Standards Instructional Guidance: HS.HECPS.B - Career Exploration and Preparation

High School Higher Education and Career Path Skills (HS.HECPS) – Adopted 2024

OREGON
DEPARTMENT OF EDUCATION

Table of Contents

Standard: HS.HECPS.B.1

Standard Statement

Practice employability skills necessary to effectively self-manage and collaborate with others in a workplace setting.

Key Concepts

- Students learn about and practice employability skills, which could include, but are not limited to:
    - Adaptability/Flexibility: Open to change and ability to adjust
        - Adhering to workplace practices*
        - Demonstrating creativity and innovative thinking*
    - Analysis/Solution Mindset: Problem Solver
        - Employing critical thinking to solve problems*
    - Collaboration: Team Player
        - Demonstrating teamwork and conflict resolution*
    - Communication: Good Communicator
        - Communicating clearly and effectively*
    - Digital Literacy: Good with Technology
        - Demonstrating fluency in workplace technologies*
    - Empathy: Sensitive to Others' Feelings
        - Practicing cultural competence*
    - Entrepreneurial Mindset: Go-Getter
        - Planning, organizing and managing work*
        - Demonstrating creativity and innovative thinking*
    - Resilience: Plans for Success & Handles Failure
        - Exhibiting personal responsibility and accountability*
    - Self-Awareness: Self-Understanding
        - Making informed career decisions*
        - Exhibiting personal responsibility and accountability*
    - Social Diversity/Awareness: Sensitivity to Differences
        - Practicing cultural competence*

(*) Denotes Career and Technical Education (CTE) Employability Knowledge and Skill Statements

Essential Questions

By the end of the unit, students should be able to answer:
How do/will having strong employability skills, such as adaptability, collaboration, and communication, help me effectively self-manage and thrive in a workplace environment?
How can I intentionally practice and improve employability skills to best prepare for what the workplace expects of me?

Considerations

Socio-Economic:

- Students' opportunities to develop employability skills can be shaped by family income, access to resources, and the types of jobs or internships available in their communities.
- Economic disparities may limit students' exposure to skill-building activities like internships, part-time work, or specialized training.
- Local job market trends and access to vocational training or apprenticeship programs can influence how students view future career pathways and opportunities for growth.
- Acknowledging these differences can help educators tailor supports and connect students to resources that build confidence and career readiness.

Culturally Responsive:

- Cultural norms and values can influence how students view professionalism, leadership, and collaboration—some cultures may prioritize teamwork, while others highlight individual responsibility.
- Communication styles vary across cultures—understanding differences in directness, tone, or non-verbal cues can build students' cultural competence in workplace interactions.
- Students' comfort with authority and decision-making may be shaped by cultural attitudes toward hierarchy and community roles.
- Recognizing and valuing diversity—including differences in race, ethnicity, gender, and identity—can create inclusive, respectful workplace environments.
- Encouraging curiosity and openness about cultural differences helps students see diversity as a strength in the workforce.
- Teaching culturally sensitive conflict resolution strategies supports healthy collaboration and strengthens students' ability to navigate challenges effectively.
- Incorporating diverse role models and stories from different cultural contexts can highlight the value of diversity in driving innovation and success in the workplace.

Strength-Based:

- Helping students identify and build on their individual strengths fosters confidence and a growth mindset around skill development.
- Providing hands-on experiences and real-world examples of employability skills in action can make learning more engaging and meaningful.
- Encouraging self-reflection and goal-setting supports students in taking ownership of their personal and professional growth.
- Offering mentorship from diverse professionals and celebrating students' progress and milestones builds motivation and resilience.
- Peer support and collaboration can help students practice teamwork and develop essential interpersonal skills that are valuable in any career path.

Vocabulary

Term	Definition
Technical Skills	Sometimes called "hard skills". Technical, measurable abilities such as coding, data analysis, or graphic design.
Employability Skills	Sometimes called "soft skills". Interpersonal abilities such as communication, adaptability, and leadership.
Personal Responsibility	This is when you take charge of your actions and the choices you make. It means you don't blame others for your mistakes and try to make things right when you do something wrong.
Accountability	It means if you promise to do something, you do it, and if you make a mistake, you own up to it and try to fix it.
Cultural Competence	This is the ability to understand, respect, and work well with people from different backgrounds and cultures. It's about recognizing that everyone's experiences and viewpoints are unique and valuable.
Conflict Resolution	This is the process of finding a peaceful solution to a disagreement. It involves listening to each other, understanding different points of view, and working together to come up with a fair solution that everyone can agree on.
Workplace Technologies	These are the tools and machines we use at work to make our jobs easier and more efficient. This can include computers, software applications, and even the internet, which help us communicate, manage information, and do our work better.

