



ODE CNP CACFP Menu Form



Sponsor name/site name Do Ra Mi Child Care

Month and Year October 2017

Meal Patterns	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Breakfast <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	WG toast pineapple non-fat milk	scrambled eggs hash browns strawberries non-fat milk	WW pancake blueberries non-fat milk	WG English muffin oranges non-fat milk	breakfast burrito (HM) applesauce non-fat milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 					
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods 	non-fat milk chicken nuggets (CP) steamed carrots kiwi WG roll	non-fat milk chili (HM) cooked broccoli cooked cauliflower WG toast	non-fat milk English muffin pizza (HM) with WG English muffin carrot & celery sticks pears	non-fat milk beef meat sauce (HM) green beans apple slices spaghetti	non-fat milk tuna sandwich (HM) with WG bread mixed vegetables peaches
PM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 					
Supper <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains • Other Foods 					

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.