



ODE Farm to School Newsletter



April 16-30, 2020

FARM TO SCHOOL: INSIDE THE ISSUE

April is in full swing, trees and flowers are blooming, and we all continue to navigate new paths in our work. Read on for the latest from the Farm to School team.



Oregon Harvest for Schools

The Spanish language videos of [Kale](#) and [Brussels Sprouts](#) are now live! We are also introducing our newest video [Cauliflower!](#) New cherry posters are also available in English and Spanish for download and printing at the [Oregon Harvest for Schools website](#).

Farm to School Grant Updates

Curious about what Farm to School Procurement Grant funds can be used for? We offer reminders and tips about how to use your "other" 20% category funds.



Sourcing Products for School Meals

The Oregon Department of Agriculture and the Oregon Department of Education are working to connect producers and processors with schools and meal sites. [Find out what products are available in your area!](#)



Spanish language versions of Kale and Brussels Sprouts are here as well as a new Cauliflower video!

The end of April brings three new additions to the Oregon Harvest for Schools (OH4S) video series.



A Spanish language version of the [Brussels Sprouts video](#).



A Spanish language version of the [Kale video](#).



A new [Cauliflower video](#) in English (Spanish coming next week).

Oregon Department of Education Child Nutrition Program's and OSU Extension's Food Hero campaign have teamed up to launch this series which will include a total of 50 videos when complete. The series aims to educate students on healthy, Oregon food. You can check out all three videos on the [Oregon Harvest for Schools website](#).

To find local vendors selling Cauliflower, Kale, Brussels Sprouts or any of our other fruits and vegetables, please visit the [Oregon Harvest for Schools portal website](#).

Please visit the [USDA Food Buyers Guide website](#) for more information on USDA crediting for Cauliflower, Kale and Brussels Sprouts in Child Nutrition Program meals.

How are you using the Oregon Harvest for Schools videos? Let us know by e-mailing FarmtoCNP@ode.state.or.us.

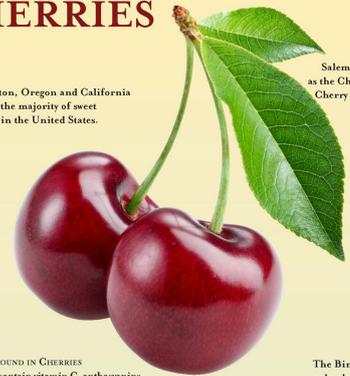
OH4S CHERRY POSTERS!

Now available in both English and Spanish for download and printing at the [Oregon Harvest for Schools website](#).

OREGON CHERRIES

Washington, Oregon and California produce the majority of sweet cherries in the United States.

Salem became known as the Cherry City at the Cherry Fair held there in July, 1907.



NUTRIENTS FOUND IN CHERRIES

- Cherries contain vitamin C, anthocyanins and other nutrients that keep you healthy.
- Anthocyanins give red, purple and blue colors to many fruits, vegetables and flowers. They also have important health benefits.
- Cherries are a perfect snack food. Their natural sugars provide quick energy and their fiber makes you feel full.

The Bing cherry variety was developed at the Leewling Nursery in Milwaukie, Oregon, and named in honor of Ah Bing, the Chinese foreman who helped run the nursery.



Oregon sweet cherry season starts the first week in June and goes through mid-July. The harvest time depends on the growing region, the variety and the weather.



Rainier are yellow cherries with a red blush.



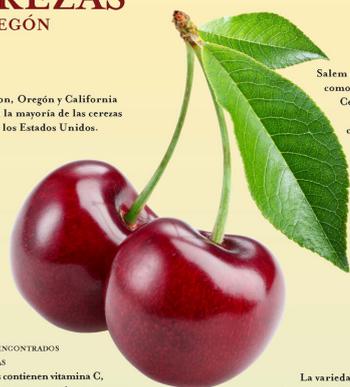
Cherry trees are famous worldwide for their beautiful spring blossoms.



CEREZAS DE OREGÓN

Washington, Oregon y California producen la mayoría de las cerezas dulces en los Estados Unidos.

Salem se dio a conocer como la Ciudad de la Cereza en la Feria de la Cereza celebrada allí en julio de 1907.



NUTRIENTES ENCONTRADOS EN LAS CEREZAS

- Las cerezas contienen vitamina C, antocianinas y otros nutrientes que nos mantienen saludables.
- Las antocianinas dan colores rojo, morado y azul a muchas frutas, verduras y flores. Ellas también tienen importantes beneficios para la salud.
- Las cerezas son un bocadillo perfecto. Sus azúcares naturales proporcionan energía rápida y su fibra nos hace sentir llenos.

La variedad de cereza Bing fue desarrollada en el vivero Leewling en Milwaukie, Oregon, y fue nombrada en honor a Ah Bing, el capataz chino que ayudó a dirigir el vivero.



La temporada de cerezas dulces de Oregon comienza la primera semana de junio y dura hasta mediados de agosto. El tiempo de cosecha depende de la región de cultivo, la variedad y el clima.



Las cerezas Rainier son amarillas con un rubor rojo.



Los árboles de cereza son famosos en todo el mundo por sus hermosas flores primaverales.



SOURCING PRODUCTS FOR SCHOOL MEALS



PROCUREMENT GRANT UPDATES

We've heard it can sometimes be challenging to procure single serve and grab and go items for school meals during this new era.

However, there are many producers and processors in the state that are willing and eager to help.

In an effort to bridge the gap, the Oregon Department of Agriculture reached out to gather information on products available by region.

As a result, we have created a [spreadsheet with producer and processor's information](#), including what types of foods they are offering, packaging and sizing options, as well as purchasing minimums and links to specification sheets.

This information is categorized on separate tabs by region.

We will continue to update this information as we hear from producers and processors so please check back for updates.



This is a busy time for all, but we wanted to send a reminder that if you are serving Oregon products (either grown, raised or processed in Oregon) please submit your claims so we can reimburse you. It is also a great time to support local producers and processors if you can.

If you need help sourcing products, take a look at our new resource, a [collection of producer and processor's information](#), along with products available, categorized by region (see sidebar). If you would like additional help with sourcing, please let us know and we will connect you with our Regional Procurement Hub leads.

As a reminder, 20% of Farm to School Procurement Grant funds can be used for costs other than food including:

- Transportation on days that have Oregon food on the menu.
- Repackaging larger quantities of fresh foods into family size portions.

Curious about reimbursement for other food distribution models? This is possible on a case by case basis. Please email us your ideas and we would be happy to review them.

If families are concerned about the safety of the food they are receiving, they can visit the [Food and Drug Administration's \(FDA's\) frequently asked questions website](#) that provides updates about COVID-19 including food safety and other information. According to the FDA, there is no current evidence of food, food containers, or food packaging being associated with transmission of COVID-19. However, they do recommend four steps for safely dealing with food outlined on their [Clean, Separate, Cook, and Chill website](#).

If you have any questions about your Farm to School Procurement Grant funds balance, or need help accessing your Farm to School Grant funds, please contact the Farm to School team at FarmtoCNP@ode.state.or.us and we would be happy to help.

April 16-30, 2020 | Vol 1 Issue 02

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Questions or suggestions for future issues? Please send an email to Emily.

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