### ODE CNP CACFP Menu Form

**Sponsor name/site name**: Do Ra Mi Child Care  
**Month and Year**: October 2017

<table>
<thead>
<tr>
<th>Meal Patterns</th>
<th>Monday 2</th>
<th>Tuesday 3</th>
<th>Wednesday 4</th>
<th>Thursday 5</th>
<th>Friday 6</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Breakfast</strong></td>
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<tr>
<td>- Grains, or meat/meat alternate (no more than 3 times per week)</td>
<td>WG toast pineapple non-fat milk</td>
<td>scrambled eggs hash browns strawberries non-fat milk</td>
<td>WW pancake blueberries non-fat milk</td>
<td>WG English muffin oranges non-fat milk</td>
<td>breakfast burrito (HM) applesauce non-fat milk</td>
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<tr>
<td>- Vegetables or Fruits</td>
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<tr>
<td>- Fluid Milk</td>
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<tr>
<td>- Other Foods</td>
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</tr>
</tbody>
</table>

**AM Snack**  
(Select two of these five components)  
- Fluid Milk  
- Meat or meat alternate  
- Vegetables  
- Fruits  
- Grains  
- Other Foods

**Lunch**  
- Fluid Milk  
- Meat or meat alternate  
- Vegetables  
- Fruits/Veg  
- Grains  
- Other Foods

**PM Snack**  
(Select two of these five components)  
- Fluid Milk  
- Meat or meat alternate  
- Vegetables  
- Fruits  
- Grains  
- Other Foods

**Supper**  
- Fluid Milk  
- Meat or meat alternate  
- Vegetables  
- Fruits  
- Grains  
- Other Foods

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Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.