for all eligible applicants, the Department of Education shall award grants on a competitive basis.

Will there be more than one year of funds for an awarded grant?

No, Professional Development grants are only available for one school year – either the 2025-2026 or the 2026-2027 school year.

***Please indicate which school year you are planning to implement your PD.**

Does this grant support the hiring of physical education teachers?

No, it does not. There is a separate grant available for the 2025-2027 school years to support the hiring of physical education teachers. **To view the PEEK-8 Teacher Hire Grant application, go to the [Physical Education page](#) on the ODE Website.**

Who do we contact if we have questions or need assistance?

You may contact Suzanne Hidde at suzanne.hidde@ode.oregon.gov, or call 971-208-0395.

III. Professional Development Expectations

[Standards for Professional Learning](#) outline the characteristics of professional learning that leads to effective teaching practices, supportive leadership, and improved student results.

The seven Standards for Professional Learning are:

LEARNING COMMUNITIES: Professional learning that increases educator effectiveness and results for all students occurs within learning communities committed to continuous improvement, collective responsibility, and goal alignment.

LEADERSHIP: Professional learning that increases educator effectiveness and results for all students requires skillful leaders who develop capacity, advocate, and create support systems for professional learning.

RESOURCES: Professional learning that increases educator effectiveness and results for all students requires prioritizing, monitoring, and coordinating resources for educator learning.

DATA: Professional learning that increases educator effectiveness and results for all students uses a variety of sources and types of student, educator, and system data to plan, assess, and evaluate professional learning.

LEARNING DESIGNS: Professional learning that increases educator effectiveness and results for all students integrates theories, research, and models of human learning to achieve its intended outcomes.

IMPLEMENTATION: Professional learning that increases educator effectiveness and results for all students applies research on change and sustains support for implementation of professional learning for long-term change.

OUTCOMES: Professional learning that increases educator effectiveness and results in all students receiving the required number of physical education minutes and is aligned to the [Oregon Physical Education Standards](#).

Physical Education professional development includes activities that:

- Improve and increase classroom teacher knowledge and skills of teaching physical education based on Oregon physical education content standards.
- Provide students the opportunity to meet the Oregon physical education academic content standards and minimum number of minutes of physical education required in ORS 329.496.
- Integrate physical education professional development as a part of the school-wide and district-wide educational improvement plans.
- Improve classroom management skills for physical education.
- Provide high quality, ongoing, sustainable, intensive, focused physical education content to have a positive and lasting impact on instruction and the teacher's performance in the classroom.
- Advance classroom teacher understanding of effective instructional strategies—
 - Based on evidence-based research; and
 - Improve the number of minutes students are physically active in physical education or substantially increasing the knowledge and teaching skills of teachers
- Provide regular evaluations for their impact on increased teacher effectiveness and improved student performance, with the findings of the evaluations used to improve the quality of professional development.
- Provide instruction in methods of teaching physical education to children with special needs.
- Integrate the use of data and assessments to inform and impact classroom practice.

IV. Application Dates and Submission

A. Timeline - Important Dates

This is a legislative-funded program. Project timeline, reporting dates, and requirements are contingent upon the Oregon Department of Education receiving funding from the Oregon Legislature and are subject to change as state requirements change.

Completion Date	Activities
June 9, 2025	Official Release of Request for Application (RFA)
August 8, 2025	Applications received by the Oregon Department of Education by 12:00 PM
August 27, 2025	Applications will be reviewed and scored at the Oregon Department of Education
August 29, 2025	Grant awards announced

B. Instructions for Submission

- Complete the application form, starting with Part One.
- Submit application by email no later than 12:00 pm on August 8, 2025.

ALL submissions MUST BE plainly named: PD (Insert your school and district names) PEEK-8 Grant.

