



**OREGON DEPARTMENT
OF EDUCATION**

**Information on 2007 House Bill 3141
January 30, 2009**

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Attachments:

1. Table of District Mean Average of Physical Education Minutes per Week by Grade Level

Oregon Department of Education, 2009
Physical Education Report

**Oregon Department of Education
Response to 2007 House Bill 3141
First Biennial Report on Physical Education
January 2009**

Introduction:

The following report is required by 2007 House Bill 3141, enacted by the Oregon Legislature, and signed by the Governor in 2007. The legislation directs the Oregon Department of Education (ODE) to submit a biennial physical education report addressing the number of minutes Oregon students participate in physical education instruction and the availability of appropriate facilities. The data analysis in this report is based on the specific elements outlined in the 2007 Act. The data collection was completed by school districts in November 2008 through January 2009 and includes information from the 2007-2008 school year. For questions, please contact Tanya Frisendahl at (503) 947-5754 or tanya.frisendahl@state.or.us.

The ODE is required to report to the Oregon Legislature a summary of the following information:

- (1) The number of minutes of physical education that are provided to students in kindergarten through grade 8 each school week in each public school within the district;**
- (2) The physical capacity of public schools to provide students in kindergarten through grade 5 with at least 150 minutes of physical education during each school week and to provide students in grades 6 through 8 with at least 225 minutes of physical education during each school week; and**
- (3) The additional facilities required by public schools to provide physical education to students as described in subsection (2) of section 1.**

Part I: Physical Education Minutes School District Data Collection Report 2007-08

Physical Education is provided to students throughout Oregon in a variety of instructional models. Students may receive their physical education instruction in a nine week block, through out the school year, with several grade levels in one class, or multiple classrooms at the same time. A summary of the average number of instructional minutes is included below.

Table 1: The average number of minutes per week of physical education instruction by grade level for the 2007-08 school year, 193 school districts reported.

Table 1

Grade Level	Average Number of Minutes Per Week of Physical Education Instruction
Kindergarten	47 minutes
First	73 minutes
Second	75 minutes
Third	77 minutes
Fourth	79 minutes
Fifth	82 minutes
Sixth	126 minutes
Seventh	167 minutes
Eighth	171 minutes

*See attached Table of District Mean Average of Physical Education Minutes Per Week by Grade Level.

Observations:

For the 2007-08 school year, thirty-five K-5 schools offered **all students** at the school 150 minutes or more of physical education instruction.

For the 2007-08 school year, ninety-six 6-8 schools offered **all students** at the school 225 minutes or more of physical education instruction.

Part II: Physical Education Facilities School District Data Collection Report 2007-08

Table 2: The square footage reported for current physical education facilities in ranges of square footage.

Note: For the 2007-08 school year, the square footage of current facilities excluding uncovered areas, reported by school districts for physical education instruction.

Table 2:

Ranges of Square Footage	# of Facilities
0-3000 square feet	279
3001-6000 square feet	720
6001-9000 square feet	291
9001 +	103

Observations:

For the 2007-08 school year, thirty-four K-5 schools offered all students at the school 150 minutes or more of physical education and **did not need** any additional facilities.

For the 2007-08 school year, ninety-one 6-8 schools offered all students at the school 225 minutes or more of physical education and **did not need** any additional facilities.

Part III: Needed Physical Education Facilities School District Data Collection Report 2007-08

Table 3: The number of needed facilities, reported by total number needed and square footage.

Table 3:

Ranges of Square Footage	# of Needed Facilities
0-3,000 square feet	17
3,001-6,000 square feet	110
6,001-9,000 square feet	31
9,000 +	15

Observations:

For the 2007-08 school year, 42 districts reported the need for 174 additional facilities to meet the requirements of HB 3141.

For the 2007-08 school year, 42 school districts reported additional square footage needed to meet the requirements of HB 3141 ranged from 600-54,400 square feet.

Conclusion

HB 3141 requires in the 2017-2018 school year every public school student, kindergarten through eighth grade to participate in physical education for the entire school year. According to the 2007 Act, students in kindergarten through fifth grade shall participate in physical education for at least 150 minutes a week and sixth through eighth grades shall participate in physical education for at least 225 minutes each week. During the 2007-08 school year, there were thirty-five K-5 schools that offered all students at the school 150 minutes or more of physical education instruction and ninety-six 6-8 schools that offered all students at the school 225 minutes or more of physical education instruction. During the data collection, schools explained to ODE that sixth through eighth grade physical education minutes are not always provided throughout the entire school year as outlined in HB 3141. They may be provided in 3-9 week blocks along with other content areas through out the school year.

The average minutes per week of physical education instruction for kindergarten through fifth grade ranged from 47 minutes per week to 82 minutes per week compared to sixth through eighth grades which ranged from 126 minutes per week to 171 minutes per week. The average minutes per week of physical education instruction for **all grades is significantly below** the levels outlined in HB 3141 (i.e. 150 for grades K-5 and 225 for grades 6-8).

One of the main road blocks for school districts in reaching the minute requirements outlined in HB 3141 is the lack of physical education facilities. School districts need additional facilities to increase the amount of class time available to students. Forty-two school districts reported needing 174 new facilities to be able to meet the new physical education requirements.