Sample Student Activities

- Practicing cultural competence (Social Diversity Awareness)
- Communicating clearly and effectively (Communication)
- Employing critical thinking to solve problems (Analysis Solution Mindset)
- Demonstrating creativity and innovative thinking (Entrepreneurial Mindset)
- Demonstrating fluency in workplace technologies (Digital Literacy)
- Participate in career fairs, college visits, and job shadows
- Engage in student leadership activities such as Career Technical Student Organizations, Honor Society Activities, ASB/Leadership, or School Clubs

Additional Examples

Examples of how to demonstrate employability skills could include, but are not limited to:

- Adaptability/Flexibility: Open to change and ability to adjust
  - Adhering to workplace practices:
    - Arrive to class or work on time consistently.
    - Explain workplace policies and procedures.
    - Maintain a clean and organized workspace.
    - Complete tasks within designated timelines.
  - Demonstrating creativity and innovative thinking:
    - Generate new ideas or solutions to challenges.
    - Think outside the box and consider unconventional approaches.
    - Experiment with different methods or techniques to achieve goals.
    - Embrace failure as part of the creative process and use it as an opportunity to learn and grow.
- Analysis/Solution Mindset: Problem Solver
  - Employing critical thinking to solve problems:
    - Analyze situations carefully before making decisions.
    - Identify and evaluate alternative solutions to problems.
    - Use logic and reasoning to assess the strengths and weaknesses of different approaches.
    - Anticipate potential obstacles and develop contingency plans.
    - Reflect on past experiences to learn from successes and failures.
- Collaboration: Team Player
  - Demonstrating teamwork and conflict resolution:
    - Collaborate effectively with peers on group projects.
    - Listen actively to others' viewpoints and opinions.
    - Contribute constructively to discussions and brainstorming sessions.
    - Address conflicts calmly and professionally, seeking solutions that benefit all parties involved.
    - Offer support and assistance to team members when needed.

- Communication: Good Communicator
  - Communicating clearly and effectively:
    - Articulate ideas and thoughts clearly, both verbally and in writing.
    - Listen actively to others and ask clarifying questions when necessary.
    - Use appropriate language and tone in all forms of communication.
    - Seek feedback to ensure messages are understood as intended.
    - Adapt communication style to the audience or situation.
- Digital Literacy: Good with Technology
  - Demonstrating fluency in workplace technologies:
    - Utilize relevant software and tools proficiently for assigned tasks.
    - Stay updated on advancements in technology related to one's field.
    - Seek out training opportunities to improve technical skills.
    - Troubleshoot basic technical issues independently before seeking assistance.
- Empathy: Sensitive to Others' Feelings
  - Practicing cultural competence:
    - Show respect for diverse perspectives, backgrounds, and experiences.
    - Seek to understand cultural differences and adapt communication and behavior accordingly.
    - Engage in dialogue with individuals from different cultural backgrounds to broaden understanding.
- Entrepreneurial Mindset: Go-Getter
  - Planning, organizing, and managing work:
    - Set clear goals and priorities for tasks or projects.
    - Develop detailed plans outlining steps needed to achieve objectives.
    - Allocate time and resources efficiently to meet deadlines.
    - Monitor progress regularly and adjust plans as necessary.
    - Delegate tasks appropriately when working in a team.
  - Demonstrating creativity and innovative thinking:
    - Generate new ideas or solutions to challenges.
    - Think outside the box and consider unconventional approaches.
    - Experiment with different methods or techniques to achieve goals.
    - Embrace failure as part of the creative process and use it as an opportunity to learn and grow.
- Resilience: Plans for Success & Handles Failure
  - Exhibiting personal responsibility and accountability:
    - Take ownership of one's actions and decisions.
    - Be conscientious of what is posted/shared online due to potential employers researching social media.
    - Accept and provide constructive feedback positively and work on improvement.
    - Meet deadlines without constant reminders.
    - Take initiative to solve problems independently when possible.
    - Follow through on commitments and promises made to colleagues or supervisors.