- Email application to: Cameron.morris@ode.oregon.gov

**Grant Application must be RECEIVED NO LATER THAN
12:00 p.m. August 8, 2025**

Please direct inquiries regarding this Request for Application to:

Suzanne Hidde, Education Specialist

Office of Teaching, Learning & Assessment

suzanne.hidde@ode.oregon.gov or 971-208-0395

C. Scoring Process and Criteria

Proposals received by the August 8, 2025, deadline will be reviewed by ODE staff for completeness and compliance with the requirements set forth in the RFA. Any questions about significant omissions from a proposal or about applicant eligibility will be referred to the grant applicant's project director.

A review panel will score eligible applications. Reviews will be based on specific criteria listed in this RFA and scored using the scoring rubric. If the funds are insufficient for all eligible applicants, the Department of Education shall award grants on a competitive basis.

The Oregon Department of Education may require revision of grant information and budgets prior to the award or release of funds. **Decisions of the Oregon Department of Education on awarding and funding of grants shall be final.**

Grant Application Instructions

Physical Education Expansion K-8 (PEEK-8): Professional Development Application

On the Professional Development PEEK-8 Grant Application, each school is required to:

1. **Describe the professional development implementation plan.**
 - a. ***Identify and describe the evidence-based professional development*** that will be employed to meet the identified outcomes.
 - b. ***Provide a brief summary of the research*** to illustrate why the selected professional development will improve and increase teacher knowledge on how to provide high quality, standards based physical education instruction.
 - c. ***Briefly describe the evaluation process*** that will be used:
 - i. To determine how well the professional development was implemented as designed and
 - ii. To evaluate the effectiveness of the professional development in relation to the quantifiable appropriate practices identified.
 - d. ***Provide the current number of minutes*** students participate in physical education instruction per week at the school by grade level and describe how the required number of physical education instruction will be provided to all K-8 students with this grant for the 2025-2027 school years.
 - e. ***Describe the current physical education facilities*** including any challenges or issues to provide the required number of minutes. Also provide the 2024-2025 school year class sizes and projected average class sizes for physical education instruction for 2025-2026.
2. **Identify five (5) appropriate practices,** from the National Association of Sports and Physical Education's (NASPE) list of appropriate practices for physical education, to be used as a measure for the implementation of the PEEK-8 Professional Development grant. Develop and include a SMART goal for each appropriate practice:
 - a. [Appropriate Instructional Practices Guidelines K-12 Side by Side Comparison](#)
 - b. [Appropriate Practices for Middle School Physical Education](#)

PART ONE: Cover Page
Physical Education Expansion K-8 (PEEK-8):
Professional Development Application

School District:
Name of School:
Superintendent of School District:
County:
Fiscal Agent (School District):
Contact Name:
Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:
Project Director (School):
Address:
City:
State:
Zip:
Phone:
Fax:
E-mail:

Participating Schools

[illegible]

PART TWO: General District Assurances to the Oregon Department of Education

Physical Education Expansion K-8 (PEEK-8): Professional Development Application

Superintendent: Read and hand initial each statement below regarding district and school responsibilities for participation in the Professional Development PEEK-8 Grant.

1. ___ Grantee shall use the funding to provide professional development using evidence-based programs focused on quality instruction of physical education, the academic content standards for physical education, and the required minimum number of minutes outlined in ORS 329.496.
2. ___ Grantee shall use grant funds to pay only for areas described in the district's approved application.
3. ___ Grantee shall adhere to the Oregon Department of Education reporting and evaluation requirements including submission of qualitative and quantifiable data on the areas and goals outlined in the grant. A report from the school/district will be required with the final review and evaluation of the grant.
4. ___ Grantee shall determine which schools will participate in this grant application. Such determination will be based on results of the school readiness survey, the assertion that the district has the capacity to support the number of schools proposed, and the willingness and interest of the schools' teaching and administrative staff.
5. ___ Grantee shall select, purchase, and implement only comprehensive professional development programs that have evidence-based impact on the implementation of physical education.
6. ___ Grantee shall ensure classroom teachers have been informed and agree to follow the Oregon Physical Education Expansion K-8 Grant district application. As new staff members are hired, the district and school assure that as part of the hiring process, prospective staff will be informed of the district's/school's grant commitments and agree to participation prior to hiring.
7. ___ Grantee shall ensure those schools participating in this grant shall offer, **during and after** the time period of the grant, the required number of minutes of physical education instruction described in OAR 581-020-0250.
8. ___ Grantee shall submit a mid-year February 2026 or 2027 and final report June 2026 or June 202 detailing the review and evaluation of the grant activities.

