

Oregon's Early Learning and Kindergarten Guidelines

Approaches To Learning

Approaches to Learning refers to the skills and behaviors that children use when they are learning. Skills and behaviors in this area include:

- Managing emotions
- Following rules and routines
- Taking care of materials
- Managing actions, words, and behavior
- Maintaining focus and attention
- Remembering directions and tasks
- Being a flexible thinker
- Being interested and curious
- Taking initiative
- Creatively thinking and communicating
- Using imagination

Adults can help support children's development in this area by:

- Speaking, reading and singing together
- Encouraging cooperation
- Playing games with rules
- Asking questions
- Offering choices
- Encouraging children to demonstrate skills, behavior, and knowledge in multiple languages
- Using familiar cultural references
- Modeling positive ways to solve problems
- Encouraging children to work together on a shared activity
- Talking about feelings
- Setting up a reliable schedule and routine

