

## **Steroids & Performance-enhancing Substances Links for Coaches/Athletic Directors/Educators**

The following links are a few resources for talking to your teen athletes. Please note that inclusion of the external web links does not imply endorsement of either the reliability of the information presented or its suitability for a particular age group or grade level.

Nida for teens

<http://teens.drugabuse.gov/parents/index.php>

Steroid Precursors – US Dept Health & Human Services

<http://family.samhsa.gov/be/athblocked.aspx>

Steroid Abuse

<http://www.steroid-abuse.org/steroid-education-in-the-schools-teens.htm>

Blue Cross Blue Shield of TN

Talking to teens handout

<http://www.bcbst.com/brokers/onlineCatalog/material/Misc/COMM-454.pdf>

Coaches Playbook against drugs

<http://www.ojjdp.ncjrs.org/pubs/coachesplaybook/>