Name of School:
School District:
Address:
County:

Superintendent's Name (Print): _____

Superintendent's Signature: _____

Date: _____

School Principal's Name (Print): _____

School Principal's Signature: _____

Date: _____

PART THREE: Grant Application
Physical Education Expansion K-8 (PEEK-8):
Professional Development Application

Name of School:

School District:

School year Professional Development will occur:

Note: Evidence-based professional development is a paradigm by which educational stakeholders use empirical evidence to make informed decisions about educational interventions (policies, practices, and programs). It is the integration of professional experience with the best available empirical evidence in making decisions about how to deliver instruction. “Evidence-based” decision making is emphasized over “opinion-based” decision making.

A. SUPPORT FOR THE EVIDENCE-BASED PROFESSIONAL DEVELOPMENT (40 points)

- Identify and describe the evidence-based professional development that will be employed to meet the identified outcomes. Identify the organization providing the PD and the dates and times the PD will occur.
- Provide a brief summary of the research to illustrate why the selected professional development will improve and increase teacher knowledge on how to provide high quality, standards based physical education instruction.
- Provide the current number of minutes (2024-2025) students receive of physical education instruction in each week at the school by grade level and describe how the required number of physical education instruction minutes will be provided to all K-8 students with this grant for the 2025-2026 or the 2026-2027 school year.
- Describe the current (2024-2025) physical education facilities, including any challenges or issues to provide the required number of minutes and the 2024- 2025 school year class sizes and projected average class sizes for physical education instruction in 2025 – 2026 or the 2026-2027 school year.

B. DESCRIPTION OF PHYSICAL EDUCATION GOALS (50 points)

- Identify and describe which five (5) Appropriate Practices, as selected from the National Association of Sports and Physical Education’s (NASPE) list of appropriate practices for physical education teachers, will be used to measure the implementation of the PD PEEK-8 Grant. Develop and include a SMART goal for each appropriate practice.
 - [Appropriate Instructional Practices Guidelines K-12 Side by Side Comparison](#)
 - [Appropriate Practices for Middle School Physical Education](#)

PHYSICAL EDUCATION GOALS

Use the following template for the **Appropriate Practices** and **SMART goals**. Identify the five appropriate practices of physical education that will be used to measure the implementation of the PEEK-8 Professional Development Grant. For each appropriate practice, include a SMART goal to measure the teacher's implementation of the appropriate practice.

Performance Measure	Appropriate Practice	SMART goal (expected outcome of the Appropriate Practice)	Assessment
Example Performance Measure	<i>Example: 1.3.1 Programs are designed to guide children to take responsibility for their own behavior and learning. Emphasis is on intrinsic, rather than extrinsic, incentives.</i>	<i>Example: At least 75% of the students engaged in physical activity during the physical education class with data being collected each week.</i> <ol style="list-style-type: none"> 1. PBIS stage 1 referral reduced or maintained if less than 3 per quarter as track by PBIS data. Adjustments may be made quarterly. 	<i>Example: Staff will chart direct instruction times in relation to time spent managing inappropriate behaviors. We would expect to see less behavioral issues in relation to class size, and more direct instruction. These two items will be presented as data to Administration on a monthly basis and prepared for Site Council review on the site council calendar.</i>
Performance Measure #1			
Performance Measure #2			
Performance Measure #3			
Performance Measure #4			
Performance Measure #5			

C. Evaluation (5 points)

- Describe the process that will be followed to review and evaluate the implementation of the grant using the five (5) appropriate practices and SMART goals and how well the professional development was implemented.

D. First time applicant (5 points)

- The school has not previously received a PEEK 8 PD grant.

