

CHILD DEVELOPMENT AND TEEN PARENTING IN OREGON

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June 2012

Goal Setting

Every June, for 17 years, has brought a feeling of accomplishment to me. It also elicits a sense of excitement that once again I have a chance to evaluate my year and set new goals for the next school year. This is the time to think forward. This is the time to set some goals for what you want to change, improve, or get rid of. Now is the time to look at what worked and what didn't this year or simply set your mind to trying something new for the 2012 – 2013 school year.

Why now? If you wait until August you might not have the same memory of the work you did this year. Your vision will be based on what you think you want to do, not how to improve what you did. Also, if you set your goals now, you can mull them over during the summer, not really working on them, but just thinking about the best way to approach them. This will make your work in the fall so much easier.

One of my favorite files in my desk is my "To Do In August" file. There is something fun about putting work on hold for three months. June is the time when this file starts accumulating little notes. My favorite way to add to this folder is to write goals or thoughts on sticky notes and place them on the inside of the folder. Quite often I open the folder in August to find no papers in it, but the folder is plastered with notes containing sparks and ideas. Numerous times over I have experienced an "oh yah" moment as my mind is taken back to a moment in June that was full of inspiration. Sometimes I laugh and think that I must have been delirious and toss a note away. Usually though, I am thankful that I wrote an idea or goal down to start me on the right path.

As you look forward to finishing this year take time to reflect on the great work you have done. Then, take time to jot down some dreams that you would do if you just had more energy. Often times we have the energy in August, but we don't remember the goals. So, find a file folder (yes right now!) and write a label for it that says "To Do In August." As the ideas come to you over the next week or two, as you create goals for what you want to accomplish with your students next year, write them on a note and file them away. Then as you lock up for your well deserved summer break, put that file somewhere that you will easily find it when you return to your classroom or office in the fall. Hopefully you will find that setting some goals in June will guide your thoughts in August.

Enjoy your time off!
Crystal

By recording your dreams and goals on paper, you set in motion the process of becoming the person you most want to be. Put your future in good hands — your own."

--Mark Victor Hansen

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Upcoming Dates of Interest

- June 15th, 2012—Annual Teen Parent/Child Development Program Survey Due
- June 22 & 23—SWOCC Retreat By the Lake XIV—Coos Bay
- Nov. 2012—National NAEYC Conference, Atlanta, GA

Reminders:

Return Teen Parenting/Child Development Program Surveys to crystal.persi@gmail.com no later than June 15th.

The final date to claim all Supplemental Funding Grant and Teen Parent Consortia funds from EGMS is July 30, 2012.

Submit Teen Parent Consortia Grant final report to crystal.persi@gmail.com no later than June 15th if you received a Phase 2 grant as a lead or participant.



Coming In The Fall

- Bi-Monthly Newsletter
- Continuation of Teen Parent Consortia
- Quality Improvement Coaching
- Training Opportunities
- Professional Development Planning

ALERT!

Just because the sun is coming out doesn't mean that kids aren't still getting sick!

Whooping Cough (Pertussis) has reached epidemic levels in Washington State. Oregon has had 150 cases so far this year, compared to 84 at this time last year. Pertussis is highly contagious and especially dangerous to infants and under immunized children. It has very mild symptoms during the first week of infection. This leads to a rapid, sometimes deadly spread of a disease that can be prevented through immunizations.

For more information please contact your local health department or follow this link to a fact sheet about Pertussis. <http://public.health.oregon.gov/>

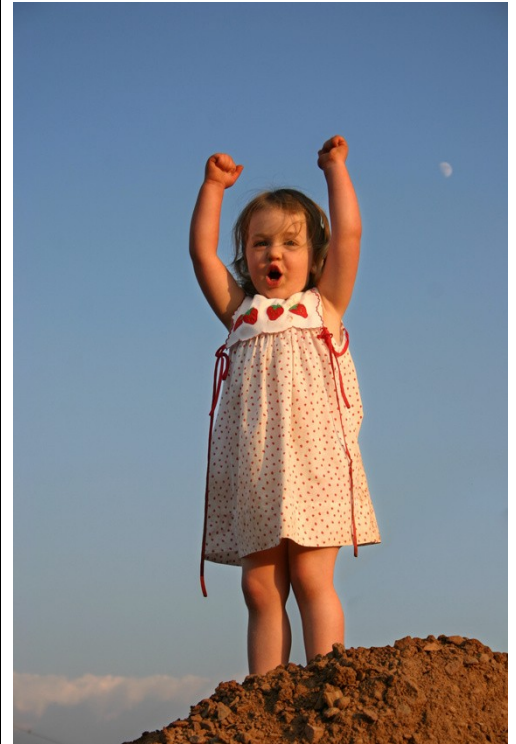
Have you heard the acronym TORIS?

Do you know what it is?

TORIS is the Tiered Quality Rating Improvement System. It is a system through which the state uses a set of progressively higher program standards to evaluate the quality of an Early Learning and Development Program and to support program improvement.

Oregon is working out the details for TORIS to be utilized in programs across the state. The vision is that all Oregon's children will have access to high quality care and education that promotes optimal child development, school readiness, and continued success in life.

Whether you are working with young children in your center or working with teens who will become Early Childhood Educators, you will want to stay tuned to what is happening in Oregon with TORIS. Watch for more information to come on TORIS in the fall.



The
significance
of a man is
not in what
he attains
but in what
he longs to
attain.

- Kahlil Gibran

Retreat by the Lake XIV

A Slough of Workshops

On our Southern Oregon Coast

June 22nd--23rd 2012



Workshops will include:

I Am Moving, I Am Learning (IMIL)

From Garden to Table ~ Early Sprouts

Breast Feeding and Beyond; Nutrition for Infants & Toddlers

Everything ORO

Motivational Interviewing

Nature & Children

Eco Healthy

Oregon Kids Healthy & Safe

Reflexology/Relaxation in the Workplace

Six potential Set 2 trainings.

For More Information Follow this Link:

<http://www.socc.edu/careconnections/pgs/bm~doc/retreat-save-the-date-2012.pdf>

2012 NAEYC Annual Conference & Expo

November 7–10, 2012

Atlanta, Georgia

“Developmentally appropriate Practice in the 21st Century”

<http://www.naeyc.org/conference/>

FYI: You may want to talk to the Perkins Coordinator for your region, you may be able to pay for this trip with Perkins Funds if you have and approved program of study.

KEY CONTACT INFORMATION -

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Martha Martinez — ODE — Specialist, Human Resources & Career Learning Area

Perkins Contact for Child Development Programs of Study

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Are you aware of changes to your program or a program in your region? If so, would you please send Crystal a quick email so she can make adjustments in the data base. Crystal will be working through the summer so call or email any-time.