- Self-Awareness: Self-Understanding
    - Make informed career decisions:
        - Research various career paths and opportunities within one's field of interest.
        - Seek guidance from mentors, career advisors, school counselors, or industry professionals.
        - Evaluate personal interests, strengths, and values to align with potential career options.
        - Gain relevant experience through internships, part-time jobs, or volunteer work.
        - Continuously assess and adapt career goals based on evolving interests and market trends.
    - Exhibiting personal responsibility and accountability:
        - Take ownership of one's actions and decisions.
        - Be conscientious of what is posted/shared online due to potential employers researching social media.
        - Accept and provide constructive feedback positively and work on improvement.
        - Meet deadlines without constant reminders.
        - Take initiative to solve problems independently when possible.
        - Follow through on commitments and promises made to colleagues or supervisors.
- Social Diversity/Awareness: Sensitivity to Differences
    - Practicing cultural competence:
        - Show respect for diverse perspectives, backgrounds, and experiences.
        - Seek to understand cultural differences and adapt communication and behavior accordingly.
        - Engage in dialogue with individuals from different cultural backgrounds to broaden understanding.

Supplemental Resources

External Links
[Open Education Resources/Oregon Open Learning Group: Oregon Higher Education & Career Path Skills](#) The resources in this group have been curated by ODE content specialists and Oregon educators to supplement materials for courses that include Higher Education and Career Path Skills standards.
[Oregon CTE Knowledge and Skills](#) The Oregon CTE Knowledge and Skills are industry-created and validated skill sets for career success, with CTE employability skills embedded in each CTE Program of Study Framework.
[Oregon Employability Skills](#) This resource offers free, open-source curriculum designed for teachers and self-learners from K-12 through adulthood, focused on building essential skills for success in school, the workplace, and everyday life.
[Oregon Career Awareness and Exploration Oregon OER Commons](#) This collection offers exploration, preparation, and training that is meaningful to learners and aligned with real-world professional and industry expectations. Developed in partnership between educators across subject areas and the Oregon Department of Education, these resources—such as lessons, units, review rubrics, and helpful links—are created by educators, for educators, to support career-connected learning in K-12 education. The Oregon Open Learning Hub is an evolving platform for sharing and accessing these valuable resources.
[Oregon Career Information System (CIS)](#) The Oregon Career Information System (CIS) offers comprehensive occupational and educational resources to help Oregonians explore careers and plan their education. Covering over 600 occupations, and representing more than 95% of Oregon's labor market, CIS provides detailed information on job outlook, wages, hiring practices, required skills, education, and licensing. It also features a robust database of national, state, and local scholarships and financial aid, searchable based on individual characteristics. Additional resources include guidance on self-employment, job searching, various industries, and military career options.
[Career Connected Learning](#) A framework of career awareness, exploration, preparation, and training that is both learner-relevant and directly linked to professional and industry-based expectations.
[Career Connect Oregon](#) This is a resource directory of searchable resources supporting career-related learning.

External Links

[Oregon STEM Hub](#)

The Oregon STEM Hub fosters the growth of future innovators and leaders by providing strategic leadership, promoting collaboration, and ensuring alignment across the state. The Hub partners with education, community, and industry leaders to support STEAM learning and prepare all learners for a successful, future-ready Oregon.

[The National Career Clusters® Framework](#)

This framework provides the foundation for developing consistent, high-quality Career Technical Education (CTE) and career pathway programs.

Standard: HS.HECPS.B.2

Standard Statement

Understand the diverse range of career pathways available, including, but not limited to, apprenticeships, military service, higher education, trades and non-degree programs.

Key Concepts

- Students can understand the diverse range of career pathways, which could include, but not limited to:
  - Apprenticeships
  - Military service
  - Higher education
  - Certificate and licensure programs
  - Trades
  - On-the-job training or advancement opportunities

Essential Questions

By the end of the unit, students should be able to answer:
What are the benefits and barriers of each career pathway?
How do social factors impact job trends? (economics, cultural capital, technology, policy-making, peer influences)
How can personal strengths and interests guide career pathway choices?
What strategies can students use to overcome barriers in their chosen career paths?
How do technological advancements influence career opportunities and required skills?

Considerations

Socio-Economic:

- Students' career decisions are shaped by family income, access to financial resources, and immediate financial needs that may make further education feel out of reach.
- The cost of college, trade schools, certifications, and licensing programs can be a barrier, especially for students from lower-income backgrounds.
- Local job markets and economic trends—including high-growth industries and shifts due to automation—can impact which pathways feel attainable or realistic.
- Highlighting a variety of pathways—such as apprenticeships, military service, on-the-job training, and trade programs—can help students see multiple options for building stability and growth.
- Recognizing cost of living differences across careers and locations can help students make informed decisions about their future goals and financial sustainability.