PART FOUR: Budget Worksheet
Physical Education Expansion K-8 (PEEK-8):
Professional Development Application

Name of School:
School District:
School year Professional Development will occur:

Object (Staff Development)	Instructional Staff Development	Grant Requested
1XX: Salaries		
12X: Substitute pay		
31X: Instructional, Professional Development & Technical Services		
34X: Travel		
690: Administrative Costs @ _____ % (No more than 5% allowed)		NA
Total by Function		

2240 Instructional Staff Development:

Activities specifically designed for instructional staff (including instructional assistants) to assist in preparing and implementing new instructional materials, understanding and implementing best instructional practices, and any other activity designed to improve teacher performance for Physical Education.

31X Instructional, Professional & Technical Services:

Instructional Programs Improvement Services: Services performed by qualified person to assist teachers and supervisors in enhancing and improving the quality of instructional practices and implementation of new instructional materials. This category includes national or state level PE professionals, curriculum consultants, professional development specialists, etc., not on the payroll.

PART FIVE: School Classroom Commitment

Physical Education Expansion K-8 (PEEK-8): Professional Development Application

By signing below, Oregon Physical Education Expansion K-8 Professional Development (PEEK-8) team members indicate a commitment to participate in all professional development during the period of the Oregon PEEK-8 grant funding.

(Attach a School Classroom Commitment form for each school included in the grant. Add additional pages as needed.)

Name of School:

Total # of Teacher Staff:

“We, the undersigned staff members, are willing to participate in and fully support the Oregon Physical Education Expansion K-8: Professional Development Grant.”

Name (Please Print)	Grade Level Taught	Signature

Grant Application Review Criteria

Physical Education Expansion K-8 (PEEK-8): Professional Development Application

Note: “The department shall review and approve applications based on criteria established by the State Board of Education.” ORS 329.496

SUPPORT FOR THE EVIDENCE-BASED PROFESSIONAL DEVELOPMENT (40 points)

- The applicant identified the evidence based professional development to be used. There is a description of the selected evidence-based professional development that will be employed to meet the identified outcomes. Identify the organization providing the PD and the dates and times the PD are anticipated to occur.
- There is a summary of the research to illustrate why the selected professional development will improve and increase teacher knowledge on how to provide high quality, standards based physical education instruction.
- There is a clear description of the current number of minutes (2024-2025) students received physical education instruction in each week at the school by grade level and a description of how the required number of physical education instruction minutes will be provided to all K-8 students with this grant for the 2025-2026 or the 2026-2027 school year.
- There is a clear description of the current (2024-2025) physical education facilities, including any challenges or issues to provide the required number of minutes and the 2024- 2025 school year class sizes and projected average class sizes for physical education instruction in 2025 – 2026 or the 2026-2027 school year.

DESCRIPTION OF PHYSICAL EDUCATION & GOALS (50 points)

- There are five appropriate practices chosen from the NASPE Appropriate Practices of Physical Education for measuring the implementation of the PEEK-8 Professional Development grant funds. There is evidence of processes to measure the effect of the professional development through the five SMART goals identified from the NASPE Appropriate Practices of Physical Education. The template is used for the identification of the appropriate practices and the SMART Goals.

EVALUATION (5 points)

- Describe the process that will be followed to review and evaluate the implementation of the grant using the five (5) appropriate practices and SMART goals and how the professional development will be implemented.

First time applicant (5 points)

Please check the box if yes:.

☐

The school has not previously received a PEEK 8 PD grant.

Submission Instructions
Physical Education Expansion K-8 (PEEK-8):
Professional Development Application

- Submit application electronically by email no later than **12:00 pm on August 8, 2025.**
- Label ALL submissions: **PD PEEK-8 (Insert your School District and school name).**
- Email to: cameron.morris@ode.oregon.gov.

Grant Application must be RECEIVED NO LATER THAN
12:00 P.M. on August 8, 2025.

Please direct inquiries regarding this Request for Application to:

Suzanne Hidde,
Health and Physical Education Specialist
Office of Teaching, Learning & Assessment
suzanne.hidde@ode.oregon.gov or 971-208-0395