Culturally Responsive:

- Cultural values and family expectations can influence how students view different career options and what paths feel accessible or desirable.
- Attitudes toward education, vocational training, and job stability may vary by culture and should be respected and included in discussions.
- Providing culturally relevant examples and resources can help students see how their cultural identity and values connect to different career pathways.
- Recognizing the impact of cultural and historical barriers—like discrimination or bias—can support a more inclusive approach to career guidance.
- Encouraging students to honor their cultural strengths and perspectives in career planning can help them feel more confident and connected to their goals.

Strength-Based:

- Encouraging students to reflect on their unique strengths, skills, and interests can build confidence and foster a sense of agency in career planning.
- Real-world experiences—like hands-on learning, apprenticeships, and mentorship—can help students see the connections between their abilities and career success.
- Individualized learning plans that build on students' strengths and interests can create more meaningful pathways to future opportunities.
- Highlighting stories of individuals from diverse backgrounds who have navigated different pathways can inspire students and broaden their vision of what's possible.
- Promoting equitable access and addressing systemic barriers ensures that all students can see themselves in a wide range of career paths.

Vocabulary

Term	Definition
Apprenticeships	Hands-on training programs that combine on-the-job learning with classroom instruction, typically in skilled trades such as plumbing, electrician work, carpentry, and automotive repair.
Military Service	Army, Navy, Air Force, Marines, and Coast Guard offers a wide range of roles from combat positions to technical specialties. Includes full-time or part-time options.
Higher Education	Pursuing further education beyond high school, including options such as attending colleges, universities, community colleges, vocational schools, and online programs to obtain degrees in diverse fields ranging from liberal arts to STEM disciplines.
Trades	Careers in skilled trades encompassing professions such as welding, HVAC (Heating, Ventilation, and Air Conditioning), construction, machining, and cosmetology, often requiring specialized training and certification but offering opportunities for stable employment and career advancement.
College	This may include certificate programs, 2-year (Associate's Degree), 2-year Transfer Degrees (Associates Transfer Degree) or 4-year Degrees (Bachelor's Degree).

Sample Student Activities

- NGPF: Alternatives to 4 Year Degrees mini unit includes lessons on Military, Entering the Workforce, Productive Gap Year, Professional Certifications, Apprenticeships, Trades, Trade & Vocational programs, etc. This unit provides opportunities for students to explore their interests in a diversified way.
- Participate in career fairs or learn from guest speakers from various career fields
- Engage in in-person or virtual industry tours
- Participate in project-based learning activities
- Explore financial planning resources for career paths
- Resume & Interview Preparation
- Participate in college visits
- Participate in job shadows

Additional Examples

Examples of understanding diverse range of career paths:

- Understand and evaluate various career options and pathways available, including apprenticeships, military service, higher education, and trades.
- Evaluate the benefits and requirements of various career pathways, including potential job opportunities, earning potential, and skill development.

- Research specific programs and opportunities within each career pathway to understand the application process, prerequisites, and potential career advancement.
- Engage in informational interviews, job shadowing, or work based learning experiences to gain firsthand insight into different career pathways and industries.
- Update personalized education plan and profile to align with interests, skills, and goals, considering multiple pathways and options for career advancement.
- Gain knowledge of postsecondary education options, expectations, costs, and processes related to each career pathway, including requirements for admission, financial aid opportunities, and degree programs available.
- Demonstrate awareness of career pathways available in local, regional, national, and global contexts, recognizing the diversity of opportunities and industries in different geographic areas.
- Specifically, regarding military pathways:
  - Understand the unique career opportunities, benefits, and requirements associated with military service.
  - Evaluate the potential for personal and professional growth through military training and experience.
  - Recognize the role of the military in local, regional, national, and global arenas and its impact on international relations and security.

Supplemental Resources

External Links
[Open Education Resources/Oregon Open Learning Group: Oregon Higher Education & Career Path Skills](#) The resources in this group have been curated by ODE content specialists and Oregon educators to supplement materials for courses that include Higher Education and Career Path Skills standards.
[Oregon Employability Skills](#) A resource for Oregon educators that includes 10 employability skills in modules which can be taught together or divided up for instructional purposes.
[Next Gen Personal Finance](#) A resource for educators with Google & Nearpod that provides a library of resources that are plug & play and includes instructional units on college and career choices. It is available in Spanish and requires Instructor verification.
[Strengths Based Education](#) This site offers services and tools offered through Gallup Education to promote strengths-based learning for students or recognized schoolwide. Note: if a school uses Naviance, the StrengthsExplorer task uses the Gallup system with a "lite" version.

Standard: HS.HECPS.B.3

Standard Statement

Explore local opportunities and benefits for participating in career-connected and community-based experiential learning related to future goals.

Key Concepts

- Students can identify local partners and opportunities for career connected learning, which could include, but not limited to:
    - Informational interviews
    - Internships
    - Job shadowing
    - Industry-specific projects
    - Career fairs and networking events
    - Mentorship programs
    - Industry certifications and badging programs
    - Entrepreneurship programs
- Students can identify local opportunities for community-based experiential learning, which could include, but not limited to:
    - Service-learning organizations
    - Community service projects
    - Field studies
    - Collaborative research projects
    - Community-based participatory research
    - Civic engagement activities
    - Internships with local businesses
    - Community-based art or performance projects
    - Language and cultural immersion programs
    - Workshops and training sessions

Essential Questions

By the end of the unit, students should be able to answer:
What local learning and career opportunities can I access related to my future goals?
How can local partnerships/collaborators be supportive of my future goals? (TRIO, ASPIRE, AVID, Workforce, etc.)

Considerations

Socio-Economic:

- Students' ability to access career-connected and community-based opportunities can be influenced by family income, availability of transportation, and familiarity with local resources.
- Socio-economic disparities may limit exposure to high-quality internships, job shadowing, or community-based projects.
- Financial constraints and limited awareness of resources can impact how students view or pursue experiential learning.
- Recognizing and addressing barriers—like transportation, fees, or limited information—can help all students engage meaningfully in local opportunities.
- Local job market trends and economic factors also shape which experiential learning options feel relevant or attainable for students.

Culturally Responsive:

- Cultural values and attitudes shape how students see work, community engagement, and professional collaboration.
- Communication styles and comfort with authority can vary across cultures, influencing how students approach teamwork and networking.
- Students may have family or community obligations that impact their availability for experiential learning—honoring these responsibilities can build trust and inclusivity.
- Providing guidance on cross-cultural communication, active listening, and respecting diversity supports students in navigating multicultural workplaces.
- Using culturally relevant examples and avoiding stereotypes helps students see their identities and communities as strengths, not barriers.
- Recognizing that diversity and inclusion drive innovation and success can inspire students to see the value of their unique perspectives and experiences.

Strength-Based:

- Building on students' unique strengths, talents, and lived experiences helps them see themselves as capable contributors in workplace and community settings.
- Real-world, hands-on experiences—like internships, community projects, and service learning— make skill-building more meaningful and relevant.

- Encouraging self-reflection, goal-setting, and self-advocacy fosters ownership of learning and growth.
- Showcasing diverse role models and non-traditional career paths—including remote work and the temporary and freelance work economy—broadens students' understanding of what's possible.
- Collaborating with local organizations and community leaders ensures that experiential learning reflects the needs and aspirations of all students.
- Gathering and valuing student feedback about the accessibility and impact of these opportunities helps continually improve and adapt learning to be more inclusive and equitable.
- Supporting students with disabilities and addressing systemic barriers helps ensure that all learners can participate fully and confidently in these experiences.

Vocabulary

Term	Definition
Informational interviews	A casual but professional conversation between a job applicant and someone who works at the company the interviewee wants to be a part of.
Internships	Paid or unpaid experiences within a company to gain experience to meet employment requirements or qualifications.
Job Shadowing	On the job training that allows close observation of a career or role within a company.
Industry-Specific Projects	An opportunity for a student to work as part of a team on a real project for an industry or community.
Career Fairs and Networking Events	Events that highlight local industry opportunities and provide space for students to professionally connect with future employers.
Mentorship Programs	Ongoing interaction with a trusted adult that provides professional development guidance.
Industry Certifications and Badging Programs	Industry vetted skill certification program.
Gig Economy	Short-term, flexible jobs, often facilitated through digital platforms.
Micro-credentials	Short, specialized certifications that demonstrate specific skills.
Technical Skills	Sometimes called "hard skills". Technical, measurable abilities such as coding, data analysis, or graphic design.
Employability Skills	Sometimes called "soft skills". Interpersonal abilities such as communication, adaptability, and leadership.

Sample Student Activities

- Communicate with local industry partners on career and educational opportunities.
- Attend local events that connect to industry partners and career opportunities.
- Develop a personal career action plan, incorporating short-term and long-term goals.
- Conduct mock interviews with industry professionals.
- Create a digital portfolio showcasing skills, experiences, and certifications.
- Engage in problem-solving challenges or hackathons related to industry needs.

Additional Examples

Examples of how students can identify local opportunities and benefits for participating in career-connected and community-based experiential learning related to their future goals:

- Explore local educational institutions, community colleges, vocational schools, and universities. Many of these institutions offer career development programs, workshops, or courses tailored to specific industries or skill sets.
- Check online job boards and career websites for local companies offering internships, apprenticeships, or job shadowing opportunities. Websites like LinkedIn, Indeed, or Glassdoor often feature postings for such opportunities.
- Investigate professional associations related to your field of interest. These organizations often host events, workshops, and networking opportunities where you can learn about local job openings and career development programs.
- Reach out directly to local businesses or organizations in your area that align with your career goals. Inquire about opportunities for internships, job shadowing, or mentorship programs they may offer.
- Attend career fairs, industry conferences, and networking events in your area. These gatherings provide opportunities to meet with recruiters, employers, and professionals who can offer insights into local career opportunities and development pathways.
- Explore resources provided by government agencies at the local, state, or federal level. These agencies may offer programs, grants, or initiatives aimed at supporting career development and workforce training within your community.
- Contact your local Chamber of Commerce or economic development organizations. They often have information about local businesses, industries, and workforce development initiatives happening in your area.
- Look into nonprofit organizations or community-based groups focused on workforce development and career readiness. These organizations may offer training programs, workshops, or mentoring opportunities tailored to local job markets.
- Collaborate with educational institutions, such as high schools, community colleges, or universities, to explore partnership opportunities for career-connected learning initiatives. Many educational institutions are eager to work with local businesses to provide hands-on learning experiences for students.

- Research local volunteer organizations, such as food banks, shelters, environmental groups, or community centers. These organizations often offer opportunities for hands-on learning experiences while contributing to the community.
- Reach out to nonprofit agencies and community-based organizations in your area. These organizations may offer internships, service-learning programs, or projects that allow you to gain practical experience while addressing community needs.
- Attend community events, festivals, or workshops to connect with local organizations and learn about volunteer opportunities or community-based projects. These events provide networking opportunities and insights into ongoing initiatives within the community.
- Contact local businesses, companies, or corporate social responsibility (CSR) departments to inquire about community engagement initiatives or volunteer programs they support. Many businesses participate in community service projects or sponsor events that offer experiential learning opportunities.
- Explore opportunities with local churches, mosques, synagogues, or other religious institutions that may be involved in community outreach programs, social services, or charitable activities.
- Get involved with community gardens, urban farms, or agricultural projects in your area. These initiatives provide opportunities to learn about sustainable agriculture, food systems, and environmental stewardship while actively participating in community-based activities.
- Utilize online platforms and databases that connect volunteers with community organizations and service opportunities. Websites such as VolunteerMatch, Idealist, or All for Good can help you find local volunteer opportunities based on your interests and location

Supplemental Resources

External Links
Open Education Resources/Oregon Open Learning Group: Oregon Higher Education & Career Path Skills   The resources in this group have been curated by ODE content specialists and Oregon educators to supplement materials for courses that include Higher Education and Career Path Skills standards.
Oregon Career Connected Learning (OCCL)   Statewide resources for all four stages—awareness, exploration, preparation, and training—with tools for internships, job shadowing, field trips, apprenticeships, and more. Includes a directory of Community College-based Career Connected Learning (CCL) System Navigators who support local partnerships
South Metro-Salem STEM Hub: Industry Connected Classroom Project & Externships   Project-based learning experiences designed in collaboration with local industries, plus professional development externships and networking events that connect classrooms with employers .

External Links

Oregon State University Experiential Learning Resources

Offers comprehensive support for internships, research projects, service learning, leadership development, and scholarships—ideal for helping students identify and plan experiential learning opportunities .

OHSU ASE Internship & Biomedical Programs

Paid summer internships for high school students in science and engineering, including the Cardiovascular Internship and Cancer CURE Program—complete with workshops in cover letter writing, interview prep, and hands-on lab